

KLASYFIKACJA LETNICH MILI BIEGOWYCH PO 4 EDYCJACH

B4SPORT
INTELEGENNE ZAWODY SPORTOWE

Wydarzenie: Koszalińskie Letnie Mile Biegowe 2023 - 4/4
Organizator: Koszalińskie Towarzystwo Krzewienia Kultury Fizycznej
Data: 2023-08-16
Miejsce: Koszalin
Dystans: 1.609 km



Klasyfikacja: Wszyscy

Msc	Zawodnik	Numer	Klub	Kategoria	Mkat	Etap 1	Etap 2	Etap 3	Etap 4	Czas netto 1.609km	Różn	Tempo min/km	Tempo km/h
1	PROWANCKI Patryk	65	WILKI POMORSKIE	M-18	1	00:04:53.00	00:04:47.00	00:04:46.00	00:04:40.00	00:19:06.00		2:58	20.2 (100%)
2	FEDORCZAK Łukasz	46	BIEGOLAS KOSZALIN	M-18	2	00:05:13.00	00:05:12.00	00:05:05.00	00:05:09.00	00:20:39.00	+00:01:33 (7.5%)	3:12	18.7 (92.6%)
3	SMAGOWSKI Wojtek	67	OSP RĄBINO	M-40	1	00:05:33.00	00:05:33.00	00:05:36.00	00:05:33.00	00:22:15.00	+00:03:09 (14.2%)	3:27	17.4 (86.1%)
4	KONKEL Agnieszka	51		K-18	1	00:05:53.00	00:05:49.00	00:05:55.00	00:05:55.00	00:23:32.00	+00:04:26 (18.8%)	3:39	16.4 (81.2%)
5	BARUTOWICZ Grzegorz	41		M-40	2	00:06:21.00	00:06:01.00	00:05:54.00	00:05:52.00	00:24:08.00	+00:05:02 (20.9%)	3:44	16 (79.2%)
6	MARTAU Julia	57	WILKI POMORSKIE	K-14	1	00:06:02.00	00:06:01.00	00:06:12.00	00:05:56.00	00:24:11.00	+00:05:05 (21.0%)	3:45	16 (79.2%)
7	URBAŃSKI Tomasz	69	BIAŁOGARD BIEGA	M-50	1	00:06:18.00	00:06:03.00	00:06:21.00	00:06:01.00	00:24:43.00	+00:05:37 (22.7%)	3:50	15.6 (77.2%)
8	OWCZARZ Marcin	62	FIGA TEAM	M-18	3	00:06:27.00	00:06:24.00	00:06:27.00	00:06:10.00	00:25:28.00	+00:06:22 (25.0%)	3:57	15.2 (75.2%)
9	KRUPIŃSKI Krzysztof	54	E-UROLOG.EU	M-50	2	00:06:33.00	00:06:25.00	00:06:25.00	00:06:19.00	00:25:42.00	+00:06:36 (25.7%)	3:59	15 (74.3%)
10	FEDORCZAK Joanna	47	BIEGOLAS KOSZALIN	K-40	1	00:06:39.00	00:06:31.00	00:06:23.00	00:06:15.00	00:25:48.00	+00:06:42 (26.0%)	4:00	15 (74.3%)
11	ORLIKOWSKI Robert	61	POŁCZYN BIEGA ♥	M-18	4	00:06:42.00	00:06:29.00	00:06:37.00	00:06:35.00	00:26:23.00	+00:07:17 (27.6%)	4:05	14.6 (72.3%)
12	DRABKOWSKA Agnieszka	45	KRÓLOWA WŁASNEJ BAJKI	K-40	2	00:07:05.00	00:06:47.00	00:06:49.00	00:06:49.00	00:27:30.00	+00:08:24 (30.5%)	4:16	14 (69.3%)
13	STRZELECKI Grzegorz	68	FIGA TEAM	M-40	3	00:06:55.00	00:06:59.00	00:06:58.00	00:07:08.00	00:28:00.00	+00:08:54 (31.8%)	4:21	13.8 (68.3%)

