

JUMP RUN - JUNIOR 10-14 LAT

B4SPORT
INTELEGENE ZAWODY SPORTOWE

Event: JUMP RUN
Organiser: Akademia Rozrywki
Date: 2023-09-17
Place: Bydgoszcz
Distance: 1.5 km



Classification: All

Place	Participant	Number	Club	Category	MCat	Net time 5km	Gap	Pace min/km	Pace km/h
1	SIEJEK Nataniel	369		OPEN-M	1	00:09:37.90		1:55	31.2 (100%)
2	MAJCHRZAK Nikodem	351		OPEN-M	2	00:09:58.60	+00:00:20 (3.5%)	1:59	30.1 (96.5%)
3	MUSIAŁ Jakub	353	ZAWISZA	OPEN-M	3	00:10:04.50	+00:00:26 (4.4%)	2:00	29.8 (95.5%)
4	PRYCZEK Karol	363	AP SZCZECINEK	OPEN-M	4	00:10:04.75	+00:00:26 (4.4%)	2:00	29.8 (95.5%)
5	ZAWODZIŃSKA Lena	376		OPEN-K	1	00:10:09.50	+00:00:31 (5.2%)	2:01	29.6 (94.9%)
6	MALINOWSKI Kamil	352		OPEN-M	5	00:10:55.05	+00:01:17 (11.8%)	2:11	27.5 (88.1%)
7	SEMERDA Oliwia	222	CROSS TEAM SZCZECINEK	OPEN-K	2	00:10:58.10	+00:01:20 (12.2%)	2:11	27.4 (87.8%)
8	PRYCZEK Gabriela	362	CROSS TEAM SZCZECINEK	OPEN-K	3	00:10:59.30	+00:01:21 (12.3%)	2:11	27.3 (87.5%)
9	KONICZYŃSKA Jowita	341	MORSY	OPEN-K	4	00:10:59.60	+00:01:21 (12.4%)	2:11	27.3 (87.5%)
10	KAMIŃSKI Kajetan	339		OPEN-M	6	00:11:02.05	+00:01:24 (12.7%)	2:12	27.2 (87.2%)
11	WIERZCHOWSKI Michał	373		OPEN-M	7	00:11:19.65	+00:01:41 (15.0%)	2:15	26.5 (84.9%)
12	KRASIŃSKI Jakub	343		OPEN-M	8	00:11:29.85	+00:01:51 (16.2%)	2:17	26.1 (83.7%)
13	CZULAWSKI Jeremi	238		OPEN-M	9	00:11:36.65	+00:01:58 (17.0%)	2:19	25.9 (83.0%)
14	PIJAROWSKA Ilona	360		OPEN-K	5	00:11:42.10	+00:02:04 (17.7%)	2:20	25.6 (82.1%)
15	KOWALSKI Michał	342		OPEN-M	10	00:11:44.00	+00:02:06 (17.9%)	2:20	25.6 (82.1%)
16	DUCZYL Magdalena	239		OPEN-K	6	00:11:57.60	+00:02:19 (19.5%)	2:23	25.1 (80.4%)
17	PYRA Xawery	364		OPEN-M	11	00:12:02.25	+00:02:24 (20.0%)	2:24	24.9 (79.8%)
18	GAJEK Jerzy	337		OPEN-M	12	00:12:08.25	+00:02:30 (20.6%)	2:25	24.7 (79.2%)
19	OKONEK Ignacy	356		OPEN-M	13	00:12:09.20	+00:02:31 (20.7%)	2:25	24.7 (79.2%)
20	KULBAKA Aleksandra	344	CROSSTEAM SZCZECINEK	OPEN-K	7	00:12:13.10	+00:02:35 (21.2%)	2:26	24.6 (78.8%)
21	RASZTUBOWICZ Tymoteusz	367		OPEN-M	14	00:13:01.60	+00:03:23 (26.1%)	2:36	23 (73.7%)
22	RUSOŃ Wiktoria	368		OPEN-K	8	00:13:03.20	+00:03:25 (26.2%)	2:36	23 (73.7%)
23	NOWICKI Jakub	354		OPEN-M	15	00:13:17.85	+00:03:39 (27.6%)	2:39	22.6 (72.4%)
24	OLSZEWSKI Eryk	357		OPEN-M	16	00:13:28.20	+00:03:50 (28.5%)	2:41	22.3 (71.5%)
25	ZIELIŃSKA Martyna	377		OPEN-K	9	00:14:07.00	+00:04:29 (31.8%)	2:49	21.3 (68.3%)
26	FRĄC Krystian	335		OPEN-M	17	00:14:27.90	+00:04:50 (33.4%)	2:53	20.8 (66.7%)

