

KOBIETY NA 5+ :: NORDIC WALKING

B4SPORT

Wydarzenie: "Kobiety na 5+" Jastrzębski Bieg Kobiet
Organizator: Miejski Ośrodek Sportu i Rekreacji Jastrzębie-Zdrój
Data: 2018-05-27
Miejsce: Jastrzębie-Zdrój
Dystans: 5NW km

B4SPORT
 INTELIGENTNE ZAWODY SPORTOWE

Klasyfikacja: Wszyscy

| Msc | Zawodnik | Numer | Klub | Kategoria | Mkat | Czas startu | Zawrotka 2.5km | Czas netto 5km | Czas brutto 5km | Różn | Tempo min/km | Tempo km/h |
|-----|------------------------|-------|------------------------------|-----------|------|-------------|-------------------|----------------------|-----------------------|-------------------|-----------------|---------------|
| 1 | ZACZYŃSKA Anna | 1258 | | Open | 1 | 00:00:01 | 00:14:11 | 00:33:28.95 | 00:33:30.70 | | 6:41 | 9 (100%) |
| 2 | KOŁODZIEJ Joanna | 638 | | Open | 2 | 00:00:01 | 00:14:37 | 00:34:58.05 | 00:34:59.75 | +00:01:29 (4.2%) | 6:59 | 8.6 (95.6%) |
| 3 | JANOSZKA Irena | 457 | CIDRY LOTAJOM | Open | 3 | 00:00:02 | 00:15:22 | 00:35:45.10 | 00:35:48.05 | +00:02:16 (6.3%) | 7:09 | 8.4 (93.3%) |
| 4 | MÓL Wioletta | 232 | #CZELADZBIEGA | Open | 4 | 00:00:02 | 00:15:23 | 00:35:57.60 | 00:36:00.50 | +00:02:28 (6.9%) | 7:11 | 8.3 (92.2%) |
| 5 | BIAŁAS Klaudia | 1017 | | Open | 5 | 00:00:02 | 00:15:55 | 00:37:08.50 | 00:37:11.00 | +00:03:39 (9.9%) | 7:25 | 8.1 (90.0%) |
| 6 | MALCZYK Anna | 407 | | Open | 6 | 00:00:02 | 00:15:58 | 00:37:14.70 | 00:37:16.95 | +00:03:45 (10.1%) | 7:26 | 8.1 (90.0%) |
| 7 | DRÓŻDŻ Beata | 39 | KOBIETY NA 5+ | Open | 8 | 00:00:04 | 00:16:09 | 00:37:49.10 | 00:37:53.65 | +00:04:20 (11.5%) | 7:33 | 7.9 (87.8%) |
| 8 | MALINOWSKA Katarzyna | 458 | LECYMY DURŚ | Open | 7 | 00:00:08 | 00:16:19 | 00:37:47.60 | 00:37:55.70 | +00:04:18 (11.4%) | 7:33 | 7.9 (87.8%) |
| 9 | JACH Jolanta | 136 | #CZELADZBIEGA | Open | 9 | 00:00:06 | 00:16:21 | 00:38:27.35 | 00:38:33.50 | +00:04:58 (12.9%) | 7:41 | 7.8 (86.7%) |
| 10 | GEMBALA Violetta | 482 | | Open | 10 | 00:00:02 | 00:16:26 | 00:38:36.45 | 00:38:39.10 | +00:05:07 (13.3%) | 7:43 | 7.8 (86.7%) |
| 11 | POLAK Katarzyna | 227 | SIECHODZI | Open | 11 | 00:00:03 | 00:16:26 | 00:38:47.25 | 00:38:50.95 | +00:05:18 (13.7%) | 7:45 | 7.7 (85.6%) |
| 12 | KOKOSZEK Aleksandra | 421 | | Open | 12 | 00:00:05 | 00:16:34 | 00:39:14.55 | 00:39:20.05 | +00:05:45 (14.7%) | 7:51 | 7.6 (84.4%) |
| 13 | KUBERA Agnieszka | 741 | KUBERUN | Open | 13 | 00:00:12 | 00:17:23 | 00:39:15.20 | 00:39:28.00 | +00:05:46 (14.7%) | 7:51 | 7.6 (84.4%) |
| 14 | TYLIKOWSKA Małgorzata | 126 | #CZELADZBIEGA | Open | 14 | 00:00:04 | 00:16:54 | 00:39:32.85 | 00:39:37.45 | +00:06:03 (15.3%) | 7:54 | 7.6 (84.4%) |
| 15 | GONIWIECHA Agnieszka | 725 | | Open | 15 | 00:00:04 | 00:16:50 | 00:39:40.65 | 00:39:45.25 | +00:06:11 (15.6%) | 7:56 | 7.6 (84.4%) |
| 16 | BAK Tatiana | 77 | BWM | Open | 17 | 00:00:04 | 00:16:59 | 00:39:58.45 | 00:40:02.45 | +00:06:29 (16.2%) | 7:59 | 7.5 (83.3%) |
| 17 | FOJCIK Gabriela | 260 | RYBNICKI KLUB NORDIC WALKING | Open | 16 | 00:00:04 | 00:16:59 | 00:39:58.10 | 00:40:02.50 | +00:06:29 (16.2%) | 7:59 | 7.5 (83.3%) |
| 18 | SZYMIK Grażyna | 1172 | | Open | 18 | 00:00:00 | 00:17:03 | 00:40:20.30 | 00:40:20.30 | +00:06:51 (17.0%) | 8:04 | 7.4 (82.2%) |
| 19 | TAISNER Aleksandra | 1094 | | Open | 19 | 00:00:05 | 00:17:54 | 00:40:37.70 | 00:40:42.90 | +00:07:08 (17.6%) | 8:07 | 7.4 (82.2%) |
| 20 | STYRC Lidia | 1188 | RYBNICKI KLUB NORDIC WALKING | Open | 20 | 00:00:02 | 00:17:21 | 00:40:41.75 | 00:40:43.95 | +00:07:12 (17.7%) | 8:08 | 7.4 (82.2%) |
| 21 | CIEŚLA Edyta | 607 | RYBNICKI KLUB NORDIC WALKING | Open | 21 | 00:00:05 | 00:17:48 | 00:40:45.55 | 00:40:50.55 | +00:07:16 (17.9%) | 8:09 | 7.4 (82.2%) |
| 22 | MIKOŁAJEC Bernadeta | 852 | | Open | 22 | 00:00:04 | 00:17:09 | 00:40:47.90 | 00:40:52.35 | +00:07:18 (17.9%) | 8:09 | 7.4 (82.2%) |
