

JUMP RUN - CLASSIC

B4SPORT
INTELIGENTNE ZAWODY SPORTOWE

Wydarzenie: JUMP RUN
Organizator: Akademia Rozrywki
Data: 2023-09-17
Miejsce: Bydgoszcz
Dystans: 5 km



Klasyfikacja: Wszyscy

Msc	Zawodnik	Numer	Klub	Kategoria	Mkat	Czas netto 5km	Różn	Tempo min/km	Tempo km/h
1	MRUGAŁA Bartosz	61		OPEN-M	1	00:21:03.90		4:12	14.3 (100%)
2	ANDRZEJEWSKA Sylwia	1	TEAMOCHAL	OPEN-K	1	00:21:10.60	+00:00:06 (0.5%)	4:14	14.2 (99.3%)
3	MODLIŃSKI Łukasz	57	EXTREMALNI MOGILNO	OPEN-M	2	00:25:38.95	+00:04:35 (17.9%)	5:07	11.7 (81.8%)
4	KULASIEWICZ Przemek	44		OPEN-M	3	00:26:31.25	+00:05:27 (20.6%)	5:18	11.3 (79.0%)
5	LEWANDOWSKI Michał	47		OPEN-M	4	00:28:05.95	+00:07:02 (25.0%)	5:37	10.7 (74.8%)
6	GRACZYK Daria	23		OPEN-K	2	00:28:51.05	+00:07:47 (27.0%)	5:46	10.4 (72.7%)
7	ASKUNTOWICZ Wojciech	4		OPEN-M	5	00:29:28.40	+00:08:24 (28.5%)	5:53	10.2 (71.3%)
8	STRACHANOWSKI Adam	84		OPEN-M	6	00:31:12.65	+00:10:08 (32.5%)	6:14	9.6 (67.1%)
9	SKROŚ Przemysław	81		OPEN-M	7	00:31:30.25	+00:10:26 (33.1%)	6:18	9.5 (66.4%)
10	MAĆKOWIAK Mateusz	52		OPEN-M	8	00:31:37.00	+00:10:33 (33.4%)	6:19	9.5 (66.4%)
11	ŁUCZAK Paweł	56		OPEN-M	9	00:31:37.55	+00:10:33 (33.4%)	6:19	9.5 (66.4%)
12	MASLOUSKAYA Natalia	55		OPEN-K	3	00:32:14.80	+00:11:10 (34.7%)	6:26	9.3 (65.0%)
13	KRZYWAŃSKA Aleksandra	41	BRYGADA	OPEN-K	4	00:32:44.25	+00:11:40 (35.7%)	6:32	9.2 (64.3%)
14	MARCINIAK Paweł	54		OPEN-M	10	00:32:56.00	+00:11:52 (36.0%)	6:35	9.1 (63.6%)
15	SŁOMSKI Damian	82		OPEN-M	11	00:33:20.25	+00:12:16 (36.8%)	6:40	9 (62.9%)
16	ZDRANEK Filip	165	AVES	OPEN-M	12	00:33:32.75	+00:12:28 (37.2%)	6:42	8.9 (62.2%)
17	RENI Oliwia	220		OPEN-K	5	00:33:41.35	+00:12:37 (37.5%)	6:44	8.9 (62.2%)
18	ROGALSKA Justyna	179		OPEN-K	6	00:34:12.70	+00:13:08 (38.4%)	6:50	8.8 (61.5%)
19	KSZŁ Łukasz	177		OPEN-M	13	00:34:16.20	+00:13:12 (38.5%)	6:51	8.8 (61.5%)
20	MASZLANKA Piotr	206		OPEN-M	14	00:34:55.30	+00:13:51 (39.7%)	6:59	8.6 (60.1%)
21	PIĄTKOWSKI Mateusz	68		OPEN-M	15	00:35:45.55	+00:14:41 (41.1%)	7:09	8.4 (58.7%)
22	PREDKI Jarosław	74		OPEN-M	16	00:36:35.20	+00:15:31 (42.4%)	7:19	8.2 (57.3%)
