



KOBIETY NA 5+ :: BIEG

B4SPORT

Wydarzenie: "Kobiety na 5+" Jastrzębski Bieg Kobiet
Organizator: Miejski Ośrodek Sportu i Rekreacji Jastrzębie-Zdrój
Data: 2024-05-26
Miejsce: Jastrzębie-Zdrój
Dystans: 5.3 km

B4SPORT
INTELEGNTE ZAWODY SPORTOWE

Klasyfikacja: 20-29 lat

Msc	Zawodnik	Numer	Klub	Kategoria	Mkat	Drużyna 1	Drużyna 2	Czas startu	Zawrotka 2.5km	Czas netto 5.3km	Czas brutto 5.3km	Różn	Tempo min/km	Tempo km/h
1	MROWIEC Kinga	709	TL POGOŃ RUDA ŚLĄSKA	20-29 lat	1		Team Halemba	00:00:00	00:09:21	00:21:25.64	00:21:26.01		4:02	14.8 (100%)
2	BUDNY Patrycja	363	WARTKIE PIERONY	20-29 lat	2	Wartkie Pieronice		00:00:03	00:09:26	00:22:34.48	00:22:37.62	+00:01:08 (5.1%)	4:15	14.1 (95.3%)
3	KOBIELUSZ Martyna	388		20-29 lat	3			00:00:04	00:09:39	00:22:52.93	00:22:57.20	+00:01:27 (6.4%)	4:18	13.9 (93.9%)
4	MIKULAK Natalia	423		20-29 lat	4			00:00:06	00:10:19	00:24:20.75	00:24:26.94	+00:02:55 (12.0%)	4:35	13.1 (88.5%)
5	KONDZIOŁKA Kinga	308		20-29 lat	5	ZZOZOLKI		00:00:01	00:10:31	00:24:36.23	00:24:38.05	+00:03:10 (12.9%)	4:38	12.9 (87.2%)
6	SIKORA Wiktoria	685		20-29 lat	6			00:00:04	00:10:40	00:24:48.66	00:24:53.15	+00:03:23 (13.6%)	4:40	12.8 (86.5%)
7	POZNIAK Maria	416		20-29 lat	7			00:00:13	00:10:52	00:25:22.30	00:25:35.60	+00:03:56 (15.5%)	4:47	12.5 (84.5%)
8	KOWALONEK Aleksandra	716	@GOOD VIBES	20-29 lat	8		@good vibes	00:00:04	00:10:51	00:26:14.82	00:26:19.42	+00:04:49 (18.4%)	4:56	12.1 (81.8%)
9	SZCZĘSNA Kinga	389	RUNSZ-TEAM	20-29 lat	9	RunSZ-team		00:00:03	00:12:04	00:26:38.57	00:26:41.73	+00:05:12 (19.6%)	5:01	11.9 (80.4%)
10	LEPA Klaudia	910		20-29 lat	10			00:00:05	00:11:31	00:27:13.03	00:27:18.53	+00:05:47 (21.3%)	5:08	11.7 (79.1%)
11	GOŁOFIT Edyta	995		20-29 lat	11	OPEL Fijałkowski		00:00:11	00:11:59	00:27:35.88	00:27:47.47	+00:06:10 (22.4%)	5:12	11.5 (77.7%)
12	HAŁASA Anna	778		20-29 lat	12			00:00:10	00:11:55	00:27:39.17	00:27:50.13	+00:06:13 (22.5%)	5:13	11.5 (77.7%)
13	PIĄTEK Patrycja	696		20-29 lat	13		Majowe psiapsi	00:00:07	00:11:48	00:27:42.22	00:27:49.93	+00:06:16 (22.7%)	5:13	11.5 (77.7%)
14	ZIEMIŃSKA Paulina	11		20-29 lat	14			00:00:14	00:11:59	00:27:53.05	00:28:07.84	+00:06:27 (23.2%)	5:15	11.4 (77.0%)
15	KRAWCZYK Urszula	255		20-29 lat	15			00:00:45	00:12:24	00:28:14.89	00:29:00.66	+00:06:49 (24.1%)	5:19	11.3 (76.4%)

