



# KAMIENNA TRZYDZIESTKA

B4SPORT

**Wydarzenie:**  
**Organizator:**  
**Data:**  
**Miejsce:**  
**Dystans:**

CHOJNIK KARKONOSKI FESTIWAL BIEGOWY  
FUNDACJA PROFIT MARATON  
2023-09-02  
Sobieszów  
32 km

**B4SPORT**  
INTELIGENTNE ZAWODY SPORTOWE

Klasyfikacja: Wszyscy

Msc	Zawodnik	Numer	Klub	Kategoria	Mkat	Huta Julia 8.5km	Skalne Ściany 23km	Czas netto 32km	Czas brutto 32km	Różn	Tempo min/km	Tempo km/h
1	KARWACZYŃSKI Roger	516	AW-SZYBCIEJ	M30	1			02:44:46.70	02:44:46.70		5:08	11.7 (100%)
2	SMOLIŃSKI Marcin	539	STAJNIAK TEAM	M30	2			03:00:43.05	03:00:43.05	+00:15:56 (8.8%)	5:38	10.6 (90.6%)
3	NICPON Sebastian	568		M30	3			03:01:02.65	03:01:02.65	+00:16:15 (9.0%)	5:39	10.6 (90.6%)
4	SIERADZKI Krzysztof	538	PRZEDWOJEWSKI TEAM	M30	4			03:08:38.45	03:08:38.45	+00:23:51 (12.6%)	5:53	10.2 (87.2%)
5	STANKIEWICZ Tomasz	541	PLANYBIEGOWE.PL	M30	5			03:16:16.25	03:16:16.25	+00:31:29 (16.0%)	6:08	9.8 (83.8%)
6	WASZEK Sławomir	549	WASZKÓWKA®	M40	1			03:20:49.90	03:20:49.90	+00:36:03 (18.0%)	6:16	9.6 (82.1%)
7	BRZĄKAŁSKI Krzysiek	563	EAZYMUT.PL	M30	6			03:25:11.35	03:25:11.35	+00:40:24 (19.7%)	6:24	9.4 (80.3%)
8	HALSKA Ania	564	ANNA HALSKA COACHING	K30	1			03:25:44.00	03:25:44.00	+00:40:57 (19.9%)	6:25	9.3 (79.5%)
9	WŁODARCZYK Jarosław	553	TEAM KOWARY BIEGAJĄ	M40	2			03:26:24.30	03:26:24.30	+00:41:37 (20.2%)	6:27	9.3 (79.5%)
10	STREICH Tomasz	543		M30	7			03:30:38.40	03:30:38.40	+00:45:51 (21.8%)	6:34	9.1 (77.8%)
11	GAŚIOROWSKI Jarek	565	ADDED VALUE NIERUCHOMOSCI	M30	8			03:34:21.25	03:34:21.25	+00:49:34 (23.1%)	6:41	9 (76.9%)
12	KORCZ Daniel	566		M40	3			03:39:29.65	03:39:29.65	+00:54:42 (24.9%)	6:51	8.7 (74.4%)
13	BIBKO Martin	503	SPEEDBAR	M40	4			03:43:29.30	03:43:29.30	+00:58:42 (26.3%)	6:59	8.6 (73.5%)
14	LATAŃSKI Eryk	525		M18	1			03:44:21.15	03:44:21.15	+00:59:34 (26.6%)	7:00	8.6 (73.5%)
15	BABIŃSKA-POPIŁKA Ewelina	557		K30	2			03:48:41.90	03:48:41.90	+01:03:55 (27.9%)	7:08	8.4 (71.8%)
16	GÓRECKI Krzysztof	507		M18	2			03:53:36.40	03:53:36.40	+01:08:49 (29.5%)	7:18	8.2 (70.1%)
17	REDKIEWICZ Agnieszka	536	RUN!	K40	1			03:58:59.05	03:58:59.05	+01:14:12 (31.1%)	7:28	8 (68.4%)
18	MARCIN Goleń	527		M30	9			04:00:52.80	04:00:52.80	+01:16:06 (31.6%)	7:31	8 (68.4%)
19	JĘDRYCHOWSKI Bartłomiej	561		M40	5			04:02:39.60	04:02:39.60	+01:17:52 (32.1%)	7:34	7.9 (67.5%)
20	PRZYBYŁ Piotr	534	EASY RUNNERS	M50	1			04:05:49.90	04:05:49.90	+01:21:03 (33.0%)	7:40	7.8 (66.7%)
21	BIAŁOMYZY Urszula	502		K18	1			04:08:39.55	04:08:39.55	+01:23:52 (33.7%)	7:46	7.7 (65.8%)
22	KACZMAREK Radosław	511		M50	2			04:10:47.10	04:10:47.10	+01:26:00 (34.3%)	7:50	7.7 (65.8%)
23	SZAŁĘGA Ewelina	545	HELIKON-TEX	K30	3			04:16:29.90	04:16:29.90	+01:31:43 (35.8%)	8:00	7.5 (64.1%)
24	NIEDŹWIECKI Marek	560	NOKIA	M30	10			04:16:35.50	04:16:35.50	+01:31:48 (35.8%)	8:01	7.5 (64.1%)
25	STYK Marek	544		M30	11			04:19:41.40	04:19:41.40	+01:34:54 (36.5%)	8:06	7.4 (63.2%)
26	JĘDRAŚ Rafał	510		M30	12			04:23:26.45	04:23:26.45	+01:38:39 (37.5%)	8:13	7.3 (62.4%)
27	CIEŚLIK Sławomir	505	ANTONTEAM	M40	6			04:23:39.95	04:23:39.95	+01:38:53 (37.5%)	8:14	7.3 (62.4%)
28	SIKORSKI Wojciech	558	ROWERY MAŁGOŚKA	M30	13			04:28:05.45	04:28:05.45	+01:43:18 (38.5%)	8:22	7.2 (61.5%)
29	LISOWSKI Marcin	562	CRUEL BEATROOT	M30	14			04:28:35.45	04:28:35.45	+01:43:48 (38.7%)	8:23	7.1 (60.7%)

