

JUMP RUN - CLASSIC

B4SPORT
INTELEGENE ZAWODY SPORTOWE

Wydarzenie: JUMP RUN
Organizator: Jump Run
Data: 2023-05-21
Miejsce: Poznań
Dystans: 5 km



Klasyfikacja: Wszyscy

Msc	Zawodnik	Numer	Klub	Kategoria	Mkat	Czas startu	Czas netto 5km	Czas brutto 5km	Różn	Tempo min/km	Tempo km/h
1	KUJAWA Zbigniew	51	TKKF KOLEJARZ BYDGOSZCZ	OPEN-M	1	00:00:08	00:22:20.95	00:22:29.45		4:28	13.4
2	SERAFIN Kamil	389		OPEN-M	2	00:00:55	00:26:25.15	00:27:20.60	+00:04:04	5:17	11.4
3	GÓRNIAK Piotr	28		OPEN-M	3	00:31:49	00:26:53.15	00:58:42.65	+00:04:32	5:22	11.2
4	KOWALSKI Kamil	47		OPEN-M	4	00:03:40	00:27:21.25	00:31:01.90	+00:05:00	5:28	11
5	CIESIELSKI Mateusz	13		OPEN-M	5	00:00:55	00:27:22.40	00:28:18.10	+00:05:01	5:28	11
6	KOWALSKI Krystian	48		OPEN-M	6	00:03:40	00:28:29.50	00:32:10.10	+00:06:08	5:41	10.5
7	SZCZYGIEŁ Daniel	402		OPEN-M	7	00:00:08	00:28:53.85	00:29:02.50	+00:06:32	5:46	10.4
8	KRZYMIENIEWSKI Jan	49		OPEN-M	8	00:01:44	00:29:38.35	00:31:22.70	+00:07:17	5:55	10.1
9	STRÓŻYNA Mariusz	397		OPEN-M	9	00:00:55	00:29:46.20	00:30:41.60	+00:07:25	5:57	10.1
10	BIEDALAK Krzysztof	6		OPEN-M	10	00:02:41	00:30:57.15	00:33:38.20	+00:08:36	6:11	9.7
11	DĄBEK Tomasz	16		OPEN-M	11	00:00:08	00:30:59.25	00:31:07.55	+00:08:38	6:11	9.7
12	BURCHARDT Karol	127		OPEN-M	12	00:00:55	00:31:26.75	00:32:22.00	+00:09:05	6:17	9.5
13	MAZEPA Izabela	67		OPEN-K	1	00:02:40	00:31:30.25	00:34:11.20	+00:09:09	6:18	9.5
14	LEWANDOWSKI Łukasz	176		OPEN-M	13	00:03:40	00:32:01.10	00:35:41.70	+00:09:40	6:24	9.4
15	ZAGÓRSKI Krzysztof	424		OPEN-M	14	00:02:40	00:32:29.20	00:35:10.00	+00:10:08	6:29	9.2
16	BOROWIAK Magda	8		OPEN-K	2	00:01:44	00:33:09.85	00:34:53.90	+00:10:48	6:37	9
17	GNIOT Piotr	142		OPEN-M	15	00:38:28	00:33:10.65	01:11:39.10	+00:10:49	6:38	9
18	LUDWICZAK Hubert	178		OPEN-M	16	00:00:55	00:33:12.40	00:34:07.80	+00:10:51	6:38	9
19	BAGROWSKI Dominik	2		OPEN-M	17	00:04:38	00:33:47.00	00:38:25.60	+00:11:26	6:45	8.9
20	TRZAŚAŁSKI Łukasz	410		OPEN-M	18	00:05:47	00:34:19.95	00:40:07.70	+00:11:59	6:51	8.7
21	NIEWOLAK Dawid	69		OPEN-M	19	00:00:55	00:34:45.55	00:35:41.30	+00:12:24	6:57	8.6
22	PIETRZYKOWSKI Mateusz	371		OPEN-M	20	00:03:41	00:36:20.10	00:40:01.55	+00:13:59	7:16	8.3
23	FLIS Anna	23		OPEN-K	3	00:03:40	00:36:25.95	00:40:06.90	+00:14:05	7:17	8.2
24	GRABOWSKA Liliana	31		OPEN-K	4	00:05:47	00:36:28.10	00:42:15.75	+00:14:07	7:17	8.2
25	LIS Wiktor	56		OPEN-M	21	00:42:59	00:36:28.75	01:19:28.35	+00:14:07	7:17	8.2
26	NIEMIER Natalia	116		OPEN-K	5	00:09:02	00:37:01.55	00:46:03.65	+00:14:40	7:24	8.1

Msc	Zawodnik	Numer	Klub	Kategoria	Mkat	Czas startu	Czas		Różn	Tempo min/km	Tempo km/h
							netto 5km	brutto 5km			
27	TASAREK Bartosz	92		OPEN-M	22	00:01:44	00:38:17.55	00:40:01.60	+00:15:56	7:39	7.8
28	MINGE Marta	68		OPEN-K	6	00:05:48	00:38:25.40	00:44:13.45	+00:16:04	7:41	7.8
29	STRÓŻYNA Marta	396		OPEN-K	7	00:03:40	00:38:48.85	00:42:29.80	+00:16:27	7:45	7.7
30	DOLAT Justyna	18		OPEN-K	8	00:02:41	00:38:53.65	00:41:34.70	+00:16:32	7:46	7.7
31	SAUKENS Daria	82		OPEN-K	9	00:10:51	00:39:20.05	00:50:11.30	+00:16:59	7:52	7.6
32	PATAN Aneta	77		OPEN-K	10	00:00:00	00:39:31.35	00:39:31.35	+00:17:10	7:54	7.6
