

JUTRZENKOWY BIEG PO ZDROWIE DLA YEYVY - 5KM

B4SPORT
INTELEGENE ZAWODY SPORTOWE

Organizator: Fundacja DUM SPIRO
Data: 2023-05-07
Miejsce: Bydgoszcz
Dystans: 5.5 km



Klasyfikacja: Wszyscy

Msc	Zawodnik	Numer	Klub	Kategoria	Mkat	Czas netto 5.5km	Różn	Tempo min/km	Tempo km/h
1	DEROŃ Waldemar	7	1 POMORSKA BRYGADA LOGISTYCZNA	OPEN-M	1	00:19:19.30		3:30	17.1
2	TUCZYŃSKI Sylwester Leon	82	BYDGOSKIE OKONIE	OPEN-M	2	00:19:25.05	+00:00:05	3:31	17
3	JANUSZEWSKI Radosław	21	TEAM RUDNIK	OPEN-M	3	00:20:02.60	+00:00:43	3:38	16.5
4	HOŁTYN Patryk	17	TKKF KOLEJARZ BYDGOSZCZ	OPEN-M	4	00:21:17.65	+00:01:58	3:52	15.5
5	JAGIEŁA Adam	19	TKKF KOLEJARZ BYDGOSZCZ	OPEN-M	5	00:21:57.15	+00:02:37	3:59	15
6	STARZYŃSKI Piotr	74	#PROHOMOLUDENS	OPEN-M	6	00:21:59.30	+00:02:40	3:59	15
7	WINIECKI Patryk	92		OPEN-M	7	00:22:05.75	+00:02:46	4:00	14.9
8	GRALIK Jędrzej	15	BYDGOSKIE OKONIE	OPEN-M	8	00:22:50.65	+00:03:31	4:09	14.5
9	KOWALSKI Jacek	33	BYDGOSKIE OKONIE	OPEN-M	9	00:23:15.00	+00:03:55	4:13	14.2
10	ZABOROWSKI Krzysztof	87		OPEN-M	10	00:23:15.15	+00:03:55	4:13	14.2
11	SAK Joanna	66	DRUŻYNA SZPIKU	OPEN-K	1	00:23:34.60	+00:04:15	4:17	14
12	KOZIORZEMSKI Damian	35	OGR OSOWA GÓRA RUNNER	OPEN-M	11	00:24:19.15	+00:04:59	4:25	13.6
13	DROCIĄK Michał	8	OGR OSOWA GÓRA RUNNER	OPEN-M	12	00:24:46.70	+00:05:27	4:30	13.3
14	PAWŁOWSKI Radosław	60		OPEN-M	13	00:24:50.05	+00:05:30	4:30	13.3
15	JANKOWSKI Tomasz	106		OPEN-M	14	00:25:27.25	+00:06:07	4:37	13
16	SZCZĘSNY Arkadiusz	75	DYNAMO SKARPA	OPEN-M	15	00:26:01.20	+00:06:41	4:43	12.7
17	MACIŃSKI Waldek	46		OPEN-M	16	00:26:02.90	+00:06:43	4:44	12.7
18	JAGODZIŃSKA Magdalena	104	BYDGOSKIE OKONIE	OPEN-K	2	00:26:08.00	+00:06:48	4:45	12.6
19	DROZDOWSKI Krzysztof	9		OPEN-M	17	00:26:26.05	+00:07:06	4:48	12.5
20	KITOWSKI Hubert	27		OPEN-M	18	00:26:37.55	+00:07:18	4:50	12.4
21	CIEŚLIK Tomasz	5	MAŁY DZIKUS :)	OPEN-M	19	00:26:38.50	+00:07:19	4:50	12.4
22	SAK Anna	94	SOLANKOWI BIEGACZE	OPEN-K	3	00:26:48.00	+00:07:28	4:52	12.3
23	MICHOW Michał	50		OPEN-M	20	00:27:12.15	+00:07:52	4:56	12.1
24	KONIECKO Andrzej	29		OPEN-M	21	00:27:20.70	+00:08:01	4:58	12.1
25	GIERNATOWSKI Franciszek	13	KLUB KARATE BUSHIDO BYDGOSZCZ	OPEN-M	22	00:27:22.25	+00:08:02	4:58	12.1
26	SPYCHALSKI Michał	73		OPEN-M	23	00:27:50.50	+00:08:31	5:03	11.9

