

JASTRZĘBSKA DZIESIĄTKA

B4SPORT

Event: Jastrzębska Dziesiątka
Organiser: Miejski Ośrodek Sportu i Rekreacji Jastrzębie-Zdrój
Date: 2018-09-15
Place: Jastrzębie-Zdrój
Distance: 10 km

B4SPORT
 INTELIGENTNE ZAWODY SPORTOWE

Classification: M20-29

Split point: 7,3 km

Place	Participant	Number	Club	Category	Start time	Zawrotka_3km 2.9km	Zawrotka_5km 5km	Zawrotka_3km 7.3km
1	KOSGEI Mathew	2	BENEDEK-TEAM	M20-29	00:00:02	00:09:18	00:15:30	00:22:55
2	MRÓWKA Mateusz	4	KWK MARCEL/RADLINIOKI W BIEGU	M20-29	00:00:01	00:09:19	00:15:41	00:23:16
3	CIEPŁAK Marcin	3	CHEMIKA RYBNIK	M20-29	00:00:01	00:09:20	00:16:01	00:24:01
4	KASPRZAK Radosław	7	INŻYNIERIA BIEGANIA TEAM	M20-29	00:00:01	00:09:51	00:16:42	00:24:35
5	WŁOCH Andrzej	6	KB MOSIR JASTRZĘBIE	M20-29	00:00:01	00:09:51	00:16:50	00:25:02
6	KASTELIK Szymon	422	OLIMPIJCZYK GILOWICE	M20-29	00:00:03	00:11:09	00:19:21	00:28:50
7	WANTULOK Paweł	121		M20-29	00:00:07	00:11:33	00:19:38	00:28:57
8	JANUSZ Tomasz	604	SKAZANINASUKCES.PL	M20-29	00:00:09	00:11:45	00:19:57	00:29:12
8	ZYGMA Kordian	151		M20-29	00:00:09	00:11:46	00:19:57	00:29:14
10	KLYSZCZ Paweł	886	ZERO32 ARCHITEKCI	M20-29	00:00:05	00:11:36	00:19:49	00:29:17
11	KRETEK Łukasz	519	AKTYWNI LYSKI	M20-29	00:00:09	00:11:45	00:19:58	00:29:19
12	KOWAL Łukasz	770	FITNESS EXPRESS RYBNIK	M20-29	00:00:13	00:12:01	00:20:15	00:29:36
13	MASNY Michał	442		M20-29	00:00:12	00:11:47	00:20:11	00:29:58
14	URBAŃCZYK Marcin	51		M20-29	00:00:11	00:11:58	00:20:21	00:29:59
15	RAJWA Jan	309	BZIEGCZE	M20-29	00:00:06	00:11:41	00:20:08	00:30:06
16	MICHALIK Rafał	405	LACHO TEAM	M20-29	00:00:05	00:12:01	00:20:26	00:30:25
17	BEZUCH Paweł	881		M20-29	00:00:14	00:12:28	00:21:19	00:31:14
18	STEMPEL Grzegorz	667	1989	M20-29	00:00:12	00:12:18	00:21:16	00:31:47
19	NIEŚŁONY Dominik	908		M20-29	00:00:09	00:12:25	00:21:14	00:31:48
20	BUGDOL Zbigniew	459		M20-29	00:00:23	00:12:42	00:21:45	00:31:58
21	TOMCZYK Maurycy	29	ESKADRA KRAKÓW	M20-29	00:00:16	00:12:50	00:21:52	00:32:15
22	WYREMBELSKI Adam	169		M20-29	00:00:15	00:12:48	00:21:53	00:32:18
23	POHL Armin	581		M20-29	00:00:07	00:12:50	00:21:51	00:32:20
24	NIEDZIELKO Grzegorz	495	PRESSING BIKE-SYSTEM ICE-WENT TEAM	M20-29	00:00:09	00:12:24	00:21:28	00:32:20
25	ZGRZENDEK Patryk	726		M20-29	00:00:12	00:12:50	00:22:00	00:32:26
26	JANECKI Mateusz	216	BZIEGACZE	M20-29	00:00:16	00:12:46	00:21:44	00:32:26
27	BARAN Bartosz	766		M20-29	00:00:15	00:13:13	00:22:17	00:32:34
28	PLEWNIA Dawid	776		M20-29	00:00:18	00:12:58	00:22:05	00:32:50
29	ŁUSZCZYK Sergiusz	700		M20-29	00:00:21	00:13:25	00:22:32	00:33:04
30	TWARDZIK Kamil	238	KS M.E.T.A	M20-29	00:00:18	00:13:12	00:22:23	00:33:14

