

IX ULTRAMARATON BIESZCZADZKI - 14 KM

B4SPORT

Wydarzenie:
Organizator:
Data:
Miejsce:
Dystans:

IX ULTRAMARATON BIESZCZADZKI
Fundacja Bieg Rzeźnika
2021-10-09
Cisna
14 km

B4SPORT
INTELIGENTNE ZAWODY SPORTOWE

Klasyfikacja: M Open

Msc	Zawodnik	Numer	Klub	Kategoria	Mkat	Czas netto 14km	Czas brutto 14km	Różn	Tempo min/km	Tempo km/h
1	FARON Robert	3309	SALCO GARMIN TEAM	M40	1	01:08:26.80	01:08:29.40		4:53	12.3 (100%)
2	ŚWIERAD Krystian	3247		M20	1	01:10:47.80	01:10:49.65	+00:02:20 (3.3%)	5:03	11.9 (96.7%)
3	WETHACZ Dariusz	3256	LOKOMOTIV MAJDAN/ ON RUNNING POLSKA	M30	1	01:10:49.95	01:10:50.90	+00:02:21 (3.3%)	5:03	11.9 (96.7%)
4	ZĄBIK Marek	3272		M30	2	01:13:04.50	01:13:08.30	+00:04:38 (6.4%)	5:13	11.5 (93.5%)
5	CZYŻKOWSKI Paweł	3276	MKB DREPTAK	M30	3	01:13:34.20	01:13:36.00	+00:05:06 (6.9%)	5:15	11.4 (92.7%)
6	MAJKA Krzysztof	3146	SII RUNNING TEAM	M40	2	01:14:59.70	01:15:03.10	+00:06:33 (8.7%)	5:21	11.2 (91.1%)
7	SABAT Sebastian	3218		M20	2	01:15:57.45	01:15:59.85	+00:07:30 (9.9%)	5:25	11.1 (90.2%)
8	KAPAON Andrzej	3298	CAZZO CLUB RUNNING TEAM	M20	3	01:16:23.80	01:16:27.00	+00:07:57 (10.4%)	5:27	11 (89.4%)
9	OCHYRA Konrad	3281	SOLINA TEAM	M30	4	01:16:57.80	01:17:00.50	+00:08:31 (11.1%)	5:29	10.9 (88.6%)
10	BRONHARD Rafał	3313	GŁOGOVIA GŁOGÓW MAŁOPOLSKI	M30	5	01:17:41.45	01:17:41.45	+00:09:12 (11.8%)	5:32	10.8 (87.8%)
11	BUSZ Jacek	3022	OLD SCHOOL TRAIL RUNNING	M30	6	01:17:39.30	01:17:45.75	+00:09:16 (11.9%)	5:32	10.8 (87.8%)
12	JĘDRASZCZYK Mateusz	3085		M30	7	01:18:06.00	01:18:09.00	+00:09:39 (12.4%)	5:34	10.8 (87.8%)
13	ZAWADZKI Marcin	3271	SZCZWANY TRZMIEL TEAM	M30	8	01:21:20.40	01:21:23.60	+00:12:54 (15.9%)	5:48	10.3 (83.7%)
14	ZĄBKIEWICZ Szymon	3273		M30	9	01:23:06.15	01:23:10.40	+00:14:41 (17.7%)	5:56	10.1 (82.1%)
15	RAK Wojciech	3206	SII RUNNING TEAM	M30	10	01:25:02.75	01:25:06.45	+00:16:37 (19.5%)	6:04	9.9 (80.5%)
16	MATŁOSZ Mariusz	3155	SNW KW KRAKÓW	M40	3	01:27:53.50	01:27:57.80	+00:19:28 (22.1%)	6:16	9.6 (78.0%)
17	SUKIENNIK Maciej	3233	POWER TRAINING	M30	11	01:28:38.45	01:28:42.95	+00:20:13 (22.8%)	6:19	9.5 (77.2%)
18	SZYBIAK Maciej	3241	UKS TEMPO 5 PRZEMYŚL	M18	1	01:30:30.35	01:30:33.85	+00:22:04 (24.4%)	6:27	9.3 (75.6%)
19	KICIŃSKI Grzegorz	3090		M40	4	01:29:57.15	01:30:36.30	+00:22:06 (24.4%)	6:25	9.3 (75.6%)