| 23 | POLITOWICZ Teresa | 610 | | Open | 23 | 00:00:17 | 00:17:41 | 00:40:58.45 | 00:41:16.30 | +00:07:29 (18.3%) | 8:11 | 7.3 (81.1%) |
| 24 | ADAMUS Elżbieta | 870 | KĘCKIE HARPAGANY | Open | 24 | 00:00:12 | 00:18:21 | 00:41:24.05 | 00:41:36.35 | +00:07:55 (19.1%) | 8:16 | 7.2 (80.0%) |
| 25 | BONK Jolanta | 155 | MIECHOWICKA GRUPA BIEGOWA | Open | 25 | 00:00:10 | 00:17:54 | 00:41:34.35 | 00:41:44.70 | +00:08:05 (19.5%) | 8:18 | 7.2 (80.0%) |
| 26 | KOZYRA Grażyna | 954 | GRUPA ENDORFINA | Open | 26 | 00:00:04 | 00:18:27 | 00:41:44.95 | 00:41:49.35 | +00:08:16 (19.8%) | 8:21 | 7.2 (80.0%) |
| 27 | BŁASZCZYK-SAMSEL Kinga | 423 | | Open | 27 | 00:00:06 | 00:17:56 | 00:41:54.05 | 00:42:00.50 | +00:08:25 (20.1%) | 8:22 | 7.2 (80.0%) |
| 28 | DZIERŻĘGA Ewa | 959 | GRUPA ENDORFINA | Open | 29 | 00:00:04 | 00:18:28 | 00:42:05.20 | 00:42:09.90 | +00:08:36 (20.4%) | 8:25 | 7.1 (78.9%) |
| 29 | KOZIK Agnieszka | 820 | | Open | 28 | 00:00:11 | 00:18:14 | 00:42:00.70 | 00:42:12.50 | +00:08:31 (20.3%) | 8:24 | 7.1 (78.9%) |

| Msc | Zawodnik | Numer | Klub | Kategoria | Mkat | Czas startu | Zawrotka 2.5km | Czas | | Różn | Tempo min/km | Tempo km/h |
|-----|--------------------------|-------|------------------------------|-----------|------|-------------|-------------------|--------------------|--------------------|-------------------|-----------------|---------------|
| | | | | | | | | netto 5km | brutto 5km | | | |
| 30 | WIATEREK Hanna | 675 | | Open | 30 | 00:00:05 | 00:18:42 | 00:42:08.05 | 00:42:13.20 | +00:08:39 (20.5%) | 8:25 | 7.1 (78.9%) |
| 31 | ZADROGA Dorota | 992 | GORA TEAM | Open | 31 | 00:00:06 | 00:18:41 | 00:42:09.35 | 00:42:16.05 | +00:08:40 (20.6%) | 8:26 | 7.1 (78.9%) |
| 32 | DOMAGALSKA Krystyna | 526 | | Open | 33 | 00:00:04 | 00:18:03 | 00:42:22.00 | 00:42:26.10 | +00:08:53 (21.0%) | 8:28 | 7.1 (78.9%) |
| 33 | CZAPKA Aleksandra | 523 | | Open | 34 | 00:00:02 | 00:18:05 | 00:42:23.25 | 00:42:26.15 | +00:08:54 (21.0%) | 8:28 | 7.1 (78.9%) |
| 34 | WRZOSOK Urszula | 754 | | Open | 32 | 00:00:24 | 00:18:25 | 00:42:12.75 | 00:42:37.15 | +00:08:43 (20.7%) | 8:26 | 7.1 (78.9%) |
| 35 | KOŚCIELNA - WITA Paulina | 1086 | FORMA WODZISŁAW ŚLĄSKI | Open | 37 | 00:00:04 | 00:18:31 | 00:42:43.05 | 00:42:47.65 | +00:09:14 (21.6%) | 8:32 | 7 (77.8%) |
| 36 | ZAWADZKA Lilianna | 895 | CIDRY LOTAJOM | Open | 36 | 00:00:13 | 00:18:54 | 00:42:35.35 | 00:42:48.75 | +00:09:06 (21.4%) | 8:31 | 7 (77.8%) |
| 37 | MARĘDZIAK Magdalena | 894 | CIDRY LOTAJOM | Open | 35 | 00:00:15 | 00:18:46 | 00:42:33.25 | 00:42:48.85 | +00:09:04 (21.3%) | 8:30 | 7.1 (78.9%) |
| 38 | SROCZYŃSKA Maria | 632 | KOBIETY NA 5+ | Open | 38 | 00:00:02 | 00:18:11 | 00:42:49.20 | 00:42:51.55 | +00:09:20 (21.8%) | 8:33 | 7 (77.8%) |
| 39 | PALETTA Małgorzata | 108 | | Open | 40 | 00:00:03 | 00:18:40 | 00:42:59.40 | 00:43:03.05 | +00:09:30 (22.1%) | 8:36 | 7 (77.8%) |
| 40 | HOROSZKO Barbara | 717 | | Open | 43 | 00:00:03 | 00:18:01 | 00:43:08.15 | 00:43:11.80 | +00:09:39 (22.4%) | 8:37 | 7 (77.8%) |
| 41 | PIOTROWSKA Krystyna | 1000 | RYBNICKI KLUB NORDIC WALKING | Open | 39 | 00:00:21 | 00:18:34 | 00:42:50.50 | 00:43:12.15 | +00:09:21 (21.8%) | 8:34 | 7 (77.8%) |
| 42 | NIESTRÓJ Sylwia | 460 | | Open | 44 | 00:00:02 | 00:18:41 | 00:43:10.90 | 00:43:13.85 | +00:09:41 (22.5%) | 8:38 | 6.9 (76.7%) |
| 43 | MUELLER Helena | 535 | LECYMY DURŚ | Open | 42 | 00:00:11 | 00:19:09 | 00:43:07.85 | 00:43:19.25 | +00:09:38 (22.4%) | 8:37 | 7 (77.8%) |
| 44 | TITTOR Kamila | 548 | | Open | 41 | 00:00:15 | 00:18:16 | 00:43:04.30 | 00:43:19.50 | +00:09:35 (22.3%) | 8:36 | 7 (77.8%) |
| 45 | TYCZEWSKA Paulina | 949 | NOWA HUTA TEAM | Open | 46 | 00:00:05 | 00:18:59 | 00:43:14.55 | 00:43:20.35 | +00:09:45 (22.6%) | 8:39 | 6.9 (76.7%) |