23	TRAWCZYŃSKA Katarzyna	86		OPEN-K	7	00:36:35.60	+00:15:31 (42.4%)	7:19	8.2 (57.3%)
24	SĄDOWSKA Agata	78		OPEN-K	8	00:36:48.55	+00:15:44 (42.8%)	7:21	8.2 (57.3%)
25	KRANC Miłosz	42	TAEKWONDO GROMOWSKI	OPEN-M	17	00:36:48.65	+00:15:44 (42.8%)	7:21	8.2 (57.3%)
26	BERDYS Igor	183		OPEN-M	18	00:36:55.55	+00:15:51 (43.0%)	7:23	8.1 (56.6%)

Msc	Zawodnik	Numer	Klub	Kategoria	Mkat	Czas		Tempo min/km	Tempo km/h
						netto 5km	Różn		
27	BERDYS Maciej	184		OPEN-M	19	00:36:58.90	+00:15:55 (43.0%)	7:23	8.1 (56.6%)
28	JANKOWSKA Ula	28		OPEN-K	9	00:37:47.25	+00:16:43 (44.3%)	7:33	7.9 (55.2%)
29	DALASIŃSKI Kajetan	12		OPEN-M	20	00:38:13.85	+00:17:09 (44.9%)	7:38	7.8 (54.5%)
30	SZEWCZUK Sebastian	209	ASSECO ACTIVE TEAM	OPEN-M	21	00:38:47.10	+00:17:43 (45.7%)	7:45	7.7 (53.8%)
31	SZEWCZUK Małgorzata	208	ASSECO ACTIVE TEAM	OPEN-K	10	00:38:47.55	+00:17:43 (45.7%)	7:45	7.7 (53.8%)
32	PIASECKI Mateusz	67		OPEN-M	22	00:38:57.90	+00:17:54 (45.9%)	7:47	7.7 (53.8%)
33	JASTRZĘBSKI Błażej	29	STRAŻNICY UNITAXU	OPEN-M	23	00:38:59.70	+00:17:55 (46.0%)	7:47	7.7 (53.8%)
34		168				00:39:19.95	+00:18:16 (46.4%)	7:51	7.6 (53.1%)
35	GRZESZAK Sławomir	205	ASSECO ACTIVE TEAM	OPEN-M	24	00:41:27.15	+00:20:23 (49.2%)	8:17	7.2 (50.3%)
36	WIERUCKI Jacek	90		OPEN-M	25	00:41:54.05	+00:20:50 (49.7%)	8:22	7.2 (50.3%)
37	PIWIŃSKA Iga	72		OPEN-K	11	00:41:54.10	+00:20:50 (49.7%)	8:22	7.2 (50.3%)
38	KINDERMAN Robert	34		OPEN-M	26	00:42:02.85	+00:20:58 (49.9%)	8:24	7.1 (49.7%)
39		170				00:42:11.50	+00:21:07 (50.1%)	8:26	7.1 (49.7%)
40	PASTEWSKA Anna	65		OPEN-K	12	00:42:15.40	+00:21:11 (50.1%)	8:27	7.1 (49.7%)
41	DOBRZENIECH Mariusz	162	AVES	OPEN-M	27	00:42:21.10	+00:21:17 (50.3%)	8:28	7.1 (49.7%)
42		163				00:42:21.25	+00:21:17 (50.3%)	8:28	7.1 (49.7%)
42	SIROWSKA Anna	161	AVES	OPEN-K	13	00:42:21.25	+00:21:17 (50.3%)	8:28	7.1 (49.7%)
44	KORCZYŃSKA Klaudia	164	AVES	OPEN-K	14	00:42:21.35	+00:21:17 (50.3%)	8:28	7.1 (49.7%)
45	ŁAKOTA Magdalena	50		OPEN-K	15	00:42:40.75	+00:21:36 (50.6%)	8:32	7 (49.0%)