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16	SOŁTYS Wiktoria	535		20-29 lat	16			00:00:42	00:12:14	00:28:38.14	00:29:20.17	+00:07:12 (25.2%)	5:24	11.1 (75.0%)
17	OLECH Kinga	698		20-29 lat	17		Majowe psiapsi	00:00:07	00:11:50	00:28:40.87	00:28:48.00	+00:07:15 (25.3%)	5:24	11.1 (75.0%)
18	MIKOŁAJEC Paulina	949		20-29 lat	18			00:00:16	00:12:41	00:29:15.15	00:29:31.35	+00:07:49 (26.8%)	5:31	10.9 (73.6%)
19	WOJTAS Kinga	600	POWOLI DO CELU	20-29 lat	19	PoWoli do Celu		00:00:20	00:13:08	00:29:30.37	00:29:51.11	+00:08:04 (27.4%)	5:33	10.8 (73.0%)
20	FRYZIK Monika	574		20-29 lat	20			00:00:23	00:13:23	00:29:39.53	00:30:03.30	+00:08:13 (27.8%)	5:35	10.7 (72.3%)
21	MARCISZ Natalia	974		20-29 lat	21			00:00:17	00:13:00	00:29:50.18	00:30:08.11	+00:08:24 (28.2%)	5:37	10.7 (72.3%)
22	KOZIELSKA Dominika	858		20-29 lat	22			00:00:31	00:13:30	00:30:09.05	00:30:40.18	+00:08:43 (28.9%)	5:41	10.5 (70.9%)
23	MICHALAK Nikola	544		20-29 lat	23			00:00:41	00:12:52	00:30:10.43	00:30:51.66	+00:08:44 (29.0%)	5:41	10.5 (70.9%)
24	BRZUSKA Adrianna	145	ZZOZOLKI	20-29 lat	24	ZZOZOLKI		00:00:39	00:12:41	00:30:28.30	00:31:08.10	+00:09:02 (29.7%)	5:44	10.4 (70.3%)
25	PETRYKOWSKA Magda	380		20-29 lat	25			00:00:51	00:15:11	00:31:26.88	00:32:18.83	+00:10:01 (31.9%)	5:55	10.1 (68.2%)
26	ORSZULIK Paulina	978		20-29 lat	26			00:00:42	00:14:10	00:31:56.26	00:32:38.47	+00:10:30 (32.9%)	6:01	10 (67.6%)
27	KOŁDYS Karolina	979		20-29 lat	27			00:00:42	00:14:12	00:31:56.95	00:32:38.95	+00:10:31 (32.9%)	6:01	10 (67.6%)
28	ZIEJA Martyna	687	MAGDA	20-29 lat	28	Magda		00:00:41	00:14:39	00:32:47.63	00:33:28.91	+00:11:21 (34.7%)	6:11	9.7 (65.5%)
29	ŚMIATEK Martyna	771		20-29 lat	29			00:00:41	00:15:02	00:32:48.97	00:33:30.47	+00:11:23 (34.7%)	6:11	9.7 (65.5%)
30	ŁAPA Juliq	39	AKTYWNA PSZCZYNA	20-29 lat	30			00:00:38	00:14:36	00:33:02.49	00:33:40.85	+00:11:36 (35.2%)	6:13	9.6 (64.9%)
31	WRÓBEL Karolina	152	MIECHOWICKA GRUPA BIEGOWA	20-29 lat	31	Miechowicka Grupa Biegowa		00:00:16	00:13:53	00:33:04.68	00:33:21.21	+00:11:39 (35.2%)	6:14	9.6 (64.9%)
32	MAJERANOWSKA Wiktoria	748		20-29 lat	32			00:00:44	00:14:46	00:33:05.29	00:33:49.74	+00:11:39 (35.2%)	6:14	9.6 (64.9%)
33	TRYBAŁA Weronika	498	WATAHA	20-29 lat	33	Wataha		00:00:39	00:13:59	00:33:16.87	00:33:56.21	+00:11:51 (35.6%)	6:16	9.6 (64.9%)
34	ŁUSZCZ Ewelina	454		20-29 lat	34			00:00:30	00:14:01	00:33:30.05	00:34:00.20	+00:12:04 (36.0%)	6:19	9.5 (64.2%)
35	KARWOT Martyna	705		20-29 lat	35			00:00:07	00:13:32	00:33:51.95	00:33:59.02	+00:12:26 (36.7%)	6:23	9.4 (63.5%)
36	SZPYRKA Monika	708		20-29 lat	36			00:00:37	00:14:38	00:33:57.41	00:34:34.78	+00:12:31 (36.9%)	6:24	9.4 (63.5%)
37	RYZIŃSKA Kornelia	337		20-29 lat	37			00:00:41	00:14:51	00:34:04.93	00:34:46.40	+00:12:39 (37.1%)	6:25	9.3 (62.8%)
38	IDZIKOWSKA Urszula	303		20-29 lat	38			00:00:21	00:14:14	00:34:19.03	00:34:40.31	+00:12:53 (37.6%)	6:28	9.3 (62.8%)