| 46 | PIEKARCZYK Katarzyna | 939 | | Open | 47 | 00:00:00 | 00:18:56 | 00:43:20.50 | 00:43:20.50 | +00:09:51 (22.7%) | 8:40 | 6.9 (76.7%) |
| 47 | TYCZEWSKA Teresa | 538 | | Open | 45 | 00:00:06 | 00:18:21 | 00:43:14.55 | 00:43:21.25 | +00:09:45 (22.6%) | 8:39 | 6.9 (76.7%) |
| 48 | PIASZCZYK Kasia | 468 | FIZJOFRELKI | Open | 49 | 00:00:03 | 00:18:37 | 00:43:31.00 | 00:43:34.65 | +00:10:02 (23.1%) | 8:42 | 6.9 (76.7%) |
| 49 | SPANDEL Ewa | 750 | | Open | 48 | 00:00:09 | 00:19:51 | 00:43:28.80 | 00:43:38.50 | +00:09:59 (23.0%) | 8:41 | 6.9 (76.7%) |
| 50 | GAST Janina | 471 | FIZJOFRELKI | Open | 50 | 00:00:03 | 00:18:37 | 00:43:38.80 | 00:43:41.95 | +00:10:09 (23.3%) | 8:43 | 6.9 (76.7%) |
| 51 | ORZYSZEK Roksana | 68 | | Open | 51 | 00:00:03 | 00:19:07 | 00:43:44.45 | 00:43:47.60 | +00:10:15 (23.5%) | 8:44 | 6.9 (76.7%) |
| 52 | STOKŁOSA Wioletta | 555 | | Open | 52 | 00:00:10 | 00:19:01 | 00:43:45.35 | 00:43:55.65 | +00:10:16 (23.5%) | 8:45 | 6.9 (76.7%) |
| 53 | ANDROSZ Katarzyna | 633 | UKS REFLEX | Open | 53 | 00:00:04 | 00:19:07 | 00:43:46.20 | 00:43:50.75 | +00:10:17 (23.5%) | 8:45 | 6.9 (76.7%) |
| 54 | PODESZWA Hanna | 1152 | | Open | 54 | 00:00:08 | 00:18:57 | 00:43:49.60 | 00:43:57.95 | +00:10:20 (23.6%) | 8:45 | 6.8 (75.6%) |
| 55 | BITOWT Izabela | 1113 | | Open | 55 | 00:00:03 | 00:19:10 | 00:43:56.10 | 00:43:59.85 | +00:10:27 (23.8%) | 8:47 | 6.8 (75.6%) |
| 56 | MILEWSKA Marta | 132 | MIECHOWICKA GRUPA BIEGOWA | Open | 56 | 00:00:23 | 00:19:33 | 00:43:59.60 | 00:44:22.75 | +00:10:30 (23.9%) | 8:47 | 6.8 (75.6%) |
| 57 | HŁĄD Inga | 499 | OLZA CIESZYN | Open | 57 | 00:00:22 | 00:19:04 | 00:43:59.75 | 00:44:22.10 | +00:10:30 (23.9%) | 8:48 | 6.8 (75.6%) |
| 58 | HŁĄD Izabella | 497 | OLZA CIESZYN | Open | 58 | 00:00:20 | 00:19:06 | 00:44:00.95 | 00:44:21.55 | +00:10:32 (23.9%) | 8:48 | 6.8 (75.6%) |
| 59 | GNIĄZDEK Sylwia | 386 | | Open | 59 | 00:00:05 | 00:18:42 | 00:44:08.65 | 00:44:13.85 | +00:10:39 (24.2%) | 8:49 | 6.8 (75.6%) |
| 60 | AKSAMIT Kazimiera | 1187 | | Open | 60 | 00:00:10 | 00:19:31 | 00:44:11.80 | 00:44:22.10 | +00:10:42 (24.2%) | 8:50 | 6.8 (75.6%) |
| 61 | POLACZEK Marta | 399 | | Open | 61 | 00:00:20 | 00:19:18 | 00:44:12.85 | 00:44:33.50 | +00:10:43 (24.3%) | 8:50 | 6.8 (75.6%) |
| 62 | ZIELIŃSKA Grażyna | 1133 | BOBRY WALKING | Open | 62 | 00:00:19 | 00:19:19 | 00:44:13.40 | 00:44:33.35 | +00:10:44 (24.3%) | 8:50 | 6.8 (75.6%) |
| 63 | JANUS-SZPYRKA Jolanta | 834 | KOBIETY NA 5+ | Open | 63 | 00:00:16 | 00:19:31 | 00:44:13.95 | 00:44:30.35 | +00:10:45 (24.3%) | 8:50 | 6.8 (75.6%) |
| 64 | HECZKO Beata | 832 | OLZA CIESZYN | Open | 64 | 00:00:21 | 00:19:21 | 00:44:19.50 | 00:44:40.95 | +00:10:50 (24.5%) | 8:51 | 6.8 (75.6%) |
| 65 | CELARY Hanna | 944 | | Open | 65 | 00:00:14 | 00:20:00 | 00:44:20.15 | 00:44:35.00 | +00:10:51 (24.5%) | 8:52 | 6.8 (75.6%) |
| 66 | PELJAK-WÓJCIK Katarzyna | 424 | #CZELADZBIEGA | Open | 66 | 00:00:08 | 00:19:36 | 00:44:20.65 | 00:44:29.50 | +00:10:51 (24.5%) | 8:52 | 6.8 (75.6%) |
| 67 | ROMOWICZ Izabela | 361 | | Open | 67 | 00:00:13 | 00:20:05 | 00:44:45.60 | 00:44:59.35 | +00:11:16 (25.2%) | 8:57 | 6.7 (74.4%) |
| 68 | ŚWITA Anna | 313 | | Open | 68 | 00:00:10 | 00:18:46 | 00:44:46.40 | 00:44:57.10 | +00:11:17 (25.2%) | 8:57 | 6.7 (74.4%) |
| 69 | SZWARLIK Bożena | 1058 | KOBIETY NA 5+ | Open | 69 | 00:00:13 | 00:20:01 | 00:44:47.25 | 00:45:00.75 | +00:11:18 (25.2%) | 8:57 | 6.7 (74.4%) |
| 70 | WOLAK Krystyna | 1203 | KOBIETY NA 5+ | Open | 70 | 00:00:13 | 00:19:11 | 00:44:47.40 | 00:45:00.50 | +00:11:18 (25.2%) | 8:57 | 6.7 (74.4%) |
| 71 | JUROSZEK Halina | 612 | | Open | 71 | 00:00:18 | 00:19:37 | 00:44:50.30 | 00:45:09.05 | +00:11:21 (25.3%) | 8:58 | 6.7 (74.4%) |
