

JASTRZĘBSKA DZIESIĄTKA

B4SPORT

Wydarzenie: Jastrzębska Dziesiątka
Organizator: Miejski Ośrodek Sportu i Rekreacji Jastrzębie-Zdrój
Data: 2018-09-15
Miejsce: Jastrzębie-Zdrój
Dystans: 10 km

B4SPORT
 INTELIGENTNE ZAWODY SPORTOWE

Klasyfikacja: K30-39

Punkt pomiarowy: 9,4 km

Msc	Zawodnik	Numer	Klub	Kategoria	Czas startu	Zawrotka_3km 2.9km	Zawrotka_5km 5km	Zawrotka_3km 7.3km	Zawrotka_5km 9.4km
1	PLIŚ Renata	14	MKL MARATON ŚWINOUJŚCIE	K30-39	00:00:02	00:10:10	00:17:17		00:32:16
2	MATHEBO Ruth Chemisto	9	BENEDEK-TEAM	K30-39	00:00:00	00:10:16	00:17:44		00:34:05
3	CHERUIYOT Emily	8	BENEDEK-TEAM	K30-39	00:00:02	00:10:23	00:17:57		00:34:33
4	SUWAJ Aneta	10	AZS-AWF KATOWICE/ALPIN SPORT	K30-39	00:00:03	00:11:25	00:19:22		00:36:29
DQ	KUKLA Agata	623	POWOLI DO CELU	K30-39	DQ	00:11:25 DQ	00:19:43 DQ	00:29:02 DQ	00:37:02 DQ
6	DZIUK Dagmara	13	KB MOSIR JASTRZĘBIE	K30-39	00:00:02	00:11:16	00:19:21	00:28:52	00:37:07
7	DYBCZYŃSKA Jadwiga	890		K30-39	00:00:09	00:11:41	00:19:51	00:29:21	00:37:51
8	BIELIŃSKA Monika	223		K30-39	00:00:04	00:11:47	00:20:04	00:29:51	00:38:12
9	MIKOŁAJCZYK Sandra	607		K30-39	00:00:11	00:12:07	00:20:30	00:30:18	00:38:48
10	REDZIK Dorota	845	ENDURANCE TEAM	K30-39	00:00:10	00:12:16	00:21:04	00:31:20	00:40:12
11	WOJTASZEWSKA Sabina	286	BBL RACIBÓRZ	K30-39	00:00:09	00:12:21	00:21:18	00:31:33	00:40:20
12	NALEPKA Ewa	189	BIEGIEM PRZEZ GÓRY	K30-39	00:00:09	00:12:23	00:21:08	00:31:30	00:40:31
13	PIECZKA Monika	816		K30-39	00:00:04	00:12:37	00:21:28	00:31:57	00:40:55
14	PIECUCH Agnieszka	212	INŻYNIERIA BIEGANIA TEAM	K30-39	00:00:17	00:12:49	00:21:46	00:32:07	00:41:07
15	PIWISZKIS Barbara	174	KOBIETY NA 5+	K30-39	00:00:15	00:12:46	00:21:50	00:32:22	00:41:33
16	PAWTEL Agata	59		K30-39	00:00:09	00:12:49	00:21:56	00:32:38	00:41:45
17	STOLORZ Katarzyna	620		K30-39	00:00:15	00:13:32	00:22:59	00:33:49	00:43:01
18	LERCH Bożena	276	RUNTEAM PAWŁOWICE	K30-39	00:00:23	00:14:04	00:23:39	00:34:37	00:44:00
19	WINIARSKA Monika	103	BIEGIEM PRZEZ GÓRY	K30-39	00:00:15	00:13:28	00:23:23	00:34:49	00:44:34
20	KOPIEC Izabela	35	INTER ROPE TEAM	K30-39	00:00:16	00:14:08	00:23:52	00:35:07	00:44:46
21	STĘPIEŃ Kamila	319		K30-39	00:00:20	00:13:57	00:23:52	00:35:13	00:45:01
22	ŻBEL Ania	355	HRMAX ŻORY	K30-39	00:00:23	00:14:45	00:24:38	00:35:45	00:45:28
23	PŁÓCIENNIK Aleksandra	752		K30-39	00:00:17	00:13:43	00:23:57	00:35:53	00:46:18
24	WOWRY Sylwia	644		K30-39	00:00:19	00:14:09	00:24:16	00:36:21	00:46:27
25	WÓJCIK-KRZYŻOWSKA Barbara	166	GB GALOPUJĄCE ŚLIMAKI	K30-39	00:00:29	00:14:57	00:25:12	00:36:45	00:46:53
26	GORZELAK Joanna	352	KOBIETY NA 5+	K30-39	00:00:31	00:14:38	00:24:51	00:36:46	00:47:09
27	BORKOWSKA Paulina	406		K30-39	00:00:06	00:14:30	00:24:47	00:36:48	00:47:29
28	TYCZYŃSKA Paulina	194	SZYBKIE ŻÓŁWIE	K30-39	00:00:22	00:14:39	00:24:56	00:37:11	00:47:46
29	SOLICH Ola	79	SULIS HOKO TEAM	K30-39	00:00:30	00:15:15	00:25:42	00:37:32	00:47:47
30	KOTOWICZ Anna	716		K30-39	00:00:26	00:15:10	00:25:40	00:37:49	00:48:12