33	RACZKIEWICZ Jakub	80		OPEN-M	23	00:09:01	00:40:14.15	00:49:15.85	+00:17:53	8:02	7.5
34	BENYSEK Monika	5		OPEN-K	11	00:01:44	00:40:32.50	00:42:16.55	+00:18:11	8:06	7.4
35	ORZECZOWSKA Kamila	73		OPEN-K	12	00:04:38	00:41:05.55	00:45:44.10	+00:18:44	8:13	7.3
36	SWARCEWICZ Beata	87		OPEN-K	13	00:04:38	00:41:06.05	00:45:44.20	+00:18:45	8:13	7.3
37	NOWACZYNA Edyta	440		OPEN-K	14	00:04:38	00:41:38.85	00:46:17.75	+00:19:17	8:19	7.2
38	DASIN Kiril	15		OPEN-M	24	00:37:12	00:42:11.10	01:19:23.40	+00:19:50	8:26	7.1
39	JANASIK Artur	151		OPEN-M	25	00:29:36	00:42:39.35	01:12:16.15	+00:20:18	8:31	7
40	LIPIECKI Marcin	177		OPEN-M	26	00:29:36	00:42:39.55	01:12:16.10	+00:20:18	8:31	7
41	KACZMAREK Jan	161		OPEN-M	27	00:29:36	00:42:39.65	01:12:16.10	+00:20:18	8:31	7
42	SAUKENS Zdzisław	83		OPEN-M	28	00:10:51	00:43:02.90	00:53:54.05	+00:20:41	8:36	7
43	MATYSEK Milena	66		OPEN-K	15	00:00:00	00:44:08.60	00:44:08.60	+00:21:47	8:49	6.8
44	SZCZYKUTOWICZ Kamil	403		OPEN-M	29	00:00:08	00:44:20.55	00:44:29.05	+00:21:59	8:52	6.8
45	CEBULSKI Piotr	130		OPEN-M	30	00:00:08	00:44:22.35	00:44:31.10	+00:22:01	8:52	6.8
46	WDOWIAK Emilian	97		OPEN-M	31	00:12:12	00:44:23.95	00:56:36.00	+00:22:03	8:52	6.8
47	GOSZCZ Kasandra	25		OPEN-K	16	00:12:11	00:44:24.05	00:56:35.95	+00:22:03	8:52	6.8
48	MIŁOCH Jakub	445		OPEN-M	32	00:06:57	00:45:05.50	00:52:02.95	+00:22:44	9:01	6.7
49	ABRAM Jacek	1		OPEN-M	33	00:01:44	00:45:07.00	00:46:51.25	+00:22:46	9:01	6.6
50	ĆWIAKAŁA Agata	444		OPEN-K	17	00:06:57	00:45:24.30	00:52:22.10	+00:23:03	9:04	6.6
51	KLINKIEWICZ Maja	450		OPEN-K	18	00:06:57	00:45:33.55	00:52:31.20	+00:23:12	9:06	6.6
52	OLEJNIK Daniel	72	SZUFELKI	OPEN-M	34	00:06:58	00:46:32.00	00:53:30.10	+00:24:11	9:18	6.4
53	GANDZIARSKI Dawid	139		OPEN-M	35	00:45:57	00:47:27.25	01:33:24.75	+00:25:06	9:29	6.3
54	SIEMIENIEWSKA Monika	390		OPEN-K	19	00:16:38	00:47:45.60	01:04:24.30	+00:25:24	9:33	6.3
55	SZYMANOWICZ Bartosz	405		OPEN-M	36	00:16:38	00:47:48.65	01:04:27.35	+00:25:27	9:33	6.3
56	STACHOWSKA Marta	395		OPEN-K	20	00:30:53	00:47:51.25	01:18:44.90	+00:25:30	9:34	6.3
57	JUŁGA Jerzy	159		OPEN-M	37	00:30:53	00:47:51.30	01:18:44.80	+00:25:30	9:34	6.3
58	NOWOSIELSKA Ilona	71		OPEN-K	21	00:37:12	00:48:12.55	01:25:25.15	+00:25:51	9:38	6.2
59	GRAMS Natalia	32		OPEN-K	22	00:05:48	00:48:21.10	00:54:09.20	+00:26:00	9:40	6.2
60	GÓRNA Dorita	294		OPEN-K	23	00:05:47	00:48:21.60	00:54:09.20	+00:26:00	9:40	6.2
61	LIS Aleksandra	55		OPEN-K	24	00:42:59	00:48:45.65	01:31:45.00	+00:26:24	9:45	6.2
62	PIECHUŁA Maciej	368		OPEN-M	38	00:41:58	00:49:11.95	01:31:10.30	+00:26:51	9:50	6.1
63	OWCZARCZAK Adrian	74		OPEN-M	39	00:29:36	00:49:44.95	01:19:21.35	+00:27:24	9:56	6
64	KACZMAREK Łukasz	39		OPEN-M	40	00:29:36	00:49:45.10	01:19:21.70	+00:27:24	9:57	6
65	OWCZARCZAK Krystian	75		OPEN-M	41	00:29:36	00:49:45.20	01:19:21.60	+00:27:24	9:57	6
66	TRITT Katarzyna	93		OPEN-K	25	00:13:05	00:50:24.90	01:03:30.40	+00:28:03	10:04	6
67	JANKOWIAK Kamil	36		OPEN-M	42	00:13:05	00:50:25.30	01:03:30.50	+00:28:04	10:05	6
68	WOŹNIAK Beata	421		OPEN-K	26	00:04:38	00:50:41.85	00:55:20.45	+00:28:20	10:08	5.9
69	KĄKOLEWSKI Maciej	162		OPEN-M	43	00:19:01	00:51:34.80	01:10:35.95	+00:29:13	10:18	5.8
