

JUMP & RUN CLASSIC

B4SPORT
INTELIGENTNE ZAWODY SPORTOWE

Wydarzenie: Jump & Run
Organizator: Akademia Rozrywki Iwona Sierotko
Data: 2022-09-25
Miejsce: Bydgoszcz
Dystans: 5 km

B4SPORT
INTELIGENTNE ZAWODY SPORTOWE

Klasyfikacja: Open K

Msc	Zawodnik	Numer	Klub	Kategoria	Mkat	Czas startu	Czas netto 5km	Czas brutto 5km	Różn	Tempo min/km	Tempo km/h
1	SKIBSKA Dorota	126		Open K	1	00:28:28	00:26:04.75	00:54:32.85		5:12	11.5 (100%)
2	KRASKA Maria	67		Open K	2	00:39:50	00:31:43.05	01:11:33.55	+00:05:38 (17.8%)	6:20	9.5 (82.6%)
3	GLAZINSKA Paulina	252		Open K	3	00:00:23	00:32:34.70	00:32:58.20	+00:06:29 (19.9%)	6:30	9.2 (80.0%)
4	NIEDŹWIECKA Małgorzata	93		Open K	4	00:00:01	00:33:26.10	00:33:27.75	+00:07:21 (22.0%)	6:41	9 (78.3%)
5	ROGALSKA Justyna	208		Open K	5	00:02:10	00:33:39.60	00:35:49.75	+00:07:34 (22.5%)	6:43	8.9 (77.4%)
6	JANKOWSKA Urszula Anna	50		Open K	6	00:01:14	00:34:18.95	00:35:33.25	+00:08:14 (24.0%)	6:51	8.7 (75.7%)
7	BUREK Dorota	250		Open K	7	00:00:01	00:38:33.70	00:38:35.15	+00:12:28 (32.4%)	7:42	7.8 (67.8%)
8	BĄK Julianna	168		Open K	8	00:04:40	00:41:27.20	00:46:07.35	+00:15:22 (37.1%)	8:17	7.2 (62.6%)
9	BŁASZKIEWICZ Malwina	317		Open K	9	00:29:23	00:41:44.10	01:11:07.75	+00:15:39 (37.5%)	8:20	7.2 (62.6%)
10	MICHALAK Oliwia	310		Open K	10	00:43:15	00:41:56.35	01:25:11.80	+00:15:51 (37.8%)	8:23	7.2 (62.6%)
11	BAJMLER Anna	4		Open K	11	00:05:37	00:42:08.65	00:47:45.80	+00:16:03 (38.1%)	8:25	7.1 (61.7%)
12	PRZYWOCKA Marta	266		Open K	12	00:12:38	00:42:09.15	00:54:47.85	+00:16:04 (38.1%)	8:25	7.1 (61.7%)
13	MADEJ Ania	80		Open K	13	00:43:15	00:42:31.70	01:25:47.40	+00:16:26 (38.7%)	8:30	7.1 (61.7%)
14	SZABLEWSKA Aleksandra	496		Open K	14	00:50:31	00:43:14.75	01:33:46.60	+00:17:10 (39.7%)	8:38	6.9 (60.0%)
15	GRACZYK Daria	40		Open K	15	00:37:15	00:43:32.65	01:20:48.55	+00:17:27 (40.1%)	8:42	6.9 (60.0%)
16	ŻUREK Anna	164		Open K	16	00:46:48	00:44:14.10	01:31:02.55	+00:18:09 (41.0%)	8:50	6.8 (59.1%)
17	WERKOWSKA Justyna	246		Open K	17	00:09:21	00:44:58.55	00:54:19.60	+00:18:53 (42.0%)	8:59	6.7 (58.3%)
18	KACPERSKA Anna	251		Open K	18	00:00:01	00:45:04.75	00:45:06.10	+00:19:00 (42.1%)	9:00	6.7 (58.3%)
19	WITKOWKA Katarzyna	220		Open K	19	00:09:20	00:45:13.85	00:54:34.75	+00:19:09 (42.3%)	9:02	6.6 (57.4%)
20	BEUTLER Małgorzata	11		Open K	20	00:42:10	00:46:25.40	01:28:36.25	+00:20:20 (43.8%)	9:17	6.5 (56.5%)
21	KAMIŃSKA Anna	500		Open K	21	00:42:10	00:46:25.50	01:28:35.95	+00:20:20 (43.8%)	9:17	6.5 (56.5%)
22	PIETRZAK Kamila	173		Open K	22	00:01:14	00:46:31.10	00:47:45.20	+00:20:26 (43.9%)	9:18	6.4 (55.7%)
