

JAMNEŃSKI TOUR BIEGOWY - KLASYFIKACJA GENERALNA PO 3 EDYCJACH

B4SPORT
INTELIGENTNE ZAWODY SPORTOWE

Organiser: Herkules
Date: 2020-02-09
Place: Koszalin
Distance: 15 km



Classification: K-OPEN

Place	Participant	Number	Club	Category	MCat	Etap 1	Etap 2	Etap3	Net time 15km	Czas brutto 15km	Gap	Pace min/km	Pace km/h
1	SKROBANEK Hanna	5202	MKP SZCZECINEK	K-14	1	00:20:10.00	00:20:29.00	00:20:52.00	01:01:31.00	01:01:43.00		4:06	14.6 (100%)
2	KONKEL Agnieszka	5095	TAGER SPORT I PRZYJACIELE	K-30	1	00:20:17.00	00:20:41.00	00:20:43.00	01:01:41.00	01:01:59.00	+00:00:10 (0.3%)	4:06	14.6 (100%)
3	NOWODWORSKA Justyna	5162	7 DAYS	K-30	2	00:21:11.00	00:21:04.00	00:21:25.00	01:03:40.00	01:03:59.00	+00:02:09 (3.4%)	4:14	14.1 (96.6%)
4	ŁAWNICZAK Justyna	5126	#ZABIEGANINOCA	K-30	3	00:21:29.00	00:21:15.00	00:21:12.00	01:03:56.00	01:04:07.00	+00:02:25 (3.8%)	4:15	14.1 (96.6%)
5	HISZCZYŃSKA Aleksandra	5062	CSSP KOSZALIN	K-20	1	00:21:07.00	00:21:16.00	00:21:37.00	01:04:00.00	01:04:28.00	+00:02:29 (3.9%)	4:16	14.1 (96.6%)
6	BARGAŃSKA Justyna	5005	404 NOT FOUND	K-40	1	00:21:14.00	00:21:22.00	00:21:34.00	01:04:10.00	01:04:31.00	+00:02:39 (4.1%)	4:16	14 (95.9%)
7	SZCZĘK Małgorzata	5214	404 NOT FOUND	K-30	4	00:21:27.00	00:22:00.00	00:21:01.00	01:04:28.00	01:04:49.00	+00:02:57 (4.6%)	4:17	14 (95.9%)
8	HAŁKA Justyna	5056	TRUCHT ŁOBEZ	K-40	2	00:21:30.00	00:21:28.00	00:21:50.00	01:04:48.00	01:05:06.00	+00:03:17 (5.1%)	4:19	13.9 (95.2%)
9	KLUCZEWSKA Emilia	5094	7 DAYS	K-30	5	00:21:39.00	00:21:23.00	00:21:55.00	01:04:57.00	01:05:20.00	+00:03:26 (5.3%)	4:19	13.9 (95.2%)
10	PAŁASZEWSKA Karolina	5172	KOŁOBRZEG BIEGA	K-30	6	00:21:47.00	00:22:03.00	00:21:59.00	01:05:49.00	01:06:12.00	+00:04:18 (6.5%)	4:23	13.7 (93.8%)
11	KRYNICKA Magdalena	5113		K-20	2	00:22:28.00	00:22:34.00	00:22:24.00	01:07:26.00	01:07:38.00	+00:05:55 (8.8%)	4:29	13.3 (91.1%)
12	KAŻMIERCZAK Agnieszka	5089		K-40	3	00:22:28.00	00:22:44.00	00:22:46.00	01:07:58.00	01:08:12.00	+00:06:27 (9.5%)	4:31	13.2 (90.4%)
13	GÓRA Agnieszka	5051	#ZABIEGANINOCA	K-40	4	00:23:09.00	00:22:30.00	00:22:39.00	01:08:18.00	01:08:41.00	+00:06:47 (9.9%)	4:33	13.2 (90.4%)