Msc	Zawodnik	Numer	Klub	Kategoria	Czas startu	Zawrotka_3km	Zawrotka_5km	Zawrotka_3km	Zawrotka_5km
						2.9km	5km	7.3km	9.4km
31	MALARA Anna	862		K30-39	00:00:27	00:14:35	00:24:56	00:37:31	00:48:21
32	KUBICA Patrycja	348	OLZA CIESZYN	K30-39	00:00:31	00:14:49	00:25:38	00:37:46	00:48:34
33	PLEWNIA Irena	308	FORMA WODZISŁAW ŚLĄSKI	K30-39	00:00:31	00:15:03	00:25:33	00:38:11	00:48:46
34	DOMAGAŁA Kornelia	161		K30-39	00:00:31	00:15:10	00:25:39	00:38:01	00:48:50
35	TYLMAN-MADEJCZYK Marta	798	INŻYNIERIA BIEGANIA TEAM	K30-39	00:00:28	00:15:11	00:26:10	00:38:33	00:49:03
36	CZERNICKA Magdalena	40	YNO ULTRA	K30-39	00:00:28	00:15:11	00:25:52	00:38:28	00:49:19
37	BIAŁOŃCZYK Joanna	542		K30-39	00:00:26	00:15:36	00:26:24	00:38:45	00:49:24
38	MAZUR Katarzyna	455		K30-39	00:00:38	00:15:56	00:26:42	00:39:00	00:49:27
39	KOSMALA-LANDZIŃSKA Ewa	346		K30-39	00:00:31	00:15:55	00:26:38	00:39:00	00:49:30
40	GNAS Anna	60	KOBIETY NA 5+	K30-39	00:00:24	00:14:44	00:25:30	00:38:39	00:49:43
41	KAZIMIERCZUK Monika	446	BBL-KLUB SPORTOWY KOZIOŁEK-SEKCJA BIEGOWA	K30-39	00:00:29	00:15:58	00:26:41	00:39:05	00:49:44
42	JURASZEK Elzbieta	632	JUSTFEELFIT	K30-39	00:00:34	00:15:59	00:26:55	00:39:27	00:49:58
43	HARATYK Gabriela	295		K30-39	00:00:26	00:15:07	00:26:04	00:38:58	00:49:59
44	JAGODZIŃSKA Magdalena	605	KOLKA TEAM	K30-39	00:00:35	00:15:52	00:26:57	00:39:29	00:50:19
45	DURAJ Magdalena	145		K30-39	00:00:33	00:16:09	00:27:24	00:40:04	00:50:23
46	LERCH Marysia	257	RUNTEAM PAWŁOWICE	K30-39	00:00:32	00:15:20	00:26:23	00:39:29	00:50:34
47	CIESLAR Kasia	646		K30-39	00:00:32	00:16:15	00:27:25	00:40:09	00:50:42
48	MARCZAK-OLEJNICZAK Ania	718		K30-39	00:00:39	00:16:11	00:27:19	00:40:03	00:50:54
49	STABLA Agata	335		K30-39	00:00:18	00:15:27	00:26:32	00:39:44	00:51:03
50	GÓRA Marta	327		K30-39	00:00:07	00:15:17	00:26:26	00:39:40	00:51:04
51	GIEROŃ Katarzyna	709	DYSTANS LUBOMIA	K30-39	00:00:31	00:16:02	00:27:09	00:40:01	00:51:17
