

# KOLBUSZOWA - PUCHAR EUROPY NORDIC WALKING - 10KM

B4SPORT

**Organizator:** PFNW  
**Data:** 2015-06-06  
**Miejsce:** Kolbuszowa  
**Dystans:** 10 km



Klasyfikacja: Wszyscy

Msc	Zawodnik	Numer	Klub	Kategoria	Mkat	Żół. kartki	Czer. kartki	Czas startu	5km	Czas netto 10km	Czas brutto 10km	Różn	Tempo min/km	Tempo km/h
1	<b>MICHALEC Marcin</b>	<b>551</b>	KKB MOSIR KROSNO	M18-29	1			00:00:01	00:30:06	<b>01:01:04</b>	<b>01:01:05</b>		6:06	9.8 (100%)
2	<b>SIEROŃ Jacek</b>	<b>572</b>		M50-59	1			00:02:48	00:32:04	<b>01:04:12</b>	<b>01:07:00</b>	+00:03:08 (4.9%)	6:25	9.3 (94.9%)
3	<b>WOROCH Roman</b>	<b>1</b>		M50-59	2			00:02:48	00:32:03	<b>01:04:17</b>	<b>01:07:05</b>	+00:03:13 (5.0%)	6:25	9.3 (94.9%)
4	<b>BIŁEK Artur</b>	<b>504</b>	NW LUBLINIEC	M30-39	1			00:00:03	00:32:35	<b>01:06:11</b>	<b>01:06:14</b>	+00:05:07 (7.7%)	6:37	9.1 (92.9%)
5	<b>CYRUS Bogdan</b>	<b>510</b>	SILESIA NORDIC TIME	M40-49	1			00:00:04	00:32:33	<b>01:06:55</b>	<b>01:06:59</b>	+00:05:51 (8.7%)	6:41	9 (91.8%)
6	<b>MICHALSKI Andrzej</b>	<b>552</b>	SANOK-AMBASADOR FESTIWALU BIEGOWEGO KRYNICA 2015	M50-59	3			00:02:48	00:32:07	<b>01:06:56</b>	<b>01:09:44</b>	+00:05:52 (8.8%)	6:41	9 (91.8%)
7	<b>NIEDBAŁ Adam</b>	<b>556</b>	SILESIA NORDIC TEAM	M30-39	2			00:00:05	00:33:50	<b>01:08:05</b>	<b>01:08:10</b>	+00:07:01 (10.3%)	6:48	8.8 (89.8%)
8	<b>PUSZKIEL Leszek</b>	<b>568</b>	GREEN TEAM	M50-59	4			00:02:50	00:32:49	<b>01:08:21</b>	<b>01:11:11</b>	+00:07:17 (10.7%)	6:50	8.8 (89.8%)
9	<b>NIECHWIEJCZYK Piotr</b>	<b>555</b>	OPEL ACTIVE TEAM	M30-39	3			00:00:04	00:33:52	<b>01:08:27</b>	<b>01:08:31</b>	+00:07:23 (10.8%)	6:50	8.8 (89.8%)
10	<b>SONDEL Mieczysław</b>	<b>582</b>	DĄBROWA NORDIC TEAM	M50-59	5			00:02:49	00:34:17	<b>01:10:30</b>	<b>01:13:19</b>	+00:09:26 (13.4%)	7:03	8.5 (86.7%)
11	<b>SPYCHAŁA Marzena</b>	<b>583</b>	WESOŁY BORSUK TEAM	K40-49	1			00:05:10	00:35:07	<b>01:10:35</b>	<b>01:15:45</b>	+00:09:31 (13.5%)	7:03	8.5 (86.7%)
12	<b>PANCEWICZ Karolina</b>	<b>562</b>	SILESIA NORDIC TEAM	K30-39	1			00:04:17	00:34:57	<b>01:10:54</b>	<b>01:15:11</b>	+00:09:50 (13.9%)	7:05	8.5 (86.7%)