| 72 | DROZD Krystyna | 1200 | CIDRY LOTAJOM | Open | 72 | 00:00:12 | 00:19:40 | 00:44:55.75 | 00:45:08.05 | +00:11:26 (25.5%) | 8:59 | 6.7 (74.4%) |
| 73 | OPARCZYK Anna | 757 | | Open | 73 | 00:00:25 | 00:19:25 | 00:44:59.90 | 00:45:25.25 | +00:11:30 (25.6%) | 9:00 | 6.7 (74.4%) |

| Msc | Zawodnik | Numer | Klub | Kategoria | Mkat | Czas startu | Zawrotka 2.5km | Czas netto 5km | Czas brutto 5km | Różn | Tempo min/km | Tempo km/h |
|-----|------------------------------------|-------------|------------------------------|-----------|------|-------------|-------------------|----------------------|-----------------------|-------------------|-----------------|---------------|
| 74 | KUCZERA-DUDEK Anna | 550 | SMOCZY GANG | Open | 74 | 00:00:07 | 00:19:44 | 00:45:01.75 | 00:45:09.15 | +00:11:32 (25.6%) | 9:00 | 6.7 (74.4%) |
| 75 | BAC Barbara | 821 | | Open | 75 | 00:00:11 | 00:20:02 | 00:45:05.05 | 00:45:16.95 | +00:11:36 (25.7%) | 9:01 | 6.7 (74.4%) |
| 76 | PAJĄK Małgorzata | 444 | KOBIETA NA 5+ | Open | 76 | 00:00:10 | 00:20:03 | 00:45:06.45 | 00:45:17.30 | +00:11:37 (25.8%) | 9:01 | 6.6 (73.3%) |
| 77 | POPKO Agata | 1208 | | Open | 77 | 00:00:17 | 00:19:47 | 00:45:16.10 | 00:45:33.40 | +00:11:47 (26.0%) | 9:03 | 6.6 (73.3%) |
| 78 | KOLEK Aleksandra | 1034 | | Open | 78 | 00:00:15 | 00:20:05 | 00:45:19.55 | 00:45:34.85 | +00:11:50 (26.1%) | 9:03 | 6.6 (73.3%) |
| 79 | MATUSZEWSKA Małgorzata | 1031 | | Open | 79 | 00:00:15 | 00:20:06 | 00:45:19.80 | 00:45:35.10 | +00:11:50 (26.1%) | 9:04 | 6.6 (73.3%) |
| 80 | TUMULIK BŁACHUT Urszula | 691 | | Open | 80 | 00:00:09 | 00:19:52 | 00:45:20.45 | 00:45:29.60 | +00:11:51 (26.2%) | 9:04 | 6.6 (73.3%) |
| 81 | CEMPULIK-MUSZALA Monika | 347 | | Open | 81 | 00:00:12 | 00:20:27 | 00:45:39.85 | 00:45:52.55 | +00:12:10 (26.7%) | 9:08 | 6.6 (73.3%) |
| 82 | PAWLIK Agata | 616 | FIZJOFRELKI | Open | 82 | 00:00:04 | 00:21:33 | 00:45:42.65 | 00:45:47.55 | +00:12:13 (26.8%) | 9:08 | 6.6 (73.3%) |
| 83 | DROZDOWSKA-DZIEDZIC Dorota | 1088 | | Open | 83 | 00:00:19 | 00:20:34 | 00:45:46.25 | 00:46:05.25 | +00:12:17 (26.8%) | 9:09 | 6.6 (73.3%) |
| 84 | ŁOJSZAĆ Justyna | 478 | CZUBCLUB SOSNOWIEC | Open | 84 | 00:00:03 | 00:19:27 | 00:45:47.50 | 00:45:51.25 | +00:12:18 (26.9%) | 9:09 | 6.6 (73.3%) |
| 85 | MOLITOR Sylwia | 1144 | | Open | 85 | 00:00:08 | 00:20:08 | 00:45:48.15 | 00:45:56.25 | +00:12:19 (26.9%) | 9:09 | 6.6 (73.3%) |
| 86 | PAPIEŻ Kaśka | 1107 | | Open | 86 | 00:00:20 | 00:20:32 | 00:45:49.65 | 00:46:09.70 | +00:12:20 (26.9%) | 9:09 | 6.5 (72.2%) |
| 87 | SOKOŁOWSKA Teresa | 1030 | | Open | 87 | 00:00:12 | 00:19:41 | 00:45:54.95 | 00:46:07.45 | +00:12:26 (27.1%) | 9:11 | 6.5 (72.2%) |
| 88 | GIERLOTKA - BUK Barbara | 910 | CIDRY LOTAJOM | Open | 88 | 00:00:14 | 00:19:58 | 00:45:58.05 | 00:46:12.45 | +00:12:29 (27.2%) | 9:11 | 6.5 (72.2%) |
| 89 | NOWAK Helena | 380 | KOBIETY NA 5+ | Open | 89 | 00:00:14 | 00:20:04 | 00:46:06.35 | 00:46:20.45 | +00:12:37 (27.4%) | 9:13 | 6.5 (72.2%) |
| 90 | KUTA Marzena | 7 | | Open | 90 | 00:00:11 | 00:20:21 | 00:46:06.60 | 00:46:18.20 | +00:12:37 (27.4%) | 9:13 | 6.5 (72.2%) |
| 91 | ARTER Małgorzata | 683 | | Open | 91 | 00:00:05 | 00:20:41 | 00:46:07.25 | 00:46:12.65 | +00:12:38 (27.4%) | 9:13 | 6.5 (72.2%) |
| 92 | PĘCHERCZYK Anna | 328 | | Open | 92 | 00:00:10 | 00:20:22 | 00:46:07.45 | 00:46:18.15 | +00:12:38 (27.4%) | 9:13 | 6.5 (72.2%) |
| 93 | SKABA Katarzyna | 694 | | Open | 93 | 00:00:13 | 00:20:35 | 00:46:08.30 | 00:46:22.20 | +00:12:39 (27.4%) | 9:13 | 6.5 (72.2%) |
| 94 | GOCZOŁ Ewa | 695 | | Open | 94 | 00:00:13 | 00:20:35 | 00:46:08.70 | 00:46:22.30 | +00:12:39 (27.4%) | 9:13 | 6.5 (72.2%) |
| 95 | MATERNY Anna | 186 | #CZELADZBIEGA | Open | 95 | 00:00:06 | 00:20:13 | 00:46:09.85 | 00:46:16.20 | +00:12:40 (27.5%) | 9:14 | 6.5 (72.2%) |
