



Organizator: Fundacja Bieg Rzeźnika
Data: 2016-09-24
Miejsce: Łądek Zdrój
Dystans: 8.611 km

K2 RUN

B4SPORT

B4SPORT
INTELEGENTNE ZAWODY SPORTOWE

Klasyfikacja: K-Open

Msc	Zawodnik	Numer	Klub	Kategoria	Mkat	Czas netto 8.611km	Czas brutto 8.611km	Różn	Tempo min/km	Tempo km/h
1	BONDARA Sylwia	219	JACEKBIEGA RUNNING TEAM	K18-35	1	00:40:27.00	00:40:27.00		4:41	12,8 (100%)
2	GOLAK Agnieszka	120	RUNNER'S POWER	K36-49	1	00:40:58.00	00:40:58.00	+00:00:31 (1.3%)	4:45	12,6 (100%)
3	NIEKRAŚ Lidia	215		K36-49	2	00:43:50.00	00:43:50.00	+00:03:23 (7.7%)	5:05	11,8 (91.7%)
4	ŁABUZ Małgorzata	184		K18-35	2	00:44:31.00	00:44:31.00	+00:04:04 (9.1%)	5:10	11,6 (91.7%)
5	FOGIEL-PAWŁOWSKA Agnieszka	117	LOS BIEGANEROS	K36-49	3	00:45:01.00	00:45:01.00	+00:04:34 (10.1%)	5:13	11,5 (91.7%)
6	MALIK Agnieszka	198	ZĄBKOWICKA GRUPA BIEGOWA FRANKENSTEIN	K36-49	4	00:45:17.00	00:45:17.00	+00:04:50 (10.7%)	5:15	11,4 (91.7%)
7	KABAT Małgorzata	171	KW KRAKÓW	K18-35	3	00:45:50.00	00:45:50.00	+00:05:23 (11.7%)	5:19	11,3 (91.7%)
8	PACHURA Kinga	150	MAGAZYN GÓRY	K36-49	5	00:46:39.00	00:46:39.00	+00:06:12 (13.3%)	5:25	11,1 (91.7%)
9	TUROSZ Iwona	176		K18-35	4	00:47:25.00	00:47:25.00	+00:06:58 (14.7%)	5:30	10,9 (83.3%)
10	ŁUCZKOWSKA Maja	174	RYSIE	K36-49	6	00:47:59.00	00:47:59.00	+00:07:32 (15.7%)	5:34	10,8 (83.3%)
11	SAJKOWSKA Gabriela	145		K36-49	7	00:48:04.00	00:48:04.00	+00:07:37 (15.8%)	5:34	10,7 (83.3%)
12	SZELEREWICZ-GŁADYSZ Paulina	127	NIEPOŁOMICIE BIEGAJĄ	K36-49	8	00:48:15.00	00:48:15.00	+00:07:48 (16.2%)	5:36	10,7 (83.3%)
13	PĘKALA Małgorzata	182		K18-35	5	00:49:05.00	00:49:05.00	+00:08:38 (17.6%)	5:42	10,5 (83.3%)
14	TOKARZ Karolina	121		K18-35	6	00:49:24.00	00:49:24.00	+00:08:57 (18.1%)	5:44	10,5 (83.3%)
15	KORYCIŃSKA Marta	202		K18-35	7	00:50:03.00	00:50:03.00	+00:09:36 (19.2%)	5:48	10,3 (83.3%)
16	ŚLIWKA Wioletta	137	NINIWATEAM	K36-49	9	00:50:11.00	00:50:11.00	+00:09:44 (19.4%)	5:49	10,3 (83.3%)
17	KRZYSZTOFIK Aleksandra	179	KARPACZ SPORT	K18-35	8	00:52:13.00	00:52:13.00	+00:11:46 (22.5%)	6:03	9,9 (75.0%)
18	WITKOWSKA Ania	128	ORKA [TO TAKA PANDA]	K36-49	10	00:53:12.00	00:53:12.00	+00:12:45 (24.0%)	6:10	9,7 (75.0%)
19	BALA Agnieszka	167	ZAWISZA LEGNICA/WOLNY TYBET	K36-49	11	00:53:42.00	00:53:42.00	+00:13:15 (24.7%)	6:14	9,6 (75.0%)
20	WESOŁOWSKA-KRUPA Paulina	199		K18-35	9	00:53:45.00	00:53:45.00	+00:13:18 (24.7%)	6:14	9,6 (75.0%)
21	REJTERADA Aleksandra	191	VEGE RUNNERS	K18-35	10	00:54:53.00	00:54:53.00	+00:14:26 (26.3%)	6:22	9,4 (75.0%)
22	SZPOJANKOWSKA-ESSEL Anna	188		K36-49	12	00:56:05.00	00:56:05.00	+00:15:38 (27.9%)	6:30	9,2 (75.0%)
23	WALCZAK Barbara	101		K18-35	11	00:56:24.00	00:56:24.00	+00:15:57 (28.3%)	6:33	9,2 (75.0%)
24	KRÓL-SZREMSKA Halina	200		K18-35	12	00:58:16.00	00:58:16.00	+00:17:49 (30.6%)	6:46	8,9 (66.7%)
25	KONOPKA Anna	111	KASZUBSKA PONIEWIERKA	K18-35	13	00:59:14.00	00:59:14.00	+00:18:47 (31.7%)	6:52	8,7 (66.7%)
26	BALICZ Agnieszka	162		K18-35	14	00:59:19.00	00:59:19.00	+00:18:52 (31.8%)	6:53	8,7 (66.7%)
27	BRZUCHNAJSKA Beata	142	TEAM TOYA DESIGN	K50+	1	00:59:31.00	00:59:31.00	+00:19:04 (32.0%)	6:54	8,7 (66.7%)
28	MIKOŁAJCZYK Agata	113		K36-49	13	01:01:25.00	01:01:25.00	+00:20:58 (34.1%)	7:07	8,4 (66.7%)
29	MACIEJEWSKA Małgorzata	177		K18-35	15	01:01:43.00	01:01:43.00	+00:21:16 (34.5%)	7:10	8,4 (66.7%)
30	KAWA-JERKA Agata	166	GNAJĄCA TEMIDA	K36-49	14	01:02:09.00	01:02:09.00	+00:21:42 (34.9%)	7:13	8,3 (66.7%)

