

# JASTRZĘBSKA DZIESIĄTKA

B4SPORT

**Wydarzenie:** Jastrzębska Dziesiątka  
**Organizator:** Miejski Ośrodek Sportu i Rekreacji Jastrzębie-Zdrój  
**Data:** 2018-09-15  
**Miejsce:** Jastrzębie-Zdrój  
**Dystans:** 10 km

**B4SPORT**  
INTELIGENTNE ZAWODY SPORTOWE

Klasyfikacja: K40-49

Punkt pomiarowy: 5,0 km

Msc	Zawodnik	Numer	Klub	Kategoria	Czas startu	Zawrotka_3km 2.9km	Zawrotka_5km 5km
1	LEWICKA Elżbieta	415	NIEZRZESZONA	K40-49	00:00:07	00:11:51	00:20:16
2	LASKOWSKA Katarzyna	801	INŻYNIERIA BIEGANIA TEAM	K40-49	00:00:11	00:12:14	00:20:49
3	LACHOWSKA Magdalena	828	K.S. SPRINT	K40-49	00:00:07	00:12:11	00:21:00
4	MENŻYK Joanna	26		K40-49	00:00:15	00:12:47	00:22:00
5	DYRCZ Anna	147		K40-49	00:00:11	00:12:58	00:22:02
6	KOWALSKA Kinga	21	OLZA CIESZYN	K40-49	00:00:20	00:13:22	00:22:46
7	ZĘBIK Grażyna	426		K40-49	00:00:20	00:13:22	00:22:47
8	RĘBISZ Agnieszka	796	EKO-OKNA RUNNERS	K40-49	00:00:10	00:13:31	00:23:19
9	HELIOSZ Agnieszka	144	INTERAKTYWNI	K40-49	00:00:17	00:13:51	00:23:41
10	PAJESTKA Katarzyna	142		K40-49	00:00:18	00:13:52	00:23:48
11	POŁOMSKA Edyta	416	POŁOMSCU TEAM	K40-49	00:00:14	00:14:07	00:23:51
12	URBANEK Małgorzata	366	WAPIENICKITEAM	K40-49	00:00:22	00:14:07	00:23:54
13	PROKOPENKO Aga	186		K40-49	00:00:27	00:14:03	00:24:00
14	SICH-ŚWITAŁA Małgorzata	133		K40-49	00:00:16	00:14:16	00:24:06
15	SICH- SOSNA Agnieszka	334		K40-49	00:00:16	00:14:16	00:24:06
16	LORANC Izabela	358		K40-49	00:00:24	00:14:26	00:24:34
17	SRADOMSKA Barbara	504	1972	K40-49	00:00:25	00:15:08	00:25:39
18	DOMIN-ZBYL Agnieszka	171		K40-49	00:00:29	00:15:15	00:25:56
19	MANISZEWSKA Dorota	547	OLZA CIESZYN	K40-49	00:00:32	00:15:26	00:26:05
20	KUBICA Edyta	891		K40-49	00:00:24	00:15:08	00:26:06
21	MALINOWSKA Małgorzata	111	POWOLI DO CELU	K40-49	00:00:35	00:15:33	00:26:06
22	POPEK Barbara	397	SOBIESKI6	K40-49	00:00:19	00:15:21	00:26:13
23	MYNARSKA Ligia	896	DALEKO JESZCZE?	K40-49	00:00:23	00:15:13	00:26:13
24	CHROBOK Józefa	532		K40-49	00:00:30	00:15:22	00:26:21
25	GENSTY Klaudia	639	DYSTANS LUBOMIA	K40-49	00:00:31	00:15:45	00:26:25
26	NIEMIEC Halina	141	KAJTEAM	K40-49	00:00:29	00:15:58	00:26:40
27	ROMANIUK-DEMONCHAUX Katarzyna	853	DRUŻYNA KOPERNIKA	K40-49	00:00:36	00:16:05	00:26:51
28	KRAUSE Sylwia	289	RADLINIOKI W BIEGU	K40-49	00:00:32	00:15:47	00:26:52
29	WERNIK Katarzyna	469	BESTFITCLUB RYBNIK	K40-49	00:00:32	00:15:45	00:26:52
30	CHOJCAN Beata	424	INŻYNIERIA BIEGANIA	K40-49	00:00:28	00:16:00	00:27:01