46	NOWICKI Marcin	64		OPEN-M	28	00:42:41.05	+00:21:37 (50.6%)	8:32	7 (49.0%)
47	ZIMMERMANN Agnieszka	96	TEAM TOŚCIK	OPEN-K	16	00:43:29.75	+00:22:25 (51.6%)	8:41	6.9 (48.3%)
48	CYRUS Weronika	11		OPEN-K	17	00:43:32.50	+00:22:28 (51.6%)	8:42	6.9 (48.3%)
49	BIERNACKA Adrianna	132		OPEN-K	18	00:43:40.75	+00:22:36 (51.8%)	8:44	6.9 (48.3%)
50	HORECZY-WESTFAL Ewa	133		OPEN-K	19	00:43:40.85	+00:22:36 (51.8%)	8:44	6.9 (48.3%)
51	WALEWSKI Andrzej	87		OPEN-M	29	00:43:45.05	+00:22:41 (51.9%)	8:45	6.9 (48.3%)
52	MAKUSZEWSKI Mateusz	53		OPEN-M	30	00:43:55.80	+00:22:51 (52.0%)	8:47	6.8 (47.6%)
53	WĘC Kamila	174	NITRO-CHEM	OPEN-K	20	00:44:10.25	+00:23:06 (52.3%)	8:50	6.8 (47.6%)
54	SPEJER Anna	172	NITRO-CHEM	OPEN-K	21	00:44:10.80	+00:23:06 (52.3%)	8:50	6.8 (47.6%)
55	POLASIK Dawid	169	NITRO-CHEM	OPEN-M	31	00:44:11.50	+00:23:07 (52.3%)	8:50	6.8 (47.6%)
56	PIECZKA Marcin	173	NITRO-CHEM	OPEN-M	32	00:44:11.55	+00:23:07 (52.3%)	8:50	6.8 (47.6%)
57	TAGLEWSKI Rafał	171	NITRO-CHEM	OPEN-M	33	00:44:12.35	+00:23:08 (52.3%)	8:50	6.8 (47.6%)
58	TOCZKO Jarosław	175	NITRO-CHEM	OPEN-M	34	00:44:13.15	+00:23:09 (52.4%)	8:50	6.8 (47.6%)
59	MORDAKA Maciej	58		OPEN-M	35	00:45:01.45	+00:23:57 (53.2%)	9:00	6.7 (46.9%)
60	BRZYKCY Michał	9		OPEN-M	36	00:45:13.35	+00:24:09 (53.4%)	9:02	6.6 (46.2%)
61	WENC Małgorzata	88	TEAM TOŚCIK	OPEN-K	22	00:45:31.00	+00:24:27 (53.7%)	9:06	6.6 (46.2%)
62	GŁOWACKI Patryk	20		OPEN-M	37	00:45:35.45	+00:24:31 (53.8%)	9:07	6.6 (46.2%)
63	BABIŻEWSKA Natalia	5		OPEN-K	23	00:46:00.35	+00:24:56 (54.2%)	9:12	6.5 (45.5%)
64	BISKUPSKI Robert	7		OPEN-M	38	00:46:12.90	+00:25:09 (54.4%)	9:14	6.5 (45.5%)
65	GRABOWSKI Borys	22		OPEN-M	39	00:46:13.70	+00:25:09 (54.4%)	9:14	6.5 (45.5%)
66	ZIELIŃSKA Joanna	95		OPEN-K	24	00:46:18.10	+00:25:14 (54.5%)	9:15	6.5 (45.5%)
67	PROC Aleksandra	75		OPEN-K	25	00:46:31.60	+00:25:27 (54.7%)	9:18	6.4 (44.8%)
68	SZYMACZEK Joanna	85		OPEN-K	26	00:46:32.20	+00:25:28 (54.7%)	9:18	6.4 (44.8%)
69	KAWSKA Aneta	33		OPEN-K	27	00:46:36.30	+00:25:32 (54.8%)	9:19	6.4 (44.8%)
