

# JAMNEŃSKI TOUR BIEGOWY - KLASYFIKACJA DECATHLONU

B4SPORT  
INTELEGENCIE ZAWODY SPORTOWE

**Organizator:** Herkules  
**Data:** 2019-02-10  
**Miejsce:** Koszalin (Osiedle Jamno - Łabusz)  
**Dystans:** 15 km



Klasyfikacja: Wszyscy

Msc	Zawodnik	Numer	Klub	Kategoria	Mkat	Etap 1	Etap 2	Etap3	Czas netto 15km	Różn	Tempo min/km	Tempo km/h
1	<b>SZKOŁUDA Miłosz</b>	<b>3190</b>	DECATHLON KOSZALIN	M-20	1	00:17:53.07	00:17:26.29	00:17:06.92	<b>00:52:26.28</b>		3:29	17.2 (100%)
2	<b>ZABORSKI Ryszard</b>	<b>3220</b>	TKKF KOSZALIN	M-40	1	00:17:47.07	00:17:38.40	00:17:40.09	<b>00:53:05.56</b>	+00:00:39 (1.2%)	3:32	17 (98.8%)
3	<b>SIADAK Arkadiusz</b>	<b>3173</b>		M-30	1	00:18:21.68	00:17:48.58	00:17:46.30	<b>00:53:56.56</b>	+00:01:30 (2.8%)	3:35	16.7 (97.1%)
4	<b>GARSKI Kryspin</b>	<b>3238</b>	ŚWIAT PŁYTEK U KRYSPIŃA	M-40	2	00:17:57.88	00:17:41.52	00:18:33.79	<b>00:54:13.19</b>	+00:01:46 (3.3%)	3:36	16.6 (96.5%)
5	<b>HUBERT Łukasz</b>	<b>3066</b>	TKKF KOSZALIN	M-30	2	00:18:12.87	00:18:19.19	00:18:25.43	<b>00:54:57.49</b>	+00:02:31 (4.6%)	3:39	16.4 (95.3%)
6	<b>CZAPLIŃSKI Jacek</b>	<b>3029</b>	TAGER KOSZALIN	M-30	3	00:19:04.99	00:18:47.10	00:19:14.92	<b>00:57:07.01</b>	+00:04:40 (8.2%)	3:48	15.8 (91.9%)
7	<b>DUDA Grzegorz</b>	<b>3043</b>	METALCORP TEAM	M-40	3	00:19:00.26	00:18:44.08	00:19:24.74	<b>00:57:09.08</b>	+00:04:42 (8.2%)	3:48	15.7 (91.3%)
8	<b>RYKIEL Michał</b>	<b>3169</b>		M-30	4	00:19:15.52	00:19:04.02	00:19:05.82	<b>00:57:25.36</b>	+00:04:59 (8.7%)	3:49	15.7 (91.3%)
9	<b>ZUKAL Piotr</b>	<b>3225</b>		M-40	4	00:19:21.11	00:19:25.00	00:19:05.14	<b>00:57:51.25</b>	+00:05:24 (9.4%)	3:51	15.6 (90.7%)
10	<b>KAWKA Adrian</b>	<b>3079</b>		M-30	5	00:20:37.24	00:19:31.17	00:19:29.97	<b>00:59:38.38</b>	+00:07:12 (12.1%)	3:58	15.1 (87.8%)
11	<b>KOŚCIELNIAK Robert</b>	<b>3092</b>	TKKF KOSZALIN	M-50	1	00:19:50.21	00:19:40.70	00:20:29.17	<b>01:00:00.08</b>	+00:07:33 (12.6%)	4:00	15 (87.2%)
12	<b>GÓRA Sylwester</b>	<b>3202</b>	#ZABIEGANINOCA	M-40	5	00:19:17.02	00:21:41.28	00:19:43.13	<b>01:00:41.43</b>	+00:08:15 (13.6%)	4:02	14.8 (86.0%)
13	<b>PICK Tomasz</b>	<b>3151</b>	DEAF KOSZALIN	M-40	6	00:19:31.32	00:20:39.59	00:20:53.23	<b>01:01:04.14</b>	+00:08:37 (14.1%)	4:04	14.7 (85.5%)

Msc	Zawodnik	Numer	Klub	Kategoria	Mkat	Etap 1	Etap 2	Etap3	Czas netto 15km	Różn	Tempo min/km	Tempo km/h
14	KONKEL Agnieszka	3089		K-30	1	00:20:35.58	00:20:19.54	00:20:11.80	01:01:06.92	+00:08:40 (14.2%)	4:04	14.7 (85.5%)
15	MUCHA Krzysztof	3126		M-40	7	00:20:24.38	00:20:25.58	00:20:40.77	01:01:30.73	+00:09:04 (14.8%)	4:06	14.6 (84.9%)
16	CHORAŻY Karolina	3022	LEO-TEAM	K-30	2	00:20:46.78	00:20:33.59	00:20:49.27	01:02:09.64	+00:09:43 (15.6%)	4:08	14.5 (84.3%)
17	DZIĘBOWSKI Mariusz	3045		M-30	6	00:21:43.12	00:20:45.99	00:20:29.56	01:02:58.67	+00:10:32 (16.7%)	4:11	14.3 (83.1%)
18	SPRINGER Marcin	3178		M-40	8	00:21:25.41	00:21:05.91	00:20:33.81	01:03:05.13	+00:10:38 (16.9%)	4:12	14.3 (83.1%)
19	KATRYCZ Zbigniew	3078		M-50	2	00:21:40.49	00:20:50.47	00:20:47.26	01:03:18.22	+00:10:51 (17.2%)	4:13	14.2 (82.6%)
20	CHOŁUJ Jarek	3020		M-40	9	00:22:03.76	00:21:50.85	00:21:30.61	01:05:25.22	+00:12:58 (19.8%)	4:21	13.8 (80.2%)
21	KWIETNIEWSKI Daniel	3106		M-40	10	00:21:21.80	00:22:16.53	00:21:54.91	01:05:33.24	+00:13:06 (20.0%)	4:22	13.7 (79.7%)
22	WEBER Paweł	3145	ENERGON	M-30	7	00:22:32.29	00:21:37.03	00:21:26.98	01:05:36.30	+00:13:10 (20.1%)	4:22	13.7 (79.7%)
23	OTTO Michał	3139		M-30	8	00:22:07.92	00:21:50.99	00:22:04.48	01:06:03.39	+00:13:37 (20.6%)	4:24	13.6 (79.1%)
24	GAWRYSIAK Przemysław	3050		M-40	11	00:21:42.99	00:22:11.12	00:22:23.76	01:06:17.87	+00:13:51 (20.9%)	4:25	13.6 (79.1%)
25	KONKEL Łukasz	3088		M-40	12	00:22:13.44	00:22:59.64	00:22:00.30	01:07:13.38	+00:14:47 (22.0%)	4:28	13.4 (77.9%)
26	ANTKOWIAK Sebastian	3002	DB - ACTIVE	M-40	13	00:22:15.45	00:22:27.53	00:22:39.72	01:07:22.70	+00:14:56 (22.2%)	4:29	13.4 (77.9%)
27	KRUPIŃSKI Krzysztof	3098	E-UROLOG.EU	M-50	3	00:22:30.35	00:22:29.47	00:22:33.21	01:07:33.03	+00:15:06 (22.4%)	4:30	13.3 (77.3%)
28	HAŁKA Justyna	3058		K-30	3	00:23:02.07	00:22:26.14	00:22:25.88	01:07:54.09	+00:15:27 (22.8%)	4:31	13.3 (77.3%)
29	KOZIEŁ Paweł	3093		M-40	14	00:22:18.32	00:23:20.28	00:22:20.10	01:07:58.70	+00:15:32 (22.9%)	4:31	13.2 (76.7%)
30	CHABOWSKI Wojciech	3017		M-20	2	00:23:14.09	00:22:26.58	00:22:54.72	01:08:35.39	+00:16:09 (23.5%)	4:34	13.1 (76.2%)
31	WIŚNIEWSKI Łukasz	3213		M-20	3	00:22:37.13	00:22:59.39	00:23:14.32	01:08:50.84	+00:16:24 (23.8%)	4:35	13.1 (76.2%)
32	KĘSIK Agnieszka	3233	ŚWIAT PŁYTEK U KRYSPIŃSKA	K-30	4	00:22:56.24	00:22:43.82	00:23:12.15	01:08:52.21	+00:16:25 (23.9%)	4:35	13.1 (76.2%)
33	GAŁECKI Jacek	3048	KARLINOBIEGAJ	M-50	4	00:22:11.92	00:23:19.25	00:23:49.17	01:09:20.34	+00:16:54 (24.4%)	4:37	13 (75.6%)
34	POLAŃSKI Norbert	3156	21BLT	M-40	15	00:23:38.50	00:22:35.00	00:23:06.94	01:09:20.44	+00:16:54 (24.4%)	4:37	13 (75.6%)
35	BORYS Justyna	3014	JEDWABIŚCI	K-30	5	00:23:03.70	00:22:51.49	00:23:32.58	01:09:27.77	+00:17:01 (24.5%)	4:37	13 (75.6%)
36	KAŻMIERCZAK Agnieszka	3081		K-40	1	00:23:41.39	00:23:20.19	00:22:46.61	01:09:48.19	+00:17:21 (24.9%)	4:39	12.9 (75.0%)

