



JASTRZĘBSKA DZIESIĄTKA

B4SPORT

Organizator:
Data:
Miejsce:
Dystans:

Miejski Ośrodek Sportu i Rekreacji Jastrzębie-Zdrój
2022-09-17
Jastrzębie-Zdrój
10 km

B4SPORT
INTELIGENTNE ZAWODY SPORTOWE

Klasyfikacja: Mistrzynie woj. śląskiego

Punkt pomiarowy: 5,0 km

| Msc | Zawodnik | Numer | Klub | Kategoria | Drużyna 1 | Czas startu | 2.9km | 5km |
|-----|----------------------------|-------|--------------------------------------|-----------|--------------------------|-------------|--------------|--------------|
| 1 | MICHALAK Sandra | 47 | TRENUN Z SANDRĄ | K30-39 | | 00:00:00 | 00:10:33 | 00:18:44 |
| 2 | MENDECKA-ZEJDLER Michalina | 42 | | K30-39 | | 00:00:01 | 00:10:56 | 00:19:04 |
| 3 | SUWAJ Aneta | 12 | ALPIN SPORT TEAM | K30-39 | | 00:00:01 | 00:11:11 | 00:19:35 |
| 4 | STUHLIK Magdalena | 41 | TRENUJ Z SANDRA / FIZJO SPORT SANDRA | K40-49 | | 00:00:01 | 00:11:11 | 00:19:43 |
| 5 | CHROMIK Julia | 189 | LKS POGÓRZE | K20-29 | | 00:00:02 | 00:11:22 | 00:20:01 |
| 6 | WYSŁUCH Iza | 127 | | K20-29 | | 00:00:02 | 00:11:38 | 00:20:48 |
| 7 | SIKORA Joanna | 113 | LKS POGÓRZE | K20-29 | | 00:00:01 | 00:11:43 | 00:20:49 |
| 8 | WARMIŃSKA Klaudia | 295 | INŻYNIERIA BIEGANIA/ TL „ROW” RYBNIK | K20-29 | Inżynieria biegania | 00:00:00 | 00:11:59 | 00:21:09 |
| 9 | WRONECKA Emilia | 115 | ALCHEMIA BIEGANIA | K30-39 | | 00:00:01 | 00:12:15 | 00:21:35 |
| | MORAWSKA Julia | 136 | | K20-29 | | DNF | 00:12:25 DNF | 00:22:40 DNF |
| 11 | MROWIEC Kinga | 223 | TL POGOŃ RUDA ŚLĄSKA | K20-29 | TL Pogoń Ruda Śląska | 00:00:02 | 00:12:52 | 00:22:41 |
| 12 | MAZUREK Anna | 197 | | K30-39 | | 00:00:04 | 00:13:05 | 00:23:06 |
| 13 | FANGOR-GRAB Agata | 194 | | K30-39 | | 00:00:03 | 00:13:12 | 00:23:08 |
| 14 | CZYŻ Marlena | 120 | UKS DIAMENT GODÓW | K16-19 | | 00:00:00 | 00:13:18 | 00:23:22 |
| 15 | TYMAN Karolina | 119 | UKS DIAMENT GODÓW | K16-19 | | 00:00:01 | 00:13:17 | 00:23:22 |
| 16 | PASŁAWSKA Katarzyna | 358 | KOBIETY NA 5 + | K40-49 | Kobiety na 5+ | 00:00:02 | 00:13:15 | 00:23:36 |
| 17 | WRÓBEL Katarzyna | 283 | | K30-39 | | 00:00:02 | 00:13:37 | 00:24:14 |
| 18 | PAWLOK Anna | 168 | TRIATHLON TRAINING CENTER | K30-39 | | 00:00:04 | 00:13:53 | 00:24:17 |
| 19 | POPEK Barbara | 215 | | K50-59 | Sobieski6 | 00:00:03 | 00:13:47 | 00:24:28 |
| 20 | NAWROT Aleksandra | 447 | BIEG Z CHRYSYUSEM! | K30-39 | | 00:00:03 | 00:14:07 | 00:24:39 |
| 21 | POŁOMSKA Edyta | 239 | POLOMSCY TEAM | K40-49 | POLOMSCY TEAM | 00:00:04 | 00:14:04 | 00:24:51 |
| 22 | HARAZIN Anna | 179 | 2 TM 4,7 | K30-39 | | 00:00:07 | 00:14:08 | 00:25:04 |
| 23 | GANCARCZYK Karolina | 506 | | K30-39 | | 00:00:03 | 00:14:16 | 00:25:28 |
| 24 | PIWISZKIS Barbara | 4 | STREET SPIRIT- TEAM NOWAK | K40-49 | Street Spirit-Team Nowak | 00:00:02 | 00:14:14 | 00:25:32 |
| 25 | PIWOŃSKA Ada | 556 | INTERAKTYWNI KROSTOSZOWICE | K40-49 | | 00:00:06 | 00:14:37 | 00:25:54 |
| 26 | LERCH Maria | 370 | AKTYWNIENI NAKRĘCENI | K30-39 | | 00:00:05 | 00:15:20 | 00:27:07 |
| 27 | JURKIEWICZ-FILIKS Basia | 532 | | K40-49 | | 00:00:09 | 00:16:12 | 00:28:13 |
| 28 | MIKOŁAJEC Paulina | 183 | | K20-29 | | 00:00:04 | 00:16:14 | 00:28:25 |
| 29 | GAŁKIEWICZ Monika | 390 | | K40-49 | | 00:00:08 | 00:16:01 | 00:28:31 |
| 30 | TARGOSZ Aneta | 552 | OLZA CIESZYN | K30-39 | Olza Cieszyn | 00:00:08 | 00:16:08 | 00:28:34 |
| 31 | BAJCAR Beata | 379 | KOBIETY NA 5+ | K50-59 | Kobiety na 5+ | 00:00:05 | 00:16:19 | 00:28:38 |
| 32 | KARBOWY Izabela | 195 | JEJKOWICE BIEGAJĄ | K30-39 | Jejkowice Biegają | 00:00:04 | 00:16:23 | 00:28:49 |

