

JUMP AND RUN - JUNIOR

B4SPORT
INTELIGENTNE ZAWODY SPORTOWE

Event: JUMP & RUN
Organiser: Akademia Rozrywki Iwona Sierotko
Date: 2022-10-02
Place: Juszkowo
Distance: 2 km



Classification: K/M 6/9

Place	Participant	Number	Club	Category	MCat	Net time 2km	Gap	Pace min/km	Pace km/h
1	HIRSZ Filip	49		K/M 6/9	1	00:06:47.25		3:23	17.7 (100%)
2	MŁOŚ Iza	85		K/M 6/9	2	00:07:11.10	+00:00:23 (5.5%)	3:35	16.7 (94.4%)
3	WALESIAK Jan	115		K/M 6/9	3	00:07:35.40	+00:00:48 (10.6%)	3:47	15.8 (89.3%)
4	MICHALAK Hubert	83		K/M 6/9	4	00:08:00.35	+00:01:13 (15.2%)	4:00	15 (84.7%)
5	NIEWĘGŁOWSKI Sasza	191		K/M 6/9	5	00:08:22.15	+00:01:34 (18.9%)	4:11	14.3 (80.8%)
6	AHARKOV Anton	22		K/M 6/9	6	00:08:30.80	+00:01:43 (20.3%)	4:15	14.1 (79.7%)
7	MITOŚ Michał	167		K/M 6/9	7	00:08:31.80	+00:01:44 (20.4%)	4:15	14.1 (79.7%)
8	KOZIKOWSKI Dominik	62		K/M 6/9	8	00:08:35.55	+00:01:48 (21.0%)	4:17	14 (79.1%)
9	SURMAN Andrzej	157		K/M 6/9	9	00:08:49.00	+00:02:01 (23.0%)	4:24	13.6 (76.8%)
10	WIETEK Maciej	119		K/M 6/9	10	00:08:54.95	+00:02:07 (23.9%)	4:27	13.5 (76.3%)
11	DIAKUN Hanna	37		K/M 6/9	11	00:09:01.30	+00:02:14 (24.8%)	4:30	13.3 (75.1%)
12	SZARMACH Leon	36		K/M 6/9	12	00:09:03.15	+00:02:15 (25.0%)	4:31	13.3 (75.1%)
13	WĄSOWICZ Hania	116		K/M 6/9	13	00:09:03.80	+00:02:16 (25.1%)	4:31	13.3 (75.1%)
14	ZAKRZEWSKI Aaron	95		K/M 6/9	14	00:09:06.05	+00:02:18 (25.4%)	4:33	13.2 (74.6%)
15	ŁATYSZEW Alan	76		K/M 6/9	15	00:09:10.50	+00:02:23 (26.0%)	4:35	13.1 (74.0%)
16	SALUK Igor	103		K/M 6/9	16	00:09:11.90	+00:02:24 (26.2%)	4:35	13.1 (74.0%)
17	MATERA Julia	80		K/M 6/9	17	00:09:11.95	+00:02:24 (26.2%)	4:35	13.1 (74.0%)
18	JAROSZ Stanisław	52		K/M 6/9	18	00:09:15.85	+00:02:28 (26.7%)	4:37	13 (73.4%)
19	FIGURSKA Nina	182		K/M 6/9	19	00:09:21.55	+00:02:34 (27.5%)	4:40	12.8 (72.3%)
20	SZAMOTULSKI Tomasz	108		K/M 6/9	20	00:09:22.50	+00:02:35 (27.6%)	4:41	12.8 (72.3%)
21	OMELCHAK Artem	89		K/M 6/9	21	00:09:26.80	+00:02:39 (28.1%)	4:43	12.7 (71.8%)
22	BAK Adam	28		K/M 6/9	22	00:09:29.65	+00:02:42 (28.5%)	4:44	12.7 (71.8%)
23	KOWALEWSKA Liliana	60		K/M 6/9	23	00:09:33.20	+00:02:45 (29.0%)	4:46	12.6 (71.2%)
24	WALESIAK Ola	114		K/M 6/9	24	00:09:35.75	+00:02:48 (29.3%)	4:47	12.5 (70.6%)
25	IWASIUK Emilia	51		K/M 6/9	25	00:09:46.55	+00:02:59 (30.6%)	4:53	12.3 (69.5%)
26	KUDELA Bogusław	65		K/M 6/9	26	00:09:54.15	+00:03:06 (31.5%)	4:57	12.1 (68.4%)