Place	Participant	Number	Club	Category	MCat	Etap 1	Etap 2	Etap3	Net time 15km	Czas brutto 15km	Gap	Pace min/km	Pace km/h
14	KRZEWIŃSKA Małgorzata	5116	TAGER SPORT I PRZYJACIELE	K-60	1	00:23:19.00	00:23:05.00	00:23:12.00	01:09:36.00	01:09:57.00	+00:08:05 (11.6%)	4:38	12.9 (88.4%)
15	METEL Izabela	5138	POZYTYWNIENAKRĘCENI	K-40	5	00:21:55.00	00:25:08.00	00:23:05.00	01:10:08.00	01:10:31.00	+00:08:37 (12.3%)	4:40	12.8 (87.7%)
16	GEDROWICZ Aleksandra	5045		K-30	7	00:23:31.00	00:23:39.00	00:23:27.00	01:10:37.00	01:11:00.00	+00:09:06 (12.9%)	4:42	12.7 (87.0%)
17	NOSAL Martyna	5160	PENTATHLON SZCZECINEK	K-14	2	00:24:07.00	00:23:19.00	00:23:13.00	01:10:39.00	01:11:06.00	+00:09:08 (12.9%)	4:42	12.7 (87.0%)
18	DRULIK-HOŁUB Marta	5034	TORNADO KOSZALIN	K-40	6	00:24:23.00	00:24:02.00	00:24:00.00	01:12:25.00	01:13:07.00	+00:10:54 (15.1%)	4:49	12.4 (84.9%)
19	DEJNAK Mariola	5029		K-60	2	00:24:38.00	00:24:39.00	00:24:15.00	01:13:32.00	01:13:44.00	+00:12:01 (16.3%)	4:54	12.2 (83.6%)
20	MONGIAŁO Aleksandra	5149	FAST FEET K-LIN	K-30	8	00:24:54.00	00:24:48.00	00:23:52.00	01:13:34.00	01:14:41.00	+00:12:03 (16.4%)	4:54	12.2 (83.6%)
21	KRUPIŃSKA Beata	5111	E-UROLOG.EU	K-50	1	00:24:37.00	00:24:16.00	00:25:59.00	01:14:52.00	01:15:46.00	+00:13:21 (17.8%)	4:59	12 (82.2%)
22	KACZMARYK Jolanta	5080		K-40	7	00:24:47.00	00:25:04.00	00:25:21.00	01:15:12.00	01:15:56.00	+00:13:41 (18.2%)	5:00	12 (82.2%)
23	PŁATOSZ Magda	5179		K-20	3	00:25:02.00	00:25:57.00	00:24:55.00	01:15:54.00	01:16:12.00	+00:14:23 (19.0%)	5:03	11.9 (81.5%)
24	KOWALCZYK Karolina	5102		K-40	8	00:25:49.00	00:25:21.00	00:25:15.00	01:16:25.00	01:17:29.00	+00:14:54 (19.5%)	5:05	11.8 (80.8%)
25	SUCHODOLSKA Aleksandra	5208	DZIKIE ŻÓŁWIE	K-30	9	00:25:11.00	00:26:08.00	00:25:08.00	01:16:27.00	01:17:21.00	+00:14:56 (19.5%)	5:05	11.8 (80.8%)
26	GOLEC Anna	5048		K-40	9	00:26:36.00	00:25:03.00	00:24:56.00	01:16:35.00	01:17:13.00	+00:15:04 (19.7%)	5:06	11.8 (80.8%)
27	PACAN Mira	5169	POZYTYWNIENAKRĘCENI	K-30	10	00:26:00.00	00:25:08.00	00:26:46.00	01:17:54.00	01:18:25.00	+00:16:23 (21.0%)	5:11	11.6 (79.5%)
28	ROMANOWICZ Monika	5189	DZIKIE ŻÓŁWIE	K-30	11	00:25:51.00	00:26:09.00	00:26:20.00	01:18:20.00	01:19:13.00	+00:16:49 (21.5%)	5:13	11.5 (78.8%)
29	STRZELECKA Małgorzata	5206	SAILING TEAM FERAJNA	K-40	10	00:26:07.00	00:26:08.00	00:26:32.00	01:18:47.00	01:19:15.00	+00:17:16 (21.9%)	5:15	11.4 (78.1%)
30	DORAWA-ZIOMEK Anna	5031	DZIKIE ŻÓŁWIE	K-30	12	00:24:57.00	00:27:10.00	00:27:24.00	01:19:31.00	01:20:21.00	+00:18:00 (22.6%)	5:18	11.3 (77.4%)
31	PISKÓRZ Justyna	5178		K-30	13	00:25:50.00	00:27:12.00	00:27:23.00	01:20:25.00	01:21:15.00	+00:18:54 (23.5%)	5:21	11.2 (76.7%)
32	BRZOZOWSKA Barbara	5017		K-40	11	00:26:46.00	00:26:38.00	00:27:21.00	01:20:45.00	01:21:20.00	+00:19:14 (23.8%)	5:23	11.1 (76.0%)
33	JUSZCZYK Agnieszka	5078	ANOX TEAM	K-40	12	00:29:31.00	00:25:47.00	00:26:15.00	01:21:33.00	01:22:14.00	+00:20:02 (24.6%)	5:26	11 (75.3%)
34	MARCZAK Małgorzata	5135		K-60	3	00:27:16.00	00:26:22.00	00:28:29.00	01:22:07.00	01:22:25.00	+00:20:36 (25.1%)	5:28	11 (75.3%)
35	MITUNIEWICZ Renata	5146		K-50	2	00:26:49.00	00:28:18.00	00:29:16.00	01:24:23.00	01:25:33.00	+00:22:52 (27.1%)	5:37	10.7 (73.3%)
36	JOŃCA Klaudia	5075	BEST BEASTS	K-14	3	00:26:37.00	00:27:06.00	00:30:52.00	01:24:35.00	01:25:09.00	+00:23:04 (27.3%)	5:38	10.6 (72.6%)