Msc	Zawodnik	Numer	Klub	Kategoria	Mkat	Etap 1	Etap 2	Etap3	Czas netto 15km	Różn	Tempo min/km	Tempo km/h
37	<b>BARTHA Adrian</b>	<b>3004</b>		M-30	9	00:23:49.02	00:23:09.22	00:23:12.50	<b>01:10:10.74</b>	+00:17:44 (25.3%)	4:40	12.8 (74.4%)
38	<b>OPALIŃSKI Stanisław</b>	<b>3136</b>	SENIORA	M-60	1	00:24:39.74	00:23:06.20	00:22:35.20	<b>01:10:21.14</b>	+00:17:54 (25.5%)	4:41	12.8 (74.4%)
39	<b>KŁOS Tomasz</b>	<b>3084</b>		M-40	16	00:23:54.23	00:23:06.81	00:23:20.43	<b>01:10:21.47</b>	+00:17:55 (25.5%)	4:41	12.8 (74.4%)
40	<b>PERKOWSKA Oktawia</b>	<b>3150</b>	DECATHLON KOSZALIN	K-20	1	00:24:28.81	00:22:59.83	00:23:01.92	<b>01:10:30.56</b>	+00:18:04 (25.6%)	4:42	12.8 (74.4%)
41	<b>ZAGALSKA Paulina</b>	<b>3221</b>		K-30	6	00:24:06.92	00:23:29.20	00:23:06.80	<b>01:10:42.92</b>	+00:18:16 (25.8%)	4:42	12.7 (73.8%)
42	<b>KUSZYŃSKI Dariusz</b>	<b>3105</b>		M-40	17	00:24:26.26	00:23:31.82	00:23:07.63	<b>01:11:05.71</b>	+00:18:39 (26.2%)	4:44	12.7 (73.8%)
43	<b>ŻUKOWSKI Cezary</b>	<b>3227</b>	MIGAWKOWE.PL	M-30	10	00:24:03.40	00:24:21.35	00:22:41.36	<b>01:11:06.11</b>	+00:18:39 (26.2%)	4:44	12.7 (73.8%)
44	<b>KAZIMIERCZAK Leszek</b>	<b>3080</b>	LOVELASY DĄBKI	M-30	11	00:24:19.72	00:23:29.78	00:23:23.76	<b>01:11:13.26</b>	+00:18:46 (26.4%)	4:44	12.6 (73.3%)
45	<b>KOZIEŁ Adam</b>	<b>3094</b>		M-20	4	00:23:41.86	00:24:55.41	00:22:41.04	<b>01:11:18.31</b>	+00:18:52 (26.5%)	4:45	12.6 (73.3%)
46	<b>CHOŁUJ Karol</b>	<b>3021</b>	ZAWSZE DO PRZODU	M-30	12	00:23:40.52	00:23:32.36	00:24:11.22	<b>01:11:24.10</b>	+00:18:57 (26.6%)	4:45	12.6 (73.3%)
47	<b>KRZEWIŃSKA Małgorzata</b>	<b>3100</b>	TKKF KOSZALIN	K-60	1	00:23:30.19	00:23:59.98	00:23:53.97	<b>01:11:24.14</b>	+00:18:57 (26.6%)	4:45	12.6 (73.3%)
48	<b>OSOBNIAK Ryszard</b>	<b>3138</b>	KOSZALIN -NIEZRZESZONY	M-60	2	00:23:51.48	00:23:53.32	00:23:59.42	<b>01:11:44.22</b>	+00:19:17 (26.9%)	4:46	12.5 (72.7%)
49	<b>GARSKA Joanna</b>	<b>3237</b>	ŚWIAT PŁYTEK U KRYSPIŃ	K-40	2	00:24:17.54	00:23:52.43	00:23:56.88	<b>01:12:06.85</b>	+00:19:40 (27.3%)	4:48	12.5 (72.7%)
50	<b>DOMAŃSKI Krzysztof</b>	<b>3039</b>		M-14	1	00:24:15.15	00:23:42.14	00:24:46.24	<b>01:12:43.53</b>	+00:20:17 (27.9%)	4:50	12.4 (72.1%)
51	<b>SZOSTAK Marta</b>	<b>3193</b>		K-20	2	00:25:23.24	00:24:04.97	00:23:17.89	<b>01:12:46.10</b>	+00:20:19 (27.9%)	4:51	12.4 (72.1%)
52	<b>KŁOSIŃSKI Michał</b>	<b>3085</b>		M-30	13	00:25:01.28	00:24:26.45	00:23:49.59	<b>01:13:17.32</b>	+00:20:51 (28.5%)	4:53	12.3 (71.5%)
53	<b>DĘBSKI Damian</b>	<b>3035</b>		M-30	14	00:25:03.75	00:24:33.08	00:23:52.63	<b>01:13:29.46</b>	+00:21:03 (28.6%)	4:53	12.2 (70.9%)
54	<b>MEJER Aleksandra</b>	<b>3117</b>		K-14	1	00:24:28.71	00:24:27.85	00:24:52.05	<b>01:13:48.61</b>	+00:21:22 (29.0%)	4:55	12.2 (70.9%)
55	<b>KRASIŃSKI Witold</b>	<b>3095</b>		M-40	18	00:24:36.43	00:24:13.45	00:25:09.41	<b>01:13:59.29</b>	+00:21:33 (29.1%)	4:55	12.2 (70.9%)
56	<b>MYK Paweł</b>	<b>3127</b>		M-30	15	00:25:37.08	00:25:00.95	00:24:09.44	<b>01:14:47.47</b>	+00:22:21 (29.9%)	4:59	12 (69.8%)
57	<b>KORZENIOWSKA Ewa</b>	<b>3090</b>		K-20	3	00:25:37.52	00:25:00.79	00:24:10.17	<b>01:14:48.48</b>	+00:22:22 (29.9%)	4:59	12 (69.8%)
58	<b>PACAN Bartosz</b>	<b>3141</b>	ŚWIAT PŁYTEK U KRYSPIŃ	M-30	16	00:24:30.46	00:25:14.91	00:25:24.07	<b>01:15:09.44</b>	+00:22:43 (30.2%)	5:00	12 (69.8%)
59	<b>BODO Rafał</b>	<b>3010</b>		M-30	17	00:25:20.78	00:24:56.13	00:25:01.83	<b>01:15:18.74</b>	+00:22:52 (30.4%)	5:01	12 (69.8%)

