

IX ZIMOWY MARATON BIESZCZADZKI 2023 - 43KM

B4SPORT

Wydarzenie: IX Zimowy Maraton Bieszczadzki
Organizator: Fundacja Bieg Rzeźnika
Data: 2023-01-28
Miejsce: Cisna
Dystans: 43 km

B4SPORT
 INTELIGENTNE ZAWODY SPORTOWE

Klasyfikacja: Kobiety

Msc	Zawodnik	Numer	Klub	Kategoria	Mkat	Smerek/Wietnam 17km	Smerek/Carpatia 24km	Brzeziniak 32km	Czas netto 43km	Czas brutto 43km	Różn	Tempo min/km	Tempo km/h
1	TRACZ Paulina	4180	TRENINGFIZJO/THE NORTH FACE	K30	1	01:23:27	01:56:03	02:36:40	03:36:24.65	03:36:24.65		5:01	11.9 (100%)
2	PAPROCKA Urszula	4071	NOWA HUTA TEAM	K30	2	01:28:22	02:03:23	02:47:11	03:50:53.30	03:50:53.30	+00:14:28 (6.3%)	5:22	11.2 (94.1%)
3	MALISZEWSKA Justyna	4006	MOTOMROKO	K30	3	01:25:46	02:01:17	02:46:20	03:52:32.40	03:52:32.40	+00:16:07 (6.9%)	5:24	11.1 (93.3%)
4	TATAREK-KONIK Agnieszka	4050		K30	4	01:29:16	02:05:07	02:52:36	04:04:37.70	04:04:37.70	+00:28:13 (11.5%)	5:41	10.5 (88.2%)
5	DEJNECKA Martyna	4117		K30	5	01:37:01	02:14:31	03:02:22	04:14:34.65	04:14:34.65	+00:38:10 (15.0%)	5:55	10.1 (84.9%)
6	SOBIESZEK Sylwia	4069	ZWOLEŃNICY BIEGANIA	K40	1	01:32:25	02:11:07	03:02:10	04:21:05.30	04:21:05.30	+00:44:40 (17.1%)	6:04	9.9 (83.2%)
7	ŚWIĄTEK Agata	4168	AZS WUM	K20	1	01:29:31	02:09:41	03:02:21	04:22:30.95	04:22:30.95	+00:46:06 (17.6%)	6:06	9.8 (82.4%)
8	LANGE Beata	4152		K40	2	01:39:36	02:18:44	03:10:46	04:27:02.65	04:27:02.65	+00:50:38 (19.0%)	6:12	9.7 (81.5%)
9	PELA Olga	4169		K30	6	01:40:24	02:20:09	03:11:54	04:29:38.35	04:29:38.35	+00:53:13 (19.7%)	6:16	9.6 (80.7%)
10	KIRILENKO Aneta	4145		K40	3	01:43:18	02:27:28	03:26:02	04:45:17.40	04:45:17.40	+01:08:52 (24.1%)	6:38	9 (75.6%)
11	PROSOWSKA Magdalena	4097	KLUB MIŁOŚNIKÓW PROSECCO	K20	2	01:47:16	02:31:44	03:31:32	04:54:17.35	04:54:17.35	+01:17:52 (26.5%)	6:50	8.8 (73.9%)
12	DORSZ Beata	4086		K50	1	01:48:00	02:35:29	03:34:59	05:02:27.90	05:02:27.90	+01:26:03 (28.5%)	7:02	8.5 (71.4%)
13	EFEMBERG Joanna	4160	STAJNIA BALONA	K40	4	01:54:55	02:42:47	03:43:14	05:11:57.15	05:11:57.15	+01:35:32 (30.6%)	7:15	8.3 (69.7%)
14	CZOCHARA Aneta	4170	HEŃTEAM	K30	7	01:51:33	02:38:11	03:40:34	05:18:25.30	05:18:25.30	+01:42:00 (32.0%)	7:24	8.1 (68.1%)
15	WALKOWIAK Joanna	4102	MUAY RUNNING TEAM	K40	5	01:52:03	02:40:18	03:47:51	05:21:35.55	05:21:35.55	+01:45:10 (32.7%)	7:28	8 (67.2%)