70	KOZAK Angelika	170		OPEN-K	27	00:19:00	00:51:34.85	01:10:35.35	+00:29:13	10:18	5.8

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							5km	5km			
71	KOZŁOWICZ Magdalena	172		OPEN-K	28	00:44:30	00:52:04.65	01:36:35.55	+00:29:43	10:24	5.8
72	WASIAK Henryka	415		OPEN-K	29	00:32:57	00:52:14.40	01:25:11.40	+00:29:53	10:26	5.7
73	KRUKOWSKA Agnieszka	173		OPEN-K	30	00:32:56	00:52:14.85	01:25:11.50	+00:29:53	10:26	5.7
74	NYCZ Joanna	196		OPEN-K	31	00:32:56	00:52:15.10	01:25:11.65	+00:29:54	10:27	5.7
75	NOWACKA Anna	192		OPEN-K	32	00:44:31	00:52:17.50	01:36:48.60	+00:29:56	10:27	5.7
76	BOGANOWICZ Tomasz	441		OPEN-M	44	00:00:00	00:52:25.45	00:52:25.45	+00:30:04	10:29	5.7
77		449				00:00:00	00:52:40.65	00:52:40.65	+00:30:19	10:32	5.7
78	MACHYNA Zofia	60	***** ***	OPEN-K	33	00:13:05	00:53:32.75	01:06:38.50	+00:31:11	10:42	5.6
79	MAJKOWSKI Dawid	64		OPEN-M	45	00:12:12	00:53:35.55	01:05:48.05	+00:31:14	10:43	5.6
80	ŚLEDŹ Mikołaj	90	***** ***	OPEN-M	46	00:13:06	00:53:37.05	01:06:43.40	+00:31:16	10:43	5.6
81	WRÓBLEWSKA Ewa	422		OPEN-K	34	00:02:41	00:53:40.90	00:56:22.20	+00:31:19	10:44	5.6
82	OBROCKA Weronika	197		OPEN-K	35	00:02:40	00:53:41.55	00:56:22.20	+00:31:20	10:44	5.6
83	PIECHOWIAK SROCZYŃSKA Monika	367		OPEN-K	36	00:09:01	00:53:51.05	01:02:52.35	+00:31:30	10:46	5.6
84	WELCZ Anna	417		OPEN-K	37	00:09:01	00:53:51.35	01:02:52.40	+00:31:30	10:46	5.6
85	PAPRZYCKA Paulina	118		OPEN-K	38	00:09:01	00:53:51.50	01:02:52.60	+00:31:30	10:46	5.6
86	MACHYNA Basia	61	***** ***	OPEN-K	39	00:13:05	00:53:56.85	01:07:02.70	+00:31:35	10:47	5.6
87	MACHYNA Paweł	62	***** ***	OPEN-M	47	00:13:05	00:53:57.65	01:07:03.30	+00:31:36	10:47	5.6
88	KONIECZNY Paweł	166		OPEN-M	48	00:14:08	00:53:59.55	01:08:07.55	+00:31:38	10:47	5.6
89	NOWAK Kacper	117		OPEN-M	49	00:09:01	00:54:04.65	01:03:05.75	+00:31:43	10:48	5.5
90	PUROL Martyna	376		OPEN-K	40	00:09:01	00:54:07.55	01:03:08.85	+00:31:46	10:49	5.5
91	MACIEJASZ Amelia	63		OPEN-K	41	00:45:56	00:54:12.40	01:40:09.35	+00:31:51	10:50	5.5
92	ŁYSIKOWSKA Klaudia	446		OPEN-K	42	00:06:58	00:54:41.05	01:01:39.20	+00:32:20	10:56	5.5
93	ZAKRZEWSKA Katarzyna	442		OPEN-K	43	00:06:58	00:54:41.10	01:01:39.10	+00:32:20	10:56	5.5
94	NOWAK Katarzyna	443		OPEN-K	44	00:06:57	00:54:41.50	01:01:39.30	+00:32:20	10:56	5.5
95	STASIEK Bartosz	86		OPEN-M	50	00:13:05	00:55:07.60	01:08:13.15	+00:32:46	11:01	5.4
96	CAPERNA Chantal	11		OPEN-M	51	00:13:05	00:55:08.20	01:08:13.35	+00:32:47	11:01	5.4
97	RUDNER Sebastian	387		OPEN-M	52	00:17:47	00:55:24.50	01:13:11.55	+00:33:03	11:04	5.4
98	RUDNER Anna	384		OPEN-K	45	00:17:46	00:55:25.40	01:13:12.35	+00:33:04	11:05	5.4
99	RUDNER Magdalena	386		OPEN-K	46	00:17:47	00:55:28.45	01:13:15.45	+00:33:07	11:05	5.4
100	PAWLICKA Tamara	362		OPEN-K	47	00:49:20	00:55:47.50	01:45:08.40	+00:33:26	11:09	5.4
101	RUDNER Dariusz	383		OPEN-M	53	00:17:47	00:55:51.40	01:13:38.85	+00:33:30	11:10	5.4
102	RUDNER Joanna	385		OPEN-K	48	00:17:47	00:55:51.80	01:13:39.05	+00:33:30	11:10	5.4
103	ODWAŻNY Krzysztof	199		OPEN-M	54	00:02:41	00:56:00.55	00:58:41.90	+00:33:39	11:12	5.4
104	ODWAŻNA Daria	198		OPEN-K	49	00:02:41	00:56:00.90	00:58:42.00	+00:33:39	11:12	5.4
105	ANDRZEJEWSKA Anna	120		OPEN-K	50	00:49:20	00:56:29.75	01:45:50.70	+00:34:08	11:17	5.3
