

KOLBUSZOWA - PUCHAR POLSKI NORDIC WALKING 2018 - 10 KM

B4SPORT
INTELEKTUALNE SŁOŻE SPORTOWE

Wydarzenie: PUCHAR POLSKI NORDIC WALKING
Organizator: Polska Federacja Nordic Walking
Data: 2018-06-02
Miejsce: Kolbuszowa
Dystans: 10 km



Klasyfikacja: Wszyscy

Msc	Zawodnik	Numer	Klub	Kategoria	Mkat	Żół. kartki	Czer. kartki	Start_All 2.5km	Start_All 5km	Start_All 7.5km	Czas netto 10km	Różn	Tempo min/km	Tempo km/h
1	NIECHWIEJCZYK Piotr	444	UNIA MIAST	M40-49	1			00:15:18	00:31:12	00:47:23	01:03:48.20		6:22	9.4 (100%)
2	HELWICH Stefan	412	KS METRACOPOLKOWICE	M60-69	1			00:15:44	00:31:58	00:48:30	01:04:32.30	+00:00:44 (1.1%)	6:27	9.3 (98.9%)
3	SIWAK Piotr	463	KS METRACO POLKOWICE	M50-59	1			00:16:03	00:32:20	00:48:35	01:04:56.15	+00:01:07 (1.7%)	6:29	9.2 (97.9%)
4	JANOCHA Robert	415	MUKS PODKARPACIE JEDLICZE	M50-59	2			00:16:07	00:32:24	00:48:39	01:05:05.70	+00:01:17 (2.0%)	6:30	9.2 (97.9%)
5	BILEK Artur	395	UNIA MIAST	M30-39	1			00:15:29	00:31:33	00:48:08	01:05:09.70	+00:01:21 (2.1%)	6:31	9.2 (97.9%)
6	HAŁAS Marcin	411	UNIA MIAST	M30-39	2			00:15:52	00:32:12	00:48:55	01:05:34.80	+00:01:46 (2.7%)	6:33	9.1 (96.8%)
7	BORKOWSKI Dariusz	396	NOWI SIEDLCE	M40-49	2			00:15:53	00:32:40	00:49:21	01:06:16.15	+00:02:27 (3.7%)	6:37	9.1 (96.8%)
8	STĘPAK Piotr	490	ZG REJON NW WINNING TEAM	M18-29	1			00:16:25	00:33:17	00:50:27	01:07:04.75	+00:03:16 (4.9%)	6:42	8.9 (94.7%)
9	GŁOWA Michał	406	UNIA MIAST	M18-29	2			00:16:27	00:33:07	00:50:31	01:07:10.60	+00:03:22 (5.0%)	6:43	8.9 (94.7%)
10	JUREK Adam	419	KS METRACO POLKOWICE	M50-59	3			00:16:23	00:32:52	00:50:01	01:07:23.35	+00:03:35 (5.3%)	6:44	8.9 (94.7%)
11	MIELECKA Agnieszka	442	KS IDMAR RACING TEAM	K40-49	1			00:16:07	00:32:51	00:50:07	01:07:34.40	+00:03:46 (5.6%)	6:45	8.9 (94.7%)
12	SIEROŃ Jacek	461	MOSIR/TSA SANDOMIERZ	M50-59	4			00:16:03	00:32:44	00:50:17	01:07:46.60	+00:03:58 (5.9%)	6:46	8.9 (94.7%)
13	RYCHLIK Grzegorz	460	FUNDACJA 'W TE PĘDY'	M30-39	3			00:15:43	00:32:04	00:49:24	01:07:47.20	+00:03:59 (5.9%)	6:46	8.9 (94.7%)
14	KUSTAL Marcin	436	VIKING NORDIC TEAM CZĘSTOCHOWA	M30-39	4			00:15:54	00:33:18	00:50:52	01:08:10.10	+00:04:21 (6.4%)	6:49	8.8 (93.6%)
15	KUBIAK Przemysław	432	KS IDMAR RACING TEAM	M40-49	3			00:16:46	00:34:20	00:52:08	01:09:44.60	+00:05:56 (8.5%)	6:58	8.6 (91.5%)

