



KOBIETY NA 5+ :: BIEG

B4SPORT

Wydarzenie:
Organizator:
Data:
Miejsce:
Dystans:

"Kobiety na 5+" Jastrzębski Bieg Kobiet 2021
Miejski Ośrodek Sportu i Rekreacji Jastrzębie-Zdrój
2021-09-19
Jastrzębie-Zdrój
5 km

B4SPORT
INTELIGENTNE ZAWODY SPORTOWE

Klasyfikacja: 50-59

Msc	Zawodnik	Numer	Klub	Kategoria	Mkat	Drużyna 1	Zawrotka 2.5km	Czas netto 5km	Różn	Tempo min/km	Tempo km/h
1	MALEJKA Katarzyna	33		50-59	1		00:10:24	00:20:44.00		4:08	14.5 (100%)
2	SZAFARCZYK Eugenia	24	RUNSZ-TEAM	50-59	2	Niedoścignione	00:11:09	00:22:04.50	+00:01:20 (6.1%)	4:24	13.6 (93.8%)
3	RAŹNIAK Beata	154	KOBIETY NA 5 +	50-59	3	Kobiety na 5+	00:11:59	00:24:07.10	+00:03:23 (14.0%)	4:49	12.4 (85.5%)
4	FURMANEK Ela	722	HURAGAN LIGOTA	50-59	4		00:12:10	00:24:21.25	+00:03:37 (14.9%)	4:52	12.3 (84.8%)
5	CZAPSKA Ewa	473	HURAGAN LIGOTA	50-59	5	Huragan Ligota	00:12:47	00:25:06.75	+00:04:22 (17.4%)	5:01	12 (82.8%)
6	RZEPECKA Bożena	98	OLZA CIESZYN	50-59	6	Olza Cieszyn	00:12:34	00:25:20.95	+00:04:36 (18.2%)	5:04	11.8 (81.4%)
7	CHROBOK Józefa	56	OLZA CIESZYN	50-59	7	Olza Cieszyn	00:12:34	00:25:21.30	+00:04:37 (18.2%)	5:04	11.8 (81.4%)
8	MUSIAŁ Maria	172		50-59	8		00:12:45	00:25:29.80	+00:04:45 (18.7%)	5:05	11.8 (81.4%)
9	ZARAŃSKA Izabela	446	MIECHOWICKA GRUPA BIEBIEGOWA	50-59	9		00:12:46	00:25:30.30	+00:04:46 (18.7%)	5:06	11.8 (81.4%)
10	CHYTROSZEK Eleonora	78		50-59	10		00:12:41	00:25:47.45	+00:05:03 (19.6%)	5:09	11.6 (80.0%)
11	NALEWAJKA Wioleta	50	KOBIETY NA 5+	50-59	11	Kobiety na 5+	00:12:47	00:25:56.40	+00:05:12 (20.1%)	5:11	11.6 (80.0%)
12	WERNIK Katarzyna	149	BESTFIT CLUB	50-59	12		00:13:26	00:26:32.15	+00:05:48 (21.9%)	5:18	11.3 (77.9%)
13	STEFANIAK Mirosława	387	RYBNICKA GRUPA BIEGOWA PĘDZIMY RAZEM	50-59	13		00:13:23	00:26:40.40	+00:05:56 (22.3%)	5:20	11.3 (77.9%)
14	PYTEL Renata	890		50-59	14	Sobieski	00:13:19	00:26:57.50	+00:06:13 (23.1%)	5:23	11.1 (76.6%)
15	GORYCKA Katarzyna	215	BĚŽECKÁ SKUPINA V ČESKÉM TĚŠÍNĚ	50-59	15		00:12:53	00:27:08.10	+00:06:24 (23.6%)	5:25	11.1 (76.6%)