Place	Participant	Number	Club	Category	Start time	Zawrotka_3km	Zawrotka_5km	Zawrotka_3km
						2.9km	5km	7.3km
31	WIELOPOLSKI Łukasz	123		M20-29	00:00:16	00:13:25	00:22:51	00:33:47
32	POCZĄTEK Damian	132		M20-29	00:00:18	00:13:14	00:22:51	00:34:09
33	LUBSZCZYK Krystian	454	YNO ULTRA	M20-29	00:00:31	00:13:13	00:22:50	00:34:16
34	PISAREK Radek	234	WKURW_TEAM	M20-29	00:00:17	00:13:16	00:23:01	00:34:45
35	KAŻMIERCZAK Szymon	834		M20-29	00:00:21	00:13:51	00:23:42	00:34:45
36	RAJWA Stanisław	313	BZIEGACZE	M20-29	00:00:18	00:14:06	00:24:01	00:35:13
37	GÓRECKI Adam	614		M20-29	00:00:24	00:14:37	00:24:27	00:35:23
38	WYREMBELSKI Amadeusz	168		M20-29	00:00:16	00:13:23	00:23:40	00:35:56
39	JARZYNA Andrzej	477		M20-29	00:00:33	00:14:27	00:24:31	00:36:09
40	WASILEWSKI Mateusz	879	ZOFIOWKA	M20-29	00:00:13	00:13:42	00:24:22	00:36:14
41	FILUSZ Dawid	548		M20-29	00:00:26	00:14:35	00:24:39	00:36:14
42	LOT Michał	533		M20-29	00:00:25	00:14:38	00:24:50	00:36:22
43	MAJCHRZAK Dawid	745		M20-29	00:00:18	00:13:38	00:24:08	00:37:24
44	NOWAK Patryk	162	KLUB BIEGACZA FARTLEK	M20-29	00:00:28	00:14:47	00:25:11	00:37:32
45	PĘDZIK Błażej	143		M20-29	00:00:46	00:15:34	00:25:46	00:37:33
46	JASIŃSKI Kristof	865	WILD RUNERS	M20-29	00:00:28	00:15:23	00:26:08	00:38:22
47	PAJĄK Marcin	431		M20-29	00:00:30	00:14:57	00:25:24	00:38:35
48	MAKOWSKI Grzegorz	201		M20-29	00:00:34	00:15:13	00:26:01	00:38:56
49	DOMASZK Paweł	702		M20-29	00:00:34	00:15:53	00:26:42	00:38:58
50	KROCZEK Przemysław	829		M20-29	00:00:46	00:16:17	00:27:02	00:39:48
51	STRZAŁA Marek	551		M20-29	00:00:25	00:15:02	00:26:18	00:39:55
52	HUCHRO Tomasz	653	SZYBCY I WŚCIEKLI	M20-29	00:00:27	00:16:08	00:27:22	00:40:09
53	STEKLA Bartłomiej	610		M20-29	00:00:36	00:16:10	00:27:23	00:40:24
54	RYZ Dawid	545		M20-29	00:00:36	00:16:04	00:27:26	00:40:48
55	GRZESZCZUK Tomasz	529		M20-29	00:00:26	00:16:07	00:28:01	00:41:51
56	ŻAGIEL Wiktor	457		M20-29	00:00:33	00:16:12	00:27:29	00:42:00
57	WIDENKA Krystian	152	SYRYNIA	M20-29	00:00:43	00:16:26	00:28:22	00:42:39
58	IZDEBSKI Konrad	696		M20-29	00:00:51	00:17:11	00:29:05	00:42:51
59	ADAMIK Lukasz	825	KUCE Z BRONKSU	M20-29	00:00:39	00:17:48	00:30:11	00:43:59
60	POLOK Robert	661		M20-29	00:00:31	00:16:48	00:29:05	00:44:07
61	HAJSZ Robert	802		M20-29	00:00:38	00:17:49	00:30:13	00:44:34
62	SZABLA Mateusz	750		M20-29	00:00:42	00:17:06	00:29:05	00:44:37
63	GIŻYŃSKI Krystian	274		M20-29	00:00:46	00:16:52	00:29:52	00:45:39
64	SOBAŃSKI Mateusz	485		M20-29	00:00:47	00:19:50	00:33:11	00:48:20
65	MIERZYŃSKI Kamil	658		M20-29	00:00:04	00:24:11	00:42:32	01:03:28
66	ZADROGA Karol	721		M20-29	00:00:00			
67	RAJWA Roman	502	KB MOSIR JASTRZĘBIE	M20-29	00:00:02	00:10:17	00:17:44	
68	PŁOSKONKA Jan	794	UKS BRENNA-GÓRKI	M20-29	00:00:03	00:11:09	00:18:58	
69	KMITA Tomasz	851		M20-29	00:00:03	00:10:56	00:18:39	
70	KARDAS Arkadiusz	876	TS AKS CHORZÓW	M20-29	00:00:03	00:09:51	00:17:07	
71	MATUSZNY Marek	209	OLZA CIESZYN	M20-29	00:00:04	00:10:37	00:18:10	
72	KRZEMIEN Krzysztof	697		M20-29	00:00:04	00:10:43	00:18:10	
73	MROWIEC Kacper	822		M20-29	00:00:04	00:10:54	00:18:34	

Total 73 results.