Msc	Zawodnik	Numer	Klub	Kategoria	Mkat	Czas netto	Czas brutto	Różn	Tempo min/km	Tempo km/h
						8.611km	8.611km			
31	CHALCIŃSKA Izabela	172		K36-49	15	01:02:10.00	01:02:10.00	+00:21:43 (34.9%)	7:13	8,3 (66.7%)
32	PRASZELIK Sylwia	124		K36-49	16	01:02:59.00	01:02:59.00	+00:22:32 (35.8%)	7:18	8,2 (66.7%)
33	BUCHROITHNER Anna	104		K50+	2	01:03:53.00	01:03:53.00	+00:23:26 (36.7%)	7:25	8,1 (66.7%)
34	RÓŻECKA Agnieszka	103		K18-35	16	01:04:27.00	01:04:27.00	+00:24:00 (37.2%)	7:29	8 (66.7%)
35	AUGUSTYNIAK Daria	102		K18-35	17	01:05:03.00	01:05:03.00	+00:24:36 (37.8%)	7:33	7,9 (58.3%)
36	ZIELIŃSKA Jadwiga	165		K18-35	18	01:07:45.00	01:07:45.00	+00:27:18 (40.3%)	7:52	7,6 (58.3%)
37	BALICZ Aleksandra	163		K18-35	19	01:10:09.00	01:10:09.00	+00:29:42 (42.3%)	8:08	7,4 (58.3%)

Znaleziono 37 wynik(ów)