



JAROSŁAWIEC - PUCHAR POMORZA NORDIC WALKING - 10KM

B4SPORT

Organizator: PFNW
Data: 2015-06-20
Miejsce: Jarosławiec
Dystans: 10 km



Klasyfikacja: Wszyscy

Msc	Zawodnik	Numer	Klub	Kategoria	Mkat	Żół. kartki	Czer. kartki	Czas startu	Czas netto 10km	Czas brutto 10km	Różn	Tempo min/km	Tempo km/h
1	DEPKA PRĄDZYŃSKI Olgierd	131	BIEGAMYRAZEM.PL	M 50-59	1			00:00:03	01:00:47	01:00:50		6:04	9.9 (100%)
2	ŚWIDEREK Ludwik	128	IMPERIAL	M 40-49	1			00:00:02	01:01:37	01:01:39	+00:00:50 (1.4%)	6:09	9.7 (98.0%)
3	BOGACKI Sławek	117	ENERGA NW TEAM	M 40-49	2			00:00:03	01:02:19	01:02:22	+00:01:32 (2.5%)	6:13	9.6 (97.0%)
4	RACZYŃSKI Kazimierz	110	PTTK KOSZALIN	M 30-39	1			00:00:03	01:05:24	01:05:27	+00:04:37 (7.1%)	6:32	9.2 (92.9%)
5	ĆWIKLIŃSKI Dawid	124	THE BEST - MY IDZIEMY I CZEŚĆ	M 18-29	1			00:00:01	01:06:08	01:06:09	+00:05:21 (8.1%)	6:36	9.1 (91.9%)
6	REJ Anna	116		K 30-39	1			00:00:50	01:06:50	01:07:40	+00:06:03 (9.1%)	6:41	9 (90.9%)
7	SORN Łukasz	139	CHODZEZKIJAMI	M 18-29	2			00:00:02	01:07:34	01:07:36	+00:06:47 (10.0%)	6:45	8.9 (89.9%)
7	STAWNIAK Karol	121	UTW ŻNIN	M 60-69	1			00:00:03	01:07:34	01:07:37	+00:06:47 (10.0%)	6:45	8.9 (89.9%)
9	PARAFINIUK Krzysztofa	134	LKS ZANTYR	K 30-39	2			00:00:50	01:08:01	01:08:51	+00:07:14 (10.6%)	6:48	8.8 (88.9%)
10	CZEKAJŁO Franciszek	127	TEAM MEPROZET	M 60-69	2			00:00:03	01:08:14	01:08:17	+00:07:27 (10.9%)	6:49	8.8 (88.9%)
11	LIPKO Adrianna	115	PENDOLINO	K 18-29	1			00:00:49	01:09:18	01:10:07	+00:08:31 (12.3%)	6:55	8.7 (87.9%)
12	BOJAN Mirosław	125		M 60-69	3			00:00:04	01:09:45	01:09:49	+00:08:58 (12.9%)	6:58	8.6 (86.9%)
13	JANKOWSKI Marcin	113	KS ELBLĄSKIE WŁÓCZY-KIJE	M 30-39	2			00:00:02	01:11:52	01:11:54	+00:11:05 (15.4%)	7:11	8.3 (83.8%)
14	STĘPCZYŃSKA Angelika	120	THE BEST - MY IDZIEMY I CZEŚĆ	K 30-39	3			00:00:50	01:12:26	01:13:16	+00:11:39 (16.1%)	7:14	8.3 (83.8%)
15	SOBOLEWSKI Marek	141		M 40-49	3			00:00:02	01:12:37	01:12:39	+00:11:50 (16.3%)	7:15	8.3 (83.8%)
16	BIAŁK Roman	114		M 60-69	4			00:00:04	01:12:50	01:12:54	+00:12:03 (16.5%)	7:17	8.2 (82.8%)
17	OLECH Anna	142		K 30-39	4			00:00:51	01:13:09	01:14:00	+00:12:22 (16.9%)	7:18	8.2 (82.8%)
18	KURZYŃSKA Natalia	140		K 30-39	5			00:00:49	01:13:19	01:14:08	+00:12:32 (17.1%)	7:19	8.2 (82.8%)
19	LISEWSKA Jana	136	MUMIN TEAM	K 30-39	6			00:00:50	01:13:28	01:14:18	+00:12:41 (17.3%)	7:20	8.2 (82.8%)
20	JÓŹWIAK Łukasz	112	WTW WŁOCLAWEK	M 40-49	4			00:00:04	01:13:32	01:13:36	+00:12:45 (17.3%)	7:21	8.2 (82.8%)
21	ŻUCHOWICZ Monika	123	DĄBROWA NORDIC TEAM	K 18-29	2			00:00:49	01:14:37	01:15:26	+00:13:50 (18.5%)	7:27	8 (80.8%)
22	PIERNICKA Krystyna	119		K 50-59	1			00:00:51	01:15:07	01:15:58	+00:14:20 (19.1%)	7:30	8 (80.8%)
23	NAMSOŁEK Feliks	137		M 70+	1			00:00:05	01:15:44	01:15:49	+00:14:57 (19.7%)	7:34	7.9 (79.8%)
24	KOTAS Brygida	122	DĄBROWA NORDIC TEAM	K 50-59	2			00:00:50	01:15:55	01:16:45	+00:15:08 (19.9%)	7:35	7.9 (79.8%)
25	LANGMESSER Regina	135	LKS ZANTYR	K 40-49	1			00:00:51	01:18:54	01:19:45	+00:18:07 (23.0%)	7:53	7.6 (76.8%)
26	NERC Dorota	118		K 50-59	3			00:00:51	01:19:59	01:20:50	+00:19:12 (24.0%)	7:59	7.5 (75.8%)
27	CZARNECKA-KIJAK Jadwiga	129	NIEZRZESZONA	K 50-59	4			00:00:51	01:20:26	01:21:17	+00:19:39 (24.4%)	8:02	7.5 (75.8%)

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28	KIJAK Jacek	130	NIEZRZESZONY	M 40-49	5			00:00:05	01:20:58	01:21:03	+00:20:11 (24.9%)	8:05	7.4 (74.7%)
29	SZPALERSKA Mirosława	133	LKS ZANTYR	K 60-69	1			00:00:52	01:21:41	01:22:33	+00:20:54 (25.6%)	8:10	7.3 (73.7%)
30	SZCZYPEK Ela	138	DWA KIJE SŁUPSK	K 60-69	2			00:00:52	01:23:44	01:24:36	+00:22:57 (27.4%)	8:22	7.2 (72.7%)
31	MAKOSA Magdalena	126	DĄBROWA NORDIC TEAM	K 18-29	3			00:00:49	01:25:52	01:26:41	+00:25:05 (29.2%)	8:35	7 (70.7%)
32	ROT-RZĘDZICKA Grażyna	132	NIEZRZESZONA	K 60-69	3			00:00:52	01:28:45	01:29:37	+00:27:58 (31.5%)	8:52	6.8 (68.7%)
33	JÓŹWIAK Dominik	111	WTW WŁOCŁAWEK	M 18-29	3			00:00:02	01:31:33	01:31:35	+00:30:46 (33.6%)	9:09	6.6 (66.7%)

Znaleziono 33 wynik(ów)