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|-----|---------------------------|------------|----------------------------|-----------|-----------------------|-------------|----------|----------|
| 33 | BRAŃKA Barbara | 555 | | K40-49 | | 00:00:08 | 00:16:27 | 00:28:58 |
| 34 | OSOWSKA Katarzyna | 451 | | K40-49 | | 00:00:05 | 00:16:20 | 00:29:15 |
| 35 | SOCHA Marlena | 528 | TL POGOŃ RUDA ŚLĄSKA | K40-49 | TL Pogoń Ruda Śląska | 00:00:06 | 00:16:37 | 00:29:19 |
| 36 | ZIĘTARA Agata | 460 | | K50-59 | | 00:00:10 | 00:16:52 | 00:29:49 |
| 37 | MARCZYŃSKA Izabela | 551 | BEACHVOLLEYBALL | K30-39 | | 00:00:05 | 00:17:13 | 00:30:23 |
| 38 | ŻYŁA Bogumiła | 553 | KLUB BIEGACZA RTV EURO AGD | K30-39 | | 00:00:09 | 00:17:38 | 00:30:29 |
| 39 | WYSOCKA Magdalena | 583 | | K40-49 | | 00:00:03 | 00:17:00 | 00:30:34 |
| 40 | KUBIK Aleksandra | 545 | - | K40-49 | | 00:00:05 | 00:17:27 | 00:31:01 |
| 41 | MALISZEWSKA Beata | 469 | | K30-39 | | 00:00:03 | 00:17:31 | 00:31:19 |
| 42 | BRYCHCY Estera | 389 | WATAHA-ŁĄCZY NAS BIEGANIE | K30-39 | | 00:00:06 | 00:17:24 | 00:32:03 |
| 43 | GŁÓWCZYK Izabella | 548 | | K40-49 | Kobiety na 5+ | 00:00:05 | 00:17:55 | 00:32:04 |
| 44 | NIEDZIOŁKO Bożena | 457 | KOBIETY NA 5+ | K50-59 | Kobiety na 5+ | 00:00:03 | 00:18:03 | 00:32:13 |
| 45 | WHITE Ashley | 357 | KLUB BIEGACZA FARTLEK | K40-49 | Klub Biegacza Fartlek | 00:00:09 | 00:18:14 | 00:32:13 |
| 46 | LISOWSKA Agnieszka | 434 | | K40-49 | | 00:00:05 | 00:18:11 | 00:32:28 |
| 47 | ZAGÓRSKA Beata | 569 | | K40-49 | Olza Cieszyn | 00:00:06 | 00:18:23 | 00:32:50 |
| 48 | ZIMNY Cecylia | 484 | SMAKI BIEGANIA | K40-49 | | 00:00:05 | 00:18:10 | 00:32:51 |
| 49 | GAŃKO Grażyna | 411 | | K60-69 | | 00:00:10 | 00:19:33 | 00:34:15 |
| 50 | ZALEWSKA Barbara | 464 | KOBIETY NA 5+ | K40-49 | Kobiety na 5+ | 00:00:04 | 00:20:54 | 00:36:59 |
| 51 | MYŚLIWIEC Barbara | 458 | KOBIETY NA 5+ | K20-29 | Kobiety na 5+ | 00:00:04 | 00:21:11 | 00:38:47 |

Znaleziono 51 wynik(ów)