									Net time 15km	Czas brutto 15km	Gap	Pace min/km	Pace km/h
Place	Participant	Number	Club	Category	MCat	Etap 1	Etap 2	Etap3					
37	BEDNARZ Katarzyna	5007	KOŁOBRZEG BIEGA	K-40	13	00:27:40.00	00:28:46.00	00:28:16.00	01:24:42.00	01:25:22.00	+00:23:11 (27.4%)	5:38	10.6 (72.6%)
38	BOKOTA Katarzyna	5012		K-40	14	00:28:15.00	00:28:18.00	00:28:27.00	01:25:00.00	01:25:20.00	+00:23:29 (27.6%)	5:40	10.6 (72.6%)
39	MALINOWSKA-BURDA Aleksandra	5130		K-30	14	00:29:04.00	00:28:22.00	00:28:01.00	01:25:27.00	01:26:05.00	+00:23:56 (28.0%)	5:41	10.5 (71.9%)
40	GROCHOWSKA Agnieszka	5052	SAILING TEAM FERAJNA	K-40	15	00:28:58.00	00:28:11.00	00:28:51.00	01:26:00.00	01:26:25.00	+00:24:29 (28.5%)	5:44	10.5 (71.9%)
41	WOJTKOWIAK Wioleta	5241		K-30	15	00:29:03.00	00:28:40.00	00:28:42.00	01:26:25.00	01:26:39.00	+00:24:54 (28.8%)	5:45	10.4 (71.2%)
42	HUBKO Janina	5066	PRESS GLASS - BIEGAMY I WSPIERAMY	K-30	16	00:28:20.00	00:28:01.00	00:30:13.00	01:26:34.00	01:26:43.00	+00:25:03 (28.9%)	5:46	10.4 (71.2%)
43	HRYNCEWICZ Anna	5064	SAILING TEAM FERAJNA	K-40	16	00:28:58.00	00:28:45.00	00:28:55.00	01:26:38.00	01:27:02.00	+00:25:07 (29.0%)	5:46	10.4 (71.2%)
44	SUDER-MAKSYMOWICZ Monika	5209		K-30	17	00:29:29.00	00:28:33.00	00:29:36.00	01:27:38.00	01:28:15.00	+00:26:07 (29.8%)	5:50	10.3 (70.5%)
45	JĄCZKOWSKA Wioleta	5072		K-40	17	00:29:04.00	00:29:05.00	00:31:01.00	01:29:10.00	01:30:15.00	+00:27:39 (31.0%)	5:56	10.1 (69.2%)
46	ZBOROWSKA-SKROBANEK Justyna	5245	MKP SZCZECINEK	K-40	18	00:29:23.00	00:29:27.00	00:30:37.00	01:29:27.00	01:30:00.00	+00:27:56 (31.2%)	5:57	10.1 (69.2%)
47	BRZEZIŃSKA Beata	5014	TEAM PIOTRUŚ	K-50	3	00:29:18.00	00:29:51.00	00:30:30.00	01:29:39.00	01:30:09.00	+00:28:08 (31.4%)	5:58	10 (68.5%)