| 96 | PAŁACH Lucyna | 584 | KOBIETA NA 5+ | Open | 96 | 00:00:11 | 00:20:02 | 00:46:10.90 | 00:46:22.05 | +00:12:41 (27.5%) | 9:14 | 6.5 (72.2%) |
| 97 | PIOTROWSKA-RUP Beata | 1298 | #CZELADZBIEGA | Open | 97 | 00:00:05 | 00:20:15 | 00:46:10.95 | 00:46:16.50 | +00:12:42 (27.5%) | 9:14 | 6.5 (72.2%) |
| 98 | ZDEJSZY Magdalena | 38 | OLZA CIESZYN | Open | 98 | 00:00:05 | 00:20:02 | 00:46:18.30 | 00:46:23.70 | +00:12:49 (27.7%) | 9:15 | 6.5 (72.2%) |
| 99 | BLECHARZ Zuzanna | 1021 | | Open | 99 | 00:00:13 | 00:20:14 | 00:46:21.30 | 00:46:34.60 | +00:12:52 (27.8%) | 9:16 | 6.5 (72.2%) |
| 100 | MADEJ Danuta | 924 | | Open | 100 | 00:00:03 | 00:19:23 | 00:46:22.50 | 00:46:26.45 | +00:12:53 (27.8%) | 9:16 | 6.5 (72.2%) |
| 101 | BUCHTA Emilia | 801 | | Open | 101 | 00:00:12 | 00:20:15 | 00:46:22.65 | 00:46:35.55 | +00:12:53 (27.8%) | 9:16 | 6.5 (72.2%) |
| 102 | GAWEŁCZYK Maria | 973 | RYBNICKI KLUB NORDIC WALKING | Open | 102 | 00:00:09 | 00:20:09 | 00:46:24.65 | 00:46:33.85 | +00:12:55 (27.9%) | 9:16 | 6.5 (72.2%) |
| 103 | MUSKIETORZ Violetta | 773 | | Open | 103 | 00:00:08 | 00:20:42 | 00:46:31.75 | 00:46:40.35 | +00:13:02 (28.0%) | 9:18 | 6.4 (71.1%) |
| 104 | WIECZOREK Agata | 194 | | Open | 104 | 00:00:07 | 00:20:43 | 00:46:32.40 | 00:46:39.75 | +00:13:03 (28.1%) | 9:18 | 6.4 (71.1%) |
| 105 | TRUCHAN Izabela | 1060 | | Open | 105 | 00:00:07 | 00:20:04 | 00:46:34.70 | 00:46:41.70 | +00:13:05 (28.1%) | 9:18 | 6.4 (71.1%) |
| 106 | CEMPULIK ŁAKOMSKA Agnieszka | 50 | | Open | 106 | 00:00:00 | 00:20:39 | 00:46:36.05 | 00:46:36.05 | +00:13:07 (28.2%) | 9:19 | 6.4 (71.1%) |
| 107 | WITCZAK Agnieszka | 693 | | Open | 107 | 00:00:17 | 00:20:18 | 00:46:45.40 | 00:47:02.85 | +00:13:16 (28.4%) | 9:21 | 6.4 (71.1%) |
| 108 | WUWER Jolanta | 957 | GRUPA ENDORFINA | Open | 108 | 00:00:16 | 00:20:22 | 00:46:45.80 | 00:47:02.65 | +00:13:16 (28.4%) | 9:21 | 6.4 (71.1%) |
| 109 | GAJDZIK Lidia | 345 | | Open | 109 | 00:00:18 | 00:20:40 | 00:46:46.00 | 00:47:04.55 | +00:13:17 (28.4%) | 9:21 | 6.4 (71.1%) |
| 110 | KNOPEK Hanna | 955 | GRUPA ENDORFINA | Open | 110 | 00:00:17 | 00:20:21 | 00:46:46.05 | 00:47:03.25 | +00:13:17 (28.4%) | 9:21 | 6.4 (71.1%) |
| 111 | OKŁA Agnieszka | 792 | | Open | 111 | 00:00:18 | 00:20:44 | 00:46:58.55 | 00:47:16.75 | +00:13:29 (28.7%) | 9:23 | 6.4 (71.1%) |
| 112 | ŚWIGOŃ Beata | 528 | BĘDZIN TEAM | Open | 112 | 00:00:18 | 00:20:11 | 00:46:58.65 | 00:47:16.80 | +00:13:29 (28.7%) | 9:23 | 6.4 (71.1%) |
| 113 | KUŚMIRSKA Janina | 692 | KLUB BIEGACZA FARTLEK | Open | 113 | 00:00:03 | 00:19:55 | 00:46:59.05 | 00:47:02.55 | +00:13:30 (28.7%) | 9:23 | 6.4 (71.1%) |
| 114 | KUBICA Magdalena | 515 | AMATOR | Open | 114 | 00:00:14 | 00:20:28 | 00:46:59.70 | 00:47:14.60 | +00:13:30 (28.8%) | 9:24 | 6.4 (71.1%) |
| 115 | KOWALEWSKA Jolanta | 1089 | | Open | 115 | 00:00:07 | 00:21:03 | 00:47:02.60 | 00:47:09.65 | +00:13:33 (28.8%) | 9:24 | 6.4 (71.1%) |
| 116 | PIEKARCZYK Barbara | 932 | | Open | 116 | 00:00:07 | 00:20:27 | 00:47:03.10 | 00:47:10.50 | +00:13:34 (28.8%) | 9:24 | 6.4 (71.1%) |
| 117 | JUSZCZAKIEWICZ Bogusia | 522 | FIZJOFRELKI | Open | 117 | 00:00:04 | 00:20:07 | 00:47:06.00 | 00:47:10.50 | +00:13:37 (28.9%) | 9:25 | 6.4 (71.1%) |

| Msc | Zawodnik | Numer | Klub | Kategoria | Mkat | Czas startu | Zawrotka 2.5km | Czas netto 5km | Czas brutto 5km | Różn | Tempo min/km | Tempo km/h |
|-----|------------------------------------|-------------|------------------------------|-----------|------|-------------|-------------------|----------------------|-----------------------|-------------------|-----------------|---------------|
| 118 | GODZIEK Antonina | 430 | | Open | 118 | 00:00:15 | 00:20:27 | 00:47:06.80 | 00:47:22.75 | +00:13:37 (28.9%) | 9:25 | 6.4 (71.1%) |
