



# KOLBUSZOWA - PUCHAR EUROPY NORDIC WALKING - 10KM

B4SPORT

**Organizator:** PFNW  
**Data:** 2015-06-06  
**Miejsce:** Kolbuszowa  
**Dystans:** 10 km



Klasyfikacja: M40-49

Msc	Zawodnik	Numer	Klub	Kategoria	Mkat	Żół. kartki	Czer. kartki	Czas startu	5km	Czas netto 10km	Czas brutto 10km	Różn	Tempo min/km	Tempo km/h
1	<b>CYRUS Bogdan</b>	<b>510</b>	SILESIA NORDIC TIME	M40-49	1			00:00:04	00:32:33	<b>01:06:55</b>	<b>01:06:59</b>		6:41	9 (100%)
2	<b>SZCZEBAK Jacek</b>	<b>590</b>	TARNÓW	M40-49	2			00:00:06	00:35:06	<b>01:11:07</b>	<b>01:11:13</b>	+00:04:12 (5.9%)	7:06	8.4 (93.3%)
3	<b>FELIS Paweł</b>	<b>515</b>		M40-49	3			00:00:07	00:35:45	<b>01:12:29</b>	<b>01:12:36</b>	+00:05:34 (7.7%)	7:14	8.3 (92.2%)
4	<b>KRÓLICKI Dariusz</b>	<b>534</b>	FINISZ RYMANÓW	M40-49	4			00:00:08	00:36:21	<b>01:13:05</b>	<b>01:13:13</b>	+00:06:10 (8.4%)	7:18	8.2 (91.1%)
5	<b>BILIK Wojciech</b>	<b>503</b>	SAMOTNI WĘDROWCY	M40-49	5			00:00:08	00:36:07	<b>01:13:12</b>	<b>01:13:20</b>	+00:06:17 (8.6%)	7:19	8.2 (91.1%)
6	<b>ORZECH Artur</b>	<b>561</b>		M40-49	6			00:00:11	00:36:43	<b>01:14:17</b>	<b>01:14:28</b>	+00:07:22 (9.9%)	7:25	8.1 (90.0%)
7	<b>KRZANOWSKI Bartłomiej</b>	<b>537</b>	SAMOTNI WĘDROWCY	M40-49	7			00:00:09	00:36:50	<b>01:14:35</b>	<b>01:14:44</b>	+00:07:40 (10.3%)	7:27	8 (88.9%)
8	<b>STRZĘPKA Krzysztof</b>	<b>587</b>		M40-49	8			00:00:10	00:36:44	<b>01:15:00</b>	<b>01:15:10</b>	+00:08:05 (10.8%)	7:30	8 (88.9%)
8	<b>DRAPAŁA Jan</b>	<b>514</b>		M40-49	9			00:00:09	00:36:46	<b>01:15:00</b>	<b>01:15:09</b>	+00:08:05 (10.8%)	7:30	8 (88.9%)
10	<b>ŚLUSARCZYK Grzegorz</b>	<b>594</b>	WESOŁY BORSUK TEAM	M40-49	10			00:00:05	00:38:03	<b>01:15:37</b>	<b>01:15:42</b>	+00:08:42 (11.5%)	7:33	7.9 (87.8%)
11	<b>JANCZYK Jacek</b>	<b>523</b>	NORDIC ACTIVE	M40-49	11			00:00:07	00:37:36	<b>01:16:04</b>	<b>01:16:11</b>	+00:09:09 (12.0%)	7:36	7.9 (87.8%)
12	<b>GRUSZKA Michał</b>	<b>521</b>	NORDIC WALKING LUBLINIEC	M40-49	12			00:00:07	00:37:19	<b>01:16:37</b>	<b>01:16:44</b>	+00:09:42 (12.7%)	7:39	7.8 (86.7%)
13	<b>MARCINKOWSKI Wojciech</b>	<b>546</b>	NORDIC WALKING LUBLINIEC	M40-49	13			00:00:06	00:38:55	<b>01:19:09</b>	<b>01:19:15</b>	+00:12:14 (15.5%)	7:54	7.6 (84.4%)
14	<b>ALEKSANDROWICZ Krzysztof</b>	<b>502</b>	FIZJO RUNNERS UMED WROCŁAW	M40-49	14			00:00:10	00:53:32	<b>01:43:25</b>	<b>01:43:35</b>	+00:36:30 (35.3%)	10:20	5.8 (64.4%)

Znaleziono 14 wynik(ów)