22	GŁOWACKA Monika	33		Open K	22	00:01:14	00:46:31.10	00:47:45.50	+00:20:26 (43.9%)	9:18	6.4 (55.7%)
24	TOMASZEWSKA Agnieszka	142		Open K	24	00:40:54	00:46:49.45	01:27:43.85	+00:20:44 (44.3%)	9:21	6.4 (55.7%)
25	RÓŻYCKA-WOJTYSIAK Alicja	324		Open K	25	00:40:54	00:46:49.55	01:27:43.90	+00:20:44 (44.3%)	9:21	6.4 (55.7%)
26	MOCZULSKA Magdalena	325		Open K	26	00:40:54	00:46:49.60	01:27:43.95	+00:20:44 (44.3%)	9:21	6.4 (55.7%)
27	SZYMAŃSKA Zuzanna	326		Open K	27	00:40:54	00:46:49.90	01:27:44.10	+00:20:45 (44.3%)	9:21	6.4 (55.7%)
28	KAMIŃSKA Małgorzata	248		Open K	28	00:00:01	00:46:53.90	00:46:55.55	+00:20:49 (44.4%)	9:22	6.4 (55.7%)
29	DZIRBA Magda	313		Open K	29	00:03:12	00:47:03.30	00:50:16.00	+00:20:58 (44.6%)	9:24	6.4 (55.7%)

Msc	Zawodnik	Numer	Klub	Kategoria	Mkat	Czas startu	Czas netto	Czas brutto	Różn	Tempo min/km	Tempo km/h
							5km	5km			
30	LASZCZKOWSKA Adrianna	75		Open K	30	00:34:55	00:47:13.05	01:22:08.05	+00:21:08 (44.8%)	9:26	6.4 (55.7%)
31	SZKOPIAK-NOWAKOWSKA Oliwia	137		Open K	31	00:46:48	00:47:18.85	01:34:07.50	+00:21:14 (44.9%)	9:27	6.3 (54.8%)
32	HALARENIA Joanna	193		Open K	32	00:06:22	00:47:27.05	00:53:49.80	+00:21:22 (45.0%)	9:29	6.3 (54.8%)
33	BURZYCH Alicja	195		Open K	33	00:06:22	00:47:27.15	00:53:49.85	+00:21:22 (45.0%)	9:29	6.3 (54.8%)
33	PRIETZ Monika	107		Open K	33	00:06:22	00:47:27.15	00:53:49.85	+00:21:22 (45.0%)	9:29	6.3 (54.8%)
35	MURAWSKA Paulina	478		Open K	35	00:38:27	00:47:56.60	01:26:23.95	+00:21:51 (45.6%)	9:35	6.3 (54.8%)
36	RAMLO-RUDZIŃSKA Iga	117		Open K	36	00:30:41	00:48:33.90	01:19:15.10	+00:22:29 (46.3%)	9:42	6.2 (53.9%)
37	SKIBIŃSKA Dagmara	507		Open K	37	00:30:41	00:49:19.25	01:20:00.60	+00:23:14 (47.1%)	9:51	6.1 (53.0%)
38	FIGURSKA Nadia	315		Open K	38	00:29:23	00:49:25.50	01:18:49.45	+00:23:20 (47.2%)	9:53	6.1 (53.0%)
39	KOWALSKA Aleksandra	222		Open K	39	00:09:21	00:49:58.75	00:59:19.95	+00:23:54 (47.8%)	9:59	6 (52.2%)
40	ŻURAWSKA Magdalena	221		Open K	40	00:09:20	00:49:59.25	00:59:20.05	+00:23:54 (47.8%)	9:59	6 (52.2%)
41	KRZYWAŃSKA Aleksandra	70		Open K	41	00:00:23	00:50:01.05	00:50:24.65	+00:23:56 (47.9%)	10:00	6 (52.2%)
42	NOWAK Agnieszka	210		Open K	42	00:00:23	00:50:03.75	00:50:27.10	+00:23:59 (47.9%)	10:00	6 (52.2%)
43	ZSINONEK Beata	212		Open K	43	00:00:23	00:50:28.15	00:50:51.95	+00:24:23 (48.3%)	10:05	5.9 (51.3%)
44	PAWLICKA Marta	105		Open K	44	00:36:06	00:50:30.05	01:26:36.65	+00:24:25 (48.4%)	10:06	5.9 (51.3%)
45	PASTWESKA Jagoda	104		Open K	45	00:36:06	00:50:31.45	01:26:38.00	+00:24:26 (48.4%)	10:06	5.9 (51.3%)
46	SETLAK Sara	122		Open K	46	01:02:06	00:50:35.55	01:52:42.20	+00:24:30 (48.5%)	10:07	5.9 (51.3%)