Msc	Zawodnik	Numer	Klub	Kategoria	Mkat	Huta Julia		Czas netto 32km	Czas brutto 32km	Różn	Tempo min/km	Tempo km/h
						8.5km	Skalne Ściany 23km					
30	<b>KANIEWSKI Piotr</b>	<b>513</b>		M30	15			<b>04:28:57.20</b>	<b>04:28:57.20</b>	+01:44:10 (38.7%)	8:24	7.1 (60.7%)
31	<b>ZBOJAK Grzegorz</b>	<b>555</b>		M30	16			<b>04:40:02.35</b>	<b>04:40:02.35</b>	+01:55:15 (41.2%)	8:45	6.9 (59.0%)
32	<b>KAŻMIERCZAK Rafał</b>	<b>518</b>	JESTEM OD ROMKA	M18	3			<b>04:40:04.50</b>	<b>04:40:04.50</b>	+01:55:17 (41.2%)	8:45	6.9 (59.0%)
33	<b>WALISZEWSKI Jakub</b>	<b>559</b>	ROWERY MAŁGOŚKA	M30	17			<b>04:40:49.55</b>	<b>04:40:49.55</b>	+01:56:02 (41.3%)	8:46	6.8 (58.1%)
34	<b>BARTOSIEWICZ Adam</b>	<b>501</b>		M40	7			<b>04:42:29.65</b>	<b>04:42:29.65</b>	+01:57:42 (41.7%)	8:49	6.8 (58.1%)
35	<b>KANDUŁA Grzegorz</b>	<b>515</b>	#KETOBIEGANIE	M40	8			<b>04:42:29.75</b>	<b>04:42:29.75</b>	+01:57:43 (41.7%)	8:49	6.8 (58.1%)
36	<b>WIŚNIEWSKA Iwona</b>	<b>551</b>	MINNIE RUN	K30	4			<b>04:44:27.00</b>	<b>04:44:27.00</b>	+01:59:40 (42.1%)	8:53	6.7 (57.3%)
37	<b>GÓRSKI Mariusz</b>	<b>508</b>	DRZEWIEC	M40	9			<b>04:49:39.40</b>	<b>04:49:39.40</b>	+02:04:52 (43.1%)	9:03	6.6 (56.4%)
38	<b>MOSTOWSKI Marcin</b>	<b>530</b>		M30	18			<b>04:51:12.45</b>	<b>04:51:12.45</b>	+02:06:25 (43.4%)	9:06	6.6 (56.4%)
39	<b>MARCINIAK Janusz</b>	<b>528</b>	NIGHTRUNNERS	M40	10			<b>04:51:39.20</b>	<b>04:51:39.20</b>	+02:06:52 (43.5%)	9:06	6.6 (56.4%)
40	<b>ZARĘBA Adam</b>	<b>554</b>	KB MANIAC POZNAŃ	M40	11			<b>04:52:55.10</b>	<b>04:52:55.10</b>	+02:08:08 (43.7%)	9:09	6.6 (56.4%)
41	<b>KOJRO Waldemar</b>	<b>521</b>		M40	12			<b>04:57:14.85</b>	<b>04:57:14.85</b>	+02:12:28 (44.6%)	9:17	6.5 (55.6%)
42	<b>KOSTOWSKI Roman</b>	<b>523</b>		M30	19			<b>04:58:08.55</b>	<b>04:58:08.55</b>	+02:13:21 (44.7%)	9:19	6.4 (54.7%)
43	<b>STASIŃSKA Wiktoria</b>	<b>542</b>		K18	2			<b>04:58:08.65</b>	<b>04:58:08.65</b>	+02:13:21 (44.7%)	9:19	6.4 (54.7%)
44	<b>SZELAĞIEWICZ Arek</b>	<b>546</b>	CI OD RUDEGO KOTA	M40	13			<b>05:09:17.20</b>	<b>05:09:17.20</b>	+02:24:30 (46.7%)	9:39	6.2 (53.0%)