Msc	Zawodnik	Numer	Klub	Kategoria	Mkat	Etap 1	Etap 2	Etap3	Czas netto 15km	Różn	Tempo min/km	Tempo km/h
60	<b>SZULC Marek</b>	<b>3196</b>	SZULC RUNNERS TEAM	M-50	5	00:25:59.05	00:24:32.19	00:24:58.90	<b>01:15:30.14</b>	+00:23:03 (30.5%)	5:02	11.9 (69.2%)
61	<b>PACAN Mira</b>	<b>3140</b>	ŚWIAT PŁYTEK U KRYSPIŃ	K-30	7	00:24:22.22	00:26:14.00	00:25:07.49	<b>01:15:43.71</b>	+00:23:17 (30.8%)	5:02	11.9 (69.2%)
62	<b>KOSZ Paweł</b>	<b>3091</b>		M-30	18	00:25:26.89	00:25:02.91	00:25:20.39	<b>01:15:50.19</b>	+00:23:23 (30.9%)	5:03	11.9 (69.2%)
63	<b>DOWNAR-ZAPOLSKI Paweł</b>	<b>3041</b>		M-30	19	00:25:49.93	00:25:09.22	00:25:26.48	<b>01:16:25.63</b>	+00:23:59 (31.4%)	5:05	11.8 (68.6%)
64	<b>KOLIGAT Anna</b>	<b>3087</b>		K-30	8	00:25:31.37	00:25:19.93	00:25:49.89	<b>01:16:41.19</b>	+00:24:14 (31.6%)	5:06	11.7 (68.0%)
65	<b>KOZŁOWIECKI Waldemar</b>	<b>3231</b>	TKKF KOSZALIN	M-60	3	00:24:31.79	00:26:49.79	00:25:34.34	<b>01:16:55.92</b>	+00:24:29 (31.8%)	5:07	11.7 (68.0%)
66	<b>JANUSZEWSKI Jacek</b>	<b>3068</b>	17 WOG KOSZALIN	M-50	6	00:25:24.69	00:25:43.67	00:25:49.30	<b>01:16:57.66</b>	+00:24:31 (31.9%)	5:07	11.7 (68.0%)
67	<b>RÓJ Barbara</b>	<b>3164</b>		K-40	3	00:26:11.20	00:25:22.93	00:25:27.27	<b>01:17:01.40</b>	+00:24:35 (31.9%)	5:08	11.7 (68.0%)
68	<b>SZMIGIERO Sebastian</b>	<b>3191</b>	W.P.K SŁOŃ TEAM	M-40	19	00:26:15.04	00:25:32.32	00:25:21.73	<b>01:17:09.09</b>	+00:24:42 (32.0%)	5:08	11.7 (68.0%)
69	<b>DRABKOWSKA Agnieszka</b>	<b>3042</b>		K-40	4	00:26:02.29	00:26:02.64	00:26:07.12	<b>01:18:12.05</b>	+00:25:45 (32.9%)	5:12	11.5 (66.9%)
70	<b>JUSZCZAK Krzysztof</b>	<b>3071</b>		M-60	4	00:26:35.24	00:25:44.76	00:25:56.59	<b>01:18:16.59</b>	+00:25:50 (33.0%)	5:13	11.5 (66.9%)
71	<b>SATYŁA Tomasz</b>	<b>3171</b>	CZARNE BIEGA	M-30	20	00:26:25.63	00:26:06.24	00:26:15.62	<b>01:18:47.49</b>	+00:26:21 (33.4%)	5:15	11.4 (66.3%)
72	<b>DOMAŃSKI Adam</b>	<b>3038</b>		M-40	20	00:25:03.75	00:25:20.19	00:28:28.27	<b>01:18:52.21</b>	+00:26:25 (33.5%)	5:15	11.4 (66.3%)
73	<b>FAJGIER Tomasz</b>	<b>3046</b>		M-50	7	00:27:23.64	00:25:51.35	00:25:53.12	<b>01:19:08.11</b>	+00:26:41 (33.7%)	5:16	11.4 (66.3%)
74	<b>ORYSZCZYN Arkadiusz</b>	<b>3137</b>		M-30	21	00:26:16.57	00:26:27.44	00:26:26.09	<b>01:19:10.10</b>	+00:26:43 (33.8%)	5:16	11.4 (66.3%)
75	<b>SKIBA Artur</b>	<b>3174</b>	PARALOTNIOWY PPGG	M-40	21	00:26:22.49	00:24:20.63	00:28:56.40	<b>01:19:39.52</b>	+00:27:13 (34.2%)	5:18	11.3 (65.7%)
76	<b>RÓJ Andrzej</b>	<b>3165</b>		M-40	22	00:26:55.25	00:26:54.84	00:25:49.63	<b>01:19:39.72</b>	+00:27:13 (34.2%)	5:18	11.3 (65.7%)
77	<b>WĄSOWSKI Robert</b>	<b>3206</b>	BIURO PODRÓŻY PARADISE TOUR	M-20	5	00:27:12.38	00:27:10.17	00:25:25.00	<b>01:19:47.55</b>	+00:27:21 (34.3%)	5:19	11.3 (65.7%)
78	<b>WIŚNIEWSKI Jarosław</b>	<b>3212</b>		M-50	8	00:26:19.10	00:26:48.93	00:26:53.41	<b>01:20:01.44</b>	+00:27:35 (34.5%)	5:20	11.2 (65.1%)
79	<b>SAŁAJ Angelika</b>	<b>3170</b>	METALCORP TEAM	K-30	9	00:26:02.98	00:27:51.95	00:26:22.98	<b>01:20:17.91</b>	+00:27:51 (34.7%)	5:21	11.2 (65.1%)
80	<b>PRZYBYŁ Krzysztof</b>	<b>3158</b>		M-30	22	00:26:53.49	00:27:25.88	00:26:18.31	<b>01:20:37.68</b>	+00:28:11 (35.0%)	5:22	11.2 (65.1%)
81	<b>WRÓBLEWSKA Marta</b>	<b>3218</b>		K-40	5	00:25:11.00	00:26:24.50	00:29:10.48	<b>01:20:45.98</b>	+00:28:19 (35.1%)	5:23	11.1 (64.5%)
82	<b>WĄSOWICZ Anna</b>	<b>3205</b>		K-30	10	00:27:30.11	00:26:27.14	00:26:55.10	<b>01:20:52.35</b>	+00:28:26 (35.2%)	5:23	11.1 (64.5%)