46	SYKUŁA Natalia	133		Open K	46	01:02:06	00:50:35.55	01:52:41.95	+00:24:30 (48.5%)	10:07	5.9 (51.3%)
48	DUSZYŃSKA Kasia	23		Open K	48	00:03:13	00:50:50.75	00:54:04.25	+00:24:46 (48.7%)	10:10	5.9 (51.3%)
49	RUMIŃSKA Laura	481		Open K	49	00:38:27	00:51:09.90	01:29:37.25	+00:25:05 (49.0%)	10:13	5.9 (51.3%)
50	KOŁODZIEJ Martyna	177		Open K	50	00:07:13	00:51:12.50	00:58:25.95	+00:25:07 (49.1%)	10:14	5.9 (51.3%)
51	KRYKOWSKA Żaneta	178		Open K	51	00:07:12	00:51:13.35	00:58:26.30	+00:25:08 (49.1%)	10:14	5.9 (51.3%)
52	PUSTUŁA Agnieszka	111		Open K	52	01:01:23	00:51:18.45	01:52:41.75	+00:25:13 (49.2%)	10:15	5.8 (50.4%)
53	HAFFKE Olga	329		Open K	53	01:05:00	00:51:51.40	01:56:51.40	+00:25:46 (49.7%)	10:22	5.8 (50.4%)
54	ZIÓŁKOWSKA Beata	331		Open K	54	01:05:00	00:51:51.45	01:56:51.45	+00:25:46 (49.7%)	10:22	5.8 (50.4%)
55	DERDOWSKA Agnieszka	332		Open K	55	01:05:00	00:51:52.00	01:56:52.00	+00:25:47 (49.7%)	10:22	5.8 (50.4%)
56	BARCZYŃSKA Dorota	5		Open K	56	01:04:59	00:51:52.05	01:56:51.85	+00:25:47 (49.7%)	10:22	5.8 (50.4%)
57	SOBEL Jagoda	487		Open K	57	00:56:20	00:51:59.35	01:48:19.75	+00:25:54 (49.8%)	10:23	5.8 (50.4%)
58	STEC-BRZEZIŃSKA Patrycja	488		Open K	58	00:56:20	00:51:59.45	01:48:20.20	+00:25:54 (49.8%)	10:23	5.8 (50.4%)
59	PLUSKOTA Agnieszka	106		Open K	59	00:56:20	00:51:59.65	01:48:20.05	+00:25:54 (49.8%)	10:23	5.8 (50.4%)
60	WIKARSKA Dominika	489		Open K	60	00:56:20	00:51:59.70	01:48:20.20	+00:25:54 (49.8%)	10:23	5.8 (50.4%)
61	DZIRBA Joanna	312		Open K	61	00:03:12	00:52:13.90	00:55:26.85	+00:26:09 (50.1%)	10:26	5.7 (49.6%)
62	JAWORSKA Mirosława	53		Open K	62	00:03:13	00:52:20.95	00:55:34.75	+00:26:16 (50.2%)	10:28	5.7 (49.6%)
63	PANTKOWSKA Karolina	282		Open K	63	00:10:07	00:52:29.10	01:02:36.60	+00:26:24 (50.3%)	10:29	5.7 (49.6%)
64	GLAMOWSKA Monika	284		Open K	64	00:10:07	00:52:29.40	01:02:37.30	+00:26:24 (50.3%)	10:29	5.7 (49.6%)
65	KUCHARSKA Justyna	71		Open K	65	00:30:41	00:52:31.55	01:23:12.55	+00:26:26 (50.3%)	10:30	5.7 (49.6%)
66	IWICKA Klaudia	45		Open K	66	00:07:13	00:52:53.75	01:00:07.00	+00:26:49 (50.7%)	10:34	5.7 (49.6%)
67	MANIKIEWICZ Zuzanna	322		Open K	67	00:07:13	00:52:53.95	01:00:07.10	+00:26:49 (50.7%)	10:34	5.7 (49.6%)
68	HEGER Beata	309		Open K	68	00:29:24	00:52:54.25	01:22:19.05	+00:26:49 (50.7%)	10:34	5.7 (49.6%)
69	KRUK Natalia	69		Open K	69	00:05:36	00:52:54.55	00:58:31.15	+00:26:49 (50.7%)	10:34	5.7 (49.6%)
70	SZYMAŃSKA Katarzyna	139		Open K	70	00:00:22	00:53:03.85	00:53:26.70	+00:26:59 (50.9%)	10:36	5.7 (49.6%)
71	MONASTYRSKA Sylwia	271		Open K	71	00:45:17	00:53:27.45	01:38:44.50	+00:27:22 (51.2%)	10:41	5.6 (48.7%)