| 119 | SKAWIŃSKA Aneta | 518 | FIZJOFRELKI | Open | 119 | 00:00:03 | 00:20:08 | 00:47:07.45 | 00:47:10.50 | +00:13:38 (28.9%) | 9:25 | 6.4 (71.1%) |
| 120 | ZALEĆKA Alicja | 929 | BIEGAM BO LUBIE | Open | 120 | 00:00:06 | 00:20:28 | 00:47:08.90 | 00:47:15.20 | +00:13:39 (29.0%) | 9:25 | 6.4 (71.1%) |
| 121 | KRAWCZYK Małgorzata | 581 | KOBIETA NA 5+ | Open | 121 | 00:00:11 | 00:20:16 | 00:47:13.05 | 00:47:24.15 | +00:13:44 (29.1%) | 9:26 | 6.4 (71.1%) |
| 121 | FOŁDA Anita | 678 | | Open | 122 | 00:00:07 | 00:20:19 | 00:47:13.05 | 00:47:20.90 | +00:13:44 (29.1%) | 9:26 | 6.4 (71.1%) |
| 123 | MARIA Juranek | 690 | | Open | 123 | 00:00:07 | 00:20:19 | 00:47:13.20 | 00:47:20.45 | +00:13:44 (29.1%) | 9:26 | 6.4 (71.1%) |
| 124 | MANSFELD Dorota | 273 | SIECHODZI | Open | 124 | 00:00:11 | 00:21:06 | 00:47:36.60 | 00:47:47.65 | +00:14:07 (29.7%) | 9:31 | 6.3 (70.0%) |
| 125 | BREGUŁA Ewa | 711 | SIECHODZI | Open | 125 | 00:00:09 | 00:21:08 | 00:47:37.95 | 00:47:47.85 | +00:14:09 (29.7%) | 9:31 | 6.3 (70.0%) |
| 126 | ROŚNIAK Anna | 702 | | Open | 126 | 00:00:17 | 00:20:27 | 00:47:38.30 | 00:47:55.50 | +00:14:09 (29.7%) | 9:31 | 6.3 (70.0%) |
| 127 | JASIOŃEK Maria | 701 | | Open | 127 | 00:00:17 | 00:20:27 | 00:47:38.45 | 00:47:56.40 | +00:14:09 (29.7%) | 9:31 | 6.3 (70.0%) |
| 128 | LASKO Julia | 997 | | Open | 128 | 00:00:19 | 00:20:39 | 00:47:41.60 | 00:48:00.80 | +00:14:12 (29.8%) | 9:32 | 6.3 (70.0%) |
| 129 | WLAZEŁ Magdalena | 781 | | Open | 129 | 00:00:10 | 00:20:55 | 00:47:56.70 | 00:48:06.75 | +00:14:27 (30.2%) | 9:35 | 6.3 (70.0%) |
| 130 | WITKOWSKA Agnieszka | 495 | | Open | 130 | 00:00:09 | 00:20:56 | 00:47:57.00 | 00:48:06.45 | +00:14:28 (30.2%) | 9:35 | 6.3 (70.0%) |
| 131 | DOBIECKA Iza | 1074 | | Open | 131 | 00:00:08 | 00:21:19 | 00:48:19.50 | 00:48:27.50 | +00:14:50 (30.7%) | 9:39 | 6.2 (68.9%) |
| 132 | STACHURA Krystyna | 1171 | | Open | 132 | 00:00:06 | 00:21:21 | 00:48:21.15 | 00:48:27.65 | +00:14:52 (30.8%) | 9:40 | 6.2 (68.9%) |
| 133 | TAINERT Krystyna | 1167 | | Open | 133 | 00:00:06 | 00:21:21 | 00:48:21.40 | 00:48:27.60 | +00:14:52 (30.8%) | 9:40 | 6.2 (68.9%) |
| 134 | PTAK Stanisława | 1082 | | Open | 134 | 00:00:05 | 00:21:22 | 00:48:21.90 | 00:48:27.30 | +00:14:52 (30.8%) | 9:40 | 6.2 (68.9%) |
| 135 | SZYMAŃSKA Halina | 1204 | | Open | 135 | 00:00:18 | 00:21:41 | 00:48:29.25 | 00:48:48.20 | +00:15:00 (30.9%) | 9:42 | 6.2 (68.9%) |
| 136 | DUDZIK Danuta | 885 | RYBNICKI KLUB NORDIC WALKING | Open | 136 | 00:00:18 | 00:21:41 | 00:48:29.35 | 00:48:47.95 | +00:15:00 (30.9%) | 9:41 | 6.2 (68.9%) |
| 137 | SZAJER Jadwiga | 496 | RYBNICKI KLUB NORDIC WALKING | Open | 137 | 00:00:18 | 00:21:41 | 00:48:30.20 | 00:48:48.20 | +00:15:01 (31.0%) | 9:42 | 6.2 (68.9%) |
| 138 | HORZELA Małgorzara | 700 | | Open | 138 | 00:00:10 | 00:20:42 | 00:48:50.25 | 00:49:00.45 | +00:15:21 (31.4%) | 9:46 | 6.1 (67.8%) |
| 139 | GAJDA Ewa | 1146 | | Open | 139 | 00:00:08 | 00:21:39 | 00:48:56.05 | 00:49:04.15 | +00:15:27 (31.6%) | 9:47 | 6.1 (67.8%) |
| 140 | PROSKURNICKA Aneta | 1165 | | Open | 140 | 00:00:07 | 00:21:40 | 00:48:56.45 | 00:49:04.15 | +00:15:27 (31.6%) | 9:47 | 6.1 (67.8%) |
| 141 | PAŁKA Agnieszka | 789 | | Open | 141 | 00:00:15 | 00:20:47 | 00:49:01.95 | 00:49:17.20 | +00:15:33 (31.7%) | 9:48 | 6.1 (67.8%) |
| 142 | NOWAK Agnieszka | 199 | #CZELADZBIEGA | Open | 142 | 00:00:06 | 00:21:19 | 00:49:02.90 | 00:49:09.55 | +00:15:33 (31.7%) | 9:48 | 6.1 (67.8%) |
| 143 | ANTOSIEWICZ Bogusława | 74 | #CZELADZBIEGA | Open | 143 | 00:00:09 | 00:21:15 | 00:49:07.75 | 00:49:17.45 | +00:15:38 (31.8%) | 9:49 | 6.1 (67.8%) |
| 144 | BOJARSKA Dorota | 1219 | | Open | 144 | 00:00:11 | 00:21:14 | 00:49:11.95 | 00:49:23.35 | +00:15:43 (31.9%) | 9:50 | 6.1 (67.8%) |
| 145 | ADAMCZYK Beata | 513 | AMATOR | Open | 145 | 00:00:13 | 00:21:48 | 00:49:22.45 | 00:49:36.35 | +00:15:53 (32.2%) | 9:52 | 6.1 (67.8%) |
