



# KOLBUSZOWA - PUCHAR EUROPY NORDIC WALKING - 10KM

B4SPORT

**Organiser:** PFNW  
**Date:** 2015-06-06  
**Place:** Kolbuszowa  
**Distance:** 10 km



Classification: M50-59

Place	Participant	Number	Club	Category	MCat	Żół. kartki	Czer. kartki	Start time	5km	Net time 10km	Czas brutto 10km	Gap	Pace min/km	Pace km/h
1	<b>SIEROŃ Jacek</b>	<b>572</b>		M50-59	1			00:02:48	00:32:04	<b>01:04:12</b>	<b>01:07:00</b>		6:25	9.3 (100%)
2	<b>WOROCH Roman</b>	<b>1</b>		M50-59	2			00:02:48	00:32:03	<b>01:04:17</b>	<b>01:07:05</b>	+00:00:05 (0.1%)	6:25	9.3 (100%)
3	<b>MICHALSKI Andrzej</b>	<b>552</b>	SANOK-AMBASADOR FESTIWALU BIEGOWEGO KRYNICA 2015	M50-59	3			00:02:48	00:32:07	<b>01:06:56</b>	<b>01:09:44</b>	+00:02:44 (4.1%)	6:41	9 (96.8%)
4	<b>PUSZKIEL Leszek</b>	<b>568</b>	GREEN TEAM	M50-59	4			00:02:50	00:32:49	<b>01:08:21</b>	<b>01:11:11</b>	+00:04:09 (6.1%)	6:50	8.8 (94.6%)
5	<b>SONDEL Mieczysław</b>	<b>582</b>	DĄBROWA NORDIC TEAM	M50-59	5			00:02:49	00:34:17	<b>01:10:30</b>	<b>01:13:19</b>	+00:06:18 (8.9%)	7:03	8.5 (91.4%)
6	<b>BREWKA Joachim</b>	<b>506</b>	NORDIC WALKING LUBLINIEC	M50-59	6			00:02:48	00:34:38	<b>01:11:01</b>	<b>01:13:49</b>	+00:06:49 (9.6%)	7:06	8.4 (90.3%)
7	<b>SMUL Andrzej</b>	<b>580</b>	GREEN TEAM	M50-59	7			00:02:50	00:35:27	<b>01:13:16</b>	<b>01:16:06</b>	+00:09:04 (12.4%)	7:19	8.2 (88.2%)
8	<b>MOCZARSKI Mirek</b>	<b>554</b>	WŁÓCZYKIJ LEŻAJSK	M50-59	8			00:02:49	00:39:24	<b>01:19:40</b>	<b>01:22:29</b>	+00:15:28 (19.4%)	7:58	7.5 (80.6%)
9	<b>OLEK Mirosław</b>	<b>571</b>		M50-59	9			00:13:15	00:44:21			+00:12:17	8:52	6.8 (73.1%)

Total 9 results.