

JUMP AND RUN - JUNIOR

B4SPORT
INTELIGENTNE ZAWODY SPORTOWE

Event: JUMP & RUN
Organiser: Akademia Rozrywki Iwona Sierotko
Date: 2022-10-02
Place: Juszkowo
Distance: 2 km



Classification: K/M 10/14

Place	Participant	Number	Club	Category	MCat	Net time 2km	Gap	Pace min/km	Pace km/h
1	ZABOROWSKI Dawid	178		K/M 10/14	1	00:06:36.55		3:18	18.2 (100%)
2	REGLIŃSKI Kajetan	155		K/M 10/14	2	00:06:48.60	+00:00:12 (2.9%)	3:24	17.6 (96.7%)
3	RYSZKOWSKI Wojciech	184		K/M 10/14	3	00:06:50.75	+00:00:14 (3.5%)	3:25	17.6 (96.7%)
4	KVIATKIVSKYI Illia	72		K/M 10/14	4	00:07:09.60	+00:00:33 (7.7%)	3:34	16.8 (92.3%)
5	CHOJECKI Kamil	31		K/M 10/14	5	00:07:24.70	+00:00:48 (10.8%)	3:42	16.2 (89.0%)
6	KUŹMIŃSKI Julian	71		K/M 10/14	6	00:07:34.00	+00:00:57 (12.7%)	3:47	15.9 (87.4%)
7	SULEWSKA Patrycja	171		K/M 10/14	7	00:07:36.90	+00:01:00 (13.2%)	3:48	15.8 (86.8%)
8	ADAMCZYK Dorian	21		K/M 10/14	8	00:07:39.85	+00:01:03 (13.8%)	3:49	15.7 (86.3%)
9	DIAKUN Zosia	38		K/M 10/14	9	00:07:39.95	+00:01:03 (13.8%)	3:49	15.7 (86.3%)
10	MIŁOŚ Karol	86		K/M 10/14	10	00:07:43.85	+00:01:07 (14.5%)	3:51	15.6 (85.7%)
11	NOWACZYŃSKI Jan	192		K/M 10/14	11	00:07:45.25	+00:01:08 (14.8%)	3:52	15.5 (85.2%)
12	ŚCIBIORSKA Maja	111		K/M 10/14	12	00:07:45.50	+00:01:08 (14.8%)	3:52	15.5 (85.2%)
13	SULEWSKA Klaudia	105		K/M 10/14	13	00:07:57.40	+00:01:20 (16.9%)	3:58	15.1 (83.0%)
14	KWAŚNIK Aleksandra	198		K/M 10/14	14	00:08:05.25	+00:01:28 (18.3%)	4:02	14.8 (81.3%)
15	SZABŁOWSKI Grzegorz	172		K/M 10/14	15	00:08:06.95	+00:01:30 (18.6%)	4:03	14.8 (81.3%)
16	SZMIGINA Daniel	199		K/M 10/14	16	00:08:07.35	+00:01:30 (18.6%)	4:03	14.8 (81.3%)
17	RZEDZICKI Hubert	102		K/M 10/14	17	00:08:09.80	+00:01:33 (19.0%)	4:04	14.7 (80.8%)
18	MALINOWSKI Gabriel	77		K/M 10/14	18	00:08:10.55	+00:01:34 (19.2%)	4:05	14.7 (80.8%)
19	ANTONOWICZ Miłosz	165		K/M 10/14	19	00:08:30.15	+00:01:53 (22.3%)	4:15	14.1 (77.5%)
20	GŁOWACKA Anna	44		K/M 10/14	20	00:08:38.85	+00:02:02 (23.6%)	4:19	13.9 (76.4%)
21	SZAMOTULSKI Oskar	179		K/M 10/14	21	00:08:49.45	+00:02:12 (25.1%)	4:24	13.6 (74.7%)
22	MYSZKOWSKA Aleksandra	87		K/M 10/14	22	00:08:56.90	+00:02:20 (26.1%)	4:28	13.4 (73.6%)
23	SZYMAŃSKI Wit	110		K/M 10/14	23	00:09:09.80	+00:02:33 (27.9%)	4:34	13.1 (72.0%)
24	HURTAK Zofia	50		K/M 10/14	24	00:09:10.65	+00:02:34 (28.0%)	4:35	13.1 (72.0%)
25	GRABOWSKA Julia	47		K/M 10/14	25	00:09:16.55	+00:02:40 (28.7%)	4:38	12.9 (70.9%)
26	SZABŁOWSKA Gabriela	107		K/M 10/14	26	00:09:16.75	+00:02:40 (28.8%)	4:38	12.9 (70.9%)