106	BIELSKI Marcin	123		OPEN-M	55	00:15:20	00:57:07.65	01:12:28.40	+00:34:46	11:25	5.3
107	SHERYANOWA Karolina	447		OPEN-K	51	00:06:58	00:57:36.70	01:04:34.80	+00:35:15	11:31	5.2
107	KURNATOWSKA Zuzanna	52		OPEN-K	51	00:34:06	00:57:36.70	01:31:43.15	+00:35:15	11:31	5.2
109	BUKOWSKI Sebastian	9		OPEN-M	56	00:34:06	00:57:36.75	01:31:43.45	+00:35:15	11:31	5.2
110	CZUBASIAK Piotr	133		OPEN-M	57	00:14:08	00:58:00.45	01:12:08.75	+00:35:39	11:36	5.2
111	NAPIERAŁA Oliwia	191		OPEN-K	53	00:14:08	00:58:00.70	01:12:08.70	+00:35:39	11:36	5.2
112	KOWALSKI Piotr	46		OPEN-M	58	00:32:56	00:58:33.00	01:31:29.80	+00:36:12	11:42	5.1
113	ŁUKASZEWICZ Bartosz	59		OPEN-M	59	00:42:59	00:58:49.80	01:41:49.30	+00:36:28	11:45	5.1
114	BAKIEWICZ Natalia	121		OPEN-K	54	00:45:57	00:59:05.45	01:45:02.80	+00:36:44	11:49	5.1

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							netto 5km	brutto 5km			
115	LYSOHOR Olha	57		OPEN-K	55	00:22:39	00:59:25.90	01:22:05.10	+00:37:04	11:53	5
116	DZIENIS Monika	20		OPEN-K	56	00:19:00	00:59:40.15	01:18:40.30	+00:37:19	11:56	5
116	ZACHAREK Agnieszka	103		OPEN-K	56	00:19:00	00:59:40.15	01:18:40.60	+00:37:19	11:56	5
118	DUŻYK Magdalena	19		OPEN-K	58	00:19:00	00:59:40.25	01:18:40.50	+00:37:19	11:56	5
119	KOWALEWSKA Joanna	260		OPEN-K	59	00:50:45	01:00:09.65	01:50:55.15	+00:37:48	12:01	5
120	KORDYL Oliwia	269		OPEN-K	60	00:50:45	01:00:11.15	01:50:56.70	+00:37:50	12:02	5
121	FILIPIAK Olga	261		OPEN-K	61	00:50:45	01:00:11.50	01:50:57.40	+00:37:50	12:02	5
122	TROMBALA Agnieszka	94		OPEN-K	62	00:41:58	01:00:23.10	01:42:21.40	+00:38:02	12:04	5
123	SZPOTKOWSKA Julia	404		OPEN-K	63	00:14:08	01:00:39.80	01:14:48.15	+00:38:18	12:07	4.9
124	ONDRA Karol	200		OPEN-M	60	00:14:08	01:00:40.10	01:14:48.55	+00:38:19	12:08	4.9
125	KOŁODZIŃSKA Paulina	287		OPEN-K	64	00:50:45	01:00:50.00	01:51:35.60	+00:38:29	12:10	4.9
126	BARECKA Olga	3		OPEN-K	65	00:37:12	01:01:50.35	01:39:02.95	+00:39:29	12:22	4.9
127	BARECKI Darek	4		OPEN-M	61	00:37:12	01:01:50.50	01:39:03.10	+00:39:29	12:22	4.9
128	WALOREK Katarzyna	284		OPEN-K	66	00:32:56	01:01:55.30	01:34:51.80	+00:39:34	12:23	4.8
129	KAZIMIERCZAK Patrycja	268		OPEN-K	67	00:50:45	01:02:08.55	01:52:54.30	+00:39:47	12:25	4.8
130	BRZESKI Adrian	267		OPEN-M	62	00:50:45	01:02:08.80	01:52:54.20	+00:39:47	12:25	4.8
131	WRÓBLEWSKA Samanta	423		OPEN-K	68	00:30:53	01:02:56.30	01:33:50.15	+00:40:35	12:35	4.8
132	RUTKOWSKA - STESEL Małgorzata	388		OPEN-K	69	00:30:53	01:02:56.40	01:33:50.15	+00:40:35	12:35	4.8
133	POLITOWSKA Natalia	373		OPEN-K	70	00:30:53	01:02:56.65	01:33:50.30	+00:40:35	12:35	4.8
134	GÓRNIAK Jarosław	30		OPEN-M	63	00:31:49	01:03:27.40	01:35:16.55	+00:41:06	12:41	4.7
135	XIONG Wanbing	102		OPEN-K	71	00:31:49	01:03:27.45	01:35:16.65	+00:41:06	12:41	4.7
136	GÓRNIAK Maria	29		OPEN-K	72	00:31:48	01:03:27.85	01:35:16.80	+00:41:06	12:41	4.7
137	PIECHUŁA Sylwia	369		OPEN-K	73	00:41:59	01:03:55.20	01:45:54.30	+00:41:34	12:47	4.7
138	JANKOWIAK Jakub	281		OPEN-M	64	00:52:57	01:05:12.75	01:58:09.90	+00:42:51	13:02	4.6
139	GÓRNIAK Jerzy	27		OPEN-M	65	00:31:49	01:05:22.85	01:37:12.30	+00:43:01	13:04	4.6
