

# KAMUS PÓŁMARATON

B4SPORT

**Wydarzenie:** 150 maraton Kazimierza Musiałowskiego  
**Organizator:** Klub Sportowy „Kamus Maraton”  
**Data:** 2018-06-09  
**Miejsce:** Osieki  
**Dystans:** 21.1 km



Klasyfikacja: Wszyscy

Msc	Zawodnik	Numer	Klub	Kategoria	Mkat	Spike_All			Czas netto 21.1km	Różn	Tempo min/km	Tempo km/h
						5.3km	10.6km	15.8km				
1	KONIARSKI Janusz	80	KUJAWSKO-POMORSKIE.PL	M50-59	1	00:26:38	00:50:53	01:19:46	<b>01:45:25.90</b>		4:59	12 (100%)
2	ROSZAK Zbigniew	87	TG SOKÓŁ GNIEWKOWO	M30-39	1	00:26:37	00:51:22	01:20:41	<b>01:46:18.35</b>	+00:00:52 (0.8%)	5:02	11.9 (99.2%)
3	HEYKA Piotr	71		M18-29	1	00:27:23	00:52:09	01:20:40	<b>01:46:58.25</b>	+00:01:32 (1.4%)	5:04	11.8 (98.3%)
4	JONATOWSKI Grzegorz	84		M30-39	2	00:28:36	00:54:12	01:24:26	<b>01:50:50.05</b>	+00:05:24 (4.9%)	5:15	11.4 (95.0%)
5	CZURYŃSKI Marek	68	LEŚNA KUNA	M30-39	3	00:28:40	00:54:36	01:24:15	<b>01:51:04.70</b>	+00:05:38 (5.1%)	5:15	11.4 (95.0%)
6	STALICA Wojciech	82	IZOERG	M40-49	1	00:28:12	00:54:06	01:24:32	<b>01:51:14.30</b>	+00:05:48 (5.2%)	5:16	11.4 (95.0%)
7	KARAŚ Marek	69	PODGÓRZ TORUŃ	M50-59	2	00:28:17	00:54:11	01:25:30	<b>01:52:49.05</b>	+00:07:23 (6.5%)	5:20	11.2 (93.3%)
8	PACUSZKA Krzysztof	81	ŁUBUDUBU	M40-49	2	00:26:38	00:50:48	01:21:05	<b>01:53:45.15</b>	+00:08:19 (7.3%)	5:23	11.1 (92.5%)
9	OLSZEWSKI Andrzej	77	ŚLĘZAK TEAM	M50-59	3	00:30:47	00:58:07	01:28:31	<b>01:55:08.40</b>	+00:09:42 (8.4%)	5:27	11 (91.7%)
10	WICZKOWSKI Gabriel	73	ANWIL TEAM	M50-59	4	00:30:01	00:58:06	01:30:18	<b>01:59:36.65</b>	+00:14:10 (11.9%)	5:40	10.6 (88.3%)
11	REJNOWSKI Michał	70		M40-49	3	00:34:32	01:04:11	01:37:01	<b>02:03:34.45</b>	+00:18:08 (14.7%)	5:51	10.2 (85.0%)
12	DEMSKI Arkadiusz	88		M40-49	4	00:31:43	01:00:38	01:34:46	<b>02:05:59.55</b>	+00:20:33 (16.3%)	5:58	10 (83.3%)
13	RYGIELSKI Rafał	86		M40-49	5	00:31:43	01:00:37	01:34:46	<b>02:06:00.30</b>	+00:20:34 (16.3%)	5:58	10 (83.3%)
14	WICZKOWSKA Jolanta	72		K40-49	1	00:35:23	01:05:57	01:41:24	<b>02:11:40.15</b>	+00:26:14 (19.9%)	6:14	9.6 (80.0%)
15	MIŁO Adam	66		M40-49	6	00:31:26	01:01:18	01:37:10	<b>02:11:58.05</b>	+00:26:32 (20.1%)	6:15	9.6 (80.0%)
