

IX ZIMOWY MARATON BIESZCZADZKI 2023 - 20KM

B4SPORT

Wydarzenie: IX Zimowy Maraton Bieszczadzki
Organizator: Fundacja Bieg Rzeźnika
Data: 2023-01-28
Miejsce: Cisna
Dystans: 20 km

B4SPORT
 INTELIGENTNE ZAWODY SPORTOWE

Klasyfikacja: K40

Msc	Zawodnik	Numer	Klub	Kategoria	Mkat	Brzeziniak 9km	Czas netto 23km	Czas brutto 23km	Różn	Tempo min/km	Tempo km/h
1	PIĄTEK Beata	2238	WWW.TRENINGFIZJOTERAPIA/ULTRAŁAŃCUT	K40	1	00:55:13	01:57:13.95	01:57:13.95		5:05	11.8 (100%)
2	GARCZYŃSKA-WĄS Bogusława	2185	WM TRISELF	K40	2	00:54:13	01:57:52.35	01:57:52.35	+00:00:38 (0.5%)	5:07	11.7 (99.2%)
3	SOJKA Agnieszka	2174	PRZEMYSKI KLUB BIEGACZA	K40	3		02:17:03.10	02:17:03.10	+00:19:49 (14.5%)	5:57	10.1 (85.6%)
4	SZCZUR Iwona	2207		K40	4	01:07:13	02:30:56.05	02:30:56.05	+00:33:42 (22.3%)	6:33	9.1 (77.1%)
5	KOWALUNAS-BEM Olga	2184	LPP TEAM	K40	5	01:06:40	02:31:36.10	02:31:36.10	+00:34:22 (22.7%)	6:35	9.1 (77.1%)
6	POPIELA-KAWA Sylwia	2192	KS RYGLICE SEKCJA BIEGOWA	K40	6	01:06:20	02:39:15.95	02:39:15.95	+00:42:02 (26.4%)	6:55	8.7 (73.7%)
7	DYLAĞ Katarzyna	2199	GORLICKA GRUPA BIEGOWA	K40	7	01:09:55	02:41:41.75	02:41:41.75	+00:44:27 (27.5%)	7:01	8.5 (72.0%)
8	HOLIK Iwona	2110	GORLICKA GRUPA BIEGOWA	K40	8	01:09:59	02:41:41.85	02:41:41.85	+00:44:27 (27.5%)	7:01	8.5 (72.0%)
9	RĘKAS Magdalena	2071	RAPTOWNI	K40	9	01:14:51	02:42:39.10	02:42:39.10	+00:45:25 (27.9%)	7:04	8.5 (72.0%)
10	RĘKOSIEWICZ-TOKARZ Monika	2138	STOWARZYSZENIE BIEGNIJ Z POMOCĄ	K40	10	01:12:59	02:43:52.60	02:43:52.60	+00:46:38 (28.5%)	7:07	8.4 (71.2%)
11	SZYMANOWSKA Monika	2111		K40	11	01:10:39	02:47:14.75	02:47:14.75	+00:50:00 (29.9%)	7:16	8.3 (70.3%)
12	OSADNIK Anna	2137	MAFIA TEAM LUBLINIEC	K40	12	01:20:34	02:50:05.30	02:50:05.30	+00:52:51 (31.1%)	7:23	8.1 (68.6%)
13	ADAMOWICZ Agnieszka	2064	ZWOLEŃNICY BIEGANIA	K40	13	01:17:02	02:51:47.85	02:51:47.85	+00:54:33 (31.8%)	7:28	8 (67.8%)
14	STACHOWIAK Aneta	2122		K40	14	01:19:38	02:53:33.00	02:53:33.00	+00:56:19 (32.5%)	7:32	8 (67.8%)
15	WASZKIEWICZ Joanna	2076	NIGHT RUNNERS	K40	15	01:20:48	02:53:42.50	02:53:42.50	+00:56:28 (32.5%)	7:33	7.9 (66.9%)
16	KASPEREK Magdalena	2077	#THEWINEFEELS	K40	16	00:59:44	02:55:39.70	02:55:39.70	+00:58:25 (33.3%)	7:38	7.9 (66.9%)
17	CHMIEL Bożena	2010	DZIKIE MUSTANGI	K40	17		03:00:16.85	03:00:16.85	+01:03:02 (35.0%)	7:50	7.7 (65.3%)
18	ŚWIERŻEWSKA Sylwia	2136		K40	18	01:21:56	03:04:24.15	03:04:24.15	+01:07:10 (36.4%)	8:01	7.5 (63.6%)
19	RADYK Joanna	2195	PRZEMYSKI KLUB BIEGACZA	K40	19	01:21:10	03:05:24.10	03:05:24.10	+01:08:10 (36.8%)	8:03	7.4 (62.7%)
20	HANGIEL Urszula	2150	ŻWAWĘ ŻÓŁWIE	K40	20	01:26:22	03:05:40.30	03:05:40.30	+01:08:26 (36.9%)	8:04	7.4 (62.7%)
21	TOMAKA Jadwiga	2013	SZKÓŁKA ROLKOWA WODZU	K40	21	01:26:01	03:09:48.85	03:09:48.85	+01:12:34 (38.2%)	8:15	7.3 (61.9%)
22	SIKORSKA Agnieszka	2198		K40	22	01:30:02	03:10:55.05	03:10:55.05	+01:13:41 (38.6%)	8:18	7.2 (61.0%)
23	LEŚNICZAK Barbara	2197	#WKURWTEAM	K40	23	01:25:08	03:13:30.90	03:13:30.90	+01:16:16 (39.4%)	8:24	7.1 (60.2%)
24	KOCOT Magdalena	2220	META NADARZYN	K40	24		03:17:51.85	03:17:51.85	+01:20:37 (40.8%)	8:36	7 (59.3%)
25	JEŻEWSKA Angelika	2004		K40	25	01:26:18	03:20:02.50	03:20:02.50	+01:22:48 (41.4%)	8:41	6.9 (58.5%)
26	RYSIAWA Joanna	2152		K40	26	01:28:08	03:22:53.25	03:22:53.25	+01:25:39 (42.2%)	8:49	6.8 (57.6%)
27	WANDEL Agnieszka	2072	NIGHT RUNNERS	K40	27	01:36:53	03:55:36.75	03:55:36.75	+01:58:22 (50.2%)	10:14	5.9 (50.0%)
28	LECIEJEWSKA Małgorzata	2080	NIGHT RUNNERS POZNAŃ	K40	28	01:37:06	03:55:41.05	03:55:41.05	+01:58:27 (50.3%)	10:14	5.9 (50.0%)
29	PLICH Agnieszka	2129	WANDA PANFIL TEAM	K40	29	00:47:53			+	5:19	11.3 (95.8%)

Znaleziono 29 wynik(ów)