Msc	Zawodnik	Numer	Klub	Kategoria	Mkat	Czas		Tempo min/km	Tempo km/h
						netto	Różn		
27	WILKOWSKI Daniel	84		OPEN-M	24	00:28:35.95	+00:09:16	5:11	11.5
28	KOŃCZAL Joanna	30		OPEN-K	4	00:28:38.45	+00:09:19	5:12	11.5
29	BIELSKI Dawid	2		OPEN-M	25	00:28:49.05	+00:09:29	5:14	11.5
30	KUBIAK Magdalena	38		OPEN-K	5	00:29:01.65	+00:09:42	5:16	11.4
31	WŁODARCZYK Milena	99		OPEN-K	6	00:29:04.35	+00:09:45	5:17	11.4
32	WRÓBLEWSKI Aleksander	95		OPEN-M	26	00:29:06.10	+00:09:46	5:17	11.3
33	KRUTUL Maciej	37		OPEN-M	27	00:29:12.30	+00:09:53	5:18	11.3
34	SIEKIERKA Jarosław	70		OPEN-M	28	00:29:15.05	+00:09:55	5:19	11.3
35	MOCZYŃSKI Leszek	53	BYDGOSZCZ BIEGA.	OPEN-M	29	00:29:19.80	+00:10:00	5:19	11.3
36	FIEGEL Katarzyna	108		OPEN-K	7	00:29:27.55	+00:10:08	5:21	11.2
37	ŻUCHOWSKI Dariusz	109		OPEN-M	30	00:30:08.95	+00:10:49	5:28	11
38	GIERSZEWSKA Grażyna	14		OPEN-K	8	00:30:12.25	+00:10:52	5:29	10.9
39	RUMIANOWSKA Anna	65		OPEN-K	9	00:30:21.70	+00:11:02	5:31	10.9
40	SZCZYGIELSKA-GRZYBOWSKA Violetta	76		OPEN-K	10	00:31:06.10	+00:11:46	5:39	10.6
41	GAPIŃSKA Anna	11		OPEN-K	11	00:31:52.45	+00:12:33	5:47	10.4
42	WRÓBLEWSKI Adam	86	WRÓBLE	OPEN-M	31	00:31:55.80	+00:12:36	5:48	10.3
43	POCIOT Małgorzata	62		OPEN-K	12	00:32:30.15	+00:13:10	5:54	10.2
44	KUCZYŃSKA-RATAJ Paulina	39		OPEN-K	13	00:32:37.55	+00:13:18	5:55	10.1
45	MAZANOWSKA Ewa	49		OPEN-K	14	00:32:42.45	+00:13:23	5:56	10.1
46	OKSIK Łukasz	58		OPEN-M	32	00:33:08.50	+00:13:49	6:01	10
47	HOŁYŃSKA Katarzyna	18		OPEN-K	15	00:33:31.95	+00:14:12	6:05	9.8
48	BARAWAŃSKA Sylwia	96	PARKRUN BYDGOSZCZ	OPEN-K	16	00:33:32.85	+00:14:13	6:05	9.8
49	OPALA Marcin	59		OPEN-M	33	00:33:35.25	+00:14:15	6:06	9.8
50	JANKOWSKA Gosia	20		OPEN-K	17	00:34:01.90	+00:14:42	6:11	9.7
51	MURAWSKI Łukasz	56		OPEN-M	34	00:34:11.50	+00:14:52	6:12	9.7
52	SARNECKA Angelika	67		OPEN-K	18	00:34:42.90	+00:15:23	6:18	9.5
53	KWIATKOWSKI Jakub	42		OPEN-M	35	00:35:01.60	+00:15:42	6:22	9.4
54	KOZIORZEMSKA Hanna	34		OPEN-K	19	00:36:07.20	+00:16:47	6:34	9.1
55	SOBIERAJ Leszek	72	ZS24	OPEN-M	36	00:36:11.25	+00:16:51	6:34	9.1
56	BORKOWSKA Ewa	4		OPEN-K	20	00:36:33.35	+00:17:14	6:38	9
57	ŁAKOMSKA - OPALA Iwona	45		OPEN-K	21	00:37:39.95	+00:18:20	6:50	8.8
58	POTOMSKA Paula	102		OPEN-K	22	00:38:08.60	+00:18:49	6:56	8.7
59	MIRUSKI Tomasz	107		OPEN-M	37	00:38:11.65	+00:18:52	6:56	8.6
60	KAWACZYŃSKI Łukasz	103	KS ŁUKASZ	OPEN-M	38	00:38:42.50	+00:19:23	7:02	8.5
61	SARNECKI Sławomir	68		OPEN-M	39	00:38:48.15	+00:19:28	7:03	8.5
62	KĘDZIA Martyna	26		OPEN-K	23	00:39:01.60	+00:19:42	7:05	8.5
63	KOZŁOWSKA Agata	36		OPEN-K	24	00:39:16.05	+00:19:56	7:08	8.4
64	KOWALIK Anna	32		OPEN-K	25	00:39:38.25	+00:20:18	7:12	8.3
65	WŁODARCZYK Maria	100		OPEN-K	26	00:40:04.75	+00:20:45	7:17	8.2
66	ZUBRYCKA Beata	89	JUTRZENKA	OPEN-K	27	00:40:38.30	+00:21:19	7:23	8.1
67	MARSZELSKA Bożena	48	WILCZAKI	OPEN-K	28	00:40:55.70	+00:21:36	7:26	8.1
68	GACKOWSKI Edward	105		OPEN-M	40	00:41:55.65	+00:22:36	7:37	7.9
69	SIEMIŃSKA Angelika	71		OPEN-K	29	00:43:38.65	+00:24:19	7:56	7.6
70	WIŚNIEWSKA Anna	85	ZS 24	OPEN-K	30	00:44:40.25	+00:25:20	8:07	7.4

Msc	Zawodnik	Numer	Klub	Kategoria	Mkat	Czas netto 5.5km	Różn	Tempo min/km	Tempo km/h
71	OKSIK Katarzyna	57		OPEN-K	31	00:45:59.75	+00:26:40	8:21	7.2
72	KZAVTSOYA Tetiana	98		OPEN-K	32	00:46:36.20	+00:27:16	8:28	7.1
73	NAUMKINA Viktoriya	97		OPEN-K	33	00:47:10.95	+00:27:51	8:34	7
74	STAŚKIEWICZ Agnieszka	93		OPEN-K	34	00:48:54.75	+00:29:35	8:53	6.7
75	CZERNIECKA Jagoda	6		OPEN-K	35	00:50:34.55	+00:31:15	9:11	6.5
76	BLEJA-WACHULEC Anna	3		OPEN-K	36	00:50:35.00	+00:31:15	9:11	6.5
77	KOC Monika	28	COLIAN	OPEN-K	37	00:52:24.25	+00:33:04	9:31	6.3
78	KWIATKOWSKA Dorota	41		OPEN-K	38	00:52:31.35	+00:33:12	9:32	6.3

Znaleziono 78 wynik(ów)