Msc	Zawodnik	Numer	Klub	Kategoria	Mkat	Etap 1	Etap 2	Etap3	Czas netto 15km	Różn	Tempo min/km	Tempo km/h
83	<b>KACZMAREK Łukasz</b>	<b>3072</b>	WOJOWNICY WÓDY	M-30	23	00:25:45.87	00:28:38.46	00:26:38.18	<b>01:21:02.51</b>	+00:28:36 (35.3%)	5:24	11.1 (64.5%)
84	<b>DĘGA Piotr</b>	<b>3036</b>	CZARNE BIEGA	M-30	24	00:26:35.49	00:27:19.55	00:27:12.90	<b>01:21:07.94</b>	+00:28:41 (35.4%)	5:24	11.1 (64.5%)
85	<b>MONGIAŁO Aleksandra</b>	<b>3125</b>	FAST FEET K-LIN	K-30	11	00:26:51.08	00:26:24.57	00:27:59.97	<b>01:21:15.62</b>	+00:28:49 (35.5%)	5:25	11.1 (64.5%)
86	<b>MONGIAŁO Marcin</b>	<b>3124</b>	FAST FEET K-LIN	M-40	23	00:26:52.99	00:26:24.39	00:28:01.55	<b>01:21:18.93</b>	+00:28:52 (35.5%)	5:25	11.1 (64.5%)
87	<b>NOWAK Ania</b>	<b>3132</b>	JEDWABIŚCI	K-40	6	00:29:09.21	00:26:48.86	00:26:11.22	<b>01:22:09.29</b>	+00:29:43 (36.2%)	5:28	11 (64.0%)
88	<b>KURZAWIŃSKA-JABŁOŃSKA Kasia</b>	<b>3104</b>	TEAM CZARNE BIEGA	K-40	7	00:26:08.61	00:28:12.10	00:28:14.06	<b>01:22:34.77</b>	+00:30:08 (36.5%)	5:30	10.9 (63.4%)
89	<b>PRZEDNÓWEK Mariola</b>	<b>3157</b>	CZARNE BIEGA	K-30	12	00:26:20.33	00:28:12.21	00:28:13.75	<b>01:22:46.29</b>	+00:30:20 (36.6%)	5:31	10.9 (63.4%)
90	<b>GŁOWACKI Włodzimierz</b>	<b>3051</b>	JEDWABIŚCI	M-70+	1	00:27:47.54	00:27:39.07	00:27:39.82	<b>01:23:06.43</b>	+00:30:40 (36.9%)	5:32	10.8 (62.8%)
91	<b>MALINOWSKA-BURDA Aleksandra</b>	<b>3113</b>		K-30	13	00:27:29.37	00:28:08.63	00:27:49.66	<b>01:23:27.66</b>	+00:31:01 (37.2%)	5:33	10.8 (62.8%)
92	<b>DZIEMIANKO Ilona</b>	<b>3044</b>		K-20	4	00:28:04.04	00:27:30.06	00:28:56.41	<b>01:24:30.51</b>	+00:32:04 (37.9%)	5:38	10.7 (62.2%)
93	<b>KILJAN Sylwia</b>	<b>3083</b>		K-30	14	00:27:24.32	00:29:07.57	00:27:59.76	<b>01:24:31.65</b>	+00:32:05 (38.0%)	5:38	10.6 (61.6%)
94	<b>KARNICKI Zygmunt</b>	<b>3075</b>	TKKF KOSZALIN	M-60	5	00:29:24.18	00:27:57.54	00:27:42.37	<b>01:25:04.09</b>	+00:32:37 (38.4%)	5:40	10.6 (61.6%)
95	<b>BOKOTA Katarzyna</b>	<b>3011</b>		K-40	8	00:29:14.79	00:28:17.89	00:27:53.03	<b>01:25:25.71</b>	+00:32:59 (38.6%)	5:41	10.5 (61.0%)
96	<b>PŁOTKA Emilia</b>	<b>3154</b>		K-30	15	00:27:44.45	00:28:38.55	00:29:07.54	<b>01:25:30.54</b>	+00:33:04 (38.7%)	5:42	10.5 (61.0%)
97	<b>PŁOTKA Grzegorz</b>	<b>3155</b>	1982	M-30	25	00:27:44.88	00:28:40.18	00:29:07.54	<b>01:25:32.60</b>	+00:33:06 (38.7%)	5:42	10.5 (61.0%)
98	<b>DOMAŃSKA Katarzyna</b>	<b>3037</b>		K-40	9	00:28:16.20	00:28:55.08	00:28:28.39	<b>01:25:39.67</b>	+00:33:13 (38.8%)	5:42	10.5 (61.0%)
99	<b>OGRODOWCZYK Jagoda</b>	<b>3133</b>		K-30	16	00:28:37.49	00:28:06.04	00:28:57.31	<b>01:25:40.84</b>	+00:33:14 (38.8%)	5:42	10.5 (61.0%)
100	<b>PAWŁOWICZ Aleksandra</b>	<b>3147</b>		K-20	5	00:27:33.68	00:29:49.56	00:28:17.67	<b>01:25:40.91</b>	+00:33:14 (38.8%)	5:42	10.5 (61.0%)
101	<b>HELLER Zdzisław</b>	<b>3063</b>	NIEZRZESZONY	M-60	6	00:28:40.59	00:28:11.63	00:29:10.53	<b>01:26:02.75</b>	+00:33:36 (39.1%)	5:44	10.5 (61.0%)
102	<b>KARPIŃSKI Mateusz</b>	<b>3077</b>		M-20	6	00:29:19.85	00:28:05.22	00:28:52.08	<b>01:26:17.15</b>	+00:33:50 (39.2%)	5:45	10.4 (60.5%)
103	<b>CICHOSZ Jerzy</b>	<b>3027</b>		M-70+	2	00:28:28.12	00:28:29.81	00:29:26.40	<b>01:26:24.33</b>	+00:33:58 (39.3%)	5:45	10.4 (60.5%)
104	<b>ZUKAL Aleksandra</b>	<b>3226</b>		K-40	10	00:28:45.80	00:28:59.15	00:28:47.51	<b>01:26:32.46</b>	+00:34:06 (39.4%)	5:46	10.4 (60.5%)
105	<b>BORSUK Dorota</b>	<b>3012</b>		K-40	11	00:29:02.34	00:29:29.72	00:29:09.95	<b>01:27:42.01</b>	+00:35:15 (40.2%)	5:50	10.3 (59.9%)