Msc	Zawodnik	Numer	Klub	Kategoria	Czas startu	Zawrotka_3km	Zawrotka_5km
						2.9km	5km
31	<b>SOBIERAJSKA Renata</b>	<b>575</b>	EKO-OKNA RUNNERS	K40-49	00:00:24	00:15:27	00:27:05
32	<b>PIECYK Adrianna</b>	<b>190</b>		K40-49	00:00:26	00:15:46	00:27:09
33	<b>SIEGMUND Jolanta</b>	<b>63</b>		K40-49	00:00:29	00:16:04	00:27:13
34	<b>SŁOTWIŃSKA Anna</b>	<b>177</b>		K40-49	00:00:28	00:16:03	00:27:15
35	<b>NALEWAJKA Wioleta</b>	<b>87</b>	KOBIETY NA 5+	K40-49	00:00:32	00:16:11	00:27:22
36	<b>KOLORZ-STYLOK Katarzyna</b>	<b>640</b>		K40-49	00:00:32	00:16:12	00:27:23
37	<b>FRYDECKA Mirosława</b>	<b>537</b>	AKADEMIA BIEGANIA W ŚWIERKLANACH	K40-49	00:00:35	00:16:12	00:27:34
38	<b>PYTEL Renata</b>	<b>440</b>		K40-49	00:00:07	00:16:10	00:27:42
39	<b>OSZCZĘDA Marzena</b>	<b>224</b>	ZARAZIĆ PASJĄ	K40-49	00:00:26	00:15:55	00:27:42
40	<b>BIELA Małgorzata</b>	<b>284</b>	KOBIETY NA 5+	K40-49	00:00:33	00:16:16	00:27:50
41	<b>HEJNA Izabela</b>	<b>466</b>	RADLINIOKI W BIEGU	K40-49	00:00:32	00:16:17	00:27:53
42	<b>FECZKO Lucyna</b>	<b>493</b>		K40-49	00:00:31	00:16:26	00:28:03
43	<b>KIEŁKOWSKA Agnieszka</b>	<b>217</b>		K40-49	00:00:43	00:16:43	00:28:06
44	<b>REK Katarzyna</b>	<b>540</b>	RADLINIOKI W BIEGU	K40-49	00:00:32	00:16:18	00:28:08
45	<b>BRZUSKA Katarzyna</b>	<b>120</b>	OLZA CIESZYN	K40-49	00:00:40	00:16:43	00:28:15
46	<b>BURZYŃSKA Beata</b>	<b>266</b>		K40-49	00:00:35	00:16:27	00:28:16
47	<b>ĆWIOK Barbara</b>	<b>546</b>	FIS-SST TEAM	K40-49	00:00:37	00:16:45	00:28:19
48	<b>KACZOREK Ania</b>	<b>386</b>	HRMAX ŻORY	K40-49	00:00:25	00:16:34	00:28:20
49	<b>WILSZ Ewa</b>	<b>481</b>	FIS-SST TEAM	K40-49	00:00:36	00:16:46	00:28:21
50	<b>BAJCAR Beata</b>	<b>184</b>	KOBIETY NA 5+	K40-49	00:00:34	00:16:39	00:28:24
51	<b>SOBCZYK Renata</b>	<b>625</b>	PASJONAT	K40-49	00:00:41	00:17:00	00:28:30
52	<b>GAŁKIEWICZ Monika</b>	<b>759</b>		K40-49	00:00:33	00:16:30	00:28:36
53	<b>DONOCIK Bogusława</b>	<b>508</b>	OLZA CIESZYN	K40-49	00:00:41	00:16:53	00:28:44
54	<b>ŻEBROWSKA Matylda</b>	<b>73</b>	MYSŁOWICKI KLUB BIEGACZA NO.I	K40-49	00:00:43	00:16:47	00:28:53
55	<b>MUSIOŁ Helena</b>	<b>88</b>		K40-49	00:00:29	00:16:35	00:28:55
56	<b>TYKIERKA Małgorzata</b>	<b>842</b>	TOXPRESS	K40-49	00:00:38	00:17:08	00:29:06
57	<b>BETAŃSKA Aneta</b>	<b>158</b>	KOBIETY NA 5+	K40-49	00:00:43	00:17:01	00:29:07
58	<b>WACŁAWIK Ewa</b>	<b>301</b>	FANTASTIC TEAM ANNA SIKORA	K40-49	00:00:39	00:17:08	00:29:12
59	<b>DOBRENIUK Aurelia</b>	<b>591</b>		K40-49	00:00:39	00:17:13	00:29:38
60	<b>GÓRNY Jola</b>	<b>460</b>		K40-49	00:00:31	00:17:21	00:29:55
61	<b>MIŚKOWIEC Agnieszka</b>	<b>41</b>		K40-49	00:00:39	00:17:10	00:29:59
62	<b>JURKIEWICZ-FILIKS Basia</b>	<b>652</b>		K40-49	00:00:47	00:17:59	00:29:59
63	<b>HOLONA Bożena</b>	<b>251</b>	NIEDŹWIEDŹ TEAM	K40-49	00:00:40	00:17:41	00:30:00
64	<b>CYLC Agnieszka</b>	<b>755</b>	YNO ULTRA	K40-49	00:00:00	00:17:38	00:30:02
65	<b>SZPYRA Sonia</b>	<b>68</b>		K40-49	00:00:28	00:17:33	00:30:02
66	<b>PŁASKA Barbara</b>	<b>202</b>	KOBIETY NA 5+	K40-49	00:00:42	00:17:35	00:30:02
67	<b>STOPYRA Agnieszka</b>	<b>124</b>		K40-49	00:00:43	00:17:46	00:30:09
68	<b>ŚWIERCZ Anna</b>	<b>478</b>		K40-49	00:00:42	00:17:48	00:30:11
69	<b>BOŹEK Dagmara</b>	<b>52</b>		K40-49	00:00:39	00:17:51	00:30:21
70	<b>PRZYŁUCKA Grażyna</b>	<b>638</b>	GRAMMI	K40-49	00:00:37	00:17:33	00:30:29
71	<b>SOBCZYK Gabriela</b>	<b>248</b>	RAFAKO RUN TEAM	K40-49	00:00:36	00:17:49	00:30:39
72	<b>MALINOWSKA Aneta</b>	<b>331</b>	OLZA CIESZYN	K40-49	00:00:46	00:18:37	00:30:54
73	<b>KASPRZYCKA-SZUBARSKA Katarzyna</b>	<b>567</b>	OLZA CIESZYN PARKRUN	K40-49	00:00:45	00:18:40	00:31:03
74	<b>ZAKRZEWSKA Barbara</b>	<b>683</b>		K40-49	00:00:35	00:18:02	00:31:15
75	<b>KUCZA-CHMIEL Kalina</b>	<b>518</b>		K40-49	00:00:39	00:18:14	00:31:17