70		166				00:47:21.25	+00:26:17 (55.5%)	9:28	6.3 (44.1%)

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71	DOMACHOWSKA Małgorzata	16	STRAŻNICY UNITAXU	OPEN-K	28	00:47:21.60	+00:26:17 (55.5%)	9:28	6.3 (44.1%)
72	CHRIN Agata	207		OPEN-K	29	00:47:36.55	+00:26:32 (55.8%)	9:31	6.3 (44.1%)
73	BORUCKI Rafał	8		OPEN-M	40	00:47:39.95	+00:26:36 (55.8%)	9:31	6.3 (44.1%)
74	PETRI Aniela	198		OPEN-K	30	00:47:59.60	+00:26:55 (56.1%)	9:35	6.3 (44.1%)
75	MIERZBICZAK Łukasz	178	DZIK	OPEN-M	41	00:48:22.10	+00:27:18 (56.4%)	9:40	6.2 (43.4%)
76	DĄBROWSKI Michał	14		OPEN-M	42	00:48:29.70	+00:27:25 (56.6%)	9:41	6.2 (43.4%)
77	PAWSKI Przemysław	176		OPEN-M	43	00:48:30.40	+00:27:26 (56.6%)	9:42	6.2 (43.4%)
78	MICH Kamila	204		OPEN-K	31	00:49:14.45	+00:28:10 (57.2%)	9:50	6.1 (42.7%)
79	DROPOWSKI Sebastian	190	SMPE	OPEN-M	44	00:49:30.55	+00:28:26 (57.5%)	9:54	6.1 (42.7%)
80	KALOTKA Krzysztof	189		OPEN-M	45	00:49:31.20	+00:28:27 (57.5%)	9:54	6.1 (42.7%)
81	GÓRNY Andrzej	186	SMPE	OPEN-M	46	00:49:31.55	+00:28:27 (57.5%)	9:54	6.1 (42.7%)
82	STANOWSKA Dorota	187	SMPE	OPEN-K	32	00:49:31.90	+00:28:28 (57.5%)	9:54	6.1 (42.7%)
83	DELIŃSKA Natalia	15		OPEN-K	33	00:50:02.35	+00:28:58 (57.9%)	10:00	6 (42.0%)
84	SITEK Radosław	79		OPEN-M	47	00:50:02.40	+00:28:58 (57.9%)	10:00	6 (42.0%)
85	MROZIŃSKA Joanna	60		OPEN-K	34	00:50:02.45	+00:28:58 (57.9%)	10:00	6 (42.0%)
86	LITEWKA Tymon	49		OPEN-M	48	00:50:02.80	+00:28:58 (57.9%)	10:00	6 (42.0%)
87	MROZIŃSKA Martyna	59		OPEN-K	35	00:50:03.05	+00:28:59 (57.9%)	10:00	6 (42.0%)
88	BUCZYŃSKI Daniel	10		OPEN-M	49	00:50:18.90	+00:29:15 (58.1%)	10:03	6 (42.0%)
89	JANKE Marzena	106		OPEN-K	36	00:50:39.50	+00:29:35 (58.4%)	10:07	5.9 (41.3%)
90	MANOWSKI Hubert	108		OPEN-M	50	00:50:44.40	+00:29:40 (58.5%)	10:08	5.9 (41.3%)
91	PASTEWSKA Jagoda	104		OPEN-K	37	00:51:00.70	+00:29:56 (58.7%)	10:12	5.9 (41.3%)
92	ŁUKIAN Anna	51		OPEN-K	38	00:51:23.05	+00:30:19 (59.0%)	10:16	5.8 (40.6%)
93	ROSZAK Anna	77		OPEN-K	39	00:51:23.40	+00:30:19 (59.0%)	10:16	5.8 (40.6%)
94	JACKOWSKI Przemysław	26		OPEN-M	51	00:52:04.25	+00:31:00 (59.5%)	10:24	5.8 (40.6%)
