

# IX ZIMOWY MARATON BIESZCZADZKI 2023 - 43KM

B4SPORT

**Wydarzenie:** IX Zimowy Maraton Bieszczadzki  
**Organizator:** Fundacja Bieg Rzeźnika  
**Data:** 2023-01-28  
**Miejsce:** Cisna  
**Dystans:** 43 km

**B4SPORT**  
 INTELIGENTNE ZAWODY SPORTOWE

Klasyfikacja: K30

Msc	Zawodnik	Numer	Klub	Kategoria	Mkat	Smerek/Wietnam 17km	Smerek/Carpatia 24km	Brzeziniak 32km	Czas netto 43km	Czas brutto 43km	Różn	Tempo min/km	Tempo km/h
1	<b>TRACZ Paulina</b>	<b>4180</b>	TRENINGFIZJO/THE NORTH FACE	K30	1	01:23:27	01:56:03	02:36:40	<b>03:36:24.65</b>	<b>03:36:24.65</b>		5:01	11.9 (100%)
2	<b>PAPROCKA Urszula</b>	<b>4071</b>	NOWA HUTA TEAM	K30	2	01:28:22	02:03:23	02:47:11	<b>03:50:53.30</b>	<b>03:50:53.30</b>	+00:14:28 (6.3%)	5:22	11.2 (94.1%)
3	<b>MALISZEWSKA Justyna</b>	<b>4006</b>	MOTOMROKO	K30	3	01:25:46	02:01:17	02:46:20	<b>03:52:32.40</b>	<b>03:52:32.40</b>	+00:16:07 (6.9%)	5:24	11.1 (93.3%)
4	<b>TATAREK-KONIK Agnieszka</b>	<b>4050</b>		K30	4	01:29:16	02:05:07	02:52:36	<b>04:04:37.70</b>	<b>04:04:37.70</b>	+00:28:13 (11.5%)	5:41	10.5 (88.2%)
5	<b>DEJNECKA Martyna</b>	<b>4117</b>		K30	5	01:37:01	02:14:31	03:02:22	<b>04:14:34.65</b>	<b>04:14:34.65</b>	+00:38:10 (15.0%)	5:55	10.1 (84.9%)
6	<b>PELA Olga</b>	<b>4169</b>		K30	6	01:40:24	02:20:09	03:11:54	<b>04:29:38.35</b>	<b>04:29:38.35</b>	+00:53:13 (19.7%)	6:16	9.6 (80.7%)
7	<b>CZOCHARA Aneta</b>	<b>4170</b>	HEŃTEAM	K30	7	01:51:33	02:38:11	03:40:34	<b>05:18:25.30</b>	<b>05:18:25.30</b>	+01:42:00 (32.0%)	7:24	8.1 (68.1%)
8	<b>RUSZNICA Klaudia</b>	<b>4004</b>	PATATAS BRAVAS	K30	8	01:55:52	02:47:10	03:58:49	<b>05:38:49.55</b>	<b>05:38:49.55</b>	+02:02:24 (36.1%)	7:52	7.6 (63.9%)
9	<b>MALISIEWICZ Anna</b>	<b>4156</b>		K30	9	01:58:14	02:49:21	04:04:18	<b>05:45:22.00</b>	<b>05:45:22.00</b>	+02:08:57 (37.3%)	8:01	7.5 (63.0%)
10	<b>MACINA Małgorzata</b>	<b>4121</b>		K30	10	02:07:50	03:04:18	04:20:26	<b>06:07:52.25</b>	<b>06:07:52.25</b>	+02:31:27 (41.2%)	8:33	7 (58.8%)
11	<b>NIEMCZAK Barbara</b>	<b>4138</b>	ULTRA KSP	K30	11	02:22:31	03:25:57	04:51:06	<b>06:54:20.85</b>	<b>06:54:20.85</b>	+03:17:56 (47.8%)	9:38	6.2 (52.1%)
12	<b>MARONDEL Katarzyna</b>	<b>4107</b>	SILESIA NORDIC TEAM	K30	12	02:35:57	03:44:36	05:07:06	<b>07:19:49.55</b>	<b>07:19:49.55</b>	+03:43:24 (50.8%)	10:13	5.9 (49.6%)

Znaleziono 12 wynik(ów)