20	LEWANDOWSKI Przemysław	3127	PEPSICO RUNNING TEAM	M30	12	01:33:11.40	01:33:14.80	+00:24:45 (26.5%)	6:39	9 (73.2%)
21	BEŚKA Sławomir	3006	OCHAJORUN@FRIENDS	M50	1	01:33:12.95	01:33:16.50	+00:24:47 (26.6%)	6:39	9 (73.2%)
22	KUCZMA Piotr	3295	KS PRZYBYSZÓWKA	M20	4	01:33:01.40	01:33:22.65	+00:24:53 (26.7%)	6:38	9 (73.2%)
23	PYRZAK Jacek	3201		M40	5	01:33:29.60	01:33:37.40	+00:25:08 (26.8%)	6:40	9 (73.2%)
24	MASZKOWSKI Jakub	3153		M18	2	01:33:45.40	01:33:51.35	+00:25:21 (27.0%)	6:41	9 (73.2%)
25	ZAJĄC Grzegorz	3268	LW BOGDANKA	M40	6	01:33:49.65	01:33:54.80	+00:25:25 (27.1%)	6:42	9 (73.2%)
26	KLEBAN Adam	3092		M30	13	01:33:45.60	01:34:06.70	+00:25:37 (27.2%)	6:41	9 (73.2%)
27	BODZIOCH Grzegorz	3015	GORLICKA GRUPA BIEGOWA	M40	7	01:34:03.10	01:34:09.40	+00:25:40 (27.3%)	6:43	8.9 (72.4%)
28	KORŻYK Marek	3105		M40	8	01:34:19.75	01:34:31.10	+00:26:01 (27.5%)	6:44	8.9 (72.4%)
29	WOJTANOWSKI Adrian	3263	SPRINT GORZYCE	M20	5	01:34:19.10	01:34:44.45	+00:26:15 (27.7%)	6:44	8.9 (72.4%)

Msc	Zawodnik	Numer	Klub	Kategoria	Mkat	Czas netto 14km	Czas brutto 14km	Różn	Tempo min/km	Tempo km/h
30	JANKOWSKI Konrad	3084		M30	14	01:34:58.40	01:35:28.60	+00:26:59 (28.3%)	6:47	8.8 (71.5%)
31	ROŚCIŃSKI Franciszek	3210	SAMOTNY WILK	M50	2	01:35:22.50	01:35:29.35	+00:26:59 (28.3%)	6:48	8.8 (71.5%)
32	PATYK Andrzej	3317		M20	6	01:35:37.60	01:35:44.80	+00:27:15 (28.5%)	6:49	8.8 (71.5%)
33	KARDASZ Marek	3297	SOLINA TEAM	M40	9	01:35:48.50	01:35:56.90	+00:27:27 (28.6%)	6:50	8.8 (71.5%)
34	CIECIOROWSKI Andrzej	3031		M40	10	01:35:54.80	01:36:14.95	+00:27:45 (28.8%)	6:51	8.8 (71.5%)
35	KURP Bartłomiej	3121		M20	7	01:36:05.15	01:36:19.35	+00:27:49 (28.9%)	6:51	8.7 (70.7%)
36	KRZYŻEWSKI Roger	3114		M30	15	01:36:17.90	01:36:22.50	+00:27:53 (28.9%)	6:52	8.7 (70.7%)
37	CHRZAN Jerzy	3028		M20	8	01:36:20.65	01:36:42.70	+00:28:13 (29.2%)	6:52	8.7 (70.7%)
38	SWEENEY Keith	3235	FIGHTING IRISH	M30	16	01:36:43.55	01:36:51.85	+00:28:22 (29.3%)	6:54	8.7 (70.7%)
39	MOSKOWICZ Stefan	3165	PRZEMYSKI KLUB BIEGACZA	M60	1	01:37:06.30	01:37:14.60	+00:28:45 (29.6%)	6:56	8.7 (70.7%)
40	GARCZYŃSKI Darek	3058		M40	11	01:37:14.90	01:37:20.35	+00:28:50 (29.6%)	6:56	8.6 (69.9%)
41	MALEC Marcin	3149		M20	9	01:37:10.15	01:37:21.75	+00:28:52 (29.7%)	6:56	8.6 (69.9%)
42	TOKARSKI Piotr	3249		M40	12	01:37:12.45	01:37:21.90	+00:28:52 (29.7%)	6:56	8.6 (69.9%)