						Net time 2km		Pace min/km	Pace km/h
Place	Participant	Number	Club	Category	MCat		Gap		
27	KASZUBOWSKA Alicja	55		K/M 6/9	27	00:10:04.20	+00:03:16 (32.6%)	5:02	11.9 (67.2%)
28	KUŹMIŃSKI Milan	70		K/M 6/9	28	00:10:12.85	+00:03:25 (33.5%)	5:06	11.8 (66.7%)
29	KROPISZ Franciszek	84		K/M 6/9	29	00:10:13.60	+00:03:26 (33.6%)	5:06	11.7 (66.1%)
30	DANCEWICZ Amelka	35		K/M 6/9	30	00:10:14.00	+00:03:26 (33.7%)	5:07	11.7 (66.1%)
31	WERESZCZYNSKA Blanka	117		K/M 6/9	31	00:10:15.50	+00:03:28 (33.8%)	5:07	11.7 (66.1%)
32	KOSTRZEWA Gabriel	59		K/M 6/9	32	00:10:35.20	+00:03:47 (35.9%)	5:17	11.3 (63.8%)
33	AHARKOV Matrii	23		K/M 6/9	33	00:10:36.75	+00:03:49 (36.0%)	5:18	11.3 (63.8%)
34	KURKOWSKA Nina	68		K/M 6/9	34	00:10:47.75	+00:04:00 (37.1%)	5:23	11.1 (62.7%)
35	PYTEL Przemysław	96		K/M 6/9	35	00:10:51.60	+00:04:04 (37.5%)	5:25	11.1 (62.7%)
36	PAWŁOWSKI Stanisław	91		K/M 6/9	36	00:11:03.85	+00:04:16 (38.7%)	5:31	10.9 (61.6%)
37	BADOWSKI Maksymilan	26		K/M 6/9	37	00:11:19.75	+00:04:32 (40.1%)	5:39	10.6 (59.9%)
38	RZEDZICKI Jan	101		K/M 6/9	38	00:11:30.15	+00:04:42 (41.0%)	5:45	10.4 (58.8%)
39	GRABOWSKA Lena	46		K/M 6/9	39	00:11:35.75	+00:04:48 (41.5%)	5:47	10.4 (58.8%)
40	BALICKI Ignacy	166		K/M 6/9	40	00:11:40.45	+00:04:53 (41.9%)	5:50	10.3 (58.2%)
41	WĄSOWICZ Antonina	190		K/M 6/9	41	00:11:42.25	+00:04:55 (42.0%)	5:51	10.3 (58.2%)
42	PŁOSZKIEWICZ Mateusz	92		K/M 6/9	42	00:11:44.95	+00:04:57 (42.2%)	5:52	10.2 (57.6%)
43	LESZCZYŃSKI Antoni	53		K/M 6/9	43	00:11:47.45	+00:05:00 (42.4%)	5:53	10.2 (57.6%)
44	GARCZEWSKA Anna	41		K/M 6/9	44	00:11:51.00	+00:05:03 (42.7%)	5:55	10.1 (57.1%)
45	FIGURSKA Nela	183		K/M 6/9	45	00:12:16.05	+00:05:28 (44.7%)	6:08	9.8 (55.4%)
46	ANTONOWICZ Miła	24		K/M 6/9	46	00:12:34.80	+00:05:47 (46.0%)	6:17	9.5 (53.7%)
47	ULANICKI Paweł	185		K/M 6/9	47	00:13:05.15	+00:06:17 (48.1%)	6:32	9.2 (52.0%)
48	NOWAKOWSKA Tola	193		K/M 6/9	48	00:13:09.10	+00:06:21 (48.4%)	6:34	9.1 (51.4%)
49	CIELOCH Kinga	33		K/M 6/9	49	00:13:15.05	+00:06:27 (48.8%)	6:37	9.1 (51.4%)
50	ROSKAL Amelia	98		K/M 6/9	50	00:13:18.35	+00:06:31 (49.0%)	6:39	9 (50.8%)
51	LENARCZYK Weronika	43		K/M 6/9	51	00:13:49.55	+00:07:02 (50.9%)	6:54	8.7 (49.2%)
52	BUGAJ Wiktoria	88		K/M 6/9	52	00:14:03.40	+00:07:16 (51.7%)	7:01	8.5 (48.0%)
53	LEWANDOWSKA Tatiana	112		K/M 6/9	53	00:15:05.05	+00:08:17 (55.0%)	7:32	8 (45.2%)
54	KORNATOWICZ Natalia	94		K/M 6/9	54	00:15:47.25	+00:09:00 (57.0%)	7:53	7.6 (42.9%)
55	NITEK Gniewomir	187		K/M 6/9	55	00:16:06.00	+00:09:18 (57.8%)	8:03	7.5 (42.4%)
56	NITEK Michalina	186		K/M 6/9	56	00:16:07.90	+00:09:20 (57.9%)	8:03	7.4 (41.8%)
57	ULANICKI Piotr	113		K/M 6/9	57	00:18:13.65	+00:11:26 (62.8%)	9:06	6.6 (37.3%)
58	ROGALEWSKI Witold	97		K/M 6/9	58	00:18:16.70	+00:11:29 (62.9%)	9:08	6.6 (37.3%)
59	WERESZCZYNSKI Jan	118		K/M 6/9	59	00:33:30.45	+00:26:43 (79.7%)	16:45	3.6 (20.3%)
60	DARIANYCZ Mikołaj	173		K/M 6/9	60	00:39:08.85	+00:32:21 (82.7%)	19:34	3.1 (17.5%)

Total 60 results.