

KOBIETY NA 5+ :: BIEG

B4SPORT

Wydarzenie: "Kobiety na 5+" Jastrzębski Bieg Kobiet
Organizator: Miejski Ośrodek Sportu i Rekreacji Jastrzębie-Zdrój
Data: 2019-05-26
Miejsce: Jastrzębie-Zdrój
Dystans: 5.3 km

B4SPORT
 INTELIGENTNE ZAWODY SPORTOWE

Klasyfikacja: 50-59

| Msc | Zawodnik | Numer | Klub | Kategoria | Mkat | Czas startu | Zawrotka 2.5km | Czas netto 5.3km | Czas brutto 5.3km | Różn | Tempo min/km | Tempo km/h |
|-----|---------------------------------------|-------------|---------------------------|-----------|------|-------------|----------------|--------------------|--------------------|-------------------|--------------|--------------|
| 1 | KANCLERZ-JANUSZEWSKA Katarzyna | 676 | KOBIETY NA 5+ | 50-59 | 1 | 00:00:01 | 00:09:07 | 00:21:06.90 | 00:21:08.30 | | 3:59 | 15.1 (100%) |
| 2 | SZAFARCZYK Eugenia | 483 | RUNSZ-TEAM | 50-59 | 2 | 00:00:00 | 00:09:46 | 00:22:34.15 | 00:22:35.05 | +00:01:27 (6.4%) | 4:15 | 14.1 (93.4%) |
| 3 | JONKISZ Dorota | 856 | BIELSZCZANKI BIEGAJĄ | 50-59 | 3 | 00:00:03 | 00:10:12 | 00:24:10.00 | 00:24:13.90 | +00:03:03 (12.6%) | 4:33 | 13.2 (87.4%) |
| 4 | SOKOŁOWSKA Anna | 1173 | BRAK | 50-59 | 4 | 00:00:01 | 00:10:14 | 00:24:50.50 | 00:24:52.25 | +00:03:43 (15.0%) | 4:41 | 12.8 (84.8%) |
| 5 | FRANKE Ilona | 1058 | STS BIEGATON MIKOŁÓW | 50-59 | 5 | 00:00:03 | 00:10:38 | 00:25:04.70 | 00:25:08.15 | +00:03:57 (15.8%) | 4:43 | 12.7 (84.1%) |
| 6 | MRACHACZ Dorota | 1008 | MIECHOWICKA GRUPA BIEGOWA | 50-59 | 6 | 00:00:12 | 00:10:49 | 00:25:07.35 | 00:25:20.25 | +00:04:00 (16.0%) | 4:44 | 12.7 (84.1%) |
| 7 | RZEPECKA Bożena | 704 | OLZA CIESZYN | 50-59 | 7 | 00:00:06 | 00:10:44 | 00:25:35.45 | 00:25:41.85 | +00:04:28 (17.5%) | 4:49 | 12.4 (82.1%) |
| 8 | WAWRO Małgorzata | 1274 | | 50-59 | 8 | 00:00:08 | 00:11:15 | 00:26:34.65 | 00:26:42.90 | +00:05:27 (20.6%) | 5:00 | 12 (79.5%) |
| 9 | ZDANCEWICZ Wioletta | 950 | FITOLKA | 50-59 | 9 | 00:00:11 | 00:11:05 | 00:26:47.80 | 00:26:58.80 | +00:05:40 (21.2%) | 5:03 | 11.9 (78.8%) |
| 10 | PYTEL Renata | 960 | | 50-59 | 10 | 00:00:05 | 00:11:10 | 00:27:10.05 | 00:27:15.30 | +00:06:03 (22.3%) | 5:07 | 11.7 (77.5%) |
| 11 | CASTILLO-ŻARCZYŃSKI Luz | 1020 | UBS | 50-59 | 11 | 00:00:21 | 00:11:58 | 00:27:22.30 | 00:27:43.35 | +00:06:15 (22.9%) | 5:09 | 11.6 (76.8%) |
| 12 | BARON Aniela | 902 | | 50-59 | 12 | 00:00:09 | 00:11:54 | 00:27:33.20 | 00:27:43.05 | +00:06:26 (23.4%) | 5:12 | 11.5 (76.2%) |
| 13 | MAJER Marzena | 247 | KLUB ORŁY Z KNUROWA | 50-59 | 13 | 00:00:13 | 00:11:43 | 00:28:29.10 | 00:28:42.55 | +00:07:22 (25.9%) | 5:22 | 11.2 (74.2%) |
| 14 | MUSIAŁ Maria | 877 | | 50-59 | 14 | 00:00:24 | 00:12:35 | 00:28:45.55 | 00:29:10.30 | +00:07:38 (26.6%) | 5:25 | 11.1 (73.5%) |
| 15 | WESOŁOWSKA Katarzyna | 692 | | 50-59 | 15 | 00:00:13 | 00:12:25 | 00:28:48.60 | 00:29:02.20 | +00:07:41 (26.7%) | 5:26 | 11 (72.8%) |