52	JESIONEK Małgorzata	731		K30-39	00:00:38	00:15:57	00:27:06	00:40:04	00:51:19
53	KUJAŃSKA Aleksandra	811	INŻYNIERIA BIEGANIA TEAM	K30-39	00:00:27	00:15:12	00:26:16	00:39:42	00:51:28
54	KOMAJDA Basia	343	OLZA CIESZYN	K30-39	00:00:37	00:16:03	00:27:11	00:40:21	00:51:37
55	SKWARK Aneta	255		K30-39	00:00:27	00:15:48	00:27:13	00:40:22	00:51:53
56	MIŁOBÓG Ewa	779	KOLKA TEAM	K30-39	00:00:35	00:15:54	00:27:12	00:40:30	00:51:54
57	FROSZTĘGA Katarzyna	835		K30-39	00:00:27	00:16:12	00:27:29	00:40:37	00:52:08
58	ŻŁOBICKA Agnieszka	768	DAR-BUD TEAM	K30-39	00:00:40	00:16:43	00:28:15	00:41:12	00:52:08
59	FLASZ Anna	192		K30-39	00:00:27	00:16:23	00:27:43	00:40:55	00:52:20
60	JĘDRUSIAK Lidia	649		K30-39	00:00:32	00:16:13	00:27:31	00:40:59	00:52:37
61	GREŃ Dorota	629	OLZA CIESZYN	K30-39	00:00:32	00:16:15	00:27:25	00:40:58	00:52:53
62	HERUD Magdalena	761	EKO-OKNA RUNNERS	K30-39	00:00:40	00:16:45	00:28:19	00:41:35	00:52:55
63	SZKLANNY-RECLIK Elzbieta	487		K30-39	00:00:37	00:16:29	00:27:57	00:41:27	00:53:21
64	MUSIAŁ Wioletta	271	GB GALOPUJĄCE ŚLIMAKI	K30-39	00:00:29	00:16:23	00:27:32	00:41:34	00:53:25
65	FRAJHOFER Ewa	868	BANK SPÓŁDZIELCZY W JASTRZĘBIU-ZDROJU	K30-39	00:00:33	00:16:10	00:27:37	00:41:27	00:53:27
66	GWIZDAŁA Joanna	139		K30-39	00:00:41	00:16:07	00:27:25	00:41:27	00:53:40
67	PRÓSZYŃSKA Agnieszka	244		K30-39	00:00:36	00:16:15	00:27:48	00:41:43	00:53:54
68	GIŻYŃSKA Katarzyna	253	KOBIETY NA 5+	K30-39	00:00:34	00:16:40	00:28:24	00:42:14	00:54:06
69	PODBIOŁ Inez	557		K30-39	00:00:44	00:17:24	00:29:05	00:42:49	00:54:51
70	LISZOK Iwona	117		K30-39	00:00:38	00:16:59	00:29:01	00:42:58	00:54:56
71	SZKODA Magda	839		K30-39	00:00:38	00:16:43	00:28:46	00:42:50	00:55:04
72	MALISZEWSKA Beata	72		K30-39	00:00:44	00:17:46	00:30:09	00:43:52	00:55:13
73	CIEŚLAR Ewa	701		K30-39	00:00:37	00:16:16	00:28:02	00:42:14	00:55:14
74	ZAGÓRSKA Ania	717		K30-39	00:00:39	00:17:05	00:29:13	00:43:10	00:55:17
75	WYSZYŃSKA Karina	738	DAR BUD TEAM	K30-39	00:00:40	00:17:18	00:29:24	00:43:27	00:55:22