Msc	Zawodnik	Numer	Klub	Kategoria	Mkat	Etap 1	Etap 2	Etap3	Czas netto 15km	Różn	Tempo min/km	Tempo km/h
106	<b>KRAWIECKA Klaudia</b>	<b>3097</b>	AKADEMIA BIEGOWA KIEŁPINO	K-14	2	00:28:31.26	00:29:40.05	00:30:54.57	<b>01:29:05.88</b>	+00:36:39 (41.1%)	5:56	10.1 (58.7%)
107	<b>BEDNARZ Katarzyna</b>	<b>3005</b>		K-40	12	00:30:31.35	00:30:44.76	00:29:55.81	<b>01:31:11.92</b>	+00:38:45 (42.5%)	6:04	9.9 (57.6%)
108	<b>ZAKOŚCIELNA Katarzyna</b>	<b>3222</b>	ZABIEGANE :)	K-30	17	00:31:03.48	00:31:06.59	00:29:29.36	<b>01:31:39.43</b>	+00:39:13 (42.8%)	6:06	9.8 (57.0%)
109	<b>ZIMNOWŁOCKI Mariusz</b>	<b>3224</b>	DEAF KOSZALIN	M-30	26	00:32:31.49	00:30:52.76	00:29:31.08	<b>01:32:55.33</b>	+00:40:29 (43.6%)	6:11	9.7 (56.4%)
110	<b>BUDZYŃSKA Elżbieta</b>	<b>3240</b>		K-50	1	00:30:57.57	00:31:04.43	00:30:57.20	<b>01:32:59.20</b>	+00:40:32 (43.6%)	6:11	9.7 (56.4%)
111	<b>KOZŁOWIECKA Małgorzata</b>	<b>3232</b>		K-50	2	00:30:53.65	00:31:13.11	00:30:54.72	<b>01:33:01.48</b>	+00:40:35 (43.6%)	6:12	9.7 (56.4%)
112	<b>PEŁKA Iwona</b>	<b>3149</b>		K-50	3	00:31:06.49	00:30:59.37	00:31:19.58	<b>01:33:25.44</b>	+00:40:59 (43.9%)	6:13	9.6 (55.8%)
113	<b>STAŃCZYK Franciszek</b>	<b>3183</b>	NIEZRZESZONY	M-70+	3	00:29:34.43	00:31:12.08	00:32:40.85	<b>01:33:27.36</b>	+00:41:01 (43.9%)	6:13	9.6 (55.8%)
114	<b>RUSIECKI Paweł</b>	<b>3166</b>	WSPL SP ZOZ KOSZALIN	M-40	24	00:30:35.14	00:32:11.50	00:31:52.57	<b>01:34:39.21</b>	+00:42:12 (44.6%)	6:18	9.5 (55.2%)
115	<b>KULAWINSKI Marek</b>	<b>3102</b>		M-40	25	00:25:48.37	00:25:57.18	00:42:56.67	<b>01:34:42.22</b>	+00:42:15 (44.6%)	6:18	9.5 (55.2%)
116	<b>ŚLEDŹ Andrzej</b>	<b>3198</b>	WĘZEŁEK	M-40	26	00:31:49.14	00:32:31.99	00:31:33.51	<b>01:35:54.64</b>	+00:43:28 (45.3%)	6:23	9.4 (54.7%)
117	<b>ŚLEDŹ Joanna</b>	<b>3199</b>	WĘZEŁEK	K-40	13	00:31:48.91	00:32:32.43	00:31:33.69	<b>01:35:55.03</b>	+00:43:28 (45.3%)	6:23	9.4 (54.7%)
118	<b>TRACZ Jadwiga</b>	<b>3201</b>		K-40	14	00:31:02.62	00:32:02.04	00:32:55.02	<b>01:35:59.68</b>	+00:43:33 (45.4%)	6:23	9.4 (54.7%)
119	<b>STANCZEWSKA Karolina</b>	<b>3180</b>		K-30	18	00:35:25.97	00:38:45.45	00:35:38.91	<b>01:49:50.33</b>	+00:57:24 (52.3%)	7:19	8.2 (47.7%)
120	<b>SZULC Martyna</b>	<b>3194</b>	SZULC RUNNERS TEAM	K-30	19	00:35:25.26	00:38:47.00	00:35:41.70	<b>01:49:53.96</b>	+00:57:27 (52.3%)	7:19	8.2 (47.7%)
121	<b>SOLAK Halina</b>	<b>3236</b>	ŚWIAT PŁYTEK U KRYSPIŃSKA	K-60	2	00:41:18.00	00:42:25.59	00:43:55.00	<b>02:07:38.59</b>	+01:15:12 (58.9%)	8:30	7.1 (41.3%)
122	<b>BARTNIK Marian</b>	<b>3230</b>	TKKF KOSZALIN	M-70+	4	00:42:07.56	00:43:37.05	00:45:54.00	<b>02:11:38.61</b>	+01:19:12 (60.2%)	8:46	6.8 (39.5%)
	<b>KOZAK Arkadiusz</b>	<b>3121</b>	TKKF KOSZALIN	M-40		00:00:00.00 DNF	00:00:00.00 DNF	00:17:51.31 DNF	<b>DNF</b>	-	-	(0.0%)
	<b>DASZKIEWICZ Dominik</b>	<b>3032</b>		M-14		00:00:00.00 DNF	00:00:00.00 DNF	00:19:29.44 DNF	<b>DNF</b>	-	-	(0.0%)
	<b>SZABAŁOWSKA Małgorzata</b>	<b>3189</b>	MKL SZCZECINEK	K-20		00:00:00.00 DNF	00:00:00.00 DNF	00:19:38.52 DNF	<b>DNF</b>	-	-	(0.0%)
	<b>MIŁASZEWSKI Przemek</b>	<b>3122</b>	TEAM HOLIDAY SPORT	M-30		00:20:11.67 DNF	00:00:00.00 DNF	00:00:00.00 DNF	<b>DNF</b>	-	-	(0.0%)
	<b>STENCEL Maciej</b>	<b>3185</b>	GTS CZARNA DĄBRÓWKA	M-30		00:00:00.00 DNF	00:00:00.00 DNF	00:20:12.91 DNF	<b>DNF</b>	-	-	(0.0%)
	<b>LEWANDOWSKI Jacek</b>	<b>3107</b>		M-40		00:00:00.00 DNF	00:00:00.00 DNF	00:20:15.03 DNF	<b>DNF</b>	-	-	(0.0%)

Msc	Zawodnik	Numer	Klub	Kategoria Mkat	Etap 1	Etap 2	Etap3	Czas netto 15km	Różn	Tempo min/km	Tempo km/h
	<b>CIASTOŃ Tomasz</b>	<b>3026</b>	ORSKOV FOODS TEAM	M-30	00:00:00.00 DNF	00:00:00.00 DNF	00:20:18.31 DNF	<b>DNF</b>	-	-	(0.0%)
	<b>MIELCZAREK Ksawery</b>	<b>3119</b>	JAMNO	M-14	00:20:51.78 DNF	00:00:00.00 DNF	00:00:00.00 DNF	<b>DNF</b>	-	-	(0.0%)
	<b>NOWAK Adam</b>	<b>3131</b>	DECATHLON KOSZALIN	M-20	00:20:52.08 DNF	00:00:00.00 DNF	00:00:00.00 DNF	<b>DNF</b>	-	-	(0.0%)
	<b>CHUTYRKO Paweł</b>	<b>3025</b>	KAMIEŃ RYMAŃSKI	M-20	00:00:00.00 DNF	00:00:00.00 DNF	00:20:59.44 DNF	<b>DNF</b>	-	-	(0.0%)
	<b>WAŚOWSKI Mateusz</b>	<b>3207</b>		M-20	00:00:00.00 DNF	00:00:00.00 DNF	00:21:12.53 DNF	<b>DNF</b>	-	-	(0.0%)
	<b>BRZEZIŃSKI Jan</b>	<b>3015</b>	TEAM PIOTRUŚ	M-50	00:00:00.00 DNF	00:00:00.00 DNF	00:21:27.66 DNF	<b>DNF</b>	-	-	(0.0%)
	<b>BŁASZCZYK Piotr</b>	<b>3009</b>		M-40	00:00:00.00 DNF	00:00:00.00 DNF	00:21:47.76 DNF	<b>DNF</b>	-	-	(0.0%)
	<b>PAWLAK Łukasz</b>	<b>3146</b>	KAMIEŃ RYMAŃSKI	M-30	00:00:00.00 DNF	00:00:00.00 DNF	00:21:53.06 DNF	<b>DNF</b>	-	-	(0.0%)
	<b>FORST Filip</b>	<b>3047</b>	KAMIEŃ RYMAŃSKI	M-14	00:00:00.00 DNF	00:00:00.00 DNF	00:21:54.92 DNF	<b>DNF</b>	-	-	(0.0%)
	<b>SULL Kacper</b>	<b>3188</b>	NIGHT RUNNERS SŁUPSK	M-20	00:22:00.27 DNF	00:00:00.00 DNF	00:00:00.00 DNF	<b>DNF</b>	-	-	(0.0%)
	<b>LITWINOWICZ Renata</b>	<b>3110</b>	KB WYGAN	K-40	00:00:00.00 DNF	00:00:00.00 DNF	00:22:32.79 DNF	<b>DNF</b>	-	-	(0.0%)
	<b>BARAN Seweryn</b>	<b>3003</b>	ŚWIAT PŁYTEK U KRYSPIŃA	M-20	00:00:00.00 DNF	00:00:00.00 DNF	00:22:41.15 DNF	<b>DNF</b>	-	-	(0.0%)
	<b>MALISZEWSKA Anita</b>	<b>3114</b>		K-20	00:00:00.00 DNF	00:00:00.00 DNF	00:22:53.07 DNF	<b>DNF</b>	-	-	(0.0%)
	<b>AGAPOW Emilia</b>	<b>3001</b>		K-30	00:00:00.00 DNF	00:00:00.00 DNF	00:22:54.89 DNF	<b>DNF</b>	-	-	(0.0%)
	<b>GÓRCZYŃSKI Robert</b>	<b>3053</b>		M-50	00:00:00.00 DNF	00:00:00.00 DNF	00:22:56.62 DNF	<b>DNF</b>	-	-	(0.0%)
	<b>STANKIEWICZ Lucyna</b>	<b>3181</b>		K-30	00:00:00.00 DNF	00:00:00.00 DNF	00:22:56.62 DNF	<b>DNF</b>	-	-	(0.0%)
	<b>HELAK Robert</b>	<b>3062</b>		M-40	00:00:00.00 DNF	00:00:00.00 DNF	00:23:00.67 DNF	<b>DNF</b>	-	-	(0.0%)
	<b>JADCZAK Tomasz</b>	<b>3067</b>	JW1223	M-30	00:00:00.00 DNF	00:00:00.00 DNF	00:23:26.88 DNF	<b>DNF</b>	-	-	(0.0%)
	<b>RAPIŃCZUK Jan</b>	<b>3161</b>	BDSUOT WARSZAWA	M-40	00:00:00.00 DNF	00:00:00.00 DNF	00:23:35.14 DNF	<b>DNF</b>	-	-	(0.0%)
	<b>WOCH Edward</b>	<b>3130</b>		M-60	00:00:00.00 DNF	00:00:00.00 DNF	00:24:08.93 DNF	<b>DNF</b>	-	-	(0.0%)
	<b>CHRZANOWSKI Czesław</b>	<b>3023</b>	MYSŁOWICKI KLUB BIEGACZA NO I	M-50	00:00:00.00 DNF	00:00:00.00 DNF	00:24:32.56 DNF	<b>DNF</b>	-	-	(0.0%)
	<b>DEJNAK Mariola</b>	<b>3033</b>		K-60	00:00:00.00 DNF	00:00:00.00 DNF	00:24:35.10 DNF	<b>DNF</b>	-	-	(0.0%)
	<b>MIELEWCZYK Radosław</b>	<b>3120</b>	KAMIEŃ RYMAŃSKI	M-20	00:00:00.00 DNF	00:00:00.00 DNF	00:24:39.12 DNF	<b>DNF</b>	-	-	(0.0%)