Msc	Zawodnik	Numer	Klub	Kategoria	Mkat	Żół. kartki	Czer. kartki	Start_All 2.5km	Start_All 5km	Start_All 7.5km	Czas netto		Tempo min/km	Tempo km/h
											10km	Różn		
16	KUBISZYN Małgorzata	584	NWPL	K30-39	1			00:16:33	00:34:07	00:52:04	01:09:45.80	+00:05:57 (8.5%)	6:58	8.6 (91.5%)
17	SPYCHAŁA Lesław	496	WESOŁY BORSUK TEAM	M50-59	5			00:16:30	00:33:51	00:51:41	01:09:54.05	+00:06:05 (8.7%)	6:59	8.6 (91.5%)
18	JĘDRASIAK Renata	418	KS METRACO POLKOWICE	K50-59	1			00:16:43	00:34:06	00:51:51	01:10:06.55	+00:06:18 (9.0%)	7:00	8.6 (91.5%)
19	KLIMCZAK Adam	423		M50-59	6			00:17:09	00:35:12	00:52:52	01:10:19.40	+00:06:31 (9.3%)	7:02	8.5 (90.4%)
20	ZAGAJA Janusz	495	WESOŁY BORSUK TEAM	M60-69	2			00:16:29	00:34:13	00:52:20	01:10:32.10	+00:06:43 (9.5%)	7:03	8.5 (90.4%)
21	LENZ Andrzej	439	MUSZKIETEROWIE	M50-59	7			00:16:59	00:34:30	00:52:24	01:10:51.95	+00:07:03 (10.0%)	7:05	8.5 (90.4%)
22	BILIK Wojciech	394		M40-49	4			00:17:05	00:34:49	00:53:07	01:11:16.05	+00:07:27 (10.5%)	7:07	8.4 (89.4%)
23	PASIKOWSKA Mariola	452	VIKING NORDIC TEAM CZĘSTOCHOWA	K30-39	2			00:16:53	00:34:46	00:53:06	01:11:33.05	+00:07:44 (10.8%)	7:09	8.4 (89.4%)
24	GRZYBAŁA Piotr	407		M40-49	5			00:17:24	00:35:20	00:53:35	01:11:36.85	+00:07:48 (10.9%)	7:09	8.4 (89.4%)
25	STYŚ Elżbieta	468		K50-59	2			00:16:54	00:34:39	00:52:48	01:11:41.70	+00:07:53 (11.0%)	7:10	8.4 (89.4%)
26	PASIKOWSKI Marcin	453	VIKING NORDIC TEAM CZĘSTOCHOWA	M30-39	5			00:17:03	00:35:04	00:53:46	01:11:56.10	+00:08:07 (11.3%)	7:11	8.3 (88.3%)
27	KOŃCZEWSKA Bożena	424	MKS HALICZ KLUB BIEGACZA BK NORDIC WALKINGUSTRZYKI DOLNE	K50-59	3			00:16:46	00:34:38	00:53:13	01:12:24.10	+00:08:35 (11.9%)	7:14	8.3 (88.3%)
28	DARIUSZ Buł	402	WESOŁY BORSUK TEAM	M40-49	6			00:17:24	00:35:37	00:54:26	01:12:31.80	+00:08:43 (12.0%)	7:15	8.3 (88.3%)
29	SZARSZUNOWICZ Anna	472	KS METRACO POLKOWICE	K30-39	3			00:17:28	00:35:34	00:54:10	01:12:56.10	+00:09:07 (12.5%)	7:17	8.2 (87.2%)
30	BUJNICKI Marcin	397	NORDIC WALKING PASŁĘK	M40-49	7			00:17:43	00:36:00	00:54:32	01:13:16.90	+00:09:28 (12.9%)	7:19	8.2 (87.2%)
31	LATUSZEK Bogdan	438	KLUB NW 'WŁÓCZYKIJE'	M50-59	8			00:17:09	00:35:36	00:54:26	01:13:23.65	+00:09:35 (13.1%)	7:20	8.2 (87.2%)
32	SMUL Andrzej	466	MARSZ PO ZDROWIE POZNAN	M60-69	3			00:16:33	00:34:51	00:54:07	01:13:36.30	+00:09:48 (13.3%)	7:21	8.2 (87.2%)
