

IX ZIMOWA BIESZCZADZKA DYCHA 2023

B4SPORT

Wydarzenie:
Organizator:
Data:
Miejsce:
Dystans:

IX Zimowy Maraton Bieszczadzki
Fundacja Bieg Rzeźnika
2023-01-28
Cisna
10 km

B4SPORT
INTELIGENTNE ZAWODY SPORTOWE

Klasyfikacja: K30

Msc	Zawodnik	Numer	Klub	Kategoria	Mkat	3.7km	Czas netto 10km	Czas brutto 10km	Różn	Tempo min/km	Tempo km/h
1	HOŁOWATY Renata	1141	SANOK BIEGA	K30	1	00:27:01	01:04:36.00	01:04:36.00		6:27	9.3 (100%)
2	BANASIK Monika	1148	KAŃCZUCKA GRUPA BIEGOWA	K30	2	00:26:55	01:06:34.05	01:06:34.05	+00:01:58 (3.0%)	6:39	9 (96.8%)
3	TARNOWSKA Ewa	1105	LUBELSKA GRUPA TRIATHLONU	K30	3		01:09:00.10	01:09:00.10	+00:04:24 (6.4%)	6:54	8.7 (93.5%)
4	LIBERADZKA Joanna	1117		K30	4	00:32:50	01:17:05.80	01:17:05.80	+00:12:29 (16.2%)	7:42	7.8 (83.9%)
5	SPRAWKA Marta	1158		K30	5	00:33:11	01:19:08.50	01:19:08.50	+00:14:32 (18.4%)	7:54	7.6 (81.7%)
6	SKIBA Elżbieta	1088	NOWA HUTA TEAM	K30	6		01:21:12.15	01:21:12.15	+00:16:36 (20.4%)	8:07	7.4 (79.6%)
7	KAMIŃSKA Katarzyna	1103		K30	7	00:33:19	01:24:08.85	01:24:08.85	+00:19:32 (23.2%)	8:24	7.1 (76.3%)
8	JAWORSKA Magdalena	1007	KS CELESTYNA	K30	8		01:28:06.85	01:28:06.85	+00:23:30 (26.7%)	8:48	6.8 (73.1%)
9	KAMIŃSKA Patrycja	1104		K30	9		01:29:16.05	01:29:16.05	+00:24:40 (27.6%)	8:55	6.7 (72.0%)
10	STASZCZYK Anna	1118	BKB CZARNA PERŁA	K30	10	00:44:29	01:30:03.65	01:30:03.65	+00:25:27 (28.3%)	9:00	6.7 (72.0%)
11	MICHNO Agata	1025	NOWA HUTA TEAM	K30	11	00:34:21	01:30:48.30	01:30:48.30	+00:26:12 (28.9%)	9:04	6.6 (71.0%)
12	GIL Marta	1015	LUBELSKA GRUPA TRIATHLONU	K30	12	00:37:02	01:35:03.10	01:35:03.10	+00:30:27 (32.0%)	9:30	6.3 (67.7%)
13	SZUKOWSKA Amelia	1021		K30	13	00:39:48	01:36:06.20	01:36:06.20	+00:31:30 (32.8%)	9:36	6.2 (66.7%)
14	TYCHONCZUK Katarzyna	1160		K30	14		01:36:51.85	01:36:51.85	+00:32:15 (33.3%)	9:41	6.2 (66.7%)
15	JANUSZEWICZ Aleksandra	1099	AKS ZŁY	K30	15	00:38:03	01:37:20.00	01:37:20.00	+00:32:44 (33.6%)	9:44	6.2 (66.7%)
16	OSTROWICKA Justyna	1116		K30	16	00:37:59	01:37:20.10	01:37:20.10	+00:32:44 (33.6%)	9:44	6.2 (66.7%)
17	TRZECIAK Albina	1011		K30	17		01:38:24.95	01:38:24.95	+00:33:48 (34.4%)	9:50	6.1 (65.6%)
18	KĘDZIOR Justyna	1006	NIELEPKOWICE GÓRĄ	K30	18	00:38:42	01:39:21.85	01:39:21.85	+00:34:45 (35.0%)	9:56	6 (64.5%)
19	SZPREJDA Paulina	1063		K30	19	00:39:37	01:41:03.65	01:41:03.65	+00:36:27 (36.1%)	10:06	5.9 (63.4%)
20	BOŻEK Aleksandra	1014	TEAM ZABIEGANEDNI	K30	20		01:41:25.45	01:41:25.45	+00:36:49 (36.3%)	10:08	5.9 (63.4%)
21	GEMZIK Agata	1115	J U V E R U N	K30	21		01:41:31.45	01:41:31.45	+00:36:55 (36.4%)	10:09	5.9 (63.4%)
22	BARTNIK Dominika	1016		K30	22	00:41:55	01:46:07.65	01:46:07.65	+00:41:31 (39.1%)	10:36	5.7 (61.3%)
23	KULA Milena	1112		K30	23	00:44:15	01:49:23.25	01:49:23.25	+00:44:47 (40.9%)	10:56	5.5 (59.1%)
24	JEZIOR Monika	1060		K30	24	00:46:37	01:50:19.55	01:50:19.55	+00:45:43 (41.4%)	11:01	5.4 (58.1%)
25	DZIURUŃ Jagoda	1053		K30	25	00:42:07	01:53:46.85	01:53:46.85	+00:49:10 (43.2%)	11:22	5.3 (57.0%)
26	PAŁACH Katarzyna	1008		K30	26	00:43:58	02:05:51.25	02:05:51.25	+01:01:15 (48.7%)	12:35	4.8 (51.6%)
27	KOCZOT Paulina	1145		K30	27	00:48:33	02:30:45.70	02:30:45.70	+01:26:09 (57.2%)	15:04	4 (43.0%)

Znaleziono 27 wynik(ów)