94	ŚPICA Mateusz	105		OPEN-M	51	00:52:04.25	+00:31:00 (59.5%)	10:24	5.8 (40.6%)
96	GAŁKOWSKA Paulina	19		OPEN-K	40	00:52:04.85	+00:31:00 (59.6%)	10:24	5.8 (40.6%)
97	WABNIC Anna	98		OPEN-K	41	00:52:33.50	+00:31:29 (59.9%)	10:30	5.7 (39.9%)
98	LASZCZKOWSKA Adranna	99		OPEN-K	42	00:52:33.75	+00:31:29 (59.9%)	10:30	5.7 (39.9%)
99	POTEJKO Julita	196	ANIELICE	OPEN-K	43	00:53:13.10	+00:32:09 (60.4%)	10:38	5.6 (39.2%)
99	FRAŃCZCZAK Tomasz	201		OPEN-M	53	00:53:13.10	+00:32:09 (60.4%)	10:38	5.6 (39.2%)
101	FRAŃCZCZAK Gosia	202		OPEN-K	44	00:53:13.65	+00:32:09 (60.4%)	10:38	5.6 (39.2%)
102	HEJANKOWSKA Karolina	25		OPEN-K	45	00:54:06.65	+00:33:02 (61.1%)	10:49	5.5 (38.5%)
103	ANTCZAK Natalia	2		OPEN-K	46	00:54:07.25	+00:33:03 (61.1%)	10:49	5.5 (38.5%)
104	GOŁĘBIEWSKI Paweł	21		OPEN-M	54	00:54:07.55	+00:33:03 (61.1%)	10:49	5.5 (38.5%)
105	ROBACZEWSKI Rafał	188	SMPE	OPEN-M	55	00:54:53.00	+00:33:49 (61.6%)	10:58	5.5 (38.5%)
106	KUBIAK Magdalena	100		OPEN-K	47	00:55:02.30	+00:33:58 (61.7%)	11:00	5.5 (38.5%)
107	DUMAŁO Dariusz	103		OPEN-M	56	00:55:02.35	+00:33:58 (61.7%)	11:00	5.5 (38.5%)
108	GRODZICKA Marlena	24	BOJAKNIEMYTOKTO	OPEN-K	48	00:55:36.20	+00:34:32 (62.1%)	11:07	5.4 (37.8%)
109	ZABOROWSKA Julita	93	BOJAKNIEMYTOKTO	OPEN-K	49	00:55:36.30	+00:34:32 (62.1%)	11:07	5.4 (37.8%)
110	LATOCHA Natalia	45		OPEN-K	50	00:55:38.65	+00:34:34 (62.1%)	11:07	5.4 (37.8%)
111	JANKIEWICZ Emilia	27		OPEN-K	51	00:55:39.15	+00:34:35 (62.1%)	11:07	5.4 (37.8%)
112	LATOCHA Aleksandra	46		OPEN-K	52	00:55:39.25	+00:34:35 (62.2%)	11:07	5.4 (37.8%)
113	MARKIEWICZ Karolina	181		OPEN-K	53	00:57:23.20	+00:36:19 (63.3%)	11:28	5.2 (36.4%)
114	LEWANDOWSKI Maciej	185		OPEN-M	57	00:57:26.60	+00:36:22 (63.3%)	11:29	5.2 (36.4%)

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115	KUJAWA Damian	43		OPEN-M	58	00:57:34.70	+00:36:30 (63.4%)	11:30	5.2 (36.4%)
116	SZCZERBA Krzysztof	182		OPEN-M	59	00:57:35.55	+00:36:31 (63.4%)	11:31	5.2 (36.4%)
116	LIPOWSKA Adrianna	48		OPEN-K	54	00:57:35.55	+00:36:31 (63.4%)	11:31	5.2 (36.4%)