13	<b>JĘDRASIAK Renata</b>	<b>528</b>	KGHM METRACO	K50-59	1			00:05:13	00:35:06	<b>01:10:55</b>	<b>01:16:08</b>	+00:09:51 (13.9%)	7:05	8.5 (86.7%)
14	<b>BREWKA Joachim</b>	<b>506</b>	NORDIC WALKING LUBLINIEC	M50-59	6			00:02:48	00:34:38	<b>01:11:01</b>	<b>01:13:49</b>	+00:09:57 (14.0%)	7:06	8.4 (85.7%)

Msc	Zawodnik	Numer	Klub	Kategoria	Mkat	Żół. kartki	Czer. kartki	Czas startu	5km	Czas netto 10km	Czas brutto 10km	Różn	Tempo min/km	Tempo km/h
15	<b>SZCZEBAK Jacek</b>	<b>590</b>	TARNÓW	M40-49	2			00:00:06	00:35:06	<b>01:11:07</b>	<b>01:11:13</b>	+00:10:03 (14.1%)	7:06	8.4 (85.7%)
16	<b>MITURA-ZIELONKA Paweł</b>	<b>553</b>	SILESIA NORDIC TEAM SPACERMISTRZ	M30-39	4			00:00:03	00:35:44	<b>01:11:54</b>	<b>01:11:57</b>	+00:10:50 (15.1%)	7:11	8.3 (84.7%)
17	<b>FELIS Paweł</b>	<b>515</b>		M40-49	3			00:00:07	00:35:45	<b>01:12:29</b>	<b>01:12:36</b>	+00:11:25 (15.8%)	7:14	8.3 (84.7%)
18	<b>KRÓLICKI Dariusz</b>	<b>534</b>	FINISZ RYMANÓW	M40-49	4			00:00:08	00:36:21	<b>01:13:05</b>	<b>01:13:13</b>	+00:12:01 (16.4%)	7:18	8.2 (83.7%)
19	<b>BILIK Wojciech</b>	<b>503</b>	SAMOTNI WĘDROWCY	M40-49	5			00:00:08	00:36:07	<b>01:13:12</b>	<b>01:13:20</b>	+00:12:08 (16.6%)	7:19	8.2 (83.7%)
20	<b>SMUL Andrzej</b>	<b>580</b>	GREEN TEAM	M50-59	7			00:02:50	00:35:27	<b>01:13:16</b>	<b>01:16:06</b>	+00:12:12 (16.7%)	7:19	8.2 (83.7%)
20	<b>REJ Anna</b>	<b>569</b>		K30-39	2			00:04:19	00:36:11	<b>01:13:16</b>	<b>01:17:35</b>	+00:12:12 (16.7%)	7:19	8.2 (83.7%)
22	<b>BOCZAR Beata</b>	<b>505</b>	GREEN TEAM	K50-59	2			00:05:13	00:36:05	<b>01:13:48</b>	<b>01:19:01</b>	+00:12:44 (17.3%)	7:22	8.1 (82.7%)
23	<b>KALISZ Krzysztof</b>	<b>106</b>	KGHM METRACO POLKOWICE	M60-69	1			00:02:52	00:36:15	<b>01:14:14</b>	<b>01:17:06</b>	+00:13:10 (17.7%)	7:25	8.1 (82.7%)
24	<b>ORZECH Artur</b>	<b>561</b>		M40-49	6			00:00:11	00:36:43	<b>01:14:17</b>	<b>01:14:28</b>	+00:13:13 (17.8%)	7:25	8.1 (82.7%)
25	<b>KRÓLICKI Mateusz</b>	<b>535</b>	FINISZ RYMANÓW	M18-29	2			00:00:01	00:37:26	<b>01:14:34</b>	<b>01:14:35</b>	+00:13:30 (18.1%)	7:27	8 (81.6%)
26	<b>KRZANOWSKI Bartłomiej</b>	<b>537</b>	SAMOTNI WĘDROWCY	M40-49	7			00:00:09	00:36:50	<b>01:14:35</b>	<b>01:14:44</b>	+00:13:31 (18.1%)	7:27	8 (81.6%)