43	WASILEWSKI Paweł	3306	SM RYKI	M40	13	01:37:13.25	01:37:23.85	+00:28:54 (29.7%)	6:56	8.6 (69.9%)
44	STACH Jacek	3227		M40	14	01:37:15.95	01:37:27.10	+00:28:57 (29.7%)	6:56	8.6 (69.9%)
45	MARKOWICZ Dawid	3152		M20	10	01:37:17.25	01:37:30.90	+00:29:01 (29.8%)	6:56	8.6 (69.9%)
46	CZYŻ Wojciech	3036		M40	15	01:37:43.05	01:38:01.90	+00:29:32 (30.1%)	6:58	8.6 (69.9%)
47	KRAWIEC Alan	3108		M20	11	01:37:49.30	01:38:05.15	+00:29:35 (30.2%)	6:59	8.6 (69.9%)
48	BAŁKOWSKI Olgierd	3287		M20	12	01:38:09.65	01:38:12.20	+00:29:42 (30.3%)	7:00	8.6 (69.9%)
49	LISOWSKI Józef	3130		M30	17	01:38:13.90	01:38:27.25	+00:29:57 (30.4%)	7:00	8.6 (69.9%)
50	SKAWIŃSKI Kacper	3223	NIE WIEM, NIE OBCHODZI MNIE TO	M20	13	01:38:19.10	01:38:51.65	+00:30:22 (30.7%)	7:01	8.5 (69.1%)
51	STACHOWSKI Jakub	3228	NIE WIEM, NIE OBCHODZI MNIE TO	M20	14	01:39:10.15	01:39:42.40	+00:31:13 (31.3%)	7:05	8.5 (69.1%)
52	GOŹDZIK Maciej	3066		M40	16	01:39:35.60	01:39:48.40	+00:31:19 (31.4%)	7:06	8.4 (68.3%)
53	PĘKALA Łukasz	3184		M20	15	01:40:21.55	01:40:40.05	+00:32:10 (32.0%)	7:10	8.4 (68.3%)
54	FALKOWSKI Piotr	3307	KS PEGAZ PIASECZNO	M50	3	01:40:18.85	01:40:46.35	+00:32:16 (32.0%)	7:09	8.4 (68.3%)
55	MAJCHRZAK Jakub	3143		M30	18	01:41:08.25	01:41:19.40	+00:32:50 (32.4%)	7:13	8.3 (67.5%)
56	KOZAK Paweł	3106		M30	19	01:37:24.10	01:41:38.10	+00:33:08 (32.6%)	6:57	8.6 (69.9%)
57	KORZONEK Karol	3104	SPRINT GORZYCE	M30	20	01:41:51.05	01:42:15.10	+00:33:45 (33.0%)	7:16	8.2 (66.7%)
58	LUCJUSZ Krzysztof	3132		M20	16	01:42:21.85	01:42:27.20	+00:33:57 (33.2%)	7:18	8.2 (66.7%)
59	LEŚNIAK Dawid	3124	LHO DRUŻYNA	M30	21	01:42:46.10	01:42:50.80	+00:34:21 (33.4%)	7:20	8.2 (66.7%)
60	ŁUCKA Artur	3133		M30	22	01:42:50.35	01:43:10.35	+00:34:40 (33.6%)	7:20	8.2 (66.7%)
61	PUTYRA Damian	3199		M20	17	01:42:42.50	01:43:15.50	+00:34:46 (33.7%)	7:20	8.2 (66.7%)
62	KOCHANIEC Stanisław	3097		M30	23	01:43:24.70	01:43:50.65	+00:35:21 (34.0%)	7:23	8.1 (65.9%)
63	PADO Michał	3179	BIESZCZADZKA WATAHA MTB	M30	24	01:43:28.60	01:43:54.50	+00:35:25 (34.1%)	7:23	8.1 (65.9%)
64	OCZOŚ Przemysław	3172		M30	25	01:43:50.55	01:44:03.20	+00:35:33 (34.2%)	7:25	8.1 (65.9%)
65	BUCZEK Michał	3018		M30	26	01:43:54.20	01:44:07.00	+00:35:37 (34.2%)	7:25	8.1 (65.9%)
66	KORYTKOWSKI Jacek	3103		M40	17	01:44:35.35	01:44:53.30	+00:36:23 (34.7%)	7:28	8 (65.0%)