118	DALESZCZYK Joanna	13		OPEN-K	55	00:57:36.25	+00:36:32 (63.4%)	11:31	5.2 (36.4%)
119	NOWAK Daria	63		OPEN-K	56	00:57:36.35	+00:36:32 (63.4%)	11:31	5.2 (36.4%)
120	POCZEKAJ Katarzyna	73		OPEN-K	57	00:57:37.05	+00:36:33 (63.4%)	11:31	5.2 (36.4%)
121	KOZŁOWSKI Jakub	40		OPEN-M	60	00:57:37.40	+00:36:33 (63.4%)	11:31	5.2 (36.4%)
122	PIETRZAK Dawid	71		OPEN-M	61	00:57:45.75	+00:36:41 (63.5%)	11:33	5.2 (36.4%)
123	JĘDRUSIAK Monika	31		OPEN-K	58	00:57:46.35	+00:36:42 (63.5%)	11:33	5.2 (36.4%)
124	SKIBIŃSKI Sebastian	80		OPEN-M	62	00:57:46.40	+00:36:42 (63.5%)	11:33	5.2 (36.4%)
125	KOWAL Monika	37		OPEN-K	59	00:57:46.85	+00:36:42 (63.5%)	11:33	5.2 (36.4%)
126	TRZCIŃSKI Krzysztof	194		OPEN-M	63	00:58:42.35	+00:37:38 (64.1%)	11:44	5.1 (35.7%)
127	SZCZEPANIAK Paulina	195		OPEN-K	60	00:58:42.95	+00:37:39 (64.1%)	11:44	5.1 (35.7%)
128	MAJEWICZ Angelika	192		OPEN-K	61	00:58:43.80	+00:37:39 (64.1%)	11:44	5.1 (35.7%)
129	GŁOWACKI Krystian	191	C7	OPEN-M	64	00:58:44.55	+00:37:40 (64.1%)	11:44	5.1 (35.7%)
130	CIESZYŃSKI Piotr	193		OPEN-M	65	00:58:46.05	+00:37:42 (64.2%)	11:45	5.1 (35.7%)
131	KALKA Marcin	32		OPEN-M	66	01:00:11.50	+00:39:07 (65.0%)	12:02	5 (35.0%)
132	DURCZYŃSKA-NIEMCZYK Justyna	17		OPEN-K	62	01:00:30.85	+00:39:26 (65.2%)	12:06	5 (35.0%)
133	WESOŁEK Sławomir	130		OPEN-M	67	01:00:31.65	+00:39:27 (65.2%)	12:06	5 (35.0%)
134	ROMAŃSKA-GRZELAK Angelika	76		OPEN-K	63	01:00:31.75	+00:39:27 (65.2%)	12:06	5 (35.0%)
135	ANTYBORZEC Marianna	3		OPEN-K	64	01:00:32.00	+00:39:28 (65.2%)	12:06	5 (35.0%)
136	GRYCZKA Michał	131		OPEN-M	68	01:00:35.90	+00:39:32 (65.2%)	12:07	5 (35.0%)
137	JAWORSKA Mirosława	219		OPEN-K	65	01:00:51.50	+00:39:47 (65.4%)	12:10	4.9 (34.3%)
138	GNUTER Małgorzata	211		OPEN-K	66	01:00:52.05	+00:39:48 (65.4%)	12:10	4.9 (34.3%)
138	HOŁODNIAK Agnieszka	210		OPEN-K	66	01:00:52.05	+00:39:48 (65.4%)	12:10	4.9 (34.3%)
140	PARCZEWSKA Katarzyna	213		OPEN-K	68	01:00:52.30	+00:39:48 (65.4%)	12:10	4.9 (34.3%)
141	SZERWCZUK Barbara	212		OPEN-K	69	01:00:52.40	+00:39:48 (65.4%)	12:10	4.9 (34.3%)