Msc	Zawodnik	Numer	Klub	Kategoria	Czas startu	Zawrotka_3km 2.9km	Zawrotka_5km 5km	Zawrotka_3km 7.3km	Zawrotka_5km 9.4km
76	FABRYKIEWICZ Joanna	412		K30-39	00:00:37	00:17:03	00:29:27	00:44:00	00:55:44
77	TARNOWSKA Edyta	443		K30-39	00:00:32	00:16:07	00:28:07	00:44:17	00:55:53
78	SZCZELINA Marta	39		K30-39	00:00:37	00:17:02	00:29:15	00:43:52	00:55:53
79	ZIĘBA Anna	789	DAR BUD-TEAM	K30-39	00:00:00	00:17:58	00:30:04	00:44:07	00:56:02
80	SITKO Dagmara	597		K30-39	00:00:44	00:18:28	00:30:59	00:44:34	00:56:04
81	HERDUŚ Lucyna	806		K30-39	00:00:34	00:16:43	00:28:45	00:43:14	00:56:05
82	BADURA Dorota	628		K30-39	00:00:26	00:15:58	00:28:27	00:43:46	00:56:54
83	BRANDYS Krystyna	70		K30-39	00:00:40	00:17:39	00:30:05	00:44:30	00:56:56
84	KOŁAK Alicja	476		K30-39	00:00:39	00:17:43	00:30:03	00:44:26	00:57:01
85	ORŁOWSKA Joanna	371	ULTRA BESKID SPORT	K30-39	00:00:40	00:18:11	00:30:36	00:44:49	00:57:18
86	MARCZYK-LURANC Ewa	775	MARCZYK-LURANC TEAM	K30-39	00:00:43	00:18:30	00:31:10	00:45:16	00:57:35
87	GAJ Monika	651	DAR - BUD TEAM	K30-39	00:00:44	00:18:28	00:30:59	00:45:23	00:57:41
88	POKORA Izabela	99	KOLKA TEAM	K30-39	00:00:36	00:17:16	00:29:46	00:44:57	00:58:01
89	MORIC Anna	496		K30-39	00:00:36	00:17:04	00:29:18	00:44:50	00:58:42
90	WALA Anna	180		K30-39	00:00:22	00:16:54	00:29:55	00:45:27	00:58:45
91	SAWICKA Marta	96		K30-39	00:00:45	00:19:00	00:31:50	00:46:36	00:59:03
92	PYZIK Barbara	196		K30-39	00:00:39	00:17:10	00:30:08	00:46:05	00:59:11
93	WAWOCZNY Anita	538	ZAZ WSPÓLNA PASJA	K30-39	00:00:45	00:19:00	00:31:50	00:46:36	00:59:16
94	SZKLORZ Dominika	511	OLZA CIESZYN	K30-39	00:00:47	00:18:38	00:31:34	00:46:50	00:59:24
95	KUCZERA Bernadeta	414	CZERNICA TEAM	K30-39	00:00:30	00:18:04	00:30:57	00:46:29	00:59:53
96	CZAK Renata	785		K30-39	00:00:30	00:17:24	00:30:43	00:46:36	01:00:42
97	SŁABOŃ Ania	273		K30-39	00:00:41	00:18:05	00:31:18	00:47:15	01:00:42
98	JUNKA Maria	699		K30-39	00:00:23	00:17:39	00:31:21	00:46:54	01:00:59
99	KABUT Małgorzata	388	RADLINIOKI W BIEGU	K30-39	00:00:00	00:18:45	00:32:04	00:47:43	01:01:19
100	GRZELAK Patrycja	213		K30-39	00:00:37	00:18:49	00:31:59	00:47:44	01:01:21
101	BĄK Karina	503	RADLINIOKI W BIEGU	K30-39	00:00:35	00:18:34	00:32:34	00:48:04	01:01:22
102	AUGUŚCIK Ewelina	784	KOBIETY NA 5+	K30-39	00:00:44	00:18:40	00:32:10	00:48:01	01:01:41
103	ŚPIEWAK Agnieszka	675		K30-39	00:00:38	00:19:30	00:33:08	00:48:55	01:02:14
104	BRAUN Justyna	572		K30-39	00:00:46	00:19:00	00:32:01	00:48:41	01:02:32
105	ŁUKASIK Aldona	858	PIEPRZ I WANILIA	K30-39	00:00:48	00:19:37	00:33:15	00:49:01	01:02:47
106	KOSAŁKA Dominika	848	REBELLION OF FREE RUNNERS	K30-39	00:00:29	00:18:49	00:33:04	00:49:09	01:03:10
107	ZAGÓRSKA Beata	89	NIEDŹWIEDŹ TEAM	K30-39	00:00:40	00:19:14	00:32:51	00:48:57	01:03:27
108	OLEJNIK Ewa	684	INŻYNIERIA BIEGANIA	K30-39	00:00:44	00:19:52	00:34:08	00:50:25	01:04:22
109	BRYCHCY Estera	62	RUNTEAM PAWŁOWICE	K30-39	00:00:41	00:19:59	00:34:10	00:50:48	01:05:21
110	WÓJCIAK Magdalena	375		K30-39	00:00:33	00:19:34	00:33:46	00:50:36	01:05:23
111	LAZAR Joanna	126		K30-39	00:00:46	00:19:53	00:34:01	00:51:01	01:07:05
112	SAWICKA Agnieszka	594		K30-39	00:00:45	00:20:23	00:35:18	00:53:02	01:07:49
113	RUMPEL Maria	95	KS M.E.T.A.	K30-39	00:00:40	00:21:34	00:36:46	00:53:59	01:09:22
114	PROKOPIUK Adriana	261		K30-39	00:00:45	00:20:09	00:35:18	00:53:28	01:09:35
115	GŁĄB Mariola	207		K30-39	00:00:40	00:20:37	00:36:31	00:54:58	01:11:12
116	MAJ-DZIUBAŃSKA Izabela	749	AKMB PĘDZIWIATR GLIWICE	K30-39	00:00:17	00:12:46	00:22:16		
117	SZCZYGIEŁ Adriana	753	BENERUNNER	K30-39	00:00:24	00:15:39			
118	WAGNER Natalia	42		K30-39	00:00:45				