48	WENTA Malwina	5232		K-30	18	00:30:28.00	00:29:16.00	00:30:10.00	01:29:54.00	01:30:39.00	+00:28:23 (31.6%)	5:59	10 (68.5%)
49	KOPEĆ Magdalena	5098		K-40	19	00:30:27.00	00:29:19.00	00:30:10.00	01:29:56.00	01:30:43.00	+00:28:25 (31.6%)	5:59	10 (68.5%)
50	WOJANOWSKA Maryla	5239	SPORT I REKREACJA DELFIN	K-60	4	00:29:57.00	00:29:43.00	00:30:17.00	01:29:57.00	01:30:17.00	+00:28:26 (31.6%)	5:59	10 (68.5%)
51	MOŻEJKO Anna	5150		K-40	20	00:30:10.00	00:31:10.00	00:31:07.00	01:32:27.00	01:33:25.00	+00:30:56 (33.5%)	6:09	9.7 (66.4%)
52	STEC Edyta	5204		K-40	21	00:30:11.00	00:31:09.00	00:31:09.00	01:32:29.00	01:33:24.00	+00:30:58 (33.5%)	6:09	9.7 (66.4%)
53	KOROL Elżbieta	5101		K-40	22	00:30:11.00	00:31:10.00	00:31:09.00	01:32:30.00	01:33:25.00	+00:30:59 (33.5%)	6:10	9.7 (66.4%)
54	KOZŁOWIECKA Małgorzata	5105		K-60	5	00:31:39.00	00:32:27.00	00:32:08.00	01:36:14.00	01:36:51.00	+00:34:43 (36.1%)	6:24	9.4 (64.4%)
55	KRYSTOSIK Paulina	5115	BIEGAM BO LUBIĘ, BIEGAM DLA SIEBIE	K-20	4	00:32:18.00	00:31:39.00	00:33:04.00	01:37:01.00	01:37:34.00	+00:35:30 (36.6%)	6:28	9.3 (63.7%)
56	SARBIEWSKA Gabriela	5195		K-40	23	00:32:33.00	00:32:03.00	00:32:45.00	01:37:21.00	01:37:46.00	+00:35:50 (36.8%)	6:29	9.2 (63.0%)
57	WEISS-SZULC Barbara	5231		K-40	24	00:31:14.00	00:32:32.00	00:33:56.00	01:37:42.00	01:38:48.00	+00:36:11 (37.0%)	6:30	9.2 (63.0%)
58	MAŁYSZEWICZ Teresa	5132		K-50	4	00:34:06.00	00:32:49.00	00:35:21.00	01:42:16.00	01:43:17.00	+00:40:45 (39.8%)	6:49	8.8 (60.3%)
58	PAŁASZ Karolina	5171	FUNDACJA ZASTOPUJ	K-30	19	00:33:57.00	00:33:56.00	00:34:23.00	01:42:16.00	01:42:48.00	+00:40:45 (39.8%)	6:49	8.8 (60.3%)

Total 59 results.