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|-----|-----------------------------------|-------------|---------------------------|-----------|------|-------------|----------------|--------------------|--------------------|-------------------|--------------|--------------|
| 16 | MASTEK Beata | 618 | BIELSZCZANKI BIEGAJA | 50-59 | 16 | 00:00:19 | 00:12:25 | 00:29:23.40 | 00:29:42.75 | +00:08:16 (28.2%) | 5:32 | 10.8 (71.5%) |
| 17 | RĘKAL Dorota | 1078 | | 50-59 | 17 | 00:00:20 | 00:12:12 | 00:29:29.75 | 00:29:50.60 | +00:08:22 (28.4%) | 5:33 | 10.8 (71.5%) |
| 18 | GEMBALA Violetta | 723 | | 50-59 | 18 | 00:00:31 | 00:13:10 | 00:29:52.70 | 00:30:24.60 | +00:08:45 (29.3%) | 5:38 | 10.6 (70.2%) |
| 19 | GABRYEL Danuta | 62 | MIECHOWICKA GRUPA BIEGOWA | 50-59 | 19 | 00:00:44 | 00:12:54 | 00:29:55.65 | 00:30:39.95 | +00:08:48 (29.4%) | 5:38 | 10.6 (70.2%) |
| 20 | SKOTNICKA Urszula | 524 | | 50-59 | 20 | 00:00:10 | 00:12:14 | 00:30:17.30 | 00:30:27.65 | +00:09:10 (30.3%) | 5:42 | 10.5 (69.5%) |
| 21 | GOJ Hania | 1123 | MORS HUBERTUS MYSŁOWICE | 50-59 | 21 | 00:00:56 | 00:13:56 | 00:30:22.60 | 00:31:19.05 | +00:09:15 (30.5%) | 5:43 | 10.5 (69.5%) |
| 22 | LEKS Edyta | 742 | DYSTANS LUBOMIA | 50-59 | 22 | 00:00:32 | 00:12:43 | 00:30:24.80 | 00:30:56.85 | +00:09:17 (30.6%) | 5:44 | 10.5 (69.5%) |
| 23 | GAŃKO Grażyna | 1286 | | 50-59 | 23 | 00:00:17 | 00:13:21 | 00:30:51.75 | 00:31:09.20 | +00:09:44 (31.6%) | 5:49 | 10.3 (68.2%) |
| 24 | WAWRZYK Iwona | 947 | OLZA CIESZYN | 50-59 | 24 | 00:00:17 | 00:13:01 | 00:31:02.30 | 00:31:19.70 | +00:09:55 (32.0%) | 5:51 | 10.2 (67.5%) |
| 25 | BARAN Irena | 445 | SZARE MORSY | 50-59 | 25 | 00:00:20 | 00:13:00 | 00:31:03.45 | 00:31:24.00 | +00:09:56 (32.0%) | 5:51 | 10.2 (67.5%) |