| 146 | KOTOWICZ-GRZYŚKA Małgorzata | 429 | | Open | 146 | 00:00:07 | 00:20:59 | 00:49:24.20 | 00:49:31.55 | +00:15:55 (32.2%) | 9:52 | 6.1 (67.8%) |
| 147 | SZYMAŃSKA Teresa | 274 | | Open | 147 | 00:00:20 | 00:21:26 | 00:49:29.05 | 00:49:49.15 | +00:16:00 (32.3%) | 9:53 | 6.1 (67.8%) |
| 148 | HARAZIM Klaudia | 1168 | | Open | 148 | 00:00:08 | 00:21:39 | 00:49:46.55 | 00:49:55.35 | +00:16:17 (32.7%) | 9:57 | 6 (66.7%) |
| 149 | STROKA Wioletta | 653 | | Open | 149 | 00:00:05 | 00:21:32 | 00:49:49.00 | 00:49:54.65 | +00:16:20 (32.8%) | 9:57 | 6 (66.7%) |
| 150 | SANDOMIERSKA Anita | 244 | | Open | 150 | 00:00:21 | 00:21:38 | 00:49:50.65 | 00:50:12.60 | +00:16:21 (32.8%) | 9:58 | 6 (66.7%) |
| 151 | WITEK Judyta | 1206 | DECATHLON RYBNIK | Open | 151 | 00:00:21 | 00:21:37 | 00:49:51.10 | 00:50:12.30 | +00:16:22 (32.8%) | 9:58 | 6 (66.7%) |
| 152 | GLIMOS Agnieszka | 739 | | Open | 152 | 00:00:16 | 00:21:47 | 00:49:55.85 | 00:50:12.40 | +00:16:26 (32.9%) | 9:59 | 6 (66.7%) |
| 153 | OLEJCZYK Renata | 377 | | Open | 153 | 00:00:08 | 00:22:27 | 00:50:18.10 | 00:50:26.80 | +00:16:49 (33.4%) | 10:03 | 6 (66.7%) |
| 154 | MENDECKA Grażyna | 404 | | Open | 154 | 00:00:12 | 00:22:42 | 00:50:24.60 | 00:50:37.40 | +00:16:55 (33.6%) | 10:05 | 6 (66.7%) |
| 155 | NADOLNIK Jadwiga | 111 | KOBIETY NA 5+ | Open | 155 | 00:00:09 | 00:21:55 | 00:50:37.20 | 00:50:46.90 | +00:17:08 (33.9%) | 10:07 | 5.9 (65.6%) |
| 156 | WIATR Dorota | 591 | | Open | 156 | 00:00:08 | 00:21:54 | 00:50:37.70 | 00:50:46.60 | +00:17:08 (33.9%) | 10:07 | 5.9 (65.6%) |
| 157 | KRASOWIAK Mariola | 1282 | MOJ STYL | Open | 157 | 00:00:13 | 00:22:33 | 00:50:40.00 | 00:50:53.30 | +00:17:11 (33.9%) | 10:08 | 5.9 (65.6%) |
| 158 | BARAŃSKA Agata | 1243 | RADLINIOKI W BIEGU | Open | 158 | 00:00:01 | 00:22:03 | 00:50:40.60 | 00:50:42.55 | +00:17:11 (33.9%) | 10:08 | 5.9 (65.6%) |
| 159 | RAJWA Iwona | 966 | BZIEGACZE | Open | 159 | 00:00:07 | 00:22:04 | 00:50:44.60 | 00:50:51.60 | +00:17:15 (34.0%) | 10:08 | 5.9 (65.6%) |
| 160 | NOLBERT Aneta | 172 | | Open | 160 | 00:00:15 | 00:21:50 | 00:51:14.30 | 00:51:29.75 | +00:17:45 (34.7%) | 10:14 | 5.9 (65.6%) |
| 161 | GOŁDYN Bożena | 230 | KOBIETY 5+ | Open | 161 | 00:00:02 | 00:22:26 | 00:51:21.55 | 00:51:24.25 | +00:17:52 (34.8%) | 10:16 | 5.8 (64.4%) |

| Msc | Zawodnik | Numer | Klub | Kategoria | Mkat | Czas startu | Zawrotka 2.5km | Czas netto 5km | Czas brutto 5km | Różn | Tempo min/km | Tempo km/h |
|-----|-----------------------------------|-------------|-------------------------------|-----------|------|-------------|-------------------|----------------------|-----------------------|-------------------|-----------------|---------------|
| 162 | OPALSKA Grażyna | 809 | KOLOROWA DRUŻYNA NESSI | Open | 162 | 00:00:14 | 00:22:07 | 00:51:33.25 | 00:51:48.10 | +00:18:04 (35.1%) | 10:18 | 5.8 (64.4%) |
| 163 | PIECHOTA Hanka | 283 | MIECHOWICKA GRUPA BIEGOWA | Open | 163 | 00:00:21 | 00:22:34 | 00:52:00.30 | 00:52:22.25 | +00:18:31 (35.6%) | 10:24 | 5.8 (64.4%) |
| 164 | PIETKUN Magdalena | 602 | | Open | 164 | 00:00:19 | 00:22:37 | 00:52:03.85 | 00:52:23.70 | +00:18:34 (35.7%) | 10:24 | 5.8 (64.4%) |
| 165 | FILIPIAK Ewelina | 759 | | Open | 165 | 00:00:16 | 00:22:38 | 00:52:19.40 | 00:52:35.95 | +00:18:50 (36.0%) | 10:27 | 5.7 (63.3%) |
| 166 | BANACH Kinga | 476 | FIZJOFRELKI | Open | 166 | 00:00:06 | 00:22:53 | 00:52:36.75 | 00:52:43.15 | +00:19:07 (36.4%) | 10:31 | 5.7 (63.3%) |
| 167 | GAJEWSKA-BANACH Małgorzata | 874 | | Open | 167 | 00:00:06 | 00:22:53 | 00:52:37.20 | 00:52:43.55 | +00:19:08 (36.4%) | 10:31 | 5.7 (63.3%) |
| 168 | SZAL Anna | 318 | MYSŁOWICKI KLUB BIEGACZA NO.I | Open | 168 | 00:00:18 | 00:23:14 | 00:52:42.35 | 00:53:00.80 | +00:19:13 (36.5%) | 10:32 | 5.7 (63.3%) |