67	BŁOK Tomasz	3011		M40	18	01:45:03.50	01:45:12.25	+00:36:42 (34.9%)	7:30	8 (65.0%)
68	ŁUCZAK Michał	3135	RAK'N'ROLL	M40	19	01:45:04.45	01:45:27.25	+00:36:57 (35.1%)	7:30	8 (65.0%)
69	GOLEC Janusz	3063		M40	20	01:45:18.50	01:45:27.40	+00:36:58 (35.1%)	7:31	8 (65.0%)
70	WIECZOREK Tomasz	3257	KB BIAŁA BIEGA	M40	21	01:46:20.35	01:46:51.40	+00:38:22 (35.9%)	7:35	7.9 (64.2%)
71	WERESZCZAK Arkadiusz	3254	JAROSŁAWSKA GRUPA BIEGOWA SOKÓŁ	M20	18	01:47:12.35	01:47:16.75	+00:38:47 (36.2%)	7:39	7.8 (63.4%)
72	FORTUNA Michał	3052		M30	27	01:47:04.35	01:47:42.70	+00:39:13 (36.4%)	7:38	7.8 (63.4%)
73	FORTUNA Henryk	3053		M60	2	01:47:04.95	01:47:43.20	+00:39:13 (36.4%)	7:38	7.8 (63.4%)

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74	CHLEBIŃSKI Maciej	3026	RZESZOWSKIE GAZELE I GEPARDY	M30	28	01:47:35.75	01:47:47.70	+00:39:18 (36.5%)	7:41	7.8 (63.4%)
75	LECHOWICZ Andrzej	3122		M20	19	01:48:09.40	01:48:21.00	+00:39:51 (36.8%)	7:43	7.8 (63.4%)
76	WENERSKI Andrzej	3253	MULTIMEDIA RUNNERS PUŁAWY	M40	22	01:48:30.05	01:48:59.45	+00:40:30 (37.2%)	7:45	7.7 (62.6%)
77	MARCOL Wojciech	3311	OTK RZEŹNIK	M20	20	01:48:59.50	01:49:01.65	+00:40:32 (37.2%)	7:47	7.7 (62.6%)
78	KORNAS Szymon	3101	TEAMTOMAN	M20	21	01:48:59.50	01:49:01.80	+00:40:32 (37.2%)	7:47	7.7 (62.6%)
79	GAŁECKI Piotr	3057		M40	23	01:48:48.90	01:49:04.65	+00:40:35 (37.2%)	7:46	7.7 (62.6%)
79	PRUS Tomasz	3186		M40	23	01:48:47.20	01:49:04.65	+00:40:35 (37.2%)	7:46	7.7 (62.6%)
81	KRAWCZYK Jakub	3107	NIE WIEM, NIE OBCHODZI MNIE TO	M20	22	01:48:40.85	01:49:14.60	+00:40:45 (37.3%)	7:45	7.7 (62.6%)
82	OLSZYK Tadeusz	3304	KLM MARATON ŚWINOUJŚCIE	M60	3	01:49:02.05	01:49:27.05	+00:40:57 (37.4%)	7:47	7.7 (62.6%)
83	PODOLAK Zbigniew	3193		M60	4	01:50:02.95	01:50:18.05	+00:41:48 (37.9%)	7:51	7.6 (61.8%)
84	ROSZCZYPAŁA Bartłomiej	3209	SII RUNNING TEAM	M20	23	01:50:08.85	01:50:35.50	+00:42:06 (38.1%)	7:52	7.6 (61.8%)
85	PIĄTEK Piotr	3187	GŁOGOVIA GŁOGÓW MAŁOPOLSKI	M40	25	01:51:23.80	01:51:51.75	+00:43:22 (38.8%)	7:57	7.5 (61.0%)
86	LEŃ Jakub	3123		M40	26	01:51:48.45	01:52:20.10	+00:43:50 (39.0%)	7:59	7.5 (61.0%)
87	MALINOWSKI Marcin	3296		M30	29	01:52:18.90	01:52:20.95	+00:43:51 (39.0%)	8:01	7.5 (61.0%)
88	OLEJNICZAK Maksymilian	3173	OKB TEOLEO	M20	24	01:51:52.20	01:52:23.35	+00:43:53 (39.1%)	7:59	7.5 (61.0%)
89	STYKAŁA Sebastian	3230		M40	27	01:52:38.75	01:52:44.50	+00:44:15 (39.3%)	8:02	7.5 (61.0%)