72	MATUSZESKA Monika	270		Open K	72	00:45:17	00:53:27.90	01:38:44.90	+00:27:23 (51.2%)	10:41	5.6 (48.7%)
73	ŚWIGOŃ Aneta	268		Open K	73	00:45:17	00:53:28.00	01:38:45.25	+00:27:23 (51.2%)	10:41	5.6 (48.7%)

Msc	Zawodnik	Numer	Klub	Kategoria	Mkat	Czas startu	Czas netto 5km	Czas brutto 5km	Różn	Tempo min/km	Tempo km/h
74	NOWICKA Iwona	242		Open K	74	00:30:42	00:53:31.25	01:24:13.25	+00:27:26 (51.3%)	10:42	5.6 (48.7%)
75	BARTNIK Katarzyna	368		Open K	75	01:03:47	00:53:41.80	01:57:29.10	+00:27:37 (51.4%)	10:44	5.6 (48.7%)
76	BAWAJ Weronika	7		Open K	76	00:02:10	00:53:49.65	00:56:00.00	+00:27:44 (51.6%)	10:45	5.6 (48.7%)
77	DALKE Natalia	281		Open K	77	00:28:28	00:53:54.60	01:22:22.80	+00:27:49 (51.6%)	10:46	5.6 (48.7%)
78	ZIELIŃSKA Wioletta	159		Open K	78	00:15:22	00:53:58.45	01:09:21.30	+00:27:53 (51.7%)	10:47	5.6 (48.7%)
79	KOWALSKA Jolanta	181		Open K	79	00:11:54	00:54:24.50	01:06:19.15	+00:28:19 (52.1%)	10:52	5.5 (47.8%)
80	PILECKA Katarzyna	202		Open K	80	00:04:41	00:54:25.10	00:59:06.15	+00:28:20 (52.1%)	10:53	5.5 (47.8%)
81	DADELSKA Beata	201		Open K	81	00:04:41	00:54:25.35	00:59:06.65	+00:28:20 (52.1%)	10:53	5.5 (47.8%)
82	KRAZIŃSKA Maja	204		Open K	82	00:04:41	00:54:25.50	00:59:06.50	+00:28:20 (52.1%)	10:53	5.5 (47.8%)
83	OSUCH Kamila	101		Open K	83	00:04:41	00:54:25.55	00:59:06.80	+00:28:20 (52.1%)	10:53	5.5 (47.8%)
84	RÓŻYCKA Ewelina	203		Open K	84	00:04:40	00:54:25.65	00:59:06.35	+00:28:20 (52.1%)	10:53	5.5 (47.8%)
85	RUTKOWSKA Agnieszka	119		Open K	85	00:04:41	00:54:27.45	00:59:08.70	+00:28:22 (52.1%)	10:53	5.5 (47.8%)
86	RAK Justyna	116		Open K	86	00:11:54	00:54:30.95	01:06:25.65	+00:28:26 (52.2%)	10:54	5.5 (47.8%)
87	WĘGIERSKA Weronika	190		Open K	87	00:11:55	00:55:06.75	01:07:01.80	+00:29:02 (52.7%)	11:01	5.4 (47.0%)
88	NIEDZIALKOWSKA Iwona	92		Open K	88	00:38:27	00:55:25.80	01:33:53.45	+00:29:21 (53.0%)	11:05	5.4 (47.0%)
89	STANOWSKA Maja	264		Open K	89	00:11:55	00:55:50.15	01:07:45.20	+00:29:45 (53.3%)	11:10	5.4 (47.0%)
90	MĄCZYŃSKA Karolina	85		Open K	90	00:06:22	00:56:07.70	01:02:30.40	+00:30:02 (53.5%)	11:13	5.3 (46.1%)
91	JANICKA Weronika	48		Open K	91	00:29:24	00:56:10.35	01:25:34.50	+00:30:05 (53.6%)	11:14	5.3 (46.1%)
92	DYBUS Justyna	319		Open K	92	00:06:23	00:56:20.65	01:02:43.65	+00:30:15 (53.7%)	11:16	5.3 (46.1%)
93	WÓJCIK Żaneta	499		Open K	93	00:55:26	00:56:45.15	01:52:11.20	+00:30:40 (54.0%)	11:21	5.3 (46.1%)
94	WÓJCIK Magda	155		Open K	94	00:55:26	00:56:45.45	01:52:11.95	+00:30:40 (54.1%)	11:21	5.3 (46.1%)
95	DLEJNIK Marta	476		Open K	95	00:44:14	00:57:21.00	01:41:35.25	+00:31:16 (54.5%)	11:28	5.2 (45.2%)
96	WIŚNIEWSKA Agnieszka	150		Open K	96	00:44:13	00:57:21.40	01:41:35.25	+00:31:16 (54.5%)	11:28	5.2 (45.2%)