27	<b>STRZĘPKA Krzysztof</b>	<b>587</b>		M40-49	8			00:00:10	00:36:44	<b>01:15:00</b>	<b>01:15:10</b>	+00:13:56 (18.6%)	7:30	8 (81.6%)
27	<b>DRAPAŁA Jan</b>	<b>514</b>		M40-49	9			00:00:09	00:36:46	<b>01:15:00</b>	<b>01:15:09</b>	+00:13:56 (18.6%)	7:30	8 (81.6%)
29	<b>WAJDA Mateusz</b>	<b>598</b>	KROSNO MIASTO SZKŁA	M30-39	5			00:00:02	00:36:59	<b>01:15:01</b>	<b>01:15:03</b>	+00:13:57 (18.6%)	7:30	8 (81.6%)
30	<b>BUDZYŃ Anna</b>	<b>507</b>	SPEED TEAM	K40-49	2			00:05:10	00:36:44	<b>01:15:08</b>	<b>01:20:18</b>	+00:14:04 (18.7%)	7:30	8 (81.6%)
31	<b>ŚLUSARCZYK Andrzej</b>	<b>593</b>	WESOŁY BORSUK TEAM	M60-69	2			00:02:50	00:36:54	<b>01:15:36</b>	<b>01:18:26</b>	+00:14:32 (19.2%)	7:33	7.9 (80.6%)
32	<b>ŚLUSARCZYK Grzegorz</b>	<b>594</b>	WESOŁY BORSUK TEAM	M40-49	10			00:00:05	00:38:03	<b>01:15:37</b>	<b>01:15:42</b>	+00:14:33 (19.2%)	7:33	7.9 (80.6%)
33	<b>ROZMUS Sylwester</b>	<b>570</b>	NORDIC ACTIVE	M30-39	6			00:00:02	00:35:16	<b>01:15:58</b>	<b>01:16:00</b>	+00:14:54 (19.6%)	7:35	7.9 (80.6%)
34	<b>CZYCZ Kazimierz</b>	<b>511</b>	GREEN TEAM	M60-69	3			00:02:51	00:36:23	<b>01:15:59</b>	<b>01:18:50</b>	+00:14:55 (19.6%)	7:35	7.9 (80.6%)
35	<b>JANCZYK Jacek</b>	<b>523</b>	NORDIC ACTIVE	M40-49	11			00:00:07	00:37:36	<b>01:16:04</b>	<b>01:16:11</b>	+00:15:00 (19.7%)	7:36	7.9 (80.6%)
36	<b>ŚCIBISZ Bogdan</b>	<b>592</b>	DĄBROWA NORDIC TEAM	M70+	1			00:02:55	00:37:09	<b>01:16:07</b>	<b>01:19:02</b>	+00:15:03 (19.8%)	7:36	7.9 (80.6%)
37	<b>KUREK Edward</b>	<b>539</b>	MOSIR CZELADZ	M70+	2			00:02:54	00:38:06	<b>01:16:11</b>	<b>01:19:05</b>	+00:15:07 (19.8%)	7:37	7.9 (80.6%)

Msc	Zawodnik	Numer	Klub	Kategoria	Mkat	Żół. kartki	Czer. kartki	Czas startu	5km	Czas netto 10km	Czas brutto 10km	Różn	Tempo min/km	Tempo km/h
38	<b>GRUSZKA Michał</b>	<b>521</b>	NORDIC WALKING LUBLINIEC	M40-49	12			00:00:07	00:37:19	<b>01:16:37</b>	<b>01:16:44</b>	+00:15:33 (20.3%)	7:39	7.8 (79.6%)
39	<b>GRUSZKA Łukasz</b>	<b>520</b>	TKKF CZELADZ	M18-29	3			00:00:01	00:37:24	<b>01:16:40</b>	<b>01:16:41</b>	+00:15:36 (20.3%)	7:40	7.8 (79.6%)