| 169 | DYGAN Jagoda | 1177 | | Open | 169 | 00:00:18 | 00:23:05 | 00:52:46.50 | 00:53:04.50 | +00:19:17 (36.6%) | 10:33 | 5.7 (63.3%) |
| 170 | MONIN Dorota | 796 | | Open | 170 | 00:00:16 | 00:23:06 | 00:52:51.40 | 00:53:08.25 | +00:19:22 (36.7%) | 10:34 | 5.7 (63.3%) |
| 171 | LABZA Edyta | 788 | | Open | 171 | 00:00:15 | 00:23:06 | 00:52:52.15 | 00:53:07.70 | +00:19:23 (36.7%) | 10:34 | 5.7 (63.3%) |
| 172 | WILCZEK Weronika | 52 | KOBIETY NA 5+ | Open | 172 | 00:00:10 | 00:23:04 | 00:53:03.40 | 00:53:14.15 | +00:19:34 (36.9%) | 10:36 | 5.7 (63.3%) |
| 173 | KUNERT Katarzyna | 677 | WYMYŚLANKA | Open | 173 | 00:00:09 | 00:22:44 | 00:53:03.50 | 00:53:12.90 | +00:19:34 (36.9%) | 10:36 | 5.7 (63.3%) |
| 174 | ROBAKOWSKA Barbara | 658 | | Open | 174 | 00:00:09 | 00:22:45 | 00:53:04.00 | 00:53:13.35 | +00:19:35 (36.9%) | 10:36 | 5.7 (63.3%) |
| 175 | WYRWICH Angelika | 131 | MRS. SPORTY | Open | 175 | 00:00:19 | 00:22:47 | 00:53:04.15 | 00:53:24.10 | +00:19:35 (36.9%) | 10:37 | 5.7 (63.3%) |
| 176 | SERWOTKA Olga | 650 | | Open | 176 | 00:00:02 | 00:22:33 | 00:53:10.15 | 00:53:12.40 | +00:19:41 (37.0%) | 10:38 | 5.6 (62.2%) |
| 177 | GORZAWSKA Aleksandra | 920 | | Open | 177 | 00:00:04 | 00:22:53 | 00:53:35.85 | 00:53:40.60 | +00:20:06 (37.5%) | 10:43 | 5.6 (62.2%) |
| 178 | TARKA Hildegarda | 6 | | Open | 178 | 00:00:03 | 00:23:20 | 00:53:43.40 | 00:53:46.85 | +00:20:14 (37.7%) | 10:44 | 5.6 (62.2%) |
| 179 | JASEK Jadwiga | 823 | | Open | 179 | 00:00:16 | 00:23:03 | 00:53:58.15 | 00:54:14.40 | +00:20:29 (38.0%) | 10:47 | 5.6 (62.2%) |
| 180 | KLIŚ Aleksandra | 943 | PANIEŃSKI ADY | Open | 180 | 00:00:16 | 00:23:03 | 00:53:58.65 | 00:54:15.05 | +00:20:29 (38.0%) | 10:47 | 5.6 (62.2%) |
| 181 | DADELA Wiola | 264 | | Open | 181 | 00:00:12 | 00:24:11 | 00:55:04.95 | 00:55:16.95 | +00:21:36 (39.2%) | 11:00 | 5.4 (60.0%) |
| 182 | CIEŚLIK Nina | 265 | | Open | 182 | 00:00:11 | 00:24:12 | 00:55:06.15 | 00:55:17.50 | +00:21:37 (39.2%) | 11:01 | 5.4 (60.0%) |
| 183 | SZKUDŁO Halina | 439 | | Open | 183 | 00:00:19 | 00:24:01 | 00:55:53.85 | 00:56:13.80 | +00:22:24 (40.1%) | 11:10 | 5.4 (60.0%) |
| 184 | ADAMIK Ilona | 442 | KOLOROWA DRUŻYNA NESSI | Open | 184 | 00:00:19 | 00:23:58 | 00:55:54.15 | 00:56:13.70 | +00:22:25 (40.1%) | 11:10 | 5.4 (60.0%) |
| 185 | GIBOWICZ Agnieszka | 346 | | Open | 185 | 00:00:21 | 00:23:31 | 00:56:01.90 | 00:56:23.00 | +00:22:32 (40.2%) | 11:12 | 5.4 (60.0%) |
| 186 | KALINOWSKA Monika | 343 | | Open | 186 | 00:00:19 | 00:23:33 | 00:56:02.70 | 00:56:22.50 | +00:22:33 (40.3%) | 11:12 | 5.4 (60.0%) |
| 187 | SPYRA Beata | 344 | | Open | 187 | 00:00:20 | 00:23:32 | 00:56:02.75 | 00:56:23.65 | +00:22:33 (40.3%) | 11:12 | 5.4 (60.0%) |
| 188 | GRYGIEREK Anna | 1132 | | Open | 188 | 00:00:18 | 00:23:50 | 00:57:06.40 | 00:57:24.65 | +00:23:37 (41.4%) | 11:25 | 5.3 (58.9%) |
| 189 | GORCZYCKA Anna | 36 | MIECHOWICKA GRUPA BIEGOWA | Open | 189 | 00:00:24 | 00:25:00 | 00:58:28.90 | 00:58:53.55 | +00:24:59 (42.7%) | 11:41 | 5.1 (56.7%) |
| 190 | MORYS Agnieszka | 1085 | | Open | 190 | 00:00:02 | 00:17:57 | 00:59:47.25 | 00:59:50.15 | +00:26:18 (44.0%) | 11:57 | 5 (55.6%) |
| 191 | SZENDZIELORZ Ilona | 329 | | Open | 191 | 00:00:00 | 00:17:10 | 00:59:49.15 | 00:59:49.15 | +00:26:20 (44.0%) | 11:57 | 5 (55.6%) |
| 192 | KABAT Barbara | 1039 | KOBIETY NA 5+ | Open | 192 | 00:00:08 | 00:25:36 | 01:01:03.75 | 01:01:12.65 | +00:27:34 (45.2%) | 12:12 | 4.9 (54.4%) |
| 193 | TRZCIŃSKA Bożena | 572 | KOBIETY NA 5+ | Open | 193 | 00:00:08 | 00:25:36 | 01:01:04.50 | 01:01:13.10 | +00:27:35 (45.2%) | 12:13 | 4.9 (54.4%) |
| 194 | CZERNECKA Juastyna | 1293 | MSTYLOJ | Open | 194 | 00:00:00 | 00:20:12 | | | + | 8:04 | 7.4 (82.2%) |

Znaleziono 194 wynik(ów)