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16	MRACHACZ Dorota	142	MIECHOWICKA GRUPA BIEGOWA	50-59	16	Miechowska Grupa Biegowa	00:13:38	00:27:17.60	+00:06:33 (24.0%)	5:27	11 (75.9%)
17	KASPRZYCKA SZUBARSKA Katarzyna	472	OLŻĄ CIESZYN	50-59	17	Olza Cieszyn	00:13:47	00:27:34.50	+00:06:50 (24.8%)	5:30	10.9 (75.2%)
18	BURNAGIEL Agata	235	HRMAX ŻORY	50-59	18	HRmax Dziółszki	00:13:48	00:27:48.80	+00:07:04 (25.5%)	5:33	10.8 (74.5%)
19	ZAWISZA Beata	880	KOBIETY WATAHA	50-59	19		00:14:06	00:27:54.10	+00:07:10 (25.7%)	5:34	10.8 (74.5%)
20	LECHOWICZ Irena	230	SZARE MORSY	50-59	20		00:13:53	00:27:54.65	+00:07:10 (25.7%)	5:34	10.8 (74.5%)
21	KUBECKA Jolanta	502		50-59	21		00:13:52	00:28:00.00	+00:07:16 (26.0%)	5:36	10.7 (73.8%)
22	FRYDRYSIAK Sylwia	378	HURAGAN LIGOTA	50-59	22		00:13:47	00:28:05.25	+00:07:21 (26.2%)	5:37	10.7 (73.8%)
23	LUCIK Grażyna	403	MIECHOWICKA GRUPA BIEGOWA	50-59	23	Miechowska Grupa Biegowa	00:13:25	00:28:12.85	+00:07:28 (26.5%)	5:38	10.6 (73.1%)
24	WĘGLER Kornelia	907		50-59	24		00:13:57	00:28:16.15	+00:07:32 (26.7%)	5:39	10.6 (73.1%)
25	MACURA Ewa	280	HRMAX ZORY	50-59	25	HRmax Dziółszki	00:15:10	00:28:18.45	+00:07:34 (26.8%)	5:39	10.6 (73.1%)
26	SZCZEPANIAK Anna	536		50-59	26		00:14:12	00:28:24.60	+00:07:40 (27.0%)	5:40	10.6 (73.1%)
27	JANICKA Sylwia	591	DRUŻYNA KOPERNIKA	50-59	27		00:14:02	00:28:32.80	+00:07:48 (27.4%)	5:42	10.5 (72.4%)
28	ŚMIEJA Joanna	296		50-59	28	RUNTEAM Pawłowice	00:14:36	00:28:32.90	+00:07:48 (27.4%)	5:42	10.5 (72.4%)
29	RANSZ Beata	672		50-59	29		00:14:27	00:28:52.70	+00:08:08 (28.2%)	5:46	10.4 (71.7%)
30	KOZIOŁEK Iwona	399	HURAGAN LIGOTA	50-59	30		00:14:21	00:29:02.15	+00:08:18 (28.6%)	5:48	10.3 (71.0%)
31	SKOTNICKA Urszula	5018		50-59	31		00:13:53	00:29:09.35	+00:08:25 (28.9%)	5:49	10.3 (71.0%)
32	GLINIANY Małgorzata	5019		50-59	32		00:14:33	00:29:11.80	+00:08:27 (29.0%)	5:50	10.3 (71.0%)
33	IZDEBSKA Jolanta	457		50-59	33		00:14:46	00:29:19.45	+00:08:35 (29.3%)	5:51	10.2 (70.3%)
34	WOJTOŃ-STAWICKA Małgorzata	254	RUNTEAM PAWŁOWICE	50-59	34	RUNTEAM Pawłowice	00:15:02	00:29:32.75	+00:08:48 (29.8%)	5:54	10.2 (70.3%)
35	KMIECIAK Grażyna	671		50-59	35		00:14:27	00:29:34.65	+00:08:50 (29.9%)	5:54	10.1 (69.7%)
36	KOSOWSKA Grażyna	386	KOBIETY NA 5+	50-59	36	Kobiety na 5+	00:14:48	00:29:43.70	+00:08:59 (30.3%)	5:56	10.1 (69.7%)
37	DĘBOWSKA Beata	157		50-59	37		00:14:45	00:29:58.90	+00:09:14 (30.8%)	5:59	10 (69.0%)
38	MICHALSKA Beata	624	WARTKIE PIERONY	50-59	38	Wartkie Pierony	00:14:17	00:30:04.85	+00:09:20 (31.1%)	6:00	10 (69.0%)