						Net time 2km		Pace min/km	Pace km/h
Place	Participant	Number	Club	Category	MCat		Gap		
27	BORK Maja	29		K/M 10/14	27	00:09:17.60	+00:02:41 (28.9%)	4:38	12.9 (70.9%)
28	KRUK Aleksander	63		K/M 10/14	28	00:09:18.60	+00:02:42 (29.0%)	4:39	12.9 (70.9%)
29	GORNOWICZ Miłosz	45		K/M 10/14	29	00:09:46.70	+00:03:10 (32.4%)	4:53	12.3 (67.6%)
30	WALESIAK Natalia	168		K/M 10/14	30	00:09:49.75	+00:03:13 (32.8%)	4:54	12.2 (67.0%)
31	HETNEROWSKA Marta	48		K/M 10/14	31	00:10:06.65	+00:03:30 (34.6%)	5:03	11.9 (65.4%)
32	CHRZĄSZCZ Igor	162		K/M 10/14	32	00:10:08.15	+00:03:31 (34.8%)	5:04	11.8 (64.8%)
33	MATERA Mateusz	81		K/M 10/14	33	00:10:10.25	+00:03:33 (35.0%)	5:05	11.8 (64.8%)
34	SURMAN Jan	56		K/M 10/14	34	00:10:10.85	+00:03:34 (35.1%)	5:05	11.8 (64.8%)
35	KRUK Iga	163		K/M 10/14	35	00:10:15.40	+00:03:38 (35.6%)	5:07	11.7 (64.3%)
36	ANTONOWICZ Mikołaj	25		K/M 10/14	36	00:10:19.25	+00:03:42 (36.0%)	5:09	11.6 (63.7%)
37	KULESZA Mia	67		K/M 10/14	37	00:10:19.50	+00:03:42 (36.0%)	5:09	11.6 (63.7%)
38	SULIKOWSKI Konrad	66		K/M 10/14	38	00:10:21.50	+00:03:44 (36.2%)	5:10	11.6 (63.7%)
39	LASKOWSKI Nikodem	74		K/M 10/14	39	00:10:21.85	+00:03:45 (36.2%)	5:10	11.6 (63.7%)
40	MEJKA Liwia	82		K/M 10/14	40	00:10:38.30	+00:04:01 (37.9%)	5:19	11.3 (62.1%)
41	MOROWIEC Dominik	176		K/M 10/14	41	00:10:50.15	+00:04:13 (39.0%)	5:25	11.1 (61.0%)
42	GAWRYLCZYK Nina	42		K/M 10/14	42	00:10:51.50	+00:04:14 (39.1%)	5:25	11.1 (61.0%)
43	KURKOWSKA Lena	69		K/M 10/14	43	00:10:53.95	+00:04:17 (39.4%)	5:26	11 (60.4%)
44	PŁOSZKIEWICZ Małgorzata	93		K/M 10/14	44	00:11:02.45	+00:04:25 (40.1%)	5:31	10.9 (59.9%)
45	RUDOMINA Zofia	99		K/M 10/14	45	00:11:06.10	+00:04:29 (40.5%)	5:33	10.8 (59.3%)
46	SALUK Daria	104		K/M 10/14	46	00:11:06.15	+00:04:29 (40.5%)	5:33	10.8 (59.3%)
47	JANICKI Jakub	181		K/M 10/14	47	00:11:06.65	+00:04:30 (40.5%)	5:33	10.8 (59.3%)
48	ZABOROWSKA Magda	120		K/M 10/14	48	00:11:09.90	+00:04:33 (40.8%)	5:34	10.8 (59.3%)
49	LORANTY Lena	159		K/M 10/14	49	00:11:12.60	+00:04:36 (41.0%)	5:36	10.7 (58.8%)
50	KONKOL Rita	58		K/M 10/14	50	00:11:26.60	+00:04:50 (42.2%)	5:43	10.5 (57.7%)
51	DZWONIARSKA Zuzanna	39		K/M 10/14	51	00:11:27.55	+00:04:51 (42.3%)	5:43	10.5 (57.7%)
52	KWAŚNIK Małgorzata	73		K/M 10/14	52	00:11:43.75	+00:05:07 (43.7%)	5:51	10.2 (56.0%)
53	JANICKI Miłosz	180		K/M 10/14	53	00:11:43.95	+00:05:07 (43.7%)	5:51	10.2 (56.0%)
54	CHEDA Lena	30		K/M 10/14	54	00:11:59.25	+00:05:22 (44.9%)	5:59	10 (54.9%)
55	KRUK Miłosz	64		K/M 10/14	55	00:12:10.70	+00:05:34 (45.7%)	6:05	9.9 (54.4%)
56	CHRZĄSZCZ Maria	32		K/M 10/14	56	00:12:25.15	+00:05:48 (46.8%)	6:12	9.7 (53.3%)
57	WYCINA Agnieszka	164		K/M 10/14	57	00:12:46.60	+00:06:10 (48.3%)	6:23	9.4 (51.6%)
58	MASTERNAK Kamila	79		K/M 10/14	58	00:13:05.90	+00:06:29 (49.5%)	6:32	9.2 (50.5%)
59	RUTKOWSKA Zuzanna	169		K/M 10/14	59	00:13:12.05	+00:06:35 (49.9%)	6:36	9.1 (50.0%)
60	KOWALEWSKA Helena	61		K/M 10/14	60	00:13:34.35	+00:06:57 (51.3%)	6:47	8.8 (48.4%)
61	LEUSZ Alicja	174		K/M 10/14	61	00:13:38.90	+00:07:02 (51.6%)	6:49	8.8 (48.4%)
62	LORANTY Inga	75		K/M 10/14	62	00:13:51.65	+00:07:15 (52.3%)	6:55	8.7 (47.8%)
63	SULIF Magdalena	160		K/M 10/14	63	00:14:21.50	+00:07:44 (54.0%)	7:10	8.4 (46.2%)
64	LEWANDOWSKA Nadia	158		K/M 10/14	64	00:15:05.20	+00:08:28 (56.2%)	7:32	8 (44.0%)
65	PAWLAK Eliza	177		K/M 10/14	65	00:15:28.65	+00:08:52 (57.3%)	7:44	7.8 (42.9%)
66	SURMAN Aleksander	156		K/M 10/14	66	00:16:06.95	+00:09:30 (59.0%)	8:03	7.5 (41.2%)
67	SULIF Hanna	161		K/M 10/14	67	00:32:42.45	+00:26:05 (79.8%)	16:21	3.7 (20.3%)