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39	FECZKO Monika	812		20-29 lat	39			00:00:15	00:14:30	00:34:24.30	00:34:40.29	+00:12:58 (37.7%)	6:29	9.2 (62.2%)
40	PRUDEL Paulina	734		20-29 lat	40			00:00:11	00:13:55	00:34:30.84	00:34:41.95	+00:13:05 (37.9%)	6:30	9.2 (62.2%)
41	SZELONG Kinga	915		20-29 lat	41			00:00:03	00:13:17	00:34:47.83	00:34:51.36	+00:13:22 (38.4%)	6:33	9.1 (61.5%)
42	SŁODZIŃSKA Magdalena	468	MADYRUN	20-29 lat	42			00:00:17	00:14:42	00:35:05.00	00:35:22.65	+00:13:39 (38.9%)	6:37	9.1 (61.5%)
43	MICHALAK Monika	999		20-29 lat	43	OPEL Fijałkowski		00:00:10	00:16:09	00:35:38.22	00:35:48.73	+00:14:12 (39.9%)	6:43	8.9 (60.1%)
44	WIŚNIEWSKA Maria	428		20-29 lat	44			00:00:42	00:15:26	00:35:51.79	00:36:34.38	+00:14:26 (40.3%)	6:45	8.9 (60.1%)
45	KAISER Wiktoria	375		20-29 lat	45			00:00:24	00:15:07	00:35:57.53	00:36:22.08	+00:14:31 (40.4%)	6:46	8.8 (59.5%)
46	WOŹNIAK Wiktoria	456		20-29 lat	46			00:00:21	00:14:21	00:36:08.72	00:36:30.34	+00:14:43 (40.7%)	6:49	8.8 (59.5%)
47	SZCZECHLA Patrycja	556		20-29 lat	47			00:00:35	00:15:55	00:36:52.74	00:37:28.48	+00:15:27 (41.9%)	6:57	8.6 (58.1%)
48	SOSIŃSKA Anna	862		20-29 lat	48	Po jednej Babci	Aaa ale fajne dziewczyny	00:00:08	00:15:21	00:36:56.07	00:37:04.27	+00:15:30 (42.0%)	6:58	8.6 (58.1%)
49	SZABLICKA Magda	719	MAGDA	20-29 lat	49	Magda		00:00:41	00:15:13	00:37:07.90	00:37:48.91	+00:15:42 (42.3%)	7:00	8.6 (58.1%)
50	MALICH Aleksandra	961	TEAM MAŁYCH BOHATERÓW	20-29 lat	50	TEAM MAŁYCH BOHATERÓW :-)		00:00:27	00:16:58	00:37:23.72	00:37:51.54	+00:15:58 (42.7%)	7:03	8.5 (57.4%)
51	MAĆKÓW Małgorzata	205		20-29 lat	51			00:00:37	00:15:35	00:37:27.51	00:38:04.73	+00:16:01 (42.8%)	7:03	8.5 (57.4%)
52	ABRACHAMCZYK Agnieszka	18		20-29 lat	52			00:00:16	00:16:13	00:37:48.18	00:38:04.85	+00:16:22 (43.3%)	7:07	8.4 (56.8%)
53	FITAS Natalia	758		20-29 lat	53			00:00:38	00:17:03	00:38:19.52	00:38:58.32	+00:16:53 (44.1%)	7:13	8.3 (56.1%)
54	OLEJNIK Karolina	757		20-29 lat	54			00:00:38	00:17:03	00:38:31.00	00:39:09.59	+00:17:05 (44.4%)	7:16	8.3 (56.1%)
55	MICHAŁEK Karolina	872	VIKING TRENING CENTER	20-29 lat	55	Viking Training Center		00:00:21	00:16:18	00:38:32.49	00:38:54.46	+00:17:06 (44.4%)	7:16	8.3 (56.1%)
56	NIEDŹWIEDŹ Julia	342		20-29 lat	56			00:00:09	00:16:18	00:38:45.00	00:38:54.88	+00:17:19 (44.7%)	7:18	8.2 (55.4%)
57	PELCZAR Natalia	818		20-29 lat	57			00:00:08	00:16:16	00:38:50.90	00:38:59.31	+00:17:25 (44.8%)	7:19	8.2 (55.4%)
58	NAWARYŃSKA Katarzyna	210		20-29 lat	58			00:00:46	00:16:27	00:38:59.56	00:39:46.46	+00:17:33 (45.0%)	7:21	8.2 (55.4%)
59	WYBRANIEC Aleksandra	797		20-29 lat	59	Wiewiórki Zimnokrwiste		00:00:31	00:15:50	00:39:03.38	00:39:35.26	+00:17:37 (45.1%)	7:22	8.1 (54.7%)
60	ZAJĄC Patrycja	382	ZAJĄCE >.<	20-29 lat	60			00:00:39	00:16:39	00:39:31.21	00:40:10.95	+00:18:05 (45.8%)	7:27	8 (54.1%)
61	MAZUREK Natalia	997		20-29 lat	61	OPEL Fijałkowski		00:00:10	00:16:12	00:39:42.39	00:39:53.10	+00:18:16 (46.0%)	7:29	8 (54.1%)