97	KWAYZER Anna	473		Open K	97	00:44:13	00:57:21.50	01:41:35.45	+00:31:16 (54.5%)	11:28	5.2 (45.2%)
98	GATZKE Izabela	474		Open K	98	00:44:13	00:57:21.60	01:41:35.40	+00:31:16 (54.5%)	11:28	5.2 (45.2%)
99	LEWANDOWSKA Ewelina	475		Open K	99	00:44:13	00:57:21.65	01:41:35.30	+00:31:16 (54.5%)	11:28	5.2 (45.2%)
100	ĆWIK-KOTWICA Patrycja	19		Open K	100	00:03:58	00:57:53.60	01:01:52.30	+00:31:48 (55.0%)	11:34	5.2 (45.2%)
101	BOGDAŃSKA Justyna	253		Open K	101	00:13:18	00:57:55.75	01:11:14.50	+00:31:51 (55.0%)	11:35	5.2 (45.2%)
102	NOWAK Katarzyna	255		Open K	102	00:13:18	00:57:58.15	01:11:17.00	+00:31:53 (55.0%)	11:35	5.2 (45.2%)
103	PRUSS Patrycja	109		Open K	103	00:34:54	00:57:59.35	01:32:54.30	+00:31:54 (55.0%)	11:35	5.2 (45.2%)
104	WABNIC Anna	147		Open K	104	00:34:55	00:57:59.45	01:32:54.75	+00:31:54 (55.0%)	11:35	5.2 (45.2%)
105	GACA Natalia	30		Open K	105	00:08:45	00:57:59.65	01:06:44.80	+00:31:54 (55.0%)	11:35	5.2 (45.2%)
106	SZELBRACIKOWSKA Katarzyna	136		Open K	106	00:34:54	00:57:59.85	01:32:54.75	+00:31:55 (55.0%)	11:35	5.2 (45.2%)
107	RYŻEK Patrycja	120		Open K	107	00:08:44	00:58:00.55	01:06:45.10	+00:31:55 (55.0%)	11:36	5.2 (45.2%)
108	TRAWCZYŃSKA Kasia	143		Open K	108	00:13:19	00:58:02.60	01:11:21.95	+00:31:57 (55.1%)	11:36	5.2 (45.2%)
109	SOBIECHOWSKA Patrycja	128		Open K	109	00:08:44	00:58:06.05	01:06:50.60	+00:32:01 (55.1%)	11:37	5.2 (45.2%)
110	LEWANDOWSKA Magdalena	234		Open K	110	00:08:44	00:58:07.05	01:06:51.65	+00:32:02 (55.1%)	11:37	5.2 (45.2%)
110	TWARDOKUS Anna	145		Open K	110	00:08:44	00:58:07.05	01:06:51.60	+00:32:02 (55.1%)	11:37	5.2 (45.2%)
112	KIEŁPIŃSKA Agnieszka	236		Open K	112	00:08:45	00:58:08.05	01:06:53.05	+00:32:03 (55.1%)	11:37	5.2 (45.2%)
113	ECKERT Aleksandra	25		Open K	113	00:12:38	00:58:22.45	01:11:01.35	+00:32:17 (55.3%)	11:40	5.1 (44.3%)
114	FOKS-JANIKOWSKA Katarzyna	28		Open K	114	00:12:38	00:58:22.75	01:11:01.45	+00:32:18 (55.3%)	11:40	5.1 (44.3%)
115	BĄCZKOWSKA Paulina	8		Open K	115	00:12:38	00:58:22.90	01:11:01.60	+00:32:18 (55.3%)	11:40	5.1 (44.3%)
116	K Faustyna	56		Open K	116	00:12:38	00:58:23.10	01:11:01.80	+00:32:18 (55.3%)	11:40	5.1 (44.3%)
117	OLEJNICZAK Dorota	215		Open K	117	00:14:04	00:58:27.00	01:12:31.35	+00:32:22 (55.4%)	11:41	5.1 (44.3%)

Msc	Zawodnik	Numer	Klub	Kategoria	Mkat	Czas startu	Czas netto	Czas brutto	Różn	Tempo min/km	Tempo km/h
							5km	5km			
118	DAŃCZYSZYN Dominika	218		Open K	118	00:14:04	00:58:28.25	01:12:32.40	+00:32:23 (55.4%)	11:41	5.1 (44.3%)
119	MAJEWSKA Karolina	184		Open K	119	00:11:03	00:58:36.75	01:09:40.35	+00:32:32 (55.5%)	11:43	5.1 (44.3%)
