



# JESIENNA MILA BIEGOWA 2017 - EDYCJA 3/3

B4SPORT

**Organizator:** Koszalińskie Towarzystwo Krzewienia Kultury  
Fizycznej  
**Data:** 2017-10-10  
**Miejsce:** Koszalin  
**Dystans:** 1.609 km



Klasyfikacja: Wszyscy

Msc	Zawodnik	Numer	Klub	Kategoria	Mkat	Czas netto 1.609km	Różn	Tempo min/km	Tempo km/h
1	KĘPKA Adrian	33		M-18	1	00:05:28.35		3:24	17.6 (100%)
2	SZKOŁUDA Miłosz	39	DECATHLON KOSZALIN	M-18	2	00:05:30.30	+00:00:01 (0.6%)	3:24	17.6 (100%)
3	CZAPLIŃSKI Jacek	23	FREE BIRDS	M-30	1	00:05:52.95	+00:00:24 (7.0%)	3:39	16.4 (93.2%)
4	SZULC Arek	55	ROZBIEGANY KOSZALIN	M-40	1	00:06:05.45	+00:00:37 (10.2%)	3:46	15.9 (90.3%)
5	ZWOLIŃSKI Jan	34	TKKF KOSZALIN	M-40	2	00:06:07.70	+00:00:39 (10.7%)	3:48	15.8 (89.8%)
5	CZERSKI Paweł	13		M-18	3	00:06:07.70	+00:00:39 (10.7%)	3:47	15.8 (89.8%)
7	ZUKAL Piotr	4		M-40	3	00:06:10.30	+00:00:41 (11.3%)	3:49	15.7 (89.2%)
8	LINOWIECKI Cezary	6		M-50	1	00:06:14.05	+00:00:45 (12.2%)	3:52	15.5 (88.1%)
9	MOSZYŃSKI Jacek	35	TKKF KOSZALIN	M-50	2	00:06:16.35	+00:00:48 (12.8%)	3:53	15.4 (87.5%)
10	ŻYWICKI Bartosz	7	DZIKI KOSZALIN	M-30	2	00:06:18.35	+00:00:50 (13.2%)	3:55	15.3 (86.9%)
11	WEBER Paweł	60		M-30	3	00:06:19.80	+00:00:51 (13.5%)	3:55	15.3 (86.9%)
12	IWANIEC Dariusz	57	TKKF KOSZALIN	M-40	4	00:06:24.20	+00:00:55 (14.5%)	3:59	15.1 (85.8%)
13	RUTKOWSKI Artur	29	RUTKOWSKI TEAM	M-18	4	00:06:26.35	+00:00:58 (15.0%)	4:00	15 (85.2%)
14	KONKEL Aga	27		K-30	1	00:06:27.15	+00:00:58 (15.2%)	4:00	15 (85.2%)
15	STACHOWIAK Gracjan	3		M-Dzieci	1	00:06:36.00	+00:01:07 (17.1%)	4:05	14.6 (83.0%)
16	RADZIMSKI Marcel	1	GIMNAZJUM W BIESIEKIERZU	M-13	1	00:06:53.95	+00:01:25 (20.7%)	4:17	14 (79.5%)
17	KAMYK Piotr	37	WWW.MH-INFORMATYKA.PL SERWIS IT	M-30	4	00:06:54.55	+00:01:26 (20.8%)	4:17	14 (79.5%)
18	KONKEL Łukasz	25		M-30	5	00:06:58.45	+00:01:30 (21.5%)	4:20	13.8 (78.4%)
19	DĄBROWSKA Alicja	21	TKKF KOSZALIN	K-50	1	00:06:59.90	+00:01:31 (21.8%)	4:20	13.8 (78.4%)
20	MICERSKI Tomasz	49		M-40	5	00:06:59.95	+00:01:31 (21.8%)	4:20	13.8 (78.4%)
21	CHODOR Izabela	24	TKKF KOSZALIN	K-30	2	00:07:08.00	+00:01:39 (23.3%)	4:25	13.5 (76.7%)
22	CHODOR Martyna	50	TKKF KOSZALIN	K-30	3	00:07:09.00	+00:01:40 (23.5%)	4:26	13.5 (76.7%)
23	BASSEL Marcin	30		M-30	6	00:07:10.80	+00:01:42 (23.8%)	4:27	13.4 (76.1%)
24	KRUPIŃSKI Krzysztof	36	E-UROLOG.EU	M-50	3	00:07:12.05	+00:01:43 (24.0%)	4:28	13.4 (76.1%)
25	WAWRZYN Grzegorz	44		M-40	6	00:07:14.45	+00:01:46 (24.4%)	4:29	13.4 (76.1%)
26	SZABLA Ewelina	16	TKKF KOSZALIN	K-30	4	00:07:22.10	+00:01:53 (25.7%)	4:34	13.1 (74.4%)
27	MĘDEL Marta	53	TKKF KOSZALIN	K-40	1	00:07:26.20	+00:01:57 (26.4%)	4:37	13 (73.9%)