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62	WĘGRZYN Zuzanna	592		20-29 lat	62			00:00:10	00:16:08	00:39:54.14	00:40:04.25	+00:18:28 (46.3%)	7:31	8 (54.1%)
63	KLUSKA Patrycja	908		20-29 lat	63	Wiewiórki Zimnokrwiste		00:00:50	00:19:01	00:39:59.02	00:40:49.59	+00:18:33 (46.4%)	7:32	8 (54.1%)
64	ADAMUS Daria	606		20-29 lat	64			00:00:40	00:17:33	00:40:46.89	00:41:27.26	+00:19:21 (47.5%)	7:41	7.8 (52.7%)
65	NIEDZIELA Roksana	183		20-29 lat	65	Wiewiórki Zimnokrwiste		00:00:13	00:16:23	00:41:10.30	00:41:24.15	+00:19:44 (48.0%)	7:46	7.7 (52.0%)
66	RYŚ Weronika	278		20-29 lat	66			00:00:19	00:17:23	00:41:19.32	00:41:39.23	+00:19:53 (48.1%)	7:47	7.7 (52.0%)
67	KOTLARCZYK Patrycja	711		20-29 lat	67	Wiewiórki Zimnokrwiste		00:00:50	00:19:01	00:41:57.25	00:42:47.52	+00:20:31 (48.9%)	7:54	7.6 (51.4%)
68	HANUSA Beata	790		20-29 lat	68	Team Oli Lidl		00:00:27	00:16:37	00:42:41.61	00:43:08.83	+00:21:15 (49.8%)	8:03	7.5 (50.7%)
69	FIRLEJ Hania	799		20-29 lat	69	Team Oli Lidl		00:00:26	00:16:37	00:42:41.88	00:43:08.84	+00:21:16 (49.8%)	8:03	7.5 (50.7%)
70	WŁOCH Dominika	646		20-29 lat	70	Viking Training Center		00:00:22	00:19:33	00:46:17.68	00:46:40.46	+00:24:52 (53.7%)	8:43	6.9 (46.6%)
71	STOMPEL Karolina	765		20-29 lat	71			00:00:33	00:20:04	00:46:24.44	00:46:57.95	+00:24:58 (53.8%)	8:45	6.9 (46.6%)
72	KRÓLICZAK Agnieszka	228		20-29 lat	72	Żubrówki		00:02:40		00:50:18.41	00:52:59.21	+00:28:52 (57.4%)	9:29	6.3 (42.6%)
73	ŻEBROWSKA Weronika	31	MORS HUBERTUS MYSŁOWICE	20-29 lat	73			00:00:50	00:19:31	00:57:31.63	00:58:22.45	+00:36:05 (62.8%)	10:51	5.5 (37.2%)

Znaleziono 73 wynik(ów)