



JASTROWIE - PUCHAR WIELKOPOLSKI NORDIC WALKING - 5.36KM

B4SPORT

Organizator: PFNW
Data: 2016-04-16
Miejsce: Jastrowie
Dystans: 5.36 km



Klasyfikacja: K30-39

Msc	Zawodnik	Numer	Klub	Kategoria	Mkat	Żół. kartki	Czer. kartki	Czas startu	5km	Czas netto 5.36km	Czas brutto 5.36km	Różn	Tempo min/km	Tempo km/h
1	KORNIOWSKA Magdalena	266.		K30-39	1			00:13:58	00:37:30	00:40:38.95	00:54:37.15		7:35	7.9 (100%)
2	GIBAS Joanna	44.		K30-39	2	1		00:13:56	00:38:53	00:42:04.90	00:56:01.85	+00:01:25 (3.4%)	7:51	7.6 (96.2%)
3	KUCYJ-HADRYŚ Sabina	79.	PLESZEWSKIE WŁÓCZYKIJE	K30-39	3			00:13:53	00:39:09	00:42:10.55	00:56:04.45	+00:01:31 (3.6%)	7:52	7.6 (96.2%)
4	JAWORSKA Joanna	53.	CZARNE PANTERY	K30-39	4			00:13:56	00:39:15	00:42:29.40	00:56:25.55	+00:01:50 (4.3%)	7:55	7.6 (96.2%)
5	OLSZEWSKA Bożena	107.		K30-39	5			00:13:54	00:39:44	00:43:08.00	00:57:02.25	+00:02:29 (5.8%)	8:02	7.5 (94.9%)
6	PIATCZYC Justyna	113.		K30-39	6			00:13:58	00:40:10	00:43:35.35	00:57:33.55	+00:02:56 (6.7%)	8:07	7.4 (93.7%)
7	WALCZAK Maria	254.	KS SOKÓŁ GASAWA	K30-39	7			00:13:56	00:40:24	00:43:35.60	00:57:31.65	+00:02:56 (6.8%)	8:07	7.4 (93.7%)
8	ROSPENDA Agnieszka	132.	KB KATORŹNIK MUROWANA GOSLINA	K30-39	8			00:13:54	00:40:37	00:43:47.80	00:57:42.70	+00:03:08 (7.2%)	8:10	7.3 (92.4%)
9	PRZYBYLSKA Aneta	123.	CZARNE PANTERY	K30-39	9			00:13:57	00:40:49	00:43:55.55	00:57:52.95	+00:03:16 (7.5%)	8:11	7.3 (92.4%)
10	CIEMNA Julita	25.	KS SOKÓŁ GASAWA	K30-39	10			00:13:53	00:40:58	00:44:15.80	00:58:09.55	+00:03:36 (8.2%)	8:15	7.3 (92.4%)
11	NOWAKOWSKA Sylwia	104.		K30-39	11			00:13:55	00:41:04	00:44:22.90	00:58:18.65	+00:03:43 (8.4%)	8:16	7.2 (91.1%)
12	KRYSZAK Joanna	76.	NORDIC TEAM GNIEZNO	K30-39	12			00:13:58	00:41:36	00:44:57.50	00:58:55.50	+00:04:18 (9.6%)	8:23	7.2 (91.1%)
13	RATAJCZYK Joanna	130.	KS SOKÓŁ GASAWA	K30-39	13			00:13:56	00:41:44	00:45:01.65	00:58:58.40	+00:04:22 (9.7%)	8:24	7.1 (89.9%)
14	KOCZOROWSKA Monika	68.	KS SOKÓŁ GASAWA	K30-39	14			00:13:58	00:41:59	00:45:09.60	00:59:08.45	+00:04:30 (10.0%)	8:25	7.1 (89.9%)

Msc	Zawodnik	Numer	Klub	Kategoria	Mkat	Żół. kartki	Czer. kartki	Czas startu	5km	Czas netto 5.36km	Czas brutto 5.36km	Różn	Tempo min/km	Tempo km/h
15	RYCHLEWSKA Wioletta	133.	KS SOKÓŁ GASAWA	K30-39	15			00:13:57	00:42:06	00:45:24.00	00:59:21.90	+00:04:45 (10.5%)	8:28	7.1 (89.9%)
16	PRZYBYLSKA Małgorzata	122.	KSIR SPORTICO BIAŁOSLIWIE	K30-39	16			00:13:54	00:42:13	00:45:31.20	00:59:25.90	+00:04:52 (10.7%)	8:29	7.1 (89.9%)
17	CZAJA Aneta	26.	JEZIORKI AKTYWNA WIES	K30-39	17			00:13:56	00:43:36	00:46:57.45	01:00:54.30	+00:06:18 (13.4%)	8:45	6.8 (86.1%)
18	BABICZ Łucja	4.	KSIR SPORTICO BIAŁOSLIWIE	K30-39	18			00:13:56	00:44:11	00:47:49.55	01:01:45.60	+00:07:10 (15.0%)	8:55	6.7 (84.8%)
19	GACZKOWSKA-KSIĄŻKIEWICZ Magdalena	38.	KS SOKÓŁ GASAWA	K30-39	19	1		00:13:57	00:44:36	00:47:58.65	01:01:56.10	+00:07:19 (15.3%)	8:57	6.7 (84.8%)
20	BLACHOWSKA Monika	9.		K30-39	20			00:13:54	00:44:37	00:48:07.10	01:02:01.15	+00:07:28 (15.5%)	8:58	6.7 (84.8%)
21	TOMCZAK Agnieszka	251.	KB KATORŻNIK MUROWANA GOSLINA	K30-39	21			00:13:55	00:45:03	00:48:46.75	01:02:42.15	+00:08:07 (16.7%)	9:06	6.6 (83.5%)
22	ZARACH Beata	284.	PFNW/DZIARSKIE TEAM	K30-39	22	1		00:13:59	00:54:49	00:59:18.50	01:13:17.90	+00:18:39 (31.5%)	11:03	5.4 (68.4%)
23	MILACHOWSKA Agnieszka	98.		K30-39	23			00:13:55	00:55:40	00:59:58.95	01:13:54.10	+00:19:20 (32.2%)	11:11	5.4 (68.4%)

Znaleziono 23 wynik(ów)