



JASTROWIE - PUCHAR WIELKOPOLSKI NORDIC WALKING - 5.36KM

B4SPORT

Organiser: PFNW
Date: 2016-04-16
Place: Jastrowie
Distance: 5.36 km



Classification: K55-59

Place	Participant	Number	Club	Category	MCat	Żół. kartki	Czer. kartki	Start time	5km	Net time 5.36km	Czas brutto 5.36km	Gap	Pace min/km	Pace km/h
1	KUPIBIDA Bogusława	81.	SILESIA NORDIC TEAM	K55-59	1			00:17:32	00:37:28	00:40:35.60	00:58:08.15		7:34	7.9 (100%)
2	SZENDZIELORZ Ilona	147.	FABRIKANORDIKA	K55-59	2	1		00:17:33	00:38:00	00:41:08.95	00:58:42.60	+00:00:33 (1.4%)	7:40	7.8 (98.7%)
3	ZABRZESKA Hanna	261.	UKS GIMNAZJON SUCHY LAS	K55-59	3			00:17:34	00:39:09	00:42:20.00	00:59:54.05	+00:01:44 (4.1%)	7:53	7.6 (96.2%)
4	KRAWCZYK Dorota	74.	CZARNE PANTERY	K55-59	4			00:17:32	00:39:14	00:42:25.65	00:59:58.30	+00:01:50 (4.3%)	7:55	7.6 (96.2%)
5	KIETRYS Grażyna	66.	MARSZ PO ZDROWIE	K55-59	5			00:17:32	00:40:07	00:43:24.85	01:00:57.60	+00:02:49 (6.5%)	8:06	7.4 (93.7%)
6	KRYŚKIEWICZ Janina	77.		K55-59	6			00:17:35	00:40:29	00:43:39.35	01:01:14.45	+00:03:03 (7.0%)	8:08	7.4 (93.7%)
7	SOLAK Ewa	140.		K55-59	7			00:17:33	00:41:33	00:45:05.40	01:02:38.75	+00:04:29 (10.0%)	8:24	7.1 (89.9%)
8	DZIEMIAŃCZYK Alina	32.		K55-59	8			00:17:35	00:42:17	00:45:39.65	01:03:15.15	+00:05:04 (11.1%)	8:31	7 (88.6%)
9	KAWCZYŃSKA Teresa	61.	KS SOKÓŁ GASAWA	K55-59	9			00:17:33	00:43:17	00:46:52.60	01:04:25.75	+00:06:17 (13.4%)	8:44	6.9 (87.3%)
10	KOSMOWSKA Barbara	273.		K55-59	10			00:17:33	00:43:28	00:46:59.10	01:04:32.45	+00:06:23 (13.6%)	8:45	6.8 (86.1%)
11	DYBOWSKA Henryka	31.	RUCH PO ZDROWIE WŁOCLAWEK	K55-59	11			00:17:34	00:44:14	00:47:53.90	01:05:28.30	+00:07:18 (15.3%)	8:56	6.7 (84.8%)
12	ANDRZEJEWSKA Bogusława	2.		K55-59	12			00:17:34	00:44:30	00:48:02.15	01:05:37.05	+00:07:26 (15.5%)	8:57	6.7 (84.8%)
13	BEDNAREK Elżbieta	267.		K55-59	13			00:17:34	00:44:28	00:48:09.25	01:05:43.85	+00:07:33 (15.7%)	8:58	6.7 (84.8%)
14	CZYŻEWSKA Teresa	28.		K55-59	14	1		00:17:35	00:52:36	00:56:39.95	01:14:15.50	+00:16:04 (28.4%)	10:34	5.7 (72.2%)

Place	Participant	Number	Club	Category	MCat	Żół. kartki	Czer. kartki	Start time	5km	Net time 5.36km	Czas brutto 5.36km	Gap	Pace min/km	Pace km/h
15	HAWETO Janina	51.		K55-59	15			00:17:35	00:52:36	00:56:40.70	01:14:16.40	+00:16:05 (28.4%)	10:34	5.7 (72.2%)
16	BRĄSZKIEWICZ Teresa	13.		K55-59	16			00:17:34	00:56:49	01:01:24.30	01:18:58.40	+00:20:48 (33.9%)	11:27	5.2 (65.8%)

Total 16 results.