33	KRAKOWIAN Piotr	427	VIKING NORDIC TEAM CZĘSTOCHOWA	M40-49	8			00:17:43	00:36:14	00:54:43	01:13:36.65	+00:09:48 (13.3%)	7:21	8.2 (87.2%)
34	KUKLIŃSKI Arkadiusz	433	ZG REJON NW WINNING TEAM	M18-29	3			00:17:45	00:36:26	00:55:11	01:13:49.15	+00:10:00 (13.6%)	7:22	8.1 (86.2%)
35	HRYNDIO Jerzy	413	UNIA MIAST	M60-69	4			00:17:53	00:36:22	00:55:05	01:13:51.90	+00:10:03 (13.6%)	7:23	8.1 (86.2%)
36	WOLNIEWICZ Katarzyna	491	UNIA MIAST	K40-49	2			00:17:41	00:35:55	00:54:38	01:14:00.10	+00:10:11 (13.8%)	7:24	8.1 (86.2%)
37	BERESZKO Waldemar	393	MOSIR TKKF SATURN CZELADŹ	M60-69	5			00:18:13	00:37:04	00:56:01	01:14:48.20	+00:11:00 (14.7%)	7:28	8 (85.1%)
38	MALINOWSKA Katarzyna	441	LECYMY DURŚ	K30-39	4			00:18:04	00:36:51	00:55:47	01:14:53.75	+00:11:05 (14.8%)	7:29	8 (85.1%)
39	STAWNIAK Karol	467	KS METRACO POLKOWICE	M70+	1			00:18:05	00:36:28	00:55:24	01:14:55.10	+00:11:06 (14.8%)	7:29	8 (85.1%)

Msc	Zawodnik	Numer	Klub	Kategoria	Mkat	Żół. kartki	Czer. kartki	Start_All 2.5km	Start_All 5km	Start_All 7.5km	Czas netto		Tempo min/km	Tempo km/h
											10km	Różn		
40	PIESIAK Piotr	454		M50-59	9			00:18:18	00:36:44	00:55:53	01:15:00.95	+00:11:12 (14.9%)	7:30	8 (85.1%)
41	WIĘSKO Ryszard	481	NIEZRZESZONY	M60-69	6			00:18:44	00:37:41	00:56:35	01:15:36.85	+00:11:48 (15.6%)	7:33	7.9 (84.0%)
42	KURZAWSKA Jolanta	434	KS METRACO POLKOWICE	K60-69	1			00:18:19	00:37:16	00:56:33	01:15:54.60	+00:12:06 (15.9%)	7:35	7.9 (84.0%)
43	CZAJKA Urszula	401	FACE NORDIC WALKING TEAM	K60-69	2			00:18:20	00:37:16	00:56:33	01:15:55.40	+00:12:07 (16.0%)	7:35	7.9 (84.0%)
44	TEODOROWSKI Dariusz	476	UNIA MIAST	M40-49	9			00:18:22	00:37:36	00:56:55	01:15:58.15	+00:12:09 (16.0%)	7:35	7.9 (84.0%)
45	ŚLUSARCZYK Andrzej	374	WESOŁY BORSUK TEAM	M60-69	7			00:18:10	00:37:25	00:56:45	01:15:59.55	+00:12:11 (16.0%)	7:36	7.9 (84.0%)
46	MOLENDĄ Magdalena	443	KS IDMAR RACING TEAM	K30-39	5			00:18:24	00:37:32	00:56:50	01:16:12.40	+00:12:24 (16.3%)	7:37	7.9 (84.0%)
47	WÓJCIK Barbara	485		K50-59	4			00:18:32	00:37:38	00:57:06	01:16:15.20	+00:12:27 (16.3%)	7:37	7.9 (84.0%)
48	ZACHARCZUK Zofia	486	NOWI SIEDLCE - NW WSCHÓD	K60-69	3			00:18:24	00:37:22	00:56:42	01:16:22.05	+00:12:33 (16.5%)	7:38	7.9 (84.0%)