90	HAFFKE Krzysztof	3077		M40	28	01:52:38.65	01:52:44.60	+00:44:15 (39.3%)	8:02	7.5 (61.0%)
91	CZYŻYKIEWICZ Piotr	3037	GGB	M50	4	01:52:39.45	01:52:46.70	+00:44:17 (39.3%)	8:02	7.5 (61.0%)
92	WRÓBEL Bartłomiej	3305	CISNA	M40	29	01:53:04.00	01:53:04.00	+00:44:34 (39.4%)	8:04	7.4 (60.2%)
93	GOLAS Marcin	3062	EXILE	M40	30	01:52:39.70	01:53:28.75	+00:44:59 (39.6%)	8:02	7.5 (61.0%)
94	KRZAN Tomasz	3112	F.H.U KRZAN	M40	31	01:53:32.25	01:53:42.05	+00:45:12 (39.8%)	8:06	7.4 (60.2%)
95	DRABIK Paweł	3039		M40	32	01:53:32.10	01:53:42.20	+00:45:12 (39.8%)	8:06	7.4 (60.2%)
96	BĘDKOWSKI Paweł	3008		M30	30	01:53:21.45	01:53:43.45	+00:45:14 (39.8%)	8:05	7.4 (60.2%)
97	HABIB Marek	3075		M30	31	01:53:27.20	01:53:50.00	+00:45:20 (39.8%)	8:06	7.4 (60.2%)
98	SZWEDA Karol	3240	OSTATNI, ALE PIJANI!	M20	25	01:53:31.05	01:53:54.65	+00:45:25 (39.9%)	8:06	7.4 (60.2%)
99	BECHTA Damian	3003	ADIDAS RUNNERS WARSAW	M20	26	01:54:12.75	01:54:34.65	+00:46:05 (40.2%)	8:09	7.4 (60.2%)
100	JAGODZIŃSKI Łukasz	3082		M30	32	01:54:18.25	01:54:46.55	+00:46:17 (40.3%)	8:09	7.3 (59.3%)
101	GAWLIK Mateusz	3060		M20	27	01:54:38.75	01:54:51.00	+00:46:21 (40.4%)	8:11	7.3 (59.3%)
102	JANKOWSKI Michał	3083		M40	33	01:54:57.75	01:55:03.70	+00:46:34 (40.5%)	8:12	7.3 (59.3%)
103	MILC Szymon	3160		M40	34	01:55:21.90	01:55:57.00	+00:47:27 (40.9%)	8:14	7.3 (59.3%)
104	CHADAJ Kamil	3025		M20	28	01:56:20.75	01:56:24.15	+00:47:54 (41.2%)	8:18	7.2 (58.5%)
105	OCHYRA Krzysztof	3283		M50	5	01:56:59.60	01:57:08.30	+00:48:38 (41.5%)	8:21	7.2 (58.5%)
106	NESTOROWICZ Maksymilian	3167	BIESZCZADZKA WATAHA MTB	M30	33	01:56:49.95	01:57:16.10	+00:48:46 (41.6%)	8:20	7.2 (58.5%)
107	GÓRKA Dariusz	3067		M40	35	01:57:06.20	01:57:21.15	+00:48:51 (41.6%)	8:21	7.2 (58.5%)
108	CHOŁODY Łukasz	3027	SPRINT GORZYVE	M30	34	01:57:13.75	01:57:38.95	+00:49:09 (41.8%)	8:22	7.2 (58.5%)
109	WOJCIECHOWSKI Wojciech	3285	KILLKOWID19	M40	36	01:57:56.85	01:58:15.70	+00:49:46 (42.1%)	8:25	7.1 (57.7%)
110	WOJCIECHOWSKI Szymon	3286	KILLKOWID19	M40	37	01:57:58.95	01:58:15.80	+00:49:46 (42.1%)	8:25	7.1 (57.7%)
111	LEWANDOWSKI Marcin	3126	SPRINT GORZYCE	M30	35	01:58:18.95	01:58:43.70	+00:50:14 (42.3%)	8:27	7.1 (57.7%)
112	PIETRUSZKA Mariusz	3189		M30	36	01:58:46.15	01:59:01.25	+00:50:31 (42.5%)	8:29	7.1 (57.7%)