120	KILUK Karolina	185		Open K	120	00:11:03	00:58:37.05	01:09:40.45	+00:32:32 (55.5%)	11:43	5.1 (44.3%)
120	RACKA Iga	114		Open K	120	00:11:03	00:58:37.05	01:09:40.25	+00:32:32 (55.5%)	11:43	5.1 (44.3%)
122	SOBIECH Bogna	188		Open K	122	00:11:03	00:58:37.15	01:09:40.75	+00:32:32 (55.5%)	11:43	5.1 (44.3%)
123	PANTKOWSKA Marta	103		Open K	123	00:10:08	00:59:07.65	01:09:15.65	+00:33:02 (55.9%)	11:49	5.1 (44.3%)
124	ŻELEZIK Joanna	283		Open K	124	00:10:07	00:59:09.75	01:09:17.55	+00:33:05 (55.9%)	11:49	5.1 (44.3%)
125	JAROSIŃSKA Romana	364		Open K	125	00:05:37	00:59:30.45	01:05:07.65	+00:33:25 (56.2%)	11:54	5 (43.5%)
125	JAROSIŃSKA Romana	51		Open K	125	00:05:37	00:59:30.45	01:05:07.65	+00:33:25 (56.2%)	11:54	5 (43.5%)
127	HECKERT Ewelina	365		Open K	127	00:05:36	00:59:30.75	01:05:07.25	+00:33:26 (56.2%)	11:54	5 (43.5%)
127	GAPIŃSKA Danuta	367		Open K	127	00:05:36	00:59:30.75	01:05:07.45	+00:33:26 (56.2%)	11:54	5 (43.5%)
129	WITKOWSKA Joanna	366		Open K	129	00:05:36	00:59:31.05	01:05:07.55	+00:33:26 (56.2%)	11:54	5 (43.5%)
130	KABACIŃSKA Natalia	298		Open K	130	00:58:14	00:59:46.60	01:58:00.80	+00:33:41 (56.4%)	11:57	5 (43.5%)
131	KACZMAREK Klaudia	311		Open K	131	00:52:25	01:00:07.35	01:52:33.20	+00:34:02 (56.6%)	12:01	5 (43.5%)
132	FORTAS Daria	335		Open K	132	00:50:31	01:00:33.00	01:51:04.25	+00:34:28 (56.9%)	12:06	5 (43.5%)
133	WILCZYK Agnieszka	258		Open K	133	00:54:05	01:01:08.55	01:55:13.55	+00:35:03 (57.3%)	12:13	4.9 (42.6%)
134	KOSZELAK Magdalena	333		Open K	134	00:50:31	01:01:14.05	01:51:45.60	+00:35:09 (57.4%)	12:14	4.9 (42.6%)
135	RUTKOWSKA-STESSEL Małgorzata	273		Open K	135	00:03:13	01:01:19.85	01:04:33.10	+00:35:15 (57.5%)	12:15	4.9 (42.6%)
136	WRÓBLEWSKA Samanta	275		Open K	136	00:03:13	01:01:19.90	01:04:33.05	+00:35:15 (57.5%)	12:15	4.9 (42.6%)
137	JÓŹIK Luiza	361		Open K	137	00:51:34	01:01:29.75	01:53:04.35	+00:35:25 (57.6%)	12:17	4.9 (42.6%)
138	KĘPA Weronika	360		Open K	138	00:51:34	01:01:29.90	01:53:04.50	+00:35:25 (57.6%)	12:17	4.9 (42.6%)
139	WARCHOŁ Mariola	148		Open K	139	00:53:18	01:01:36.75	01:54:55.50	+00:35:32 (57.7%)	12:19	4.9 (42.6%)
140	ANTCZAK Natalia	351		Open K	140	00:54:05	01:01:39.10	01:55:45.00	+00:35:34 (57.7%)	12:19	4.9 (42.6%)
141	MICHTA Bogusława	263		Open K	141	00:53:19	01:01:42.30	01:55:01.35	+00:35:37 (57.7%)	12:20	4.9 (42.6%)
142	DOLAŁA Magdalena	357		Open K	142	00:49:24	01:01:49.90	01:51:14.15	+00:35:45 (57.8%)	12:21	4.9 (42.6%)
143	KMIECIAK Wiktoria	353		Open K	143	00:49:24	01:01:51.10	01:51:15.50	+00:35:46 (57.8%)	12:22	4.9 (42.6%)
144	KUNICKA Luiza	289		Open K	144	00:49:24	01:01:51.20	01:51:15.45	+00:35:46 (57.8%)	12:22	4.9 (42.6%)