49	MACHOWSKA Urszula	494		K30-39	6			00:18:47	00:38:03	00:57:22	01:16:35.05	+00:12:46 (16.7%)	7:39	7.8 (83.0%)
50	TROJAN Elżbieta	478	KLUB NW 'WŁÓCZYKJE'	K40-49	3			00:18:46	00:37:49	00:57:08	01:16:37.75	+00:12:49 (16.7%)	7:39	7.8 (83.0%)
51	KOŁPAK Jan	492	LKS ZANTYR	M70+	2			00:18:22	00:37:30	00:57:06	01:16:57.65	+00:13:09 (17.1%)	7:41	7.8 (83.0%)
52	ŚLUSARCZYK Grzegorz	375	WESOŁY BORSUK TEAM	M40-49	10			00:18:55	00:38:39	00:57:50	01:17:15.55	+00:13:27 (17.4%)	7:43	7.8 (83.0%)
53	CHARCZUK Zenon Michał	383	WESOŁY BORSUK TEAM	M60-69	8			00:18:28	00:37:39	00:57:24	01:17:19.30	+00:13:31 (17.5%)	7:43	7.8 (83.0%)
54	DOBROWOLSKA-ŚWIĄTEK Elżbieta	403		K50-59	5			00:18:41	00:38:08	00:57:45	01:17:22.20	+00:13:34 (17.5%)	7:44	7.8 (83.0%)
55	SZYMCZYK Magdalena	475	NOWI SIEDLCE/NW WSCHÓD	K30-39	7			00:18:47	00:38:05	00:57:51	01:17:30.50	+00:13:42 (17.7%)	7:45	7.7 (81.9%)
56	NIETRZEBKA Aleksandra	447	MIĘDZYBORÓW	K18-29	1			00:18:28	00:37:53	00:57:30	01:17:43.60	+00:13:55 (17.9%)	7:46	7.7 (81.9%)
57	SŁOWIŃSKA Alicja	465	NOWI SIEDLCE NW WSCHÓD	K50-59	6			00:16:52	00:36:25	00:57:23	01:18:04.55	+00:14:16 (18.3%)	7:48	7.7 (81.9%)
58	ŚLUSARCZYK Marcin	376	WESOŁY BORSUK TEAM	M30-39	6			00:18:29	00:37:57	00:58:10	01:18:17.30	+00:14:29 (18.5%)	7:49	7.7 (81.9%)
59	CHYRA Janusz	400	UNIA MIAST	M40-49	11			00:19:11	00:38:45	00:58:42	01:18:17.70	+00:14:29 (18.5%)	7:49	7.7 (81.9%)
60	WIERZBA Lilla	482	PASJA NORDIC WALKING	K50-59	7			00:18:40	00:38:21	00:58:22	01:18:36.65	+00:14:48 (18.8%)	7:51	7.6 (80.9%)
61	GWÓŹDŹ Andrzej	506	WICHURA JAROSŁAW	M50-59	10			00:19:20	00:39:07	00:58:56	01:18:37.90	+00:14:49 (18.9%)	7:51	7.6 (80.9%)
62	SURIAK Michał	469	VIKING NORDIC TEAM CZĘSTOCHOWA	M30-39	7			00:19:39	00:39:52	00:59:24	01:18:41.35	+00:14:53 (18.9%)	7:52	7.6 (80.9%)
63	URBAN Robert	480	KOLBUSZOWSKI KLUB NORDIC WALKING	M40-49	12			00:18:45	00:38:24	00:58:14	01:18:50.90	+00:15:02 (19.1%)	7:53	7.6 (80.9%)

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											netto 10km	Różn		
64	GWAREK Anita	408	PASJA NORDIC WALKING	K40-49	4			00:18:42	00:38:28	00:58:47	01:18:57.55	+00:15:09 (19.2%)	7:53	7.6 (80.9%)
65	KOTULA Jakub	426	UNIA MIAST	M30-39	8			00:19:14	00:39:19	00:59:10	01:19:08.10	+00:15:19 (19.4%)	7:54	7.6 (80.9%)
66	POZNAŃSKI Wiesław	457		M60-69	9			00:18:16	00:37:53	00:57:41	01:19:14.45	+00:15:26 (19.5%)	7:55	7.6 (80.9%)