| 26 | RASZKA Wioleta | 718 | | 50-59 | 26 | 00:00:27 | 00:13:34 | 00:32:00.75 | 00:32:28.20 | +00:10:53 (34.0%) | 6:02 | 9.9 (65.6%) |
| 27 | MLECZKO Monika | 820 | | 50-59 | 27 | 00:00:19 | 00:13:22 | 00:32:17.10 | 00:32:36.35 | +00:11:10 (34.6%) | 6:05 | 9.9 (65.6%) |
| 28 | KOSOWSKA Grażyna | 1031 | KOBIETY NA 5+ | 50-59 | 28 | 00:00:40 | 00:14:22 | 00:32:19.55 | 00:32:59.60 | +00:11:12 (34.7%) | 6:05 | 9.8 (64.9%) |
| 29 | ZAWADA Teresa | 674 | | 50-59 | 29 | 00:00:15 | 00:13:23 | 00:32:27.95 | 00:32:43.30 | +00:11:21 (35.0%) | 6:07 | 9.8 (64.9%) |
| 30 | KUBICA Bożena | 81 | ZABIEGANI NAUCZYCIELE | 50-59 | 30 | 00:00:27 | 00:13:28 | 00:32:30.20 | 00:32:57.50 | +00:11:23 (35.0%) | 6:07 | 9.8 (64.9%) |
| 31 | WOJTOŃ-STAWICKA Małgorzata | 85 | RUNTEAM PAWŁOWICE | 50-59 | 31 | 00:00:29 | 00:14:05 | 00:32:45.50 | 00:33:15.00 | +00:11:38 (35.5%) | 6:10 | 9.7 (64.2%) |
| 32 | KOMOROWSKA Bożena | 103 | | 50-59 | 32 | 00:00:46 | 00:13:52 | 00:33:14.35 | 00:34:01.15 | +00:12:07 (36.5%) | 6:16 | 9.6 (63.6%) |
| 33 | KOWALSKA Małgorzata | 459 | | 50-59 | 33 | 00:00:24 | 00:14:17 | 00:33:49.00 | 00:34:13.85 | +00:12:42 (37.6%) | 6:22 | 9.4 (62.3%) |
| 34 | BUCZAK Dorota | 1181 | | 50-59 | 34 | 00:00:25 | 00:14:33 | 00:33:58.55 | 00:34:23.60 | +00:12:51 (37.9%) | 6:24 | 9.4 (62.3%) |
| 35 | BURNAGIEL Agata | 892 | HRMAX ŻORY | 50-59 | 35 | 00:00:38 | 00:14:45 | 00:34:08.10 | 00:34:46.65 | +00:13:01 (38.1%) | 6:26 | 9.3 (61.6%) |
| 36 | MACURA Ewa | 176 | HRMAX ZORY | 50-59 | 36 | 00:00:38 | 00:14:45 | 00:34:08.15 | 00:34:46.70 | +00:13:01 (38.1%) | 6:26 | 9.3 (61.6%) |
| 37 | PAJĄK Małgorzata | 503 | | 50-59 | 37 | 00:00:45 | 00:14:47 | 00:34:32.55 | 00:35:17.55 | +00:13:25 (38.9%) | 6:30 | 9.2 (60.9%) |
| 38 | KOWALSKA Dorota | 193 | SBD ENERGETYK RYBNIK | 50-59 | 38 | 00:00:25 | 00:14:28 | 00:34:40.45 | 00:35:05.70 | +00:13:33 (39.1%) | 6:32 | 9.2 (60.9%) |