145	WOJTCZAK Anna	154		Open K	145	00:13:19	01:02:34.50	01:15:53.65	+00:36:29 (58.3%)	12:30	4.8 (41.7%)
146	ŚMIERZCHALSKA Joanna	238		Open K	146	00:52:25	01:02:34.85	01:55:00.70	+00:36:30 (58.3%)	12:30	4.8 (41.7%)
147	MASTERNAK Nicola	240		Open K	147	00:52:26	01:02:55.05	01:55:21.20	+00:36:50 (58.6%)	12:35	4.8 (41.7%)
148	TUCHÓŁKA Marta	144		Open K	148	00:15:23	01:02:58.10	01:18:21.10	+00:36:53 (58.6%)	12:35	4.8 (41.7%)
149	WILCZYŃSKA Paulina	468		Open K	149	00:15:23	01:02:59.85	01:18:23.80	+00:36:55 (58.6%)	12:35	4.8 (41.7%)
150	MASTERNAK Izabela	84		Open K	150	00:52:26	01:03:02.95	01:55:29.00	+00:36:58 (58.6%)	12:36	4.8 (41.7%)
151	DOLATA Zofia	391		Open K	151	00:48:10	01:03:03.80	01:51:14.75	+00:36:59 (58.6%)	12:36	4.8 (41.7%)
152	SOŚNICKA Joanna	354		Open K	152	00:48:10	01:03:04.35	01:51:15.05	+00:36:59 (58.7%)	12:36	4.8 (41.7%)
153	DOLATA Anna	463		Open K	153	00:48:10	01:03:04.75	01:51:15.15	+00:37:00 (58.7%)	12:36	4.8 (41.7%)
154	KIEDROWSKA Magdalena	356		Open K	154	00:48:10	01:03:05.00	01:51:15.55	+00:37:00 (58.7%)	12:37	4.8 (41.7%)
155	ŻMIJEWSKA Agata	302		Open K	155	00:58:14	01:03:07.80	02:01:21.95	+00:37:03 (58.7%)	12:37	4.8 (41.7%)
156	MILA Karolina	299		Open K	156	00:58:14	01:03:16.90	02:01:31.60	+00:37:12 (58.8%)	12:39	4.7 (40.9%)
157	FRĄC Beata	300		Open K	157	00:58:14	01:03:21.05	02:01:36.00	+00:37:16 (58.8%)	12:40	4.7 (40.9%)
158	KOWALSKA Jagoda	265		Open K	158	00:14:04	01:03:36.60	01:17:41.00	+00:37:31 (59.0%)	12:43	4.7 (40.9%)
159	PADUSZEK Justyna	102		Open K	159	01:00:30	01:04:04.00	02:04:34.95	+00:37:59 (59.3%)	12:48	4.7 (40.9%)
160	BIEDRZYCKA Katarzyna	12		Open K	160	01:00:30	01:04:07.75	02:04:38.40	+00:38:03 (59.3%)	12:49	4.7 (40.9%)
160	KACZMAREK Olga	57		Open K	160	01:00:30	01:04:07.75	02:04:38.40	+00:38:03 (59.3%)	12:49	4.7 (40.9%)

Msc	Zawodnik	Numer	Klub	Kategoria	Mkat	Czas startu	Czas netto 5km	Czas brutto 5km	Różn	Tempo min/km	Tempo km/h
162	KARDASZ Monika	61		Open K	162	01:01:23	01:04:24.55	02:05:47.95	+00:38:19 (59.5%)	12:52	4.7 (40.9%)
163	ULATOWSKA Iwona	146		Open K	163	01:00:31	01:04:36.25	02:05:07.35	+00:38:31 (59.6%)	12:55	4.6 (40.0%)
164	ADAMETZ Monika	2		Open K	164	01:00:30	01:04:54.35	02:05:25.15	+00:38:49 (59.8%)	12:58	4.6 (40.0%)
165	RYMER Monika	342		Open K	165	00:32:02	01:05:04.15	01:37:06.95	+00:38:59 (59.9%)	13:00	4.6 (40.0%)
166	GOTOWICZ Joanna	36		Open K	166	00:32:02	01:05:04.50	01:37:07.00	+00:38:59 (59.9%)	13:00	4.6 (40.0%)
167	MIELCAREK Małgorzata	340		Open K	167	00:32:02	01:05:04.65	01:37:07.45	+00:38:59 (59.9%)	13:00	4.6 (40.0%)
168	FRATCZA Beata	339		Open K	168	00:32:01	01:05:05.30	01:37:07.05	+00:39:00 (59.9%)	13:01	4.6 (40.0%)