Place	Participant	Number	Club	Category	MCat	Net time 5km	Gap	Pace min/km	Pace km/h
27	OCHIMOWSKA Nina	355		OPEN-K	10	00:14:49.65	+00:05:11 (35.0%)	2:57	20.2 (64.7%)
28	LUTOWSKI Filip	349		OPEN-M	18	00:14:51.35	+00:05:13 (35.2%)	2:58	20.2 (64.7%)
29	MACIĄG Laura	350		OPEN-K	11	00:15:08.15	+00:05:30 (36.4%)	3:01	19.8 (63.5%)
30	POSZKUTA Zuzanna	366		OPEN-K	12	00:15:16.15	+00:05:38 (36.9%)	3:03	19.7 (63.1%)
31	JANKOWSKA Maja	338		OPEN-K	13	00:15:36.00	+00:05:58 (38.3%)	3:07	19.2 (61.5%)
32	ZIELIŃSKI-IWIŃSKI Jakub	379		OPEN-M	19	00:15:37.60	+00:05:59 (38.4%)	3:07	19.2 (61.5%)
33	PIOTROWSKI Aleksander	361		OPEN-M	20	00:15:38.85	+00:06:00 (38.4%)	3:07	19.2 (61.5%)
34	WRZESZCZ Patrycja	375		OPEN-K	14	00:15:43.35	+00:06:05 (38.7%)	3:08	19.1 (61.2%)
35	WASILEWSKI Szymon	371	CROSSTEAM SZCZECINEK	OPEN-M	21	00:16:08.15	+00:06:30 (40.3%)	3:13	18.6 (59.6%)
36	PAWŁOWSKA Marcelina	358		OPEN-K	15	00:18:04.80	+00:08:26 (46.7%)	3:36	16.6 (53.2%)
37	WAWROCKA Maja	372		OPEN-K	16	00:18:23.25	+00:08:45 (47.6%)	3:40	16.3 (52.2%)
38	DEMBOWSKI Jakub	237		OPEN-M	22	00:18:40.20	+00:09:02 (48.4%)	3:44	16.1 (51.6%)
39	KWAŚNY Szymon	346		OPEN-M	23	00:18:52.35	+00:09:14 (49.0%)	3:46	15.9 (51.0%)
40	KWAŚNY Jakub	347		OPEN-M	24	00:18:54.80	+00:09:16 (49.1%)	3:46	15.9 (51.0%)
41	ZIELIŃSKI Igor	378		OPEN-M	25	00:18:55.40	+00:09:17 (49.1%)	3:47	15.9 (51.0%)
42	VVVV Vvv	231				00:19:14.20	+00:09:36 (49.9%)	3:50	15.6 (50.0%)
43	MM Nn	232				00:19:51.40	+00:10:13 (51.5%)	3:58	15.1 (48.4%)
44	LUTOWSKA Pola	348		OPEN-K	17	00:20:31.40	+00:10:53 (53.1%)	4:06	14.6 (46.8%)
45	SKOCZYLAS Lena	225		OPEN-K	18	00:21:13.80	+00:11:35 (54.6%)	4:14	14.1 (45.2%)
46	WIŚNIEWSKA Natalia	374		OPEN-K	19	00:21:47.00	+00:12:09 (55.8%)	4:21	13.8 (44.2%)
47	KURKOWSKA Maja	345		OPEN-K	20	00:21:51.95	+00:12:14 (56.0%)	4:22	13.7 (43.9%)
48	KASPRZAK Pola	340	SZALONE MAMUŚKI :-)	OPEN-K	21	00:21:52.00	+00:12:14 (56.0%)	4:22	13.7 (43.9%)
49	STACHOWIAK Zofia	298		OPEN-K	22	00:24:16.10	+00:14:38 (60.3%)	4:51	12.4 (39.7%)
50	STACHOWIAK Lena	370		OPEN-K	23				(0.0%)

Total 50 results.