40	<b>SZALWA-NIEZGODA Agnieszka</b>	<b>589</b>	KOLBUSZOWSKI KLUB NORDIC WALKING	K40-49	3			00:05:11	00:37:47	<b>01:16:47</b>	<b>01:21:58</b>	+00:15:43 (20.5%)	7:40	7.8 (79.6%)
41	<b>BYTNIIEWSKI Mieczysław</b>	<b>508</b>	BIAŁA BIEGA	M70+	3			00:02:52	00:38:30	<b>01:16:51</b>	<b>01:19:43</b>	+00:15:47 (20.5%)	7:41	7.8 (79.6%)
42	<b>KAPARUK Jolanta</b>	<b>531</b>		K30-39	3			00:04:17	00:37:55	<b>01:16:52</b>	<b>01:21:09</b>	+00:15:48 (20.6%)	7:41	7.8 (79.6%)
43	<b>PASIŃSKA - SKOWRON Sylwia</b>	<b>563</b>	LIFESTYLEBODY TEAM	K30-39	4			00:04:18	00:38:14	<b>01:17:11</b>	<b>01:21:29</b>	+00:16:07 (20.9%)	7:43	7.8 (79.6%)
44	<b>FRAŚCZAK Katarzyna</b>	<b>517</b>	NORDIC ACTIV TARNOBRZEG	K30-39	5			00:04:15	00:38:22	<b>01:17:15</b>	<b>01:21:30</b>	+00:16:11 (20.9%)	7:43	7.8 (79.6%)
45	<b>LISIKIEWICZ Agnieszka</b>	<b>543</b>	GREEN TEAM	K40-49	4			00:05:11	00:38:02	<b>01:17:25</b>	<b>01:22:36</b>	+00:16:21 (21.1%)	7:44	7.8 (79.6%)
46	<b>ŁUKASZEWICZ Joanna</b>	<b>544</b>	GREEN TEAM	K40-49	5			00:05:10	00:38:05	<b>01:17:34</b>	<b>01:22:44</b>	+00:16:30 (21.3%)	7:45	7.7 (78.6%)
47	<b>PTAŚ Agnieszka</b>	<b>107</b>	TKKF MOSIR CZELADZ	K18-29	1			00:04:16	00:38:40	<b>01:17:35</b>	<b>01:21:51</b>	+00:16:31 (21.3%)	7:45	7.7 (78.6%)
48	<b>JARZYŃSKA Małgorzata</b>	<b>527</b>		K50-59	3			00:05:14	00:38:07	<b>01:17:38</b>	<b>01:22:52</b>	+00:16:34 (21.3%)	7:45	7.7 (78.6%)
49	<b>JANKOWSKI Henryk</b>	<b>525</b>	TKKF CZELADZ	M60-69	4			00:02:50	00:38:35	<b>01:18:02</b>	<b>01:20:52</b>	+00:16:58 (21.7%)	7:48	7.7 (78.6%)
50	<b>ADAMOWSKI Jacek</b>	<b>501</b>	ZAKĄTEK21	M30-39	7			00:00:05	00:38:52	<b>01:18:14</b>	<b>01:18:19</b>	+00:17:10 (21.9%)	7:49	7.7 (78.6%)
51	<b>KRZESAK-JUREK Ewa</b>	<b>538</b>	KIJEM W LENISTWO	K30-39	6			00:04:19	00:39:13	<b>01:18:27</b>	<b>01:22:46</b>	+00:17:23 (22.2%)	7:50	7.6 (77.6%)
52	<b>JUREK Tomasz</b>	<b>530</b>	KIJEM W LENISTWO	M30-39	8			00:04:19	00:39:10	<b>01:18:28</b>	<b>01:22:47</b>	+00:17:24 (22.2%)	7:50	7.6 (77.6%)
53	<b>PIĄTKOWSKI Józef</b>	<b>564</b>	METRACO	M70+	4			00:02:53	00:37:52	<b>01:18:33</b>	<b>01:21:26</b>	+00:17:29 (22.3%)	7:51	7.6 (77.6%)