Msc	Zawodnik	Numer	Klub	Kategoria Mkat	Etap 1	Etap 2	Etap3	Czas netto 15km	Różn	Tempo min/km	Tempo km/h
	<b>OLSZEWSKA Nina</b>	<b>3135</b>	KAMIEŃ RYMAŃSKI	K-14	00:00:00.00 DNF	00:00:00.00 DNF	00:24:40.53 DNF	<b>DNF</b>	-	-	(0.0%)
	<b>PRZYBYSZ Damian</b>	<b>3160</b>		M-30	00:00:00.00 DNF	00:00:00.00 DNF	00:24:40.77 DNF	<b>DNF</b>	-	-	(0.0%)
	<b>GAPPA Michał</b>	<b>3049</b>	1972	M-40	00:00:00.00 DNF	00:00:00.00 DNF	00:24:44.81 DNF	<b>DNF</b>	-	-	(0.0%)
	<b>SPOLSKA Weronika</b>	<b>3177</b>	KAMIEŃ RYMAŃSKI	K-20	00:00:00.00 DNF	00:00:00.00 DNF	00:25:11.63 DNF	<b>DNF</b>	-	-	(0.0%)
	<b>GREMBLEWSKI Darek</b>	<b>3055</b>	KAMIEŃ RYMAŃSKI	M-50	00:00:00.00 DNF	00:00:00.00 DNF	00:25:15.35 DNF	<b>DNF</b>	-	-	(0.0%)
	<b>WAJDA Waldemar</b>	<b>3204</b>		M-40	00:00:00.00 DNF	00:00:00.00 DNF	00:25:25.17 DNF	<b>DNF</b>	-	-	(0.0%)
	<b>SERKOWSKA Magdalena</b>	<b>3172</b>		K-20	00:00:00.00 DNF	00:00:00.00 DNF	00:25:31.23 DNF	<b>DNF</b>	-	-	(0.0%)
	<b>GROMADA Bartosz</b>	<b>3056</b>		M-30	00:00:00.00 DNF	00:26:11.20 DNF	00:00:00.00 DNF	<b>DNF</b>	-	-	(0.0%)
	<b>CHILLA Danuta</b>	<b>3018</b>		K-30	00:00:00.00 DNF	00:00:00.00 DNF	00:26:14.18 DNF	<b>DNF</b>	-	-	(0.0%)
	<b>MARSZAŁKOWSKI Radosław</b>	<b>3115</b>		M-30	00:26:21.55 DNF	00:00:00.00 DNF	00:00:00.00 DNF	<b>DNF</b>	-	-	(0.0%)
	<b>HELAK Małgorzata</b>	<b>3061</b>		K-30	00:00:00.00 DNF	00:00:00.00 DNF	00:26:49.67 DNF	<b>DNF</b>	-	-	(0.0%)
	<b>BUTOWICZ Adam</b>	<b>3016</b>		M-50	00:00:00.00 DNF	00:00:00.00 DNF	00:26:57.85 DNF	<b>DNF</b>	-	-	(0.0%)
	<b>GONTEK Łukasz</b>	<b>3052</b>	VW BATORY	M-30	00:00:00.00 DNF	00:00:00.00 DNF	00:27:31.94 DNF	<b>DNF</b>	-	-	(0.0%)
	<b>MAĆKOWIAK Paweł</b>	<b>3111</b>	SKB DZIK POLICE	M-30	00:00:00.00 DNF	00:00:00.00 DNF	00:27:35.58 DNF	<b>DNF</b>	-	-	(0.0%)
	<b>TERELAK Anna</b>	<b>3200</b>	SKB DZIK POLICE	K-20	00:00:00.00 DNF	00:00:00.00 DNF	00:27:36.02 DNF	<b>DNF</b>	-	-	(0.0%)
	<b>BERNACKI Adam</b>	<b>3006</b>		M-40	00:27:40.08 DNF	00:00:00.00 DNF	00:00:00.00 DNF	<b>DNF</b>	-	-	(0.0%)
	<b>KNUT-POTOCZNIK Gabriela</b>	<b>3086</b>		K-30	00:00:00.00 DNF	00:00:00.00 DNF	00:27:44.71 DNF	<b>DNF</b>	-	-	(0.0%)
	<b>BILL Łukasz</b>	<b>3008</b>		M-30	00:00:00.00 DNF	00:00:00.00 DNF	00:28:29.17 DNF	<b>DNF</b>	-	-	(0.0%)
	<b>DEPTUŁA-BILL Bożena</b>	<b>3034</b>		K-30	00:00:00.00 DNF	00:00:00.00 DNF	00:28:29.72 DNF	<b>DNF</b>	-	-	(0.0%)
	<b>DUDA Róża</b>	<b>3239</b>	BEST BEAST	K-30	00:00:00.00 DNF	00:00:00.00 DNF	00:28:48.80 DNF	<b>DNF</b>	-	-	(0.0%)
	<b>SULL Agnieszka</b>	<b>3187</b>	NIGHTRUNNERS SŁUPSK	K-40	00:29:20.38 DNF	00:00:00.00 DNF	00:00:00.00 DNF	<b>DNF</b>	-	-	(0.0%)
	<b>PITURA Katarzyna</b>	<b>3153</b>		K-20	00:00:00.00 DNF	00:00:00.00 DNF	00:30:01.14 DNF	<b>DNF</b>	-	-	(0.0%)
	<b>WYSOCKA Dominika</b>	<b>3219</b>		K-20	00:00:00.00 DNF	00:00:00.00 DNF	00:30:01.74 DNF	<b>DNF</b>	-	-	(0.0%)



