

IX ZIMOWY MARATON BIESZCZADZKI 2023 - 43KM

B4SPORT

Wydarzenie: IX Zimowy Maraton Bieszczadzki
Organizator: Fundacja Bieg Rzeźnika
Data: 2023-01-28
Miejsce: Cisna
Dystans: 43 km

B4SPORT
 INTELIGENTNE ZAWODY SPORTOWE

Klasyfikacja: K40

Msc	Zawodnik	Numer	Klub	Kategoria	Mkat	Smerek/Wietnam 17km	Smerek/Carpatia 24km	Brzeziniak 32km	Czas netto 43km	Czas brutto 43km	Różn	Tempo min/km	Tempo km/h
1	SOBIESZEK Sylwia	4069	ZWOLEŃNICY BIEGANIA	K40	1	01:32:25	02:11:07	03:02:10	04:21:05.30	04:21:05.30		6:04	9.9 (100%)
2	LANGE Beata	4152		K40	2	01:39:36	02:18:44	03:10:46	04:27:02.65	04:27:02.65	+00:05:57 (2.2%)	6:12	9.7 (98.0%)
3	KIRILENKO Aneta	4145		K40	3	01:43:18	02:27:28	03:26:02	04:45:17.40	04:45:17.40	+00:24:12 (8.5%)	6:38	9 (90.9%)
4	EFEMBERG Joanna	4160	STAJNIA BALONA	K40	4	01:54:55	02:42:47	03:43:14	05:11:57.15	05:11:57.15	+00:50:51 (16.3%)	7:15	8.3 (83.8%)
5	WALKOWIAK Joanna	4102	MUAY RUNNING TEAM	K40	5	01:52:03	02:40:18	03:47:51	05:21:35.55	05:21:35.55	+01:00:30 (18.8%)	7:28	8 (80.8%)
6	MICHOWSKA Anna	4059	HEŃTEAM	K40	6	01:57:36	02:45:59	03:52:39	05:32:35.00	05:32:35.00	+01:11:29 (21.5%)	7:44	7.8 (78.8%)
7	RAMS Agnieszka	4041		K40	7	02:04:06	02:58:33	04:09:28	05:49:57.35	05:49:57.35	+01:28:52 (25.4%)	8:08	7.4 (74.7%)
8	ŻUK Agata	4079	HEŃTEAM	K40	8	01:59:35	02:54:05	04:08:02	05:52:06.30	05:52:06.30	+01:31:01 (25.8%)	8:11	7.3 (73.7%)
9	KAŁACZYŃSKA-MIĘTKIEWICZ Magdalena	4052		K40	9	01:55:59	02:49:31	04:09:53	05:58:06.15	05:58:06.15	+01:37:00 (27.1%)	8:19	7.2 (72.7%)
10	WITKOWSKA Beata	4114	#KASZANIENAMOKA	K40	10	02:12:15	03:09:33	04:23:57	06:12:11.05	06:12:11.05	+01:51:05 (29.8%)	8:39	6.9 (69.7%)
11	PAWLAK Ewelina	4149		K40	11	02:08:21	03:10:26	04:25:55	06:22:40.50	06:22:40.50	+02:01:35 (31.8%)	8:53	6.7 (67.7%)
12	KWIATEK Monika	4136		K40	12	02:05:50	03:06:43	04:26:19	06:26:35.80	06:26:35.80	+02:05:30 (32.5%)	8:59	6.7 (67.7%)
13	SZPINDA Marta	4064	BIŁGORAJ ULTRA TRAIL	K40	13	02:11:45	03:12:24	04:38:18	06:50:22.10	06:50:22.10	+02:29:16 (36.4%)	9:32	6.3 (63.6%)

Znaleziono 13 wynik(ów)