Msc	Zawodnik	Numer	Klub	Kategoria	Mkat	Smerek/Wietnam 17km	Smerek/Carpatia 24km	Brzeziniak 32km	Czas netto 43km	Czas brutto 43km	Różn	Tempo min/km	Tempo km/h
16	MICHOWSKA Anna	4059	HEŃTEAM	K40	6	01:57:36	02:45:59	03:52:39	05:32:35.00	05:32:35.00	+01:56:10 (34.9%)	7:44	7.8 (65.5%)
17	RUSZNICA Klaudia	4004	PATATAS BRAVAS	K30	8	01:55:52	02:47:10	03:58:49	05:38:49.55	05:38:49.55	+02:02:24 (36.1%)	7:52	7.6 (63.9%)
18	MALISIEWICZ Anna	4156		K30	9	01:58:14	02:49:21	04:04:18	05:45:22.00	05:45:22.00	+02:08:57 (37.3%)	8:01	7.5 (63.0%)
19	RAMS Agnieszka	4041		K40	7	02:04:06	02:58:33	04:09:28	05:49:57.35	05:49:57.35	+02:13:32 (38.2%)	8:08	7.4 (62.2%)
20	ŻUK Wiktoria	4080	HEŃTEAM	K20	3	01:59:25	02:54:10	04:08:02	05:52:03.25	05:52:03.25	+02:15:38 (38.5%)	8:11	7.3 (61.3%)
21	ŻUK Agata	4079	HEŃTEAM	K40	8	01:59:35	02:54:05	04:08:02	05:52:06.30	05:52:06.30	+02:15:41 (38.5%)	8:11	7.3 (61.3%)
22	KAŁACZYŃSKA- MIĘTKIEWICZ Magdalena	4052		K40	9	01:55:59	02:49:31	04:09:53	05:58:06.15	05:58:06.15	+02:21:41 (39.6%)	8:19	7.2 (60.5%)
23	PARYSZ Anna	4021	STARE BABICE BIEGAJĄ	K60	1	02:08:30	03:01:13	04:12:56	06:02:13.65	06:02:13.65	+02:25:49 (40.3%)	8:25	7.1 (59.7%)
24	MACINA Małgorzata	4121		K30	10	02:07:50	03:04:18	04:20:26	06:07:52.25	06:07:52.25	+02:31:27 (41.2%)	8:33	7 (58.8%)
25	WIĘCKOWSKA Beata	4067	HEŃTEAM	K50	2	02:07:31	03:03:54	04:20:19	06:11:27.85	06:11:27.85	+02:35:03 (41.7%)	8:38	6.9 (58.0%)
26	SZEWCZUK Joanna	4073	HEŃTEAM	K50	3	02:07:29	03:03:39	04:20:18	06:11:28.05	06:11:28.05	+02:35:03 (41.7%)	8:38	6.9 (58.0%)
27	WITKOWSKA Beata	4114	#KASZANIENAMOKA	K40	10	02:12:15	03:09:33	04:23:57	06:12:11.05	06:12:11.05	+02:35:46 (41.9%)	8:39	6.9 (58.0%)
28	PAWLAK Ewelina	4149		K40	11	02:08:21	03:10:26	04:25:55	06:22:40.50	06:22:40.50	+02:46:15 (43.4%)	8:53	6.7 (56.3%)
29	KWIATEK Monika	4136		K40	12	02:05:50	03:06:43	04:26:19	06:26:35.80	06:26:35.80	+02:50:11 (44.0%)	8:59	6.7 (56.3%)
30	SZPINDA Marta	4064	BIŁGORAJ ULTRA TRAIL	K40	13	02:11:45	03:12:24	04:38:18	06:50:22.10	06:50:22.10	+03:13:57 (47.3%)	9:32	6.3 (52.9%)
31	NIEMCZAK Barbara	4138	ULTRA KSP	K30	11	02:22:31	03:25:57	04:51:06	06:54:20.85	06:54:20.85	+03:17:56 (47.8%)	9:38	6.2 (52.1%)
32	MARONDEL Katarzyna	4107	SILESIA NORDIC TEAM	K30	12	02:35:57	03:44:36	05:07:06	07:19:49.55	07:19:49.55	+03:43:24 (50.8%)	10:13	5.9 (49.6%)

Znaleziono 32 wynik(ów)