54	<b>STĘPIEŃ Ewa</b>	<b>586</b>	ZABIEGANI MIELEC	K30-39	7			00:04:18	00:38:49	<b>01:18:42</b>	<b>01:23:00</b>	+00:17:38 (22.4%)	7:52	7.6 (77.6%)
55	<b>WOŹNIAK Bartłomiej</b>	<b>32</b>	PODWÓJNY UŚMIECH	M30-39	9			00:00:04	00:39:20	<b>01:18:50</b>	<b>01:18:54</b>	+00:17:46 (22.5%)	7:53	7.6 (77.6%)
56	<b>TRUCHAN-BAJER Bożena</b>	<b>597</b>		K50-59	4			00:05:13	00:38:25	<b>01:18:52</b>	<b>01:24:05</b>	+00:17:48 (22.6%)	7:53	7.6 (77.6%)
57	<b>THOMALLA Bogdan</b>	<b>596</b>	SILESIA NORDIC TEAM	M70+	5			00:02:53	00:39:02	<b>01:18:57</b>	<b>01:21:50</b>	+00:17:53 (22.7%)	7:53	7.6 (77.6%)
58	<b>MARONDEL Katarzyna</b>	<b>547</b>	SILESIA NORDIC TEAM	K18-29	2			00:04:15	00:38:51	<b>01:19:02</b>	<b>01:23:17</b>	+00:17:58 (22.7%)	7:54	7.6 (77.6%)
59	<b>MARCINKOWSKI Wojciech</b>	<b>546</b>	NORDIC WALKING LUBLINIEC	M40-49	13			00:00:06	00:38:55	<b>01:19:09</b>	<b>01:19:15</b>	+00:18:05 (22.8%)	7:54	7.6 (77.6%)
60	<b>SKAŁECKA Ilona</b>	<b>576</b>	KLUB AKTYWNYCH ART - FIT	K40-49	6			00:05:11	00:38:28	<b>01:19:27</b>	<b>01:24:38</b>	+00:18:23 (23.1%)	7:56	7.6 (77.6%)

Msc	Zawodnik	Numer	Klub	Kategoria	Mkat	Żół. kartki	Czer. kartki	Czas startu	5km	Czas netto 10km	Czas brutto 10km	Różn	Tempo min/km	Tempo km/h
61	<b>MOCZARSKI Mirek</b>	<b>554</b>	WŁÓCZYKIJ LEŻAJSK	M50-59	8			00:02:49	00:39:24	<b>01:19:40</b>	<b>01:22:29</b>	+00:18:36 (23.3%)	7:58	7.5 (76.5%)
62	<b>SZNAJDER Zenon</b>	<b>591</b>		M60-69	5			00:02:50	00:40:03	<b>01:19:43</b>	<b>01:22:33</b>	+00:18:39 (23.4%)	7:58	7.5 (76.5%)
63	<b>ZDRZĄLEK Małgorzata</b>	<b>61</b>	STADION ŚLĄSKI	K40-49	7			00:05:12	00:39:44	<b>01:20:38</b>	<b>01:25:50</b>	+00:19:34 (24.3%)	8:03	7.4 (75.5%)
64	<b>OLENDEREK Zygmunt</b>	<b>559</b>		M70+	6			00:02:52	00:39:24	<b>01:21:39</b>	<b>01:24:31</b>	+00:20:35 (25.2%)	8:09	7.3 (74.5%)
65	<b>KOTAS Brygida</b>	<b>533</b>	DĄBROWA NORDIC TEAM	K50-59	5			00:05:15	00:39:58	<b>01:21:52</b>	<b>01:27:07</b>	+00:20:48 (25.4%)	8:11	7.3 (74.5%)
66	<b>NOWROTEK Roman</b>	<b>558</b>	MOKATE TEAM	M60-69	6			00:02:49	00:37:40	<b>01:22:00</b>	<b>01:24:49</b>	+00:20:56 (25.5%)	8:12	7.3 (74.5%)
67	<b>OLESIEJUK Anna</b>	<b>560</b>	SPOMLEK	K50-59	6			00:05:14	00:39:51	<b>01:22:13</b>	<b>01:27:27</b>	+00:21:09 (25.7%)	8:13	7.3 (74.5%)