16	KARKOWSKA Wiesława	89		K50-59	1	00:31:39	01:02:49	01:38:40	<b>02:12:44.50</b>	+00:27:18 (20.6%)	6:17	9.5 (79.2%)
17	NAJDOWSKA Anna	74		K18-29	1	00:33:56	01:05:46	01:41:39	<b>02:14:07.30</b>	+00:28:41 (21.4%)	6:21	9.4 (78.3%)
18	GRZYBAŁA Andrzej	33	KR-B 'EKO' ŁOMŻA	M60+	1	00:31:46	01:01:33	01:38:26	<b>02:15:29.15</b>	+00:30:03 (22.2%)	6:25	9.3 (77.5%)
19	MOSIOŁEK Ryszard	63		M40-49	7	00:34:25	01:06:09	01:45:06	<b>02:19:34.85</b>	+00:34:08 (24.5%)	6:36	9.1 (75.8%)
20	STRZYŻEWSKI Mirosław	44	EDYTORZY UMK	M50-59	5	00:35:47	01:08:43	01:45:56	<b>02:19:39.10</b>	+00:34:13 (24.5%)	6:37	9.1 (75.8%)
21	GRUSZECZKA Patryk	78	POLSKA GRUPA BIEGOWA	M30-39	4	00:32:15	01:05:08	01:45:21	<b>02:23:32.05</b>	+00:38:06 (26.5%)	6:48	8.8 (73.3%)
22	DROŹDŻAL Maciej	23		M30-39	5	00:31:37	01:06:37	01:40:37	<b>02:25:14.90</b>	+00:39:49 (27.4%)	6:52	8.7 (72.5%)
23	ZIELIŃSKA Daria	76		K18-29	2	00:35:45	01:09:40	01:49:26	<b>02:25:23.70</b>	+00:39:57 (27.5%)	6:53	8.7 (72.5%)
24	NAPIÓRSKI Maciej	65		M30-39	6	00:31:59	01:03:34	01:43:33	<b>02:25:28.85</b>	+00:40:02 (27.5%)	6:53	8.7 (72.5%)
25	KOWALSKA Małgorzata	83		K40-49	2	00:35:17	01:08:55	01:49:14	<b>02:27:18.80</b>	+00:41:52 (28.4%)	6:58	8.6 (71.7%)
26	NĘDZUSIAK Honorata	79	POLKRYŚ TEAM	K50-59	2	00:36:50	01:10:58	01:53:01	<b>02:29:17.80</b>	+00:43:51 (29.4%)	7:04	8.5 (70.8%)
27	STOLARSKA Danuta	61	WKB MARATOŃCZYK WŁOCŁAWEK/ANETA TEAM	K60+	1	00:34:49	01:08:49	01:53:08	<b>02:35:31.70</b>	+00:50:05 (32.2%)	7:22	8.1 (67.5%)

Msc	Zawodnik	Numer	Klub	Kategoria	Mkat	Czas						
						Spike_All 5.3km	Start_All 10.6km	Spike_All 15.8km	netto 21.1km	Różn	Tempo min/km	Tempo km/h
28	<b>CEJKO Sławomir</b>	<b>43</b>		M40-49	8	00:39:25	01:17:00	02:00:52	<b>02:42:47.15</b>	+00:57:21 (35.2%)	7:42	7.8 (65.0%)
29	<b>HELLER Zdzisław</b>	<b>67</b>	NIEZRZESZONY	M60+	2	00:40:00	01:17:43	02:02:16	<b>02:44:17.55</b>	+00:58:51 (35.8%)	7:47	7.7 (64.2%)
30	<b>REMBERK Barbara</b>	<b>75</b>		K40-49	3	00:44:55	01:28:48	02:18:31	<b>03:06:49.65</b>	+01:21:23 (43.6%)	8:51	6.8 (56.7%)

Znaleziono 30 wynik(ów)