Msc	Zawodnik	Numer	Klub	Kategoria	Mkat	Etap 1	Etap 2	Etap 3	Etap 4	Czas netto 1.609km	Różn	Tempo min/km	Tempo km/h
14	MONGIAŁO Marcin	59		M-40	4	00:07:02.00	00:07:02.00	00:07:13.00	00:07:19.00	00:28:36.00	+00:09:30 (33.2%)	4:26	13.5 (66.8%)
15	BRATKOWSKI Łukasz	43		M-40	5	00:07:32.00	00:07:31.00	00:07:30.00	00:07:17.00	00:29:50.00	+00:10:44 (36.0%)	4:38	12.9 (63.9%)
16	KLENIEWSKI Piotr	50		M-60	1	00:07:33.00	00:07:45.00	00:07:29.00	00:07:33.00	00:30:20.00	+00:11:14 (37.0%)	4:42	12.7 (62.9%)
17	GÓRALSKA Monika	49	BIAŁOGARD BIEGA	K-40	3	00:07:41.00	00:07:23.00	00:07:46.00	00:07:34.00	00:30:24.00	+00:11:18 (37.2%)	4:43	12.7 (62.9%)
18	POŁANIECKA Agnieszka	64	AZS	K-50	1	00:08:14.00	00:08:24.00	00:08:01.00	00:08:27.00	00:33:06.00	+00:14:00 (42.3%)	5:08	11.7 (57.9%)
19	KRZYSZTOFIK Katarzyna	75		K-18	2	00:08:45.00	00:08:34.00	00:08:18.00	00:08:48.00	00:34:25.00	+00:15:19 (44.5%)	5:20	11.2 (55.4%)
	WEBER Paweł	71	BIEGOLAS	M-40		00:00:00.00 DNF	00:05:28.00 DNF	00:00:00.00 DNF	00:00:00.00 DNF	DNF		-	- (0.0%)
	KRZYSIEK Dawid	74		M-18		00:05:33.00 DNF	00:00:00.00 DNF	00:00:00.00 DNF	00:00:00.00 DNF	DNF		-	- (0.0%)
	MILEWSKI Tomasz	58		M-40		00:05:56.00 DNF	00:00:00.00 DNF	00:00:00.00 DNF	00:00:00.00 DNF	DNF		-	- (0.0%)
	KRZYSIEK Dawid	55	UKSM EKIPA BIELACHY	M-18		00:00:00.00 DNF	00:06:21.00 DNF	00:00:00.00 DNF	00:00:00.00 DNF	DNF		-	- (0.0%)
	OLSZEWSKI Wojciech	60	SĄ WOLNIEJSI	M-40		00:06:36.00 DNF	00:00:00.00 DNF	00:00:00.00 DNF	00:00:00.00 DNF	DNF		-	- (0.0%)
	HOŁUB Kamil	35		M-40		00:05:17.00 DNF	00:05:17.00 DNF	00:00:00.00 DNF	00:00:00.00 DNF	DNF		-	- (0.0%)
	SMAGOWSKI Wojtek	66	OSP RĄBINO	M-40		00:00:00.00 DNF	00:05:20.00 DNF	00:00:00.00 DNF	00:05:19.00 DNF	DNF		-	- (0.0%)
	WITKIEWICZ Eryk	73	KB DZIESIĄTKA BIALOGARD	M-40		00:00:00.00 DNF	00:05:24.00 DNF	00:00:00.00 DNF	00:05:31.00 DNF	DNF		-	- (0.0%)
	KRYNICKA - GRZYB Małgorzata	16		K-18		00:05:42.00 DNF	00:05:38.00 DNF	00:00:00.00 DNF	00:00:00.00 DNF	DNF		-	- (0.0%)
	KOZAK Arkadiusz	52	TKKF KOSZALIN	M-50		00:05:04.00 DNF	00:05:01.00 DNF	00:05:03.00 DNF	00:00:00.00 DNF	DNF		-	- (0.0%)
	PICK Tomasz	63	BIEGOLAS / KORONA	M-50		00:05:28.00 DNF	00:05:21.00 DNF	00:00:00.00 DNF	00:05:29.00 DNF	DNF		-	- (0.0%)
	MARCHLEWSKI Maciej	56		M-14		00:05:47.00 DNF	00:05:24.00 DNF	00:05:21.00 DNF	00:00:00.00 DNF	DNF		-	- (0.0%)
	WALEŃSKI Michał	70	TKKF KOSZALIN	M-40		00:05:49.00 DNF	00:05:47.00 DNF	00:00:00.00 DNF	00:05:43.00 DNF	DNF		-	- (0.0%)
	DENISIUK Bartosz	44		M-40		00:06:24.00 DNF	00:00:00.00 DNF	00:06:18.00 DNF	00:06:07.00 DNF	DNF		-	- (0.0%)
	ZIELIŃSKA Katarzyna	79		K-40		00:08:52.00 DNF	00:08:40.00 DNF	00:00:00.00 DNF	00:08:52.00 DNF	DNF		-	- (0.0%)
	WALKOWIAK Daria	78		K-18		00:08:52.00 DNF	00:08:44.00 DNF	00:00:00.00 DNF	00:08:55.00 DNF	DNF		-	- (0.0%)