68	<b>WAŁECKA Krystyna</b>	<b>599</b>		K60-69	1			00:06:29	00:40:11	<b>01:22:23</b>	<b>01:28:52</b>	+00:21:19 (25.9%)	8:14	7.3 (74.5%)
69	<b>JANDZIŚ Ewa</b>	<b>524</b>	AKTYWNY DYNÓW	K30-39	8			00:04:17	00:41:18	<b>01:22:33</b>	<b>01:26:50</b>	+00:21:29 (26.0%)	8:15	7.3 (74.5%)
70	<b>CZYŻ Ewelina</b>	<b>512</b>	GOSIR NORDIC DEVELOPMENT OSIELSKO	K18-29	3			00:04:16	00:41:49	<b>01:23:05</b>	<b>01:27:21</b>	+00:22:01 (26.5%)	8:18	7.2 (73.5%)
71	<b>SITKO Małgorzata</b>	<b>574</b>	KOLBUSZOWSKI KLUB NORDIC WALKING	K40-49	8			00:05:12	00:40:24	<b>01:24:05</b>	<b>01:29:17</b>	+00:23:01 (27.4%)	8:24	7.1 (72.4%)
72	<b>SIMKO Zbyszek</b>	<b>573</b>	WŁÓCZYKIJ LEŻAJSK	M60-69	7			00:02:51	00:40:40	<b>01:24:10</b>	<b>01:27:01</b>	+00:23:06 (27.4%)	8:25	7.1 (72.4%)
73	<b>JAROSZ Ania</b>	<b>526</b>	WŁÓCZYKIJ LEŻAJSK	K60-69	2			00:06:31	00:41:23	<b>01:24:14</b>	<b>01:30:45</b>	+00:23:10 (27.5%)	8:25	7.1 (72.4%)
74	<b>WORONKO-ZACZYŃSKA Janina</b>	<b>22</b>	KGHM METRACO POLKOWICE	K60-69	3			00:06:30	00:41:16	<b>01:24:37</b>	<b>01:31:07</b>	+00:23:33 (27.8%)	8:27	7.1 (72.4%)
75	<b>STARZYŃSKA Ewa</b>	<b>585</b>	KGHM METRACO POLKOWICE	K60-69	4			00:06:30	00:41:33	<b>01:24:46</b>	<b>01:31:16</b>	+00:23:42 (28.0%)	8:28	7.1 (72.4%)
76	<b>ŚRENIOWSKI Józek</b>	<b>595</b>		M60-69	8			00:02:53	00:41:45	<b>01:27:27</b>	<b>01:30:20</b>	+00:26:23 (30.2%)	8:44	6.9 (70.4%)
77	<b>LECHOWICZ Maria</b>	<b>542</b>		K50-59	7			00:05:14	00:41:44	<b>01:28:19</b>	<b>01:33:33</b>	+00:27:15 (30.9%)	8:49	6.8 (69.4%)
78	<b>SMARUJ - SADOWSKA Janina</b>	<b>579</b>		K60-69	5			00:06:29	00:42:44	<b>01:28:44</b>	<b>01:35:13</b>	+00:27:40 (31.2%)	8:52	6.8 (69.4%)
79	<b>SKOWRON Beata</b>	<b>108</b>		K40-49	9			00:04:21	00:44:15	<b>01:28:51</b>	<b>01:33:12</b>	+00:27:47 (31.3%)	8:53	6.8 (69.4%)
80	<b>PITEK Anna</b>	<b>109</b>		K30-39	9			00:04:20	00:44:15	<b>01:29:00</b>	<b>01:33:20</b>	+00:27:56 (31.4%)	8:54	6.7 (68.4%)
81	<b>KUŻMA Ela</b>	<b>540</b>	WŁÓCZYKIJ LEŻAJSK	K50-59	8			00:05:14	00:43:23	<b>01:29:21</b>	<b>01:34:35</b>	+00:28:17 (31.7%)	8:56	6.7 (68.4%)
