



JASTROWIE - PUCHAR WIELKOPOLSKI NORDIC WALKING - 5.36KM

B4SPORT

Organiser: PFNW
Date: 2016-04-16
Place: Jastrowie
Distance: 5.36 km



Classification: K40-44

Place	Participant	Number	Club	Category	MCat	Żół. kartki	Czer. kartki	Start time	5km	Net time 5.36km	Czas brutto 5.36km	Gap	Pace min/km	Pace km/h
1	KŁACZYŃSKA Danuta	67.		K40-44	1			00:14:54	00:34:57	00:37:39.10	00:52:33.25		7:01	8.5 (100%)
2	KOLOSZ-PERZ Monika	70.	FACE NORDIC WALKING TEAM	K40-44	2			00:14:54	00:35:00	00:37:51.05	00:52:45.15	+00:00:11 (0.5%)	7:03	8.5 (100%)
3	PIEŃKOS Lidia	116.		K40-44	3			00:14:54	00:36:51	00:39:50.55	00:54:45.15	+00:02:11 (5.5%)	7:26	8.1 (95.3%)
4	JÓZWIAK Marianna	55.	WTW.WŁOCLAWEK	K40-44	4			00:14:54	00:37:02	00:40:03.25	00:54:57.25	+00:02:24 (6.0%)	7:28	8 (94.1%)
5	WOJCIECHOWSKA Katarzyna	258.	PLESZEWSKIE WŁÓCZYKIJE	K40-44	5			00:14:55	00:37:56	00:40:52.90	00:55:48.85	+00:03:13 (7.9%)	7:37	7.9 (92.9%)
6	KAŻMIERCZAK Małgorzata	62.	PLESZEWSKIE WŁÓCZYKIJE	K40-44	6			00:14:55	00:38:08	00:41:09.85	00:56:05.40	+00:03:30 (8.5%)	7:40	7.8 (91.8%)
7	KĘDZIERSKA Edyta	65.	POLSKA FEDERACJA NORDIC WALKING	K40-44	7			00:14:53	00:38:13	00:41:17.70	00:56:11.50	+00:03:38 (8.8%)	7:42	7.8 (91.8%)
8	PIOSIK Agnieszka	117.	KSIR SPORTICO BIAŁOSLIWIE	K40-44	8			00:14:58	00:39:38	00:42:44.30	00:57:42.75	+00:05:05 (11.9%)	7:58	7.5 (88.2%)
9	ZWOLENKIEWICZ Joanna	263.	KS SOKÓŁ GASAWA	K40-44	9			00:14:55	00:40:22	00:43:41.15	00:58:36.80	+00:06:02 (13.8%)	8:08	7.4 (87.1%)
10	BARTCZAK Beata	5.	KSIR SPORTICO BIAŁOSLIWIE	K40-44	10			00:14:57	00:40:35	00:43:49.70	00:58:47.20	+00:06:10 (14.1%)	8:10	7.3 (85.9%)
11	SPYCHAŁA-KARAPULKA Arleta	272.	MARSZ PO ZDROWIE	K40-44	11			00:14:54	00:41:54	00:45:10.40	01:00:05.20	+00:07:31 (16.7%)	8:25	7.1 (83.5%)
12	GAWŁOWSKA Małgorzata	41.	CZARNE PANTERY	K40-44	12			00:14:54	00:41:55	00:45:18.05	01:00:12.80	+00:07:38 (16.9%)	8:27	7.1 (83.5%)
13	RAJEWSKA Beata	126.	JEZIORKI AKTYWNA WIES	K40-44	13			00:14:55	00:42:38	00:45:59.75	01:00:55.45	+00:08:20 (18.1%)	8:34	7 (82.4%)
14	KĄCKOWSKA Beata	63.	JEZIORKI AKTYWNA WIES	K40-44	14			00:14:54	00:42:37	00:45:59.95	01:00:54.90	+00:08:20 (18.1%)	8:34	7 (82.4%)

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15	LEBIODA Renata	85.		K40-44	15			00:14:56	00:44:35	00:48:09.10	01:03:05.65	+00:10:30 (21.8%)	8:58	6.7 (78.8%)
16	CZYŻYCKA Beata	29.		K40-44	16			00:14:58	00:45:41	00:49:19.15	01:04:17.70	+00:11:40 (23.7%)	9:12	6.5 (76.5%)

Total 16 results.