140	GÓRNIAK Elżbieta	26		OPEN-K	74	00:31:49	01:05:23.15	01:37:12.25	+00:43:02	13:04	4.6
141	WINIECKA Agnieszka	286		OPEN-K	75	00:30:53	01:05:40.90	01:36:34.80	+00:43:19	13:08	4.6
142	WINIECKI Bartłomiej	285		OPEN-M	66	00:30:53	01:05:41.00	01:36:34.75	+00:43:20	13:08	4.6
143	KACHLICKA Zuzanna	38		OPEN-K	76	00:48:16	01:05:52.75	01:54:08.85	+00:43:31	13:10	4.6
144	WIDELICKA Marta	98		OPEN-K	77	00:48:15	01:05:55.50	01:54:11.05	+00:43:34	13:11	4.6
145	BUDNER Borys	277		OPEN-M	67	00:52:05	01:05:56.00	01:58:01.55	+00:43:35	13:11	4.6
146	SIEIŃSKI Jan	84	TYLKO PIJEMY	OPEN-M	68	00:52:06	01:05:59.00	01:58:05.25	+00:43:38	13:11	4.5
147	BURCZYŃSKI Jarosław	10		OPEN-M	69	00:40:52	01:06:00.50	01:46:52.60	+00:43:39	13:12	4.5
148	FURMANIAK Radosław	138		OPEN-M	70	00:47:13	01:06:15.75	01:53:28.90	+00:43:54	13:15	4.5
149	PRZYBYŁ Julia	375		OPEN-K	78	00:47:13	01:06:15.95	01:53:29.10	+00:43:55	13:15	4.5
150	BURCZYŃSKA Edyta	128		OPEN-K	79	00:40:52	01:06:27.45	01:47:19.45	+00:44:06	13:17	4.5
151	KOŚMICKI Jakub	45	TYLKO PIJEMY	OPEN-M	71	00:52:56	01:06:35.90	01:59:32.60	+00:44:14	13:19	4.5
152	3 3	273		OPEN-M	72	00:52:57	01:06:36.75	01:59:33.90	+00:44:15	13:19	4.5
153	JANKOWIAK Maja	154		OPEN-K	80	00:38:28	01:06:38.70	01:45:07.30	+00:44:17	13:19	4.5
154	GLINIECKI Arkadiusz	141		OPEN-M	73	00:38:28	01:06:40.80	01:45:09.60	+00:44:19	13:20	4.5
155	JANKOWIAK Magdalena	153		OPEN-K	81	00:38:28	01:06:43.20	01:45:11.80	+00:44:22	13:20	4.5
156	NOWAK Maksymilian	194		OPEN-M	74	00:22:40	01:06:49.05	01:29:29.10	+00:44:28	13:21	4.5
157	POWĘZOWSKI Paweł	119		OPEN-M	75	00:38:28	01:06:50.05	01:45:19.00	+00:44:29	13:22	4.5
158	BURCZYŃSKA Joanna	129		OPEN-K	82	00:40:52	01:07:04.55	01:47:56.80	+00:44:43	13:24	4.5

Msc	Zawodnik	Numer	Klub	Kategoria	Mkat	Czas startu	Czas netto	Czas brutto	Różn	Tempo min/km	Tempo km/h
							5km	5km			
159	URBANOWICZ Weronika	412		OPEN-K	83	00:49:20	01:07:10.80	01:56:31.60	+00:44:49	13:26	4.5
160	FARJAN Aleksandra	21		OPEN-K	84	00:41:58	01:07:15.40	01:49:14.15	+00:44:54	13:27	4.5
161	BARANIAK Weronika	300		OPEN-K	85	00:22:39	01:07:15.45	01:29:54.75	+00:44:54	13:27	4.5
162	FARJAN Adrian	22		OPEN-M	76	00:41:58	01:07:16.05	01:49:14.30	+00:44:55	13:27	4.5
163	GAWRON Agnieszka	296		OPEN-K	86	00:22:39	01:07:35.00	01:30:14.30	+00:45:14	13:31	4.4
164	CHEREK Adam	271		OPEN-M	77	00:35:35	01:07:39.05	01:43:14.10	+00:45:18	13:31	4.4
165	PASZNIK Dominika	76		OPEN-K	87	00:35:34	01:07:39.80	01:43:14.55	+00:45:18	13:31	4.4
166	RADKE-NOWAK Joanna	377		OPEN-K	88	00:22:39	01:07:41.25	01:30:20.80	+00:45:20	13:32	4.4
167	KUBICKI Mariusz	50		OPEN-M	78	00:16:38	01:07:53.95	01:24:32.65	+00:45:33	13:34	4.4
168	SZYDŁOWSKA Joanna	89		OPEN-K	89	00:16:38	01:07:54.20	01:24:32.65	+00:45:33	13:34	4.4
169	MASZTALERZ Michał	65		OPEN-M	79	00:16:38	01:07:54.25	01:24:33.10	+00:45:33	13:34	4.4
170	DĄBKIEWICZ Szymon	17		OPEN-M	80	00:16:38	01:07:54.55	01:24:32.80	+00:45:33	13:34	4.4
171	RATAJCZAK Ewa	380		OPEN-K	90	00:10:51	01:08:13.00	01:19:04.15	+00:45:52	13:38	4.4
172	SZYMAŃSKI Radosław	407		OPEN-M	81	00:10:51	01:08:13.10	01:19:04.50	+00:45:52	13:38	4.4
173	SZYMAŃSKA Aleksandra	406		OPEN-K	91	00:10:51	01:08:13.20	01:19:04.75	+00:45:52	13:38	4.4
