



**Organizator:**  
**Data:**  
**Miejsce:**  
**Dystans:**

Fundacja Bieg Rzeźnika  
2016-09-24  
Łądek Zdrój  
8.611 km

## K2 RUN

B4SPORT  
INTELIĞENTNE ZAWODY SPORTOWE

**B4SPORT**  
INTELIĞENTNE ZAWODY SPORTOWE

Klasyfikacja: M18-35

Msc	Zawodnik	Numer	Klub	Kategoria	Mkat	Czas netto 8.611km	Czas brutto 8.611km	Różn	Tempo min/km	Tempo km/h
1	<b>JOCHYMEK Piotr</b>	<b>154</b>	WYSZEDŁZDOMU.PL	M18-35	1	<b>00:35:21.00</b>	<b>00:35:21.00</b>		4:06	14,6 (100%)
2	<b>NOWAK Wojciech</b>	<b>208</b>		M18-35	2	<b>00:38:28.00</b>	<b>00:38:28.00</b>	+00:03:07 (8.1%)	4:28	13,4 (92.9%)
3	<b>WĄCHAŁA Łukasz</b>	<b>175</b>		M18-35	3	<b>00:39:06.00</b>	<b>00:39:06.00</b>	+00:03:45 (9.6%)	4:32	13,2 (92.9%)
4	<b>DOMOWICZ Wojciech</b>	<b>156</b>	CYKLOSPORT BOLESŁAWIEC	M18-35	4	<b>00:39:28.00</b>	<b>00:39:28.00</b>	+00:04:07 (10.4%)	4:35	13,1 (92.9%)
5	<b>WOWER Bartłomiej</b>	<b>134</b>	CSC ADVENTURE ACADEMY	M18-35	5	<b>00:40:36.00</b>	<b>00:40:36.00</b>	+00:05:15 (12.9%)	4:42	12,7 (85.7%)
6	<b>SZCZEPANIAK Kamil</b>	<b>153</b>	KARPACZ SPORT	M18-35	6	<b>00:40:57.00</b>	<b>00:40:57.00</b>	+00:05:36 (13.7%)	4:45	12,6 (85.7%)
7	<b>ZIELIŃSKI Paweł</b>	<b>122</b>		M18-35	7	<b>00:41:07.00</b>	<b>00:41:07.00</b>	+00:05:46 (14.0%)	4:46	12,6 (85.7%)
8	<b>DZIUK Łukasz</b>	<b>105</b>		M18-35	8	<b>00:41:10.00</b>	<b>00:41:10.00</b>	+00:05:49 (14.1%)	4:46	12,5 (85.7%)
9	<b>CZARNY Jarosław</b>	<b>185</b>		M18-35	9	<b>00:44:31.00</b>	<b>00:44:31.00</b>	+00:09:10 (20.6%)	5:10	11,6 (78.6%)
10	<b>PAWLAK Bartosz</b>	<b>143</b>	ZĄŁOGA GÓRALSKA	M18-35	10	<b>00:44:52.00</b>	<b>00:44:52.00</b>	+00:09:31 (21.2%)	5:12	11,5 (78.6%)
11	<b>JANKOWSKI Łukasz</b>	<b>187</b>	TRICLUB	M18-35	11	<b>00:44:53.00</b>	<b>00:44:53.00</b>	+00:09:32 (21.2%)	5:12	11,5 (78.6%)
12	<b>KAWA Konrad</b>	<b>186</b>		M18-35	12	<b>00:44:57.00</b>	<b>00:44:57.00</b>	+00:09:36 (21.4%)	5:13	11,5 (78.6%)
13	<b>CZARNIECKI Daniel</b>	<b>217</b>		M18-35	13	<b>00:45:10.00</b>	<b>00:45:10.00</b>	+00:09:49 (21.7%)	5:14	11,4 (78.6%)
14	<b>WALKOWIAK Dominik</b>	<b>149</b>		M18-35	14	<b>00:45:42.00</b>	<b>00:45:42.00</b>	+00:10:21 (22.6%)	5:18	11,3 (78.6%)
15	<b>TRETIK Mateusz</b>	<b>129</b>		M18-35	15	<b>00:46:00.00</b>	<b>00:46:00.00</b>	+00:10:39 (23.2%)	5:20	11,2 (78.6%)
16	<b>HAMRYSZCZAK Dawid</b>	<b>130</b>		M18-35	16	<b>00:46:06.00</b>	<b>00:46:06.00</b>	+00:10:45 (23.3%)	5:21	11,2 (78.6%)
17	<b>GLĄDALSKI Bartosz</b>	<b>138</b>		M18-35	17	<b>00:46:15.00</b>	<b>00:46:15.00</b>	+00:10:54 (23.6%)	5:22	11,2 (78.6%)