82	<b>ŻUREK-TOMASZEWSKA Dorota</b>	<b>64</b>		K40-49	10			00:05:11	00:43:59	<b>01:30:10</b>	<b>01:35:21</b>	+00:29:06 (32.3%)	9:01	6.7 (68.4%)
83	<b>CHRAPEK Urszula</b>	<b>509</b>		K18-29	4			00:04:15	00:45:15	<b>01:33:08</b>	<b>01:37:23</b>	+00:32:04 (34.4%)	9:18	6.4 (65.3%)

Msc	Zawodnik	Numer	Klub	Kategoria	Mkat	Żół. kartki	Czer. kartki	Czas startu	5km	Czas netto 10km	Czas brutto 10km	Różn	Tempo min/km	Tempo km/h
84	<b>GĘBSKA Elżbieta</b>	<b>518</b>	DĄBROWA NORDIC TEAM	K50-59	9			00:05:16	00:45:19	<b>01:33:44</b>	<b>01:39:00</b>	+00:32:40 (34.9%)	9:22	6.4 (65.3%)
85	<b>PISKORSKA Adrianna</b>	<b>566</b>	A TEAM	K40-49	11			00:05:12	00:45:35	<b>01:35:06</b>	<b>01:40:18</b>	+00:34:02 (35.8%)	9:30	6.3 (64.3%)
86	<b>SŁOTWIŃSKA Agnieszka</b>	<b>577</b>	A TEAM	K30-39	10			00:04:19	00:46:13	<b>01:35:59</b>	<b>01:40:18</b>	+00:34:55 (36.4%)	9:35	6.3 (64.3%)
87	<b>SMACZYŃSKA Krystyna</b>	<b>578</b>	DĄBROWA NORDIC WALKING	K70+	1			00:06:31	00:47:18	<b>01:37:44</b>	<b>01:44:15</b>	+00:36:40 (37.5%)	9:46	6.1 (62.2%)
88	<b>MICHALAK Teresa</b>	<b>550</b>		K60-69	6			00:06:30	00:48:41	<b>01:38:03</b>	<b>01:44:33</b>	+00:36:59 (37.7%)	9:48	6.1 (62.2%)
89	<b>POLEROWICZ-BORSUK Katarzyna</b>	<b>567</b>		K30-39	11			00:04:20	00:49:22	<b>01:39:15</b>	<b>01:43:35</b>	+00:38:11 (38.5%)	9:55	6 (61.2%)
90	<b>JÓŹWIAK Dominik</b>	<b>529</b>	WTW WŁOCŁAWEK	M18-29	4			00:00:02	00:52:16	<b>01:42:09</b>	<b>01:42:11</b>	+00:41:05 (40.2%)	10:12	5.9 (60.2%)
91	<b>KWINTA Joanna</b>	<b>541</b>	BEZ KIJA NIE PODCHODŹ	K40-49	12			00:05:12	00:50:54	<b>01:42:54</b>	<b>01:48:06</b>	+00:41:50 (40.7%)	10:17	5.8 (59.2%)
92	<b>ALEKSANDROWICZ Krzysztof</b>	<b>502</b>	FIZJO RUNNERS UMED WROCŁAW	M40-49	14			00:00:10	00:53:32	<b>01:43:25</b>	<b>01:43:35</b>	+00:42:21 (41.0%)	10:20	5.8 (59.2%)
93	<b>NAWROCKA Danuta</b>	<b>513</b>	DĄBROWA NORDIC TEAM	K70+	2			00:06:32	00:54:01	<b>01:47:48</b>	<b>01:54:20</b>	+00:46:44 (43.4%)	10:46	5.6 (57.1%)
94	<b>ZIEMBA Zofia</b>	<b>62</b>		K60-69	7			00:06:31	00:50:40	<b>01:47:51</b>	<b>01:54:22</b>	+00:46:47 (43.4%)	10:47	5.6 (57.1%)
95	<b>OLEK Mirosław</b>	<b>571</b>		M50-59	9			00:13:15	00:44:21			+00:14:15	8:52	6.8 (69.4%)

Znaleziono 95 wynik(ów)