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|-----|------------------------------|-------------|---------------------------|-----------|------|-------------|----------------|--------------------|--------------------|-------------------|--------------|-------------|
| 39 | SYPUŁA Danuta | 303 | | 50-59 | 39 | 00:00:12 | 00:14:20 | 00:34:47.60 | 00:35:00.05 | +00:13:40 (39.3%) | 6:33 | 9.1 (60.3%) |
| 40 | CIEŚLIK Danuta | 592 | | 50-59 | 40 | 00:00:07 | 00:14:45 | 00:34:56.90 | 00:35:04.10 | +00:13:50 (39.6%) | 6:35 | 9.1 (60.3%) |
| 41 | CHMIEL Joanna | 337 | KOLONIE | 50-59 | 41 | 00:00:21 | 00:14:48 | 00:35:20.35 | 00:35:41.85 | +00:14:13 (40.3%) | 6:40 | 9 (59.6%) |
| 42 | STACHURA Katarzyna | 1233 | | 50-59 | 42 | 00:00:12 | 00:14:19 | 00:36:04.95 | 00:36:17.45 | +00:14:58 (41.5%) | 6:48 | 8.8 (58.3%) |
| 43 | CIEŚLAR Aniela | 1229 | CZARNE FIT | 50-59 | 43 | 00:00:42 | 00:15:00 | 00:36:07.25 | 00:36:50.20 | +00:15:00 (41.5%) | 6:49 | 8.8 (58.3%) |
| 44 | ŁANUCHA Mariola | 1001 | KOBIETY NA 5+ | 50-59 | 44 | 00:00:40 | 00:14:34 | 00:36:14.10 | 00:36:54.40 | +00:15:07 (41.7%) | 6:50 | 8.8 (58.3%) |
| 45 | ROTTER Hanna | 1051 | | 50-59 | 45 | 00:00:38 | 00:15:23 | 00:36:23.35 | 00:37:01.60 | +00:15:16 (42.0%) | 6:51 | 8.7 (57.6%) |
| 46 | KIERMASZEK Barbara | 1055 | | 50-59 | 46 | 00:00:36 | 00:15:25 | 00:36:25.05 | 00:37:01.70 | +00:15:18 (42.0%) | 6:52 | 8.7 (57.6%) |
| 47 | FRANKOWSKA Ania | 159 | MIECHOWICKA GRUPA BIEGOWA | 50-59 | 47 | 00:00:24 | 00:15:27 | 00:36:57.40 | 00:37:22.05 | +00:15:50 (42.9%) | 6:58 | 8.6 (57.0%) |
| 48 | ZWIOREK-ROTKEGEL Anna | 940 | MIECHOWICKA GRUPA BIEGOWA | 50-59 | 48 | 00:00:24 | 00:15:50 | 00:36:58.00 | 00:37:22.15 | +00:15:51 (42.9%) | 6:58 | 8.6 (57.0%) |
| 49 | KRZESZOWSKA Beata | 20 | MIECHOWICKA GRUPA BIEGOWA | 50-59 | 49 | 00:00:48 | 00:15:54 | 00:38:04.20 | 00:38:52.50 | +00:16:57 (44.5%) | 7:10 | 8.4 (55.6%) |
| 50 | GRZYWACZ Anna | 1033 | | 50-59 | 50 | 00:00:06 | 00:16:20 | 00:39:24.65 | 00:39:31.25 | +00:18:17 (46.4%) | 7:26 | 8.1 (53.6%) |
| 51 | KĄDZIOŁKA Emilia | 55 | | 50-59 | 51 | 00:00:41 | 00:17:18 | 00:42:20.75 | 00:43:02.40 | +00:21:13 (50.1%) | 7:59 | 7.5 (49.7%) |
| 52 | PIETRASZEK Ewa | 552 | WARAHA ŚLASK | 50-59 | 52 | 00:00:45 | 00:18:37 | 00:43:16.40 | 00:44:02.35 | +00:22:09 (51.2%) | 8:10 | 7.3 (48.3%) |
| 53 | MAJCHRZYK Lidia | 1011 | | 50-59 | 53 | 00:00:46 | 00:18:19 | 00:43:36.15 | 00:44:22.85 | +00:22:29 (51.6%) | 8:13 | 7.3 (48.3%) |
| 54 | SADOWSKA Natalia | 461 | | 50-59 | 54 | 00:00:43 | 00:18:55 | 00:45:16.55 | 00:45:59.80 | +00:24:09 (53.4%) | 8:32 | 7 (46.4%) |
| 55 | TRELA Krystyna | 822 | MORS HUBERTUS MYSŁOWICE | 50-59 | 55 | 00:00:43 | 00:20:37 | 00:48:57.60 | 00:49:40.85 | +00:27:50 (56.9%) | 9:14 | 6.5 (43.0%) |
| 56 | MECHA Dorota | 775 | | 50-59 | 56 | 00:00:44 | 00:20:48 | 00:49:36.70 | 00:50:20.90 | +00:28:29 (57.4%) | 9:21 | 6.4 (42.4%) |

Znaleziono 56 wynik(ów)