142	MYK Paulina	62		OPEN-K	70	01:01:01.05	+00:39:57 (65.5%)	12:12	4.9 (34.3%)
143	EJANKOWSKA Karolina	18		OPEN-K	71	01:01:01.30	+00:39:57 (65.5%)	12:12	4.9 (34.3%)
144	KOWALSKA Jagoda	39		OPEN-K	72	01:01:01.60	+00:39:57 (65.5%)	12:12	4.9 (34.3%)
145	BEZNOŚYUK Kateryna	109		OPEN-K	73	01:02:37.45	+00:41:33 (66.4%)	12:31	4.8 (33.6%)
146	PUTZ Wiktoria	128		OPEN-K	74	01:02:38.25	+00:41:34 (66.4%)	12:31	4.8 (33.6%)
147	RAGUS Arkadiusz	218		OPEN-M	69	01:03:13.90	+00:42:10 (66.7%)	12:38	4.7 (32.9%)
148	KRETOWICZ Piotr	214	BLUHOLDING	OPEN-M	70	01:03:14.70	+00:42:10 (66.7%)	12:38	4.7 (32.9%)
149	CIESIELSKI Łukasz	217		OPEN-M	71	01:03:29.75	+00:42:25 (66.8%)	12:41	4.7 (32.9%)
150	SZULC Mikołaj	216	BLUHOLDING	OPEN-M	72	01:03:34.30	+00:42:30 (66.9%)	12:42	4.7 (32.9%)
151	ZAKRZEWSKA Marta	215		OPEN-K	75	01:03:34.35	+00:42:30 (66.9%)	12:42	4.7 (32.9%)
152	KANTEK Krzysztof	145	MIŁ-FIT	OPEN-M	73	01:03:41.95	+00:42:38 (66.9%)	12:44	4.7 (32.9%)
153	PIASKOWSKA Renata	141	FIT DŻAGI	OPEN-K	76	01:03:42.30	+00:42:38 (66.9%)	12:44	4.7 (32.9%)
154	OLSZEWSKA Ania	142	FIT DŻAGI	OPEN-K	77	01:03:42.35	+00:42:38 (66.9%)	12:44	4.7 (32.9%)
155	SZKLARSKA Ewa	143	FIT DŻAGI	OPEN-K	78	01:03:42.40	+00:42:38 (66.9%)	12:44	4.7 (32.9%)
156	SZPEKCIŃSKA Mirabella	146		OPEN-K	79	01:03:43.05	+00:42:39 (66.9%)	12:44	4.7 (32.9%)
157	MUSIAŁ Aleksandra	144		OPEN-K	80	01:03:43.25	+00:42:39 (66.9%)	12:44	4.7 (32.9%)
158	PAWŁOWSKA Izabela	147	MET FIT	OPEN-K	81	01:03:43.35	+00:42:39 (66.9%)	12:44	4.7 (32.9%)

Msc	Zawodnik	Numer	Klub	Kategoria	Mkat	Czas netto 5km	Różn	Tempo min/km	Tempo km/h
159	PAWŁOWSKA Anna	148		OPEN-K	82	01:03:43.80	+00:42:39 (66.9%)	12:44	4.7 (32.9%)
160	BEDNAREK Anna	6	STRAŻNICY UNITAXU	OPEN-K	83	01:11:22.20	+00:50:18 (70.5%)	14:16	4.2 (29.4%)
161	JEDLIŃSKA Magda	30	STRAŻNICY UNITAXU	OPEN-K	84	01:11:22.25	+00:50:18 (70.5%)	14:16	4.2 (29.4%)
162	KOWAL Natalia	38		OPEN-K	85	01:17:36.75	+00:56:32 (72.9%)	15:31	3.9 (27.3%)
163	KOCH Agnieszka	36		OPEN-K	86	01:17:36.95	+00:56:33 (72.9%)	15:31	3.9 (27.3%)
