



Wydarzenie:
Organizator:
Data:
Miejsce:
Dystans:

"Kobiety na 5+" Jastrzębski Bieg Kobiet
Miejski Ośrodek Sportu i Rekreacji Jastrzębie-Zdrój
2023-05-21
Jastrzębie-Zdrój
5.3 km

KOBIETY NA 5+ :: BIEG

B4SPORT

B4SPORT
INTELIGENTNE ZAWODY SPORTOWE

Klasyfikacja: 60+

Msc	Zawodnik	Numer	Klub	Kategoria	Mkat	Drużyna 1	Drużyna 2	Czas startu	Zawrotka 2.5km	Czas netto 5.3km	Czas brutto 5.3km	Różn	Tempo min/km	Tempo km/h
1	SZAFARCZYK Eugenia	742	RUNSZ-TEAM	60+	1	runSZ-Team		00:00:00	00:10:26	00:24:29.15	00:24:29.15		4:37	13 (100%)
2	PASTUCHA Anna	592		60+	2			00:00:00	00:11:54	00:28:02.90	00:28:02.90	+00:03:33 (12.7%)	5:17	11.3 (86.9%)
3	CZAPSKA Ewa	95	HURAGAN LIGOTA	60+	3	HURAGAN LIGOTA		00:00:00	00:12:01	00:28:26.50	00:28:26.50	+00:03:57 (13.9%)	5:21	11.2 (86.2%)
4	OLEŚ Alicja	562		60+	4			00:00:00	00:12:28	00:28:29.00	00:28:29.00	+00:03:59 (14.0%)	5:22	11.2 (86.2%)
5	MUSIAŁ Maria	518		60+	5			00:00:00	00:13:09	00:29:43.85	00:29:43.85	+00:05:14 (17.6%)	5:36	10.7 (82.3%)
6	LUCIK Grażyna	438	MGB	60+	6	Miechowska Grupa Biegowa		00:00:00	00:12:46	00:30:04.80	00:30:04.80	+00:05:35 (18.6%)	5:40	10.6 (81.5%)
7	SZULC Barbara	761	MIECHOWICKA GRUPA BIEGOWA	60+	7	Miechowska Grupa Biegowa		00:00:00	00:12:47	00:30:16.00	00:30:16.00	+00:05:46 (19.1%)	5:42	10.5 (80.8%)
8	GLANERT Karolina	182		60+	8			00:00:00	00:13:10	00:30:25.30	00:30:25.30	+00:05:56 (19.5%)	5:44	10.5 (80.8%)
9	SZWEDA Mirka	762	HURAGAN LIGOTA	60+	9	Huragan Ligota		00:00:00	00:14:07	00:33:31.95	00:33:31.95	+00:09:02 (27.0%)	6:19	9.5 (73.1%)
10	GABRYEL Danuta	157	MIECHOWICKA GRUPA BIEGOWA	60+	10			00:00:00	00:15:04	00:35:04.85	00:35:04.85	+00:10:35 (30.2%)	6:36	9.1 (70.0%)
11	SZYMCZAK Mariola	765		60+	11			00:00:00	00:15:18	00:35:40.25	00:35:40.25	+00:11:11 (31.4%)	6:43	8.9 (68.5%)
12	GAŃKO Grażyna	165		60+	12			00:00:00	00:15:29	00:36:06.35	00:36:06.35	+00:11:37 (32.2%)	6:48	8.8 (67.7%)
13	ROTTER Hanna	660		60+	13			00:00:00	00:16:11	00:38:51.60	00:38:51.60	+00:14:22 (37.0%)	7:19	8.2 (63.1%)
14	KIERMASZEK Barbara	307		60+	14			00:00:00	00:16:09	00:38:52.05	00:38:52.05	+00:14:22 (37.0%)	7:20	8.2 (63.1%)
15	KONOPACKA Waleria	342		60+	15			00:00:00	00:16:50	00:38:56.45	00:38:56.45	+00:14:27 (37.1%)	7:20	8.2 (63.1%)

Msc	Zawodnik	Numer	Klub	Kategoria	Mkat	Drużyna 1	Drużyna 2	Czas startu	Zawrotka 2.5km	Czas netto 5.3km	Czas brutto 5.3km	Różn	Tempo min/km	Tempo km/h
16	CIESLA Liliana	91		60+	16			00:00:00	00:15:31	00:39:03.20	00:39:03.20	+00:14:34 (37.3%)	7:22	8.1 (62.3%)
17	ŁANUCHA Mariola	440	KOBIETY NA 5+	60+	17	Kobiety na 5+		00:00:00	00:16:55	00:41:36.90	00:41:36.90	+00:17:07 (41.2%)	7:50	7.6 (58.5%)
18	WORONKO-ZACZYŃSKA Janina	821		60+	18			00:00:00	00:18:16	00:41:50.85	00:41:50.85	+00:17:21 (41.5%)	7:53	7.6 (58.5%)
19	WOJCIECHOWSKA Ewa	815		60+	19			00:00:00	00:17:28	00:42:10.10	00:42:10.10	+00:17:40 (41.9%)	7:57	7.5 (57.7%)
20	KOCIK Krystyna	329		60+	20			00:00:00	00:18:03	00:42:30.40	00:42:30.40	+00:18:01 (42.4%)	8:01	7.5 (57.7%)
21	SZCZEPANOWSKA Grażyna	748		60+	21			00:00:00	00:20:26	00:45:23.10	00:45:23.10	+00:20:53 (46.0%)	8:33	7 (53.8%)
22	FOJCIK Gabriela	147		60+	22			00:00:00	00:22:32	00:50:11.00	00:50:11.00	+00:25:41 (51.2%)	9:28	6.3 (48.5%)
23	ABRACHAMCZYK Barbara	2		60+	23			00:00:00	00:21:47	00:51:21.90	00:51:21.90	+00:26:52 (52.3%)	9:41	6.2 (47.7%)
24	ZALEWSKA Marianna	843		60+	24			00:00:00	00:24:01	00:54:26.40	00:54:26.40	+00:29:57 (55.0%)	10:16	5.8 (44.6%)
25	KOPICZKO Danuta	346		60+	25	INCOLA TEAM		00:00:00	00:26:07	01:00:18.60	01:00:18.60	+00:35:49 (59.4%)	11:22	5.3 (40.8%)

Znaleziono 25 wynik(ów)