Msc	Zawodnik	Numer	Klub	Kategoria	Mkat	Czas		Różn	Tempo min/km	Tempo km/h
						netto 8.611km	brutto 8.611km			
18	<b>PELPLIŃSKI Piotr</b>	<b>114</b>	INTEL RUNNERS	M18-35	18	<b>00:46:21.00</b>	<b>00:46:21.00</b>	+00:11:00 (23.7%)	5:22	11,1 (78.6%)
19	<b>LIZURA Sławomir</b>	<b>112</b>	FABRYKA TRIATHLONU	M18-35	19	<b>00:46:57.00</b>	<b>00:46:57.00</b>	+00:11:36 (24.7%)	5:27	11 (78.6%)
20	<b>MIECH Szymon</b>	<b>118</b>		M18-35	20	<b>00:47:14.00</b>	<b>00:47:14.00</b>	+00:11:53 (25.2%)	5:29	10,9 (71.4%)
21	<b>PODSADNY Marcin</b>	<b>170</b>	GT RAT	M18-35	21	<b>00:47:35.00</b>	<b>00:47:35.00</b>	+00:12:14 (25.7%)	5:31	10,9 (71.4%)
22	<b>URBAŃSKI Michał</b>	<b>214</b>	FLUNKYBALL TEAM ŁĄDEK-ZDRÓJ	M18-35	22	<b>00:47:36.00</b>	<b>00:47:36.00</b>	+00:12:15 (25.7%)	5:31	10,9 (77.9%)
23	<b>OBSZARNY Paweł</b>	<b>131</b>		M18-35	23	<b>00:48:22.00</b>	<b>00:48:22.00</b>	+00:13:01 (26.9%)	5:37	10,7 (71.4%)
24	<b>ZWOLIŃSKI Łukasz</b>	<b>110</b>	OTK RZEŹNIK	M18-35	24	<b>00:48:33.00</b>	<b>00:48:33.00</b>	+00:13:12 (27.2%)	5:38	10,6 (71.4%)
25	<b>KOPACKI Grzegorz</b>	<b>146</b>		M18-35	25	<b>00:48:55.00</b>	<b>00:48:55.00</b>	+00:13:34 (27.7%)	5:40	10,6 (71.4%)
26	<b>DEMKOWSKI Marcin</b>	<b>161</b>		M18-35	26	<b>00:49:38.00</b>	<b>00:49:38.00</b>	+00:14:17 (28.8%)	5:45	10,4 (71.4%)
27	<b>DURSKI Adam</b>	<b>206</b>		M18-35	27	<b>00:49:42.00</b>	<b>00:49:42.00</b>	+00:14:21 (28.9%)	5:46	10,4 (71.4%)
28	<b>WOJRACH Marcin</b>	<b>216</b>	WILDCAT TEAM	M18-35	28	<b>00:50:58.00</b>	<b>00:50:58.00</b>	+00:15:37 (30.6%)	5:55	10,1 (71.4%)
29	<b>BIELECKI Adam</b>	<b>218</b>	ABTEAM	M18-35	29	<b>00:51:01.00</b>	<b>00:51:01.00</b>	+00:15:40 (30.7%)	5:55	10,1 (71.4%)
30	<b>DURSKI Maciej</b>	<b>211</b>		M18-35	30	<b>00:51:18.00</b>	<b>00:51:18.00</b>	+00:15:57 (31.1%)	5:57	10,1 (71.4%)
31	<b>RUSZKOWSKI Daniel</b>	<b>119</b>	INFORMACJA KULTURALNO-SPORTOWA STUDENTÓW UNIwersYTETU EKONOMICZNEGO WE WROCŁAWIU	M18-35	31	<b>00:51:32.00</b>	<b>00:51:32.00</b>	+00:16:11 (31.4%)	5:59	10 (71.4%)
32	<b>PISTL Jacek</b>	<b>139</b>		M18-35	32	<b>00:51:46.00</b>	<b>00:51:46.00</b>	+00:16:25 (31.7%)	6:00	10 (71.4%)
33	<b>KUPCZAK Karol</b>	<b>160</b>		M18-35	33	<b>00:52:06.00</b>	<b>00:52:06.00</b>	+00:16:45 (32.1%)	6:03	9,9 (64.3%)
34	<b>STAŃCZAK Maciej</b>	<b>223</b>	KW OPACZ	M18-35	34	<b>00:52:34.00</b>	<b>00:52:34.00</b>	+00:17:13 (32.8%)	6:06	9,8 (64.3%)
35	<b>JEZIERSKI Daniel</b>	<b>203</b>		M18-35	35	<b>00:52:37.00</b>	<b>00:52:37.00</b>	+00:17:16 (32.8%)	6:06	9,8 (64.3%)
36	<b>SAYED Akbar</b>	<b>220</b>	SUMMER 2016 K2 EXPEDITION TEAM	M18-35	36	<b>00:59:54.00</b>	<b>00:59:54.00</b>	+00:24:33 (41.0%)	6:57	8,6 (57.1%)
37	<b>SIERAKOWSKI Maciej</b>	<b>140</b>		M18-35	37	<b>01:00:58.00</b>	<b>01:00:58.00</b>	+00:25:37 (42.0%)	7:04	8,5 (57.1%)
38	<b>SZYMANIAK Emil</b>	<b>108</b>	KW LUBLIN	M18-35	38	<b>01:01:02.00</b>	<b>01:01:02.00</b>	+00:25:41 (42.1%)	7:05	8,5 (57.1%)
39	<b>SZCZYPEK Łukasz</b>	<b>212</b>		M18-35	39	<b>01:03:35.00</b>	<b>01:03:35.00</b>	+00:28:14 (44.4%)	7:23	8,1 (57.1%)
40	<b>CIESIELSKI Tomasz</b>	<b>132</b>		M18-35	40	<b>01:03:37.00</b>	<b>01:03:37.00</b>	+00:28:16 (44.4%)	7:23	8,1 (57.1%)
41	<b>ADAMCZYK Krzysztof</b>	<b>141</b>		M18-35	41	<b>01:06:19.00</b>	<b>01:06:19.00</b>	+00:30:58 (46.7%)	7:42	7,8 (50.0%)

Znaleziono 41 wynik(ów)