Msc	Zawodnik	Numer	Klub	Kategoria	Czas startu	Zawrotka_3km 2.9km	Zawrotka_5km 5km
76	<b>KRZACZEK Aleksandra</b>	<b>389</b>	RADLINIOKI W BIEGU	K40-49	00:00:39	00:18:06	00:31:25
77	<b>ADAMUS Katarzyna</b>	<b>269</b>	OLZA CIESZYN	K40-49	00:00:45	00:18:40	00:31:34
78	<b>OSTROWSKA Izabela</b>	<b>314</b>	KOBIETY NA 5+	K40-49	00:00:41	00:18:28	00:31:35
79	<b>OLSZEWSKA Dorota</b>	<b>360</b>	KOBIETY NA 5+	K40-49	00:00:34	00:18:28	00:31:59
80	<b>ZIĘTARA Agata</b>	<b>347</b>		K40-49	00:00:40	00:19:15	00:32:55
81	<b>BARTNIK Joanna</b>	<b>176</b>	GALOPUJĄCE ŚLIMAKI	K40-49	00:00:42	00:19:30	00:33:00
82	<b>KLACZEK Anna</b>	<b>681</b>		K40-49	00:00:38	00:19:30	00:33:17
83	<b>KUBAS Alina</b>	<b>278</b>	KLUB BIEGACZA FARTLEK	K40-49	00:00:45	00:19:31	00:33:22
84	<b>POPE-ŚWIDZIKOWSKA Małgorzata</b>	<b>856</b>		K40-49	00:00:00	00:19:47	00:33:40
85	<b>ZALEWSKA Barbara</b>	<b>149</b>	KOBIETY NA 5+	K40-49	00:00:43	00:19:41	00:34:11
86	<b>HERZYK Beata</b>	<b>657</b>		K40-49	00:00:43	00:19:53	00:34:11
87	<b>SUCHY Mariola</b>	<b>692</b>		K40-49	00:00:44	00:20:21	00:34:23
88	<b>PASŁAWSKA Katarzyna</b>	<b>30</b>	KOBIETY NA 5 +	K40-49	00:00:31		

Znaleziono 88 wynik(ów)