45	<b>NIZAR Wioletta</b>	<b>531</b>	CSC ADVENTURE ACADEMY	K40	2			<b>05:11:30.80</b>	<b>05:11:30.80</b>	+02:26:44 (47.1%)	9:44	6.2 (53.0%)
46	<b>KANDUŁA Klaudia</b>	<b>514</b>	LION GROUP	K40	3			<b>05:11:32.10</b>	<b>05:11:32.10</b>	+02:26:45 (47.1%)	9:44	6.2 (53.0%)
47	<b>PAWŁOWSKI Krzysztof</b>	<b>556</b>		M40	14			<b>05:12:59.75</b>	<b>05:12:59.75</b>	+02:28:13 (47.4%)	9:46	6.1 (52.1%)
48	<b>SZYMCZAK Elwira</b>	<b>547</b>		K18	3			<b>05:18:36.60</b>	<b>05:18:36.60</b>	+02:33:49 (48.3%)	9:57	6 (51.3%)
49	<b>PALACZ Wioletta</b>	<b>567</b>	POLANIA BYDGOSZCZ SLA	K40	4			<b>05:18:36.80</b>	<b>05:18:36.80</b>	+02:33:50 (48.3%)	9:57	6 (51.3%)
50	<b>WISZNIEWSKI Roman</b>	<b>550</b>		M50	3			<b>05:24:05.10</b>	<b>05:24:05.10</b>	+02:39:18 (49.2%)	10:07	5.9 (50.4%)
51	<b>KLIM Katarzyna</b>	<b>519</b>		K40	5			<b>05:38:36.55</b>	<b>05:38:36.55</b>	+02:53:49 (51.3%)	10:34	5.7 (48.7%)
52	<b>BOJARSKA Zuzanna</b>	<b>504</b>	BW BIEGACZE WYMIATACZE	K18	4			<b>05:40:00.60</b>	<b>05:40:00.60</b>	+02:55:13 (51.5%)	10:37	5.6 (47.9%)
53	<b>WIŚNIEWSKI Rafał</b>	<b>552</b>	KWP POZNAŃ	M30	20			<b>05:47:25.40</b>	<b>05:47:25.40</b>	+03:02:38 (52.6%)	10:51	5.5 (47.0%)
54	<b>PYĆ Andrzej</b>	<b>535</b>		M30	21			<b>05:50:01.80</b>	<b>05:50:01.80</b>	+03:05:15 (52.9%)	10:56	5.5 (47.0%)
55	<b>SIEMIĄTKOWSKI Krzysztof</b>	<b>537</b>	#BIEGAMWOLNOALEDOKŁADNIE	M30	22			<b>05:55:38.45</b>	<b>05:55:38.45</b>	+03:10:51 (53.7%)	11:06	5.4 (46.2%)
56	<b>TOMASZEWSKI Bartosz</b>	<b>548</b>	SMOK TRÓJGŁOWY	M30	23			<b>05:57:46.85</b>	<b>05:57:46.85</b>	+03:13:00 (53.9%)	11:10	5.4 (46.2%)
<b>Przekroczony limit czasu: 06:00:00</b>												
57	<b>KAŻMIERCZAK Aleksandra</b>	<b>517</b>	SKORUPA SPORT	K40	6			<b>06:05:28.75</b>	<b>06:05:28.75</b>	+03:20:42 (54.9%)	11:25	5.3 (45.3%)
58	<b>PASIEKA Tomasz</b>	<b>532</b>		M40	15			<b>06:13:02.95</b>	<b>06:13:02.95</b>	+03:28:16 (55.8%)	11:39	5.1 (43.6%)
	<b>MICHALAK Magdalena</b>	<b>529</b>	ULTRA WAY TEAM	K40		DNF	DNF	<b>DNF</b>	<b>DNF</b>		-	- (0.0%)

Znaleziono 59 wynik(ów)