173	BŁASZAK Monika	124		OPEN-K	91	00:10:51	01:08:13.20	01:19:04.45	+00:45:52	13:38	4.4
175	GWIAZDOWSKI Bartosz	109		OPEN-M	82	00:44:32	01:08:21.30	01:52:53.30	+00:46:00	13:40	4.4
175	JANURA Błażej	155		OPEN-M	82	00:44:32	01:08:21.30	01:52:53.60	+00:46:00	13:40	4.4
177	JANURA Aleksandra	156		OPEN-K	93	00:44:31	01:08:25.75	01:52:57.40	+00:46:04	13:41	4.4
178	GWIAZDOWSKA Natalia	108		OPEN-K	94	00:44:31	01:08:26.05	01:52:57.70	+00:46:05	13:41	4.4
179	PICZAK Paula	78		OPEN-K	95	00:38:28	01:08:30.00	01:46:58.75	+00:46:09	13:42	4.4
180	SIKORA Monika	85		OPEN-K	96	00:38:29	01:08:30.85	01:46:59.90	+00:46:09	13:42	4.4
181	KUJAWA Małgorzata	297		OPEN-K	97	00:22:39	01:08:39.70	01:31:19.30	+00:46:18	13:43	4.4
182	TESIONKOWSKA Katarzyna	298		OPEN-K	98	00:22:39	01:08:39.90	01:31:19.20	+00:46:18	13:43	4.4
183	ORKISZEWSKA Katarzyna	360		OPEN-K	99	00:22:39	01:08:40.00	01:31:19.40	+00:46:19	13:44	4.4
184	GROCHOWSKI Marcin	35		OPEN-M	84	00:39:36	01:08:50.55	01:48:27.15	+00:46:29	13:46	4.4
185	ŁUCKA Karolina	58		OPEN-K	100	00:39:36	01:08:54.30	01:48:30.80	+00:46:33	13:46	4.4
186	GRĄDZIELEWSKA Sabina	33		OPEN-K	101	00:39:36	01:09:04.05	01:48:40.20	+00:46:43	13:48	4.3
187	MICHALSKI Jakub	185		OPEN-M	85	00:47:13	01:09:04.65	01:56:18.15	+00:46:43	13:48	4.3
188	KUBACKA Izabela	174		OPEN-K	102	00:47:13	01:09:12.90	01:56:26.85	+00:46:51	13:50	4.3
189	MIŁOCH Wojciech	188		OPEN-M	86	00:47:13	01:09:15.20	01:56:28.35	+00:46:54	13:51	4.3
190	FOTTA Wiktoria	136		OPEN-K	103	00:47:13	01:09:16.10	01:56:29.45	+00:46:55	13:51	4.3
191	SZCZECHOWSKI Grzegorz	398		OPEN-M	87	00:49:21	01:09:38.35	01:58:59.55	+00:47:17	13:55	4.3
192	NOWAK Patrycja	195		OPEN-K	104	00:49:20	01:09:38.50	01:58:59.45	+00:47:17	13:55	4.3
193	2 2	262		OPEN-M	88	00:48:15	01:09:44.85	01:58:00.25	+00:47:23	13:56	4.3
194	1 1	263		OPEN-M	89	00:48:15	01:09:47.40	01:58:03.30	+00:47:26	13:57	4.3
195	SNUSZKA Zuzanna	393		OPEN-K	105	00:12:11	01:10:10.25	01:22:22.00	+00:47:49	14:02	4.3
196	KOPER Wojciech	44		OPEN-M	90	00:34:06	01:10:22.20	01:44:28.40	+00:48:01	14:04	4.3
197	LEJA Monika	54		OPEN-K	106	00:34:06	01:10:22.50	01:44:28.75	+00:48:01	14:04	4.3
198	WOŚ Anita	100		OPEN-K	107	00:34:06	01:10:22.60	01:44:28.85	+00:48:01	14:04	4.3
199	JĘDRZEJAK Mikołaj	37		OPEN-M	91	00:34:06	01:10:22.75	01:44:29.45	+00:48:01	14:04	4.3
200	PŁÓCIENNIK Katarzyna	79		OPEN-K	108	00:34:06	01:10:23.00	01:44:29.15	+00:48:02	14:04	4.3
201	JANERALCZYK Natalia	272		OPEN-K	109	00:35:34	01:10:50.50	01:46:25.35	+00:48:29	14:10	4.2
202	ŁĄCKI Dawid	179		OPEN-M	92	00:17:47	01:10:56.55	01:28:44.40	+00:48:35	14:11	4.2

Msc	Zawodnik	Numer	Klub	Kategoria	Mkat	Czas startu	Czas		Różn	Tempo min/km	Tempo km/h
							netto 5km	brutto 5km			
203	SŁOWIK Agnieszka	438		OPEN-K	110	00:17:47	01:10:56.75	01:28:44.10	+00:48:35	14:11	4.2
204	SŁOWIK Katarzyna	437		OPEN-K	111	00:17:47	01:10:57.05	01:28:44.20	+00:48:36	14:11	4.2
205	ERNT Agnieszka	135		OPEN-K	112	00:17:47	01:10:57.30	01:28:44.55	+00:48:36	14:11	4.2
206	BŁOCH Julianna	125		OPEN-K	113	00:12:12	01:11:02.20	01:23:14.40	+00:48:41	14:12	4.2
207	CHRAPLAK Gabriella	132		OPEN-K	114	00:12:11	01:11:02.60	01:23:14.55	+00:48:41	14:12	4.2
208	ORZEŁEK Patrycja	361		OPEN-K	115	00:12:11	01:11:02.70	01:23:14.60	+00:48:41	14:12	4.2