164	DULIŃSKA Małgorzata	114		OPEN-K	87	01:21:14.85	+01:00:10 (74.1%)	16:14	3.7 (25.9%)
165	KOZŁOWSKA Aleksandra	113		OPEN-K	88	01:21:16.55	+01:00:12 (74.1%)	16:15	3.7 (25.9%)
166	KAŻMIERSKA-ROJEWSKA Alina	112		OPEN-K	89	01:21:16.70	+01:00:12 (74.1%)	16:15	3.7 (25.9%)
167	LEWANDOWSKA Małgorzata	115		OPEN-K	90	01:21:17.75	+01:00:13 (74.1%)	16:15	3.7 (25.9%)
168	MARECKA Wiktoria	110		OPEN-K	91	01:21:18.80	+01:00:14 (74.1%)	16:15	3.7 (25.9%)
169	PAWLICZAK Marta	134		OPEN-K	92	01:21:18.90	+01:00:15 (74.1%)	16:15	3.7 (25.9%)
170	SANDRA Cegielska	116		OPEN-K	93	01:21:19.90	+01:00:16 (74.1%)	16:15	3.7 (25.9%)
171	BUDZIAK Aleksandra	119		OPEN-K	94	01:21:22.15	+01:00:18 (74.1%)	16:16	3.7 (25.9%)
172	ANGELIKA Gierczyńska	117		OPEN-K	95	01:21:22.20	+01:00:18 (74.1%)	16:16	3.7 (25.9%)
173	MARECKA Ewa	126		OPEN-K	96	01:21:23.15	+01:00:19 (74.1%)	16:16	3.7 (25.9%)
174	KUTKOWSKA Kamila	203		OPEN-K	97	01:24:28.90	+01:03:25 (75.1%)	16:53	3.6 (25.2%)
175	MEHIERSZ Honorata	197		OPEN-K	98	01:24:29.00	+01:03:25 (75.1%)	16:53	3.6 (25.2%)
176	KWALA-GNIZA Iwona	199		OPEN-K	99	01:24:44.95	+01:03:41 (75.1%)	16:56	3.5 (24.5%)
177	BRZYKCA Dorota	121		OPEN-K	100	01:26:24.50	+01:05:20 (75.6%)	17:16	3.5 (24.5%)
178	KARWOWSKA Aleksandra	122		OPEN-K	101	01:26:24.60	+01:05:20 (75.6%)	17:16	3.5 (24.5%)
179	RURAK Nataliia	124		OPEN-K	102	01:26:27.50	+01:05:23 (75.6%)	17:17	3.5 (24.5%)
180	KALISKA Ewa	129		OPEN-K	103	01:26:27.70	+01:05:23 (75.6%)	17:17	3.5 (24.5%)
181	KOTOWSKA Sylwia	118		OPEN-K	104	01:26:28.05	+01:05:24 (75.6%)	17:17	3.5 (24.5%)
182	NOWAK Magda	135		OPEN-K	105	01:26:28.80	+01:05:24 (75.6%)	17:17	3.5 (24.5%)
183	BŁAŻEJCZAK Sylwia	127		OPEN-K	106	01:26:28.95	+01:05:25 (75.6%)	17:17	3.5 (24.5%)
184	KAMIŃSKA Anna	120		OPEN-K	107	01:26:29.10	+01:05:25 (75.6%)	17:17	3.5 (24.5%)
185	LIS Beata	123		OPEN-K	108	01:26:29.20	+01:05:25 (75.6%)	17:17	3.5 (24.5%)
186	JĄKALSKA Monika	125		OPEN-K	109	01:26:29.25	+01:05:25 (75.6%)	17:17	3.5 (24.5%)
187	KRZESIŃSKA Ewa	200		OPEN-K	110				(0.0%)

Znaleziono 187 wynik(ów)