169	WETERLE Marta	338		Open K	169	00:32:01	01:05:05.45	01:37:07.15	+00:39:00 (59.9%)	13:01	4.6 (40.0%)
170	JANICKA Kinga	49		Open K	170	00:11:03	01:06:15.45	01:17:19.25	+00:40:10 (60.6%)	13:15	4.5 (39.1%)
171	MAJDA Karolina	327		Open K	171	00:11:03	01:06:16.95	01:17:20.25	+00:40:12 (60.7%)	13:15	4.5 (39.1%)
172	SZYMAŃSKA Emilia	349		Open K	172	00:15:23	01:06:29.20	01:21:52.35	+00:40:24 (60.8%)	13:17	4.5 (39.1%)
173	ZBYLSKA Olga	346		Open K	173	00:15:22	01:06:29.90	01:21:52.75	+00:40:25 (60.8%)	13:17	4.5 (39.1%)
174	KOWALSKA Iwona	207		Open K	174	00:02:10	01:06:38.00	01:08:48.45	+00:40:33 (60.9%)	13:19	4.5 (39.1%)
175	ŻAK Magdalena	163		Open K	175	00:10:08	01:07:47.95	01:17:56.45	+00:41:43 (61.5%)	13:33	4.4 (38.3%)
176	FIAŁKOWSKA Magdalena	26		Open K	176	01:01:23	01:08:42.05	02:10:05.65	+00:42:37 (62.0%)	13:44	4.4 (38.3%)
177	KLUSZCZYŃSKA Aleksandra	244		Open K	177	00:09:22	01:09:19.25	01:18:41.55	+00:43:14 (62.4%)	13:51	4.3 (37.4%)
178	WERKOWSKA Agnieszka	245		Open K	178	00:09:21	01:09:19.95	01:18:41.45	+00:43:15 (62.4%)	13:51	4.3 (37.4%)
179	FRĄSZCZAK Ewelina	345		Open K	179	00:37:16	01:09:27.95	01:46:44.05	+00:43:23 (62.5%)	13:53	4.3 (37.4%)
180	RACINIEWSKA Ewelina	113		Open K	180	00:37:16	01:09:32.55	01:46:48.80	+00:43:27 (62.5%)	13:54	4.3 (37.4%)
181	WITOSŁAWSKA Aleksandra	152		Open K	181	01:02:41	01:11:30.70	02:14:12.20	+00:45:25 (63.5%)	14:18	4.2 (36.5%)
182	MUCHA Izabela	167		Open K	182	00:03:59	01:12:50.25	01:16:49.25	+00:46:45 (64.2%)	14:34	4.1 (35.7%)
183	KNAPIŃSKA Joanna	64		Open K	183	01:00:31	01:13:41.20	02:14:12.25	+00:47:36 (64.6%)	14:44	4.1 (35.7%)
184	SUSZEK Magdalena	226		Open K	184	00:08:06	01:13:42.35	01:21:48.35	+00:47:37 (64.6%)	14:44	4.1 (35.7%)
185	KUZIEMSKA Monika	232		Open K	185	00:08:06	01:13:42.50	01:21:49.15	+00:47:37 (64.6%)	14:44	4.1 (35.7%)
185	SOBOLEWSKA Aleksandra	233		Open K	185	00:08:05	01:13:42.50	01:21:48.35	+00:47:37 (64.6%)	14:44	4.1 (35.7%)
187	SUSZEK Katarzyna	227		Open K	187	00:08:06	01:13:42.70	01:21:49.00	+00:47:37 (64.6%)	14:44	4.1 (35.7%)
188	LUZAK Magdalena	79		Open K	188	00:08:05	01:13:42.80	01:21:48.50	+00:47:38 (64.6%)	14:44	4.1 (35.7%)
189	OSSETE-KLIMCZYK Pamela	100		Open K	189	01:02:41	01:16:29.55	02:19:10.75	+00:50:24 (65.9%)	15:17	3.9 (33.9%)
190	KRÓLIKOWSKA Jolanta	68		Open K	190	01:01:23	01:17:46.25	02:19:09.80	+00:51:41 (66.5%)	15:33	3.9 (33.9%)
191	SZYMAŃSKA Amelia	140		Open K	191	00:00:00	01:21:52.25	01:21:52.25	+00:55:47 (68.1%)	16:22	3.7 (32.2%)
192	BOGUSIA Bogusia	14		Open K	192	00:09:20					(0.0%)
193	WĄSIK Ewa	149		Open K	193	01:02:06					(0.0%)

Znaleziono 193 wynik(ów)