113	BRENKUS Piotr	3017	BIEG PO ZDRÓJ	M30	37	01:59:05.35	01:59:29.05	+00:50:59 (42.7%)	8:30	7.1 (57.7%)
114	CIESIELSKI Grzegorz	3033	#SMARTRUN	M40	38	01:59:41.55	02:00:16.15	+00:51:46 (43.1%)	8:32	7 (56.9%)
115	GORAJEK Michał	3065	ALA&LILA	M40	39	01:59:42.05	02:00:16.35	+00:51:46 (43.1%)	8:33	7 (56.9%)
116	KRZAN Dariusz	3312	PRZEWORSK	M40	40	02:00:45.95	02:00:56.25	+00:52:26 (43.4%)	8:37	7 (56.9%)
117	WITUŃ Piotr	3260		M30	38	02:00:58.00	02:01:08.00	+00:52:38 (43.5%)	8:38	6.9 (56.1%)

Msc	Zawodnik	Numer	Klub	Kategoria	Mkat	Czas netto 14km	Czas brutto 14km	Różn	Tempo min/km	Tempo km/h
118	GOŁDYN Waldemar	3064		M40	41	02:01:01.40	02:01:35.70	+00:53:06 (43.7%)	8:38	6.9 (56.1%)
119	SKOP Paweł	3224	WKURW_TEAM	M40	42	02:01:37.45	02:02:08.65	+00:53:39 (43.9%)	8:41	6.9 (56.1%)
120	MAGER Bartosz	3142		M40	43	02:02:15.95	02:02:30.45	+00:54:01 (44.1%)	8:43	6.9 (56.1%)
121	PREIS Kamil	3196		M20	29	02:04:32.75	02:04:58.95	+00:56:29 (45.2%)	8:53	6.7 (54.5%)
122	RACZYŃSKI Paweł	3204		M40	44	02:05:13.00	02:05:33.30	+00:57:03 (45.5%)	8:56	6.7 (54.5%)
123	FRANCZYK Michał	3054	AZS AWF MASTERS	M30	39	02:05:16.65	02:05:39.50	+00:57:10 (45.5%)	8:56	6.7 (54.5%)
124	MROCZKOWSKI Piotr	3166		M30	40	02:05:18.15	02:05:48.40	+00:57:19 (45.6%)	8:57	6.7 (54.5%)
125	BERTRANDT Bartosz	3005		M30	41	02:05:57.65	02:06:11.25	+00:57:41 (45.7%)	8:59	6.7 (54.5%)
126	SUZANOWICZ Krzysztof	3280		M50	6	02:05:55.30	02:06:18.15	+00:57:48 (45.8%)	8:59	6.7 (54.5%)
127	ANDRASZ Paweł	3000		M20	30	02:06:35.55	02:06:57.00	+00:58:27 (46.0%)	9:02	6.6 (53.7%)
128	OWSKI Filip	3176	DKMS TEAM	M30	42	02:07:09.95	02:07:16.55	+00:58:47 (46.2%)	9:04	6.6 (53.7%)
129	FLIS Rafał	3049		M40	45	02:07:16.10	02:07:22.65	+00:58:53 (46.2%)	9:05	6.6 (53.7%)
130	FLORCZAK Błażej	3050		M30	43	02:07:56.80	02:08:13.20	+00:59:43 (46.6%)	9:08	6.6 (53.7%)
131	KAWECKI Bartosz	3089	LOS BASUREROS	M20	31	02:07:56.60	02:08:30.10	+01:00:00 (46.7%)	9:08	6.6 (53.7%)
132	OZIERO Mateusz	3177		M30	44	02:08:30.65	02:08:44.65	+01:00:15 (46.8%)	9:10	6.5 (52.8%)
133	BOŻEWICZ Mariusz	3016		M40	46	02:08:26.00	02:09:01.60	+01:00:32 (46.9%)	9:10	6.5 (52.8%)
134	GRABARCZYK Dorian	3070		M20	32	02:09:06.90	02:09:16.70	+01:00:47 (47.0%)	9:13	6.5 (52.8%)
135	DUSZKIEWICZ Krzysztof	3042	RAZEM TRENUJEMY SPORT	M40	47	02:10:36.30	02:10:51.60	+01:02:22 (47.7%)	9:19	6.4 (52.0%)