208	JAKUBOWICZ Magdalena	110		OPEN-K	115	00:12:11	01:11:02.70	01:23:14.60	+00:48:41	14:12	4.2
210	KAŹMIERCZAK Piotr	40	TYLKO PIJEMY	OPEN-M	93	00:52:56	01:11:09.90	02:04:06.50	+00:48:48	14:13	4.2
211	JEDLIŃSKI Mariusz	283		OPEN-M	94	00:52:56	01:11:41.70	02:04:38.40	+00:49:20	14:20	4.2
212	KOPCZYŃSKA Ewelina	282		OPEN-K	117	00:52:57	01:11:43.75	02:04:40.75	+00:49:22	14:20	4.2
213	REIMAN Elwira	275		OPEN-K	118	00:52:56	01:11:45.10	02:04:41.65	+00:49:24	14:21	4.2
214	KAŹMIERCZAK Sara	41	TYLKO PIJEMY	OPEN-K	119	00:52:05	01:11:59.85	02:04:05.80	+00:49:38	14:23	4.2
215	KACZMAREK Marta	274		OPEN-K	120	00:52:05	01:12:34.45	02:04:40.30	+00:50:13	14:30	4.1
216	KACZMAREK Mateusz	276		OPEN-M	95	00:52:05	01:12:35.45	02:04:40.80	+00:50:14	14:31	4.1
217	STOLAREK Daniel	279		OPEN-M	96	00:52:06	01:12:39.80	02:04:46.45	+00:50:18	14:31	4.1
218	BĄCZKOWSKA Adriana	278		OPEN-K	121	00:52:06	01:12:39.90	02:04:46.30	+00:50:18	14:31	4.1
219	ŚWIDERSKI Arkadiusz	91	SPORTOWE DZIKI	OPEN-M	97	00:42:59	01:12:46.45	01:55:46.05	+00:50:25	14:33	4.1
220	REDAM Michalina	81	SPORTOWE DZIKI	OPEN-K	122	00:42:59	01:12:47.15	01:55:46.95	+00:50:26	14:33	4.1
221	ZIELIŃSKA Natalia	104	SPORTOWE DZIKI	OPEN-K	123	00:42:59	01:12:48.40	01:55:48.00	+00:50:27	14:33	4.1
222	GANDZIARSKI Aleksandra	140		OPEN-K	124	00:45:57	01:13:06.90	01:59:03.95	+00:50:45	14:37	4.1
223	HUCHEL Roksana	149		OPEN-K	125	00:16:39	01:13:10.20	01:29:49.20	+00:50:49	14:38	4.1
224	NOWAK Jessica	70	TYLKO PIJEMY	OPEN-K	126	00:52:05	01:13:14.10	02:05:19.90	+00:50:53	14:38	4.1
225	DIBELKA Jakub	134		OPEN-M	98	00:32:56	01:13:48.75	01:46:45.50	+00:51:27	14:45	4.1
226	JUREK Natalia	160		OPEN-K	127	00:32:56	01:13:48.90	01:46:45.55	+00:51:27	14:45	4.1
227	MIŚKIEWICZ Magdalena	190		OPEN-K	128	00:35:34	01:13:55.70	01:49:30.20	+00:51:34	14:47	4.1
228	NOWACKA Angelika	193		OPEN-K	129	00:45:57	01:13:57.05	01:59:54.25	+00:51:36	14:47	4.1
229	KĘDZIA Marta	163		OPEN-K	130	00:35:35	01:14:04.75	01:49:39.90	+00:51:43	14:48	4.1
230	WARZYCHA Bogna	414		OPEN-K	131	00:35:34	01:14:04.90	01:49:39.85	+00:51:43	14:48	4.1
231	LALLOUET Anna	114		OPEN-K	132	00:35:34	01:14:05.00	01:49:39.95	+00:51:44	14:49	4
232	WASZAK Beata	416		OPEN-K	133	00:45:57	01:14:34.55	02:00:32.20	+00:52:13	14:54	4
233	KĘPA Barbara	164		OPEN-K	134	00:45:57	01:14:35.55	02:00:32.85	+00:52:14	14:55	4
234	ROZMIAREK Anna	382		OPEN-K	135	00:47:13	01:14:39.95	02:01:53.00	+00:52:19	14:55	4
235	WOŹNIAK Beata	270		OPEN-K	136	00:47:13	01:14:40.15	02:01:53.20	+00:52:19	14:56	4
236	JANECZEK Kinga	152		OPEN-K	137	00:47:12	01:14:52.10	02:02:04.90	+00:52:31	14:58	4
237	WILCZYŃSKI Krzysztof	420		OPEN-M	99	00:19:01	01:15:05.00	01:34:06.10	+00:52:44	15:01	4
238	PFLAUM Maciej	366		OPEN-M	100	00:19:00	01:15:05.35	01:34:06.00	+00:52:44	15:01	4
239	PFLAUM Dorota	365		OPEN-K	138	00:19:00	01:15:05.70	01:34:06.35	+00:52:44	15:01	4
240	SZCZEPANIAK Jarosław	88		OPEN-M	101	00:38:29	01:15:15.10	01:53:44.20	+00:52:54	15:03	4
241	KOŚCIELNA Barbara	168		OPEN-K	139	00:45:57	01:15:45.10	02:01:43.00	+00:53:24	15:09	4
242	PIOTROWSKA Jolanta	372		OPEN-K	140	00:45:57	01:15:45.65	02:01:43.15	+00:53:24	15:09	4
