



# KOLBUSZOWA - PUCHAR EUROPY NORDIC WALKING - 10KM

B4SPORT

**Organizator:** PFNW  
**Data:** 2015-06-06  
**Miejsce:** Kolbuszowa  
**Dystans:** 10 km



Klasyfikacja: K40-49

Msc	Zawodnik	Numer	Klub	Kategoria	Mkat	Żół. kartki	Czer. kartki	Czas startu	5km	Czas netto 10km	Czas brutto 10km	Różn	Tempo min/km	Tempo km/h
1	<b>SPYCHAŁA Marzena</b>	<b>583</b>	WESOŁY BORSUK TEAM	K40-49	1			00:05:10	00:35:07	<b>01:10:35</b>	<b>01:15:45</b>		7:03	8.5 (100%)
2	<b>BUDZYŃ Anna</b>	<b>507</b>	SPEED TEAM	K40-49	2			00:05:10	00:36:44	<b>01:15:08</b>	<b>01:20:18</b>	+00:04:33 (6.1%)	7:30	8 (94.1%)
3	<b>SZALWA-NIEZGODA Agnieszka</b>	<b>589</b>	KOLBUSZOWSKI KLUB NORDIC WALKING	K40-49	3			00:05:11	00:37:47	<b>01:16:47</b>	<b>01:21:58</b>	+00:06:12 (8.1%)	7:40	7.8 (91.8%)
4	<b>LISIKIEWICZ Agnieszka</b>	<b>543</b>	GREEN TEAM	K40-49	4			00:05:11	00:38:02	<b>01:17:25</b>	<b>01:22:36</b>	+00:06:50 (8.8%)	7:44	7.8 (91.8%)
5	<b>ŁUKASZEWICZ Joanna</b>	<b>544</b>	GREEN TEAM	K40-49	5			00:05:10	00:38:05	<b>01:17:34</b>	<b>01:22:44</b>	+00:06:59 (9.0%)	7:45	7.7 (90.6%)
6	<b>SKAŁECKA Ilona</b>	<b>576</b>	KLUB AKTYWNYCH ART - FIT	K40-49	6			00:05:11	00:38:28	<b>01:19:27</b>	<b>01:24:38</b>	+00:08:52 (11.2%)	7:56	7.6 (89.4%)
7	<b>ZDRZAŁEK Małgorzata</b>	<b>61</b>	STADION ŚLĄSKI	K40-49	7			00:05:12	00:39:44	<b>01:20:38</b>	<b>01:25:50</b>	+00:10:03 (12.5%)	8:03	7.4 (87.1%)
8	<b>SITKO Małgorzata</b>	<b>574</b>	KOLBUSZOWSKI KLUB NORDIC WALKING	K40-49	8			00:05:12	00:40:24	<b>01:24:05</b>	<b>01:29:17</b>	+00:13:30 (16.1%)	8:24	7.1 (83.5%)
9	<b>SKOWRON Beata</b>	<b>108</b>		K40-49	9			00:04:21	00:44:15	<b>01:28:51</b>	<b>01:33:12</b>	+00:18:16 (20.6%)	8:53	6.8 (80.0%)
10	<b>ŻUREK-TOMASZEWSKA Dorota</b>	<b>64</b>		K40-49	10			00:05:11	00:43:59	<b>01:30:10</b>	<b>01:35:21</b>	+00:19:35 (21.7%)	9:01	6.7 (78.8%)
11	<b>PISKORSKA Adrianna</b>	<b>566</b>	A TEAM	K40-49	11			00:05:12	00:45:35	<b>01:35:06</b>	<b>01:40:18</b>	+00:24:31 (25.8%)	9:30	6.3 (74.1%)
12	<b>KWINTA Joanna</b>	<b>541</b>	BEZ KIJA NIE PODCHODŹ	K40-49	12			00:05:12	00:50:54	<b>01:42:54</b>	<b>01:48:06</b>	+00:32:19 (31.4%)	10:17	5.8 (68.2%)

Znaleziono 12 wynik(ów)