136	NORWA Sylwester	3170	JET SET	M40	48	02:11:58.95	02:12:09.50	+01:03:40 (48.2%)	9:25	6.4 (52.0%)
137	KRZYWICKI Leszek	3113		M50	7	02:12:38.45	02:12:54.30	+01:04:24 (48.5%)	9:28	6.3 (51.2%)
138	WOŹNIAK Mariusz	3265		M50	8	02:13:10.55	02:13:30.95	+01:05:01 (48.7%)	9:30	6.3 (51.2%)
139	MAJDYŚ Wojciech	3144		M40	49	02:14:11.55	02:14:28.70	+01:05:59 (49.1%)	9:35	6.3 (51.2%)
140	WOJCIECH Kalandyk	3261	TURLAM SIĘ DO METY	M30	45	02:14:26.60	02:15:01.60	+01:06:32 (49.3%)	9:36	6.2 (50.4%)
141	KROLAK Krzysztof	3109		M40	50	02:15:13.65	02:15:22.05	+01:06:52 (49.4%)	9:39	6.2 (50.4%)
142	OPALIŃSKI Paweł	3175		M30	46	02:15:37.90	02:15:57.30	+01:07:27 (49.6%)	9:41	6.2 (50.4%)
143	JASEWICZ Wojciech	3293		M40	51	02:17:02.85	02:17:15.80	+01:08:46 (50.1%)	9:47	6.1 (49.6%)
144	RAK Michał	3207		M20	33	02:18:22.95	02:18:55.20	+01:10:25 (50.7%)	9:53	6.1 (49.6%)
145	RYŻYŃSKI Tomasz	3215	CHEŁM BIEGA	M40	52	02:18:33.90	02:18:55.65	+01:10:26 (50.7%)	9:53	6.1 (49.6%)
146	CHWASTA Mariusz	3029		M40	53	02:20:20.35	02:20:36.25	+01:12:06 (51.3%)	10:01	6 (48.8%)
147	KURKOWSKI Sławomir	3120		M30	47	02:22:23.25	02:22:40.25	+01:14:10 (52.0%)	10:10	5.9 (48.0%)
148	FURMAN Michał	3055	OCHAJORUN & FRIENDS	M30	48	02:23:15.70	02:23:50.70	+01:15:21 (52.4%)	10:13	5.9 (48.0%)
149	CZAPLA Andrzej	3034		M60	5	02:24:04.75	02:24:22.40	+01:15:53 (52.6%)	10:17	5.8 (47.2%)
150	FIL Hubert	3047	JAROSŁAWSKI BIEGACZ	M20	34	02:28:38.75	02:28:51.70	+01:20:22 (54.0%)	10:37	5.7 (46.3%)
151	LOBA Jerzy	3131	LUKS BAŁTYK DZIWNÓW	M60	6	02:34:29.80	02:35:07.10	+01:26:37 (55.8%)	11:02	5.4 (43.9%)
152	KLUZ Robert	3289		M50	9	02:43:22.60	02:43:53.40	+01:35:24 (58.2%)	11:40	5.1 (41.5%)
153	SOKOŁOWSKI Mikołaj	3300		M18	3	02:51:46.85	02:52:19.70	+01:43:50 (60.3%)	12:16	4.9 (39.8%)
154	GRABIEC Dawid	3071		M30	49	02:50:16.10	02:54:37.10	+01:46:07 (60.8%)	12:09	4.9 (39.8%)
155	KOLASIŃSKI Adam	3275		M40	54	03:15:11.80	03:15:29.50	+02:07:00 (65.0%)	13:56	4.3 (35.0%)
156	KLINIKOWSKI Jacek	3093	KOCHAM ŻYCIE I...	M50	10	03:17:36.15	03:17:55.25	+02:09:25 (65.4%)	14:06	4.3 (35.0%)
157	ŁUGOWSKI Paweł	3138	RAKNROLL	M60	7	03:17:37.90	03:18:01.95	+02:09:32 (65.4%)	14:06	4.3 (35.0%)
158	ZAJAC Dominik	3267		M20	35	03:21:04.05	03:21:44.40	+02:13:15 (66.1%)	14:21	4.2 (34.1%)
159	KLIŚ Tomasz	3095		M40	55	03:26:46.80	03:27:13.60	+02:18:44 (66.9%)	14:46	4.1 (33.3%)