243	LEWANDOWSKI Michał	115		OPEN-M	102	00:40:52	01:16:03.65	01:56:55.75	+00:53:42	15:12	3.9
244	NAKOIKINA Anastasia	264		OPEN-K	141	00:50:46	01:16:06.65	02:06:53.00	+00:53:45	15:13	3.9
245	SAKHNO Dmytro	265		OPEN-M	103	00:50:45	01:16:06.90	02:06:52.85	+00:53:45	15:13	3.9
246	HAŁA Anna	148		OPEN-K	142	00:44:31	01:16:14.50	02:00:45.50	+00:53:53	15:14	3.9

Msc	Zawodnik	Numer	Klub	Kategoria	Mkat	Czas startu	Czas netto 5km	Czas brutto 5km	Różn	Tempo min/km	Tempo km/h
247	ROSIAK Anna	381		OPEN-K	143	00:44:31	01:16:20.45	02:00:51.80	+00:53:59	15:16	3.9
248	PAWŁOWSKA Maja	363		OPEN-K	144	00:44:31	01:16:22.20	02:00:53.70	+00:54:01	15:16	3.9
249	GOLAK Bartosz	24		OPEN-M	104	00:48:15	01:17:21.10	02:05:37.00	+00:55:00	15:28	3.9
250	LEHNHARDT Anna	53		OPEN-K	145	00:37:12	01:17:29.90	01:54:42.50	+00:55:08	15:29	3.9
251	WAWRZYNIAK Zuzanna	96		OPEN-K	146	00:48:15	01:17:43.90	02:05:59.80	+00:55:22	15:32	3.9
252	MISZTAL Agnieszka	189		OPEN-K	147	00:39:36	01:17:59.70	01:57:36.15	+00:55:38	15:35	3.8
253	WILUSZ Dominik	99		OPEN-M	105	00:37:12	01:18:06.25	01:55:18.85	+00:55:45	15:37	3.8
254	MARCINKOWSKA Joanna	182		OPEN-K	148	00:39:36	01:18:13.55	01:57:50.00	+00:55:52	15:38	3.8
255	IWAŃSKA Monika	150		OPEN-K	149	00:39:36	01:18:22.95	01:57:59.70	+00:56:02	15:40	3.8
256	JAUKSZ-ZALEWSKA Katarzyna	157		OPEN-K	150	00:39:36	01:18:23.45	01:57:59.65	+00:56:02	15:40	3.8
257	KMETKO Joanna	165		OPEN-K	151	00:40:51	01:19:04.35	01:59:56.20	+00:56:43	15:48	3.8
258	GOTOWCZYC Szymon	145		OPEN-M	106	00:40:52	01:19:41.40	02:00:33.70	+00:57:20	15:56	3.8
259	GOTOWCZYC Dagmara	144		OPEN-K	152	00:40:51	01:19:41.65	02:00:33.60	+00:57:20	15:56	3.8
260	PUSTKOWIAK Błażej	291		OPEN-M	107	00:20:14	01:19:45.10	01:39:59.70	+00:57:24	15:57	3.8
261	RUTKOWSKI Mikołaj	289		OPEN-M	108	00:20:14	01:19:46.50	01:40:00.90	+00:57:25	15:57	3.8
262	PUSTKOWIAK Miłosz	292		OPEN-M	109	00:20:14	01:19:57.75	01:40:11.85	+00:57:36	15:59	3.8
263	CZEKAŁA Aleksandra	290		OPEN-K	153	00:20:14	01:20:44.15	01:40:59.00	+00:58:23	16:08	3.7
264	CZEKAŁA Marta	293		OPEN-K	154	00:20:15	01:20:46.25	01:41:01.25	+00:58:25	16:09	3.7
265	KOJAT Krzysztof	42		OPEN-M	110	00:20:15	01:21:46.20	01:42:01.30	+00:59:25	16:21	3.7
266	BONIŚNIAK Joanna	7		OPEN-K	155	00:20:14	01:21:46.95	01:42:01.85	+00:59:26	16:21	3.7
267	WESOŁOWSKA Patrycja	418		OPEN-K	156	00:15:21	01:23:34.85	01:38:56.00	+01:01:13	16:42	3.6
268	SKIBIŃSKA Maja	391		OPEN-K	157	00:15:21	01:23:35.05	01:38:56.05	+01:01:14	16:43	3.6
269	SZCZEPAŃSKA Paulina	399		OPEN-K	158	00:15:21	01:23:35.25	01:38:56.90	+01:01:14	16:43	3.6
270	SZCZEPAŃSKA Martyna	401		OPEN-K	159	00:15:21	01:23:35.30	01:38:56.80	+01:01:14	16:43	3.6
270	GUBAŃSKI Krystian	146		OPEN-M	111	00:15:21	01:23:35.30	01:38:56.30	+01:01:14	16:43	3.6
272	WESOŁOWSKI Robert	419		OPEN-M	112	00:15:21	01:23:35.45	01:38:56.80	+01:01:14	16:43	3.6
273	GOŚLIŃSKA Agnieszka	143		OPEN-K	160	00:15:21	01:23:35.55	01:38:56.90	+01:01:14	16:43	3.6
274	CIEŚLAK Bartosz	288		OPEN-M	113	00:15:22	01:23:36.10	01:38:58.35	+01:01:15	16:43	3.6
275	SZCZEPAŃSKA Magdalena	400		OPEN-K	161	00:15:21	01:23:36.25	01:38:57.75	+01:01:15	16:43	3.6
276	CICHOREK Anna	12		OPEN-K	162	00:00:00	01:25:47.10	01:25:47.10	+01:03:26	17:09	3.5

Znaleziono 276 wynik(ów)