Msc	Zawodnik	Numer	Klub	Kategoria	Mkat	Czas netto		Tempo min/km	Tempo km/h
						1.609km	Różn		
28	<b>GAWIECKI Piotr</b>	<b>32</b>	ROZBIEGANY KOSZALIN	M-40	7	<b>00:07:26.75</b>	+00:01:58 (26.5%)	4:37	13 (73.9%)
29	<b>KULCZYK Katarzyna</b>	<b>47</b>		K-30	5	<b>00:07:33.10</b>	+00:02:04 (27.5%)	4:41	12.8 (72.7%)
30	<b>KRZEWIŃSKA Małgorzata</b>	<b>54</b>	TKKF KOSZALIN	K-50	2	<b>00:07:34.00</b>	+00:02:05 (27.7%)	4:41	12.8 (72.7%)
31	<b>OSOBNIAK Ryszard</b>	<b>19</b>		M-60	1	<b>00:07:36.10</b>	+00:02:07 (28.0%)	4:43	12.7 (72.2%)
32	<b>SEEWALD Jan</b>	<b>12</b>		M-40	8	<b>00:07:36.90</b>	+00:02:08 (28.1%)	4:43	12.7 (72.2%)
33	<b>GOLEC Anna</b>	<b>22</b>		K-40	2	<b>00:07:41.95</b>	+00:02:13 (28.9%)	4:46	12.5 (71.0%)
34	<b>KURŁOWICZ Krzysztof</b>	<b>28</b>		M-30	7	<b>00:08:03.00</b>	+00:02:34 (32.0%)	5:00	12 (68.2%)
35	<b>KOZŁOWIECKI Waldemar</b>	<b>2</b>	TKKF KOSZALIN	M-60	2	<b>00:08:04.50</b>	+00:02:36 (32.2%)	5:00	12 (68.2%)
36	<b>JAŻWIŃSKI Dominik</b>	<b>9</b>		M-13	2	<b>00:08:05.65</b>	+00:02:37 (32.4%)	5:01	11.9 (67.6%)
37	<b>MĘDEL Cezary</b>	<b>8</b>		M-40	9	<b>00:08:07.40</b>	+00:02:39 (32.6%)	5:03	11.9 (67.6%)
38	<b>KUPREWICZ Grzegorz</b>	<b>15</b>	TKKF KOSZALIN	M-30	8	<b>00:08:12.15</b>	+00:02:43 (33.3%)	5:06	11.8 (67.0%)
39	<b>MAZUREK Barbara</b>	<b>59</b>	BABECZKI KOSZALIN	K-30	6	<b>00:08:16.10</b>	+00:02:47 (33.8%)	5:08	11.7 (66.5%)
40	<b>MICERSKI Damian</b>	<b>48</b>		M-13	3	<b>00:08:51.10</b>	+00:03:22 (38.2%)	5:29	10.9 (61.9%)
41	<b>KOSZOWSKI Krystian</b>	<b>38</b>		M-30	9	<b>00:09:00.05</b>	+00:03:31 (39.2%)	5:35	10.7 (60.8%)
42	<b>VON BARDELEBEN Agnieszka</b>	<b>26</b>	BABECZKI KOSZALIN	K-40	3	<b>00:09:03.80</b>	+00:03:35 (39.6%)	5:37	10.7 (60.8%)
43	<b>SEEWALD Agnieszka</b>	<b>18</b>	ZAKWAS	K-30	7	<b>00:09:10.40</b>	+00:03:42 (40.3%)	5:41	10.5 (59.7%)
44	<b>SEEWALD Julia</b>	<b>20</b>		K-Dzieci	1	<b>00:09:10.60</b>	+00:03:42 (40.4%)	5:41	10.5 (59.7%)
45	<b>ZUKAL Jakub</b>	<b>5</b>		M-Dzieci	2	<b>00:09:13.30</b>	+00:03:44 (40.7%)	5:43	10.5 (59.7%)
46	<b>CICHOSZ Jerzy</b>	<b>11</b>	BEZ	M-70	1	<b>00:09:14.95</b>	+00:03:46 (40.8%)	5:44	10.4 (59.1%)
47	<b>KURCZ Barbara</b>	<b>40</b>	BABECZKI KOSZALIN	K-40	4	<b>00:09:20.30</b>	+00:03:51 (41.4%)	5:47	10.4 (59.1%)
48	<b>HELLER Zdzisław</b>	<b>17</b>		M-60	3	<b>00:09:24.05</b>	+00:03:55 (41.8%)	5:50	10.3 (58.5%)
49	<b>GAWIECKA Mariola</b>	<b>31</b>	ROZBIEGANY KOSZALIN	K-40	5	<b>00:09:29.05</b>	+00:04:00 (42.3%)	5:53	10.2 (58.0%)
50	<b>MICERSKI Kacper</b>	<b>43</b>		M-Dzieci	3	<b>00:09:42.30</b>	+00:04:13 (43.6%)	6:02	9.9 (56.3%)
51	<b>ZUKAL Aleksandra</b>	<b>10</b>		K-40	6	<b>00:09:50.60</b>	+00:04:22 (44.4%)	6:07	9.8 (55.7%)
52	<b>MAZUREK Hanna</b>	<b>56</b>	BABECZKI KOSZALIN	K-13	1	<b>00:13:52.10</b>	+00:08:23 (60.5%)	8:37	7 (39.8%)
53	<b>BAKOWSKA Agata</b>	<b>51</b>	BABECZKI KOSZALIN / PRZEDSZKOLE NR 22	K-Dzieci	2	<b>00:14:36.00</b>	+00:09:07 (62.5%)	9:04	6.6 (37.5%)
54	<b>WOJTKIEWICZ-BAKOWSKA Dorota</b>	<b>58</b>	BABECZKI KOSZALIN	K-30	8	<b>00:14:37.00</b>	+00:09:08 (62.6%)	9:04	6.6 (37.5%)
55	<b>BARTNIK Marian</b>	<b>14</b>	TKKF KOSZALIN	M-70	2	<b>00:15:17.15</b>	+00:09:48 (64.2%)	9:30	6.3 (35.8%)

Znaleziono 55 wynik(ów)