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39	FOJCIK Gabriela	344	RKNW	50-59	39		00:15:22	00:30:50.40	+00:10:06 (32.8%)	6:10	9.7 (66.9%)
40	RĘKAL Dorota	96		50-59	40	Byle do mety	00:14:54	00:31:11.00	+00:10:27 (33.5%)	6:14	9.6 (66.2%)
41	GUŚCIORA Justyna	852		50-59	41		00:15:47	00:32:28.00	+00:11:44 (36.1%)	6:29	9.2 (63.4%)
42	STANULA Kinga	438		50-59	42		00:16:33	00:32:37.50	+00:11:53 (36.4%)	6:31	9.2 (63.4%)
43	ZAWADA Teresa	363		50-59	43		00:16:18	00:32:48.70	+00:12:04 (36.8%)	6:33	9.1 (62.8%)
44	FRANKOWSKA Ania	807	MGB	50-59	44	Miechowska Grupa Biegowa	00:16:23	00:32:51.15	+00:12:07 (36.9%)	6:34	9.1 (62.8%)
45	BRODA Beata	341		50-59	45		00:16:26	00:33:22.80	+00:12:38 (37.9%)	6:40	9 (62.1%)
46	KOWALSKA Małgorzata	484		50-59	46		00:16:14	00:33:34.30	+00:12:50 (38.2%)	6:42	8.9 (61.4%)
47	PIETRASZEK Ewa	875	KOBIETH WATAHY	50-59	47		00:16:47	00:33:43.55	+00:12:59 (38.5%)	6:44	8.9 (61.4%)
48	KUBAS Alina	600	KLUB BIEGACZA FARTLEK	50-59	48	KLUB BIEGACZA FARTLEK	00:17:36	00:34:21.00	+00:13:37 (39.6%)	6:52	8.7 (60.0%)
49	SOKÓŁ-OLEŚ Ewelina	362		50-59	49	RUNTEAM Pawłowice	00:17:11	00:35:00.15	+00:14:16 (40.8%)	7:00	8.6 (59.3%)
50	KOWALSKA Dorota	349	SBD ENERGETYK RYBNIK	50-59	50		00:17:29	00:35:34.05	+00:14:50 (41.7%)	7:06	8.4 (57.9%)
51	STYRNOL Beata	747		50-59	51		00:18:16	00:36:09.35	+00:15:25 (42.7%)	7:13	8.3 (57.2%)
52	ROTTER Hanna	789		50-59	52		00:17:40	00:36:22.40	+00:15:38 (43.0%)	7:16	8.2 (56.6%)
53	JAROSZ Jolanta	534	MORS HUBERTUS MYŚŁOWICE	50-59	53	MORS Hubertus Myśłowice	00:18:03	00:36:54.05	+00:16:10 (43.8%)	7:22	8.1 (55.9%)
54	JANKOWSKA Anita	758		50-59	54	5===	00:19:55	00:40:50.20	+00:20:06 (49.2%)	8:10	7.3 (50.3%)
55	BOGUSZ-WIŚNIEWSKA Janina	760		50-59	55		00:20:14	00:41:18.45	+00:20:34 (49.8%)	8:15	7.3 (50.3%)
56	NIEDZIOŁKO Bożena	285	KOBIETY NA 5+	50-59	56	Kobiety na 5+	00:20:07	00:41:21.70	+00:20:37 (49.9%)	8:16	7.3 (50.3%)
57	FODER Alicja	902	PĘDZĄCE ŻÓŁWIE	50-59	57	PĘDZĄCE ŻÓŁWIE	00:21:11	00:42:11.85	+00:21:27 (50.9%)	8:26	7.1 (49.0%)
58	KULCZYCKA-PRUSZYŃSKA Krystyna	662		50-59	58		00:24:12	00:48:47.90	+00:28:03 (57.5%)	9:45	6.1 (42.1%)
59	HABER Kasia	592		50-59	59	Miechowska Grupa Biegowa		00:51:30.70	+00:30:46 (59.8%)	10:18	5.8 (40.0%)
60		5017		50-59	60		00:26:26	00:54:40.95	+00:33:56 (62.1%)	10:56	5.5 (37.9%)