Msc	Zawodnik	Numer	Klub	Kategoria Mkat	Etap 1	Etap 2	Etap3	Czas netto 15km	Różn	Tempo min/km	Tempo km/h
	<b>WOCH Zbigniew</b>	<b>3210</b>		M-60	00:00:00.00 DNF	00:00:00.00 DNF	00:30:10.67 DNF	<b>DNF</b>	-	-	(0.0%)
	<b>OLEŚKIEWICZ Damian</b>	<b>3134</b>		M-20	00:00:00.00 DNF	00:00:00.00 DNF	00:30:14.54 DNF	<b>DNF</b>	-	-	(0.0%)
	<b>PAULIŃSKA-TYLEC Dominika</b>	<b>3142</b>	JAMNO	K-30	00:30:28.28 DNF	00:00:00.00 DNF	00:00:00.00 DNF	<b>DNF</b>	-	-	(0.0%)
	<b>PAULIŃSKI Jan</b>	<b>3144</b>	JAMNO	M-60	00:30:32.36 DNF	00:00:00.00 DNF	00:00:00.00 DNF	<b>DNF</b>	-	-	(0.0%)
	<b>SAWICZ- WERS Urszula</b>	<b>3216</b>		K-30	00:00:00.00 DNF	00:00:00.00 DNF	00:30:50.96 DNF	<b>DNF</b>	-	-	(0.0%)
	<b>MOLENDĄ Anna</b>	<b>3123</b>		K-30	00:00:00.00 DNF	00:00:00.00 DNF	00:31:01.92 DNF	<b>DNF</b>	-	-	(0.0%)
	<b>DAMPS Julita</b>	<b>3030</b>	NIGHT RUNNERS SŁUPSK	K-30	00:31:32.89 DNF	00:00:00.00 DNF	00:00:00.00 DNF	<b>DNF</b>	-	-	(0.0%)
	<b>WOJANOWSKA Maryla</b>	<b>3214</b>	SPORT I REKREACJA DELFIN GRUDZIĄDZ	K-60	00:00:00.00 DNF	00:00:00.00 DNF	00:32:08.07 DNF	<b>DNF</b>	-	-	(0.0%)
	<b>WOJANOWSKI Zbigniew</b>	<b>3215</b>	SPORT I REKREACJA DELFIN GRUDZIĄDZ	M-60	00:00:00.00 DNF	00:00:00.00 DNF	00:32:09.58 DNF	<b>DNF</b>	-	-	(0.0%)
	<b>WĘCKOWSKI Adam</b>	<b>3208</b>	KAMIEŃ RYMAŃSKI	M-20	00:00:00.00 DNF	00:00:00.00 DNF	00:32:16.61 DNF	<b>DNF</b>	-	-	(0.0%)
	<b>KUREK Magdalena</b>	<b>3103</b>	KAMIEŃ RYMAŃSKI	K-14	00:00:00.00 DNF	00:00:00.00 DNF	00:32:17.46 DNF	<b>DNF</b>	-	-	(0.0%)
	<b>PRZYBYSZ Joanna</b>	<b>3159</b>	ROZBIEGANY NIEMICA	K-30	00:00:00.00 DNF	00:00:00.00 DNF	00:32:28.67 DNF	<b>DNF</b>	-	-	(0.0%)
	<b>KĘPKA Adrian</b>	<b>3082</b>	DECATHLON KOSZALIN	M-20	00:17:20.78 DNF	00:00:00.00 DNF	00:17:02.64 DNF	<b>DNF</b>	-	-	(0.0%)
	<b>HEDDERGOTT Katarzyna</b>	<b>3060</b>	JEDWABIŚCI	K-40	00:00:00.00 DNF	00:00:00.00 DNF	00:34:59.90 DNF	<b>DNF</b>	-	-	(0.0%)
	<b>ZACHARCZUK Albin</b>	<b>3229</b>	UNIA HRUBIESZÓW	M-20	00:00:00.00 DNF	00:17:17.10 DNF	00:17:58.20 DNF	<b>DNF</b>	-	-	(0.0%)
	<b>GÓRSKA Dorota</b>	<b>3054</b>		K-50	00:00:00.00 DNF	00:36:33.03 DNF	00:00:00.00 DNF	<b>DNF</b>	-	-	(0.0%)
	<b>MAJKOWICZ Rafał</b>	<b>3112</b>		M-30	00:00:00.00 DNF	00:18:52.01 DNF	00:19:06.17 DNF	<b>DNF</b>	-	-	(0.0%)
	<b>RUSINEK Dawid</b>	<b>3167</b>		M-20	00:20:16.04 DNF	00:00:00.00 DNF	00:20:29.52 DNF	<b>DNF</b>	-	-	(0.0%)
	<b>URBAŃSKI Tomasz</b>	<b>3203</b>		M-40	00:20:40.50 DNF	00:20:14.11 DNF	00:00:00.00 DNF	<b>DNF</b>	-	-	(0.0%)
	<b>MAZURSKI Paweł</b>	<b>3116</b>		M-30	00:00:00.00 DNF	00:20:36.44 DNF	00:20:42.43 DNF	<b>DNF</b>	-	-	(0.0%)
	<b>BIĘNKOWSKI Tomasz</b>	<b>3007</b>	IQ CONSULTING KOSZALIN	M-30	00:00:00.00 DNF	00:20:28.85 DNF	00:20:55.15 DNF	<b>DNF</b>	-	-	(0.0%)
	<b>OLCZAK Krzysztof</b>	<b>3143</b>		M-30	00:00:00.00 DNF	00:22:26.68 DNF	00:21:28.80 DNF	<b>DNF</b>	-	-	(0.0%)
	<b>NIEMCZUK Dariusz</b>	<b>3129</b>	JAMNO	M-50	00:22:28.00 DNF	00:00:00.00 DNF	00:22:30.53 DNF	<b>DNF</b>	-	-	(0.0%)

Msc	Zawodnik	Numer	Klub	Kategoria Mkat	Etap 1	Etap 2	Etap3	Czas netto 15km	Różn	Tempo min/km	Tempo km/h
	<b>WIKTOROWSKI Maciej</b>	<b>3211</b>		M-40	00:00:00.00 DNF	00:22:41.37 DNF	00:22:35.00 DNF	<b>DNF</b>	-	-	(0.0%)
	<b>KAJKOWSKI Rafał</b>	<b>3074</b>	CSSP KOSZALIN	M-40	00:22:44.48 DNF	00:22:47.10 DNF	00:00:00.00 DNF	<b>DNF</b>	-	-	(0.0%)
	<b>WÓJCICKI Adrian</b>	<b>3217</b>	DEAF KOSZALIN	M-30	00:23:52.20 DNF	00:00:00.00 DNF	00:22:15.60 DNF	<b>DNF</b>	-	-	(0.0%)
	<b>JASIŃSKI Cezary</b>	<b>3069</b>		M-40	00:23:29.99 DNF	00:23:06.39 DNF	00:00:00.00 DNF	<b>DNF</b>	-	-	(0.0%)
	<b>GLISZCZYŃSKI Łukasz</b>	<b>3028</b>		M-20	00:00:00.00 DNF	00:22:10.72 DNF	00:25:19.67 DNF	<b>DNF</b>	-	-	(0.0%)
	<b>CHODOR Izabela</b>	<b>3019</b>	TKKF KOSZALIN	K-30	00:23:30.34 DNF	00:24:00.29 DNF	00:00:00.00 DNF	<b>DNF</b>	-	-	(0.0%)
	<b>RODZIEWICZ-CZAPLIŃSKA Agnieszka</b>	<b>3162</b>		K-40	00:24:19.74 DNF	00:00:00.00 DNF	00:24:17.17 DNF	<b>DNF</b>	-	-	(0.0%)
	<b>STALUSZKA Dariusz</b>	<b>3179</b>	21.BLT	M-40	00:00:00.00 DNF	00:24:14.80 DNF	00:24:29.67 DNF	<b>DNF</b>	-	-	(0.0%)
	<b>HAŁKA Arkadiusz</b>	<b>3059</b>	TRUCHT ŁOBEZ	M-40	00:00:00.00 DNF	00:25:23.94 DNF	00:25:00.41 DNF	<b>DNF</b>	-	-	(0.0%)
	<b>KUBIAK Monika</b>	<b>3101</b>		K-30	00:00:00.00 DNF	00:25:56.37 DNF	00:24:34.53 DNF	<b>DNF</b>	-	-	(0.0%)
	<b>DANOWSKI Maciek</b>	<b>3031</b>	FITNESS CLUB FORMA BIAŁOGARD	M-40	00:00:00.00 DNF	00:25:55.37 DNF	00:25:21.12 DNF	<b>DNF</b>	-	-	(0.0%)
	<b>NESTOR Petro</b>	<b>3128</b>		M-50	00:00:00.00 DNF	00:26:50.11 DNF	00:24:48.67 DNF	<b>DNF</b>	-	-	(0.0%)
	<b>KRZANOWSKI Marcin</b>	<b>3099</b>	MARCINBIEGA	M-30	00:26:35.25 DNF	00:00:00.00 DNF	00:25:25.96 DNF	<b>DNF</b>	-	-	(0.0%)
	<b>ZIELIŃSKI Maciej</b>	<b>3223</b>		M-30	00:00:00.00 DNF	00:26:10.93 DNF	00:26:01.61 DNF	<b>DNF</b>	-	-	(0.0%)
	<b>GRABSKA Iwona</b>	<b>3192</b>		K-40	00:00:00.00 DNF	00:26:43.41 DNF	00:25:38.46 DNF	<b>DNF</b>	-	-	(0.0%)
	<b>KĘSIK Łukasz</b>	<b>3234</b>	ŚWIAT PŁYTEK U KRYSPIŃSKA	M-30	00:00:00.00 DNF	00:25:54.66 DNF	00:26:30.21 DNF	<b>DNF</b>	-	-	(0.0%)
	<b>BORUC Barbara</b>	<b>3013</b>	PARKRUN SZCZECINEK	K-50	00:00:00.00 DNF	00:26:06.63 DNF	00:26:22.56 DNF	<b>DNF</b>	-	-	(0.0%)
	<b>HAŁAJKO Magdalena</b>	<b>3057</b>	HAISENBERG TEAM	K-30	00:25:56.84 DNF	00:00:00.00 DNF	00:26:33.47 DNF	<b>DNF</b>	-	-	(0.0%)
	<b>JEWUŁA Agata</b>	<b>3070</b>		K-30	00:00:00.00 DNF	00:26:06.61 DNF	00:27:23.94 DNF	<b>DNF</b>	-	-	(0.0%)
	<b>SPICA Łukasz</b>	<b>3176</b>		M-30	00:00:00.00 DNF	00:27:08.77 DNF	00:26:26.55 DNF	<b>DNF</b>	-	-	(0.0%)
	<b>HRYCIÓW Paweł</b>	<b>3065</b>	JW1223	M-30	00:27:27.80 DNF	00:26:35.28 DNF	00:00:00.00 DNF	<b>DNF</b>	-	-	(0.0%)
	<b>WIERZBICKI Kacper</b>	<b>3209</b>		M-30	00:27:28.36 DNF	00:26:35.79 DNF	00:00:00.00 DNF	<b>DNF</b>	-	-	(0.0%)
	<b>PAWŁOWICZ Ryszard</b>	<b>3148</b>		M-50	00:25:57.30 DNF	00:00:00.00 DNF	00:28:31.39 DNF	<b>DNF</b>	-	-	(0.0%)

Msc	Zawodnik	Numer	Klub	Kategoria Mkat	Etap 1	Etap 2	Etap3	Czas netto 15km	Różn	Tempo min/km	Tempo km/h
	<b>SUCHODOLSKA Aleksandra</b>	<b>3186</b>		K-30	00:27:24.89 DNF	00:00:00.00 DNF	00:27:04.02 DNF	<b>DNF</b>	-	-	(0.0%)
	<b>HNATOWSKI Artur</b>	<b>3064</b>	LOVELASY DĄBKI	M-50	00:00:00.00 DNF	00:27:23.36 DNF	00:27:12.36 DNF	<b>DNF</b>	-	-	(0.0%)
	<b>DORAWA-ZIOMEK Anna</b>	<b>3040</b>		K-30	00:27:29.12 DNF	00:00:00.00 DNF	00:27:54.92 DNF	<b>DNF</b>	-	-	(0.0%)
	<b>ROMANOWICZ Monika</b>	<b>3163</b>	ZABIEGANE :)	K-30	00:28:28.08 DNF	00:00:00.00 DNF	00:27:03.43 DNF	<b>DNF</b>	-	-	(0.0%)
	<b>SZULC Szymon</b>	<b>3195</b>	SZULC RUNNERS TEAM	M-30	00:26:00.66 DNF	00:31:10.63 DNF	00:00:00.00 DNF	<b>DNF</b>	-	-	(0.0%)
	<b>MICHALCZYK Małgorzata</b>	<b>3118</b>	JW1223	K-30	00:28:29.48 DNF	00:00:00.00 DNF	00:30:16.63 DNF	<b>DNF</b>	-	-	(0.0%)
	<b>PIECYCHNA Agata</b>	<b>3152</b>		K-40	00:00:00.00 DNF	00:32:11.10 DNF	00:30:49.68 DNF	<b>DNF</b>	-	-	(0.0%)
	<b>STRACH Marek</b>	<b>3235</b>		M-60	00:00:00.00 DNF	00:32:06.41 DNF	00:31:08.21 DNF	<b>DNF</b>	-	-	(0.0%)
	<b>RYHANYCZ Paweł</b>	<b>3168</b>	JEDWABIŚCI	M-40	00:29:10.02 DNF	00:00:00.00 DNF	00:35:00.44 DNF	<b>DNF</b>	-	-	(0.0%)
	<b>SZULC Adam</b>	<b>3197</b>	SZULC RUNNERS TEAM	M-30	00:00:00.00 DNF	00:33:16.19 DNF	00:31:21.28 DNF	<b>DNF</b>	-	-	(0.0%)
	<b>STASZYŃSKA Marianna</b>	<b>3184</b>	BTC,,ORZEŁ'	K-60	00:34:40.23 DNF	00:34:39.53 DNF	00:00:00.00 DNF	<b>DNF</b>	-	-	(0.0%)
	<b>KARNICKI Artur</b>	<b>3076</b>		M-40	00:00:00.00 DNF	00:37:44.74 DNF	00:35:45.93 DNF	<b>DNF</b>	-	-	(0.0%)

Znaleziono 232 wynik(ów)