67	KORDOWSKA Bogusława	425	NOWA HUTA TEAM	K40-49	5			00:18:56	00:38:58	00:59:27	01:19:15.85	+00:15:27 (19.5%)	7:55	7.6 (80.9%)
68	JEDYNAK Stanisław	417	PASJA NORDIC WALKING	M70+	3			00:19:08	00:39:26	01:00:15	01:20:10.30	+00:16:22 (20.4%)	8:01	7.5 (79.8%)
69	SURIAK Ewelina	470	VIKING NORDIC TEAM CZĘSTOCHOWA	K18-29	2			00:19:33	00:39:59	01:00:06	01:20:11.65	+00:16:23 (20.4%)	8:01	7.5 (79.8%)
70	GAWOR Renata	405	VIKING NORDIC TEAM CZĘSTOCHOWA	K50-59	8			00:20:26	00:40:43	01:01:12	01:21:01.55	+00:17:13 (21.3%)	8:06	7.4 (78.7%)
71	PALUCH Paweł	451	AVOCADO WELLNESS CLUB	M50-59	11			00:19:16	00:39:53	01:00:42	01:21:15.25	+00:17:27 (21.5%)	8:07	7.4 (78.7%)
72	THOMALLA Bogdan	477	SILESIA NORDIC TEAM	M70+	4			00:19:26	00:39:32	01:00:09	01:21:26.00	+00:17:37 (21.6%)	8:08	7.4 (78.7%)
73	GWÓŹDŹ Urszula	409	WICHURA JAROSŁAW	K50-59	9			00:20:00	00:40:34	01:00:54	01:21:26.40	+00:17:38 (21.7%)	8:08	7.4 (78.7%)
74	AGARWAL Ritu	392		K40-49	6			00:20:07	00:40:24	01:01:07	01:21:59.70	+00:18:11 (22.2%)	8:12	7.3 (77.7%)
75	KASPRZYK Elżbieta	420	VIKING NORDIC TEAM CZĘSTOCHOWA	K50-59	10			00:20:29	00:41:01	01:01:36	01:22:06.70	+00:18:18 (22.3%)	8:12	7.3 (77.7%)
76	NIEMCZYK Bogusław	446	KLUB NW 'WŁÓCZYKIJE'	M50-59	12			00:20:52	00:41:43	01:02:24	01:22:33.20	+00:18:45 (22.7%)	8:15	7.3 (77.7%)
77	KIDAWA Danuta	422	SANTANDER CONSUMER BANK	K40-49	7			00:20:11	00:40:51	01:01:48	01:23:07.20	+00:19:19 (23.2%)	8:18	7.2 (76.6%)
78	CHOLEWKA Jolanta	399	MARSZ PO ZDROWIE POZNAŃ	K60-69	4			00:19:56	00:40:50	01:01:53	01:23:08.00	+00:19:19 (23.3%)	8:18	7.2 (76.6%)
79	NIETRZEBKA Paweł	448	MIĘDZYBORÓW	M30-39	9			00:19:16	00:39:27	01:01:01	01:23:44.45	+00:19:56 (23.8%)	8:22	7.2 (76.6%)
80	WORONKO-ZACZYŃSKA Janina	484	KS METRACO POLKOWICE	K70+	1			00:20:36	00:41:40	01:02:58	01:24:37.30	+00:20:49 (24.6%)	8:27	7.1 (75.5%)
81	OMARSKA Grażyna	449	PASJA NORDIC WALKING	K60-69	5			00:20:45	00:41:50	01:03:15	01:24:54.70	+00:21:06 (24.9%)	8:29	7.1 (75.5%)
82	KICIŃSKI Wojciech	421		M40-49	13			00:20:11	00:41:46	01:03:25	01:25:34.45	+00:21:46 (25.4%)	8:33	7 (74.5%)
83	SIMKO Zbigniew	462	KLUB NW 'WŁÓCZYKIJE'	M60-69	10			00:19:34	00:41:12	01:03:31	01:25:34.70	+00:21:46 (25.4%)	8:33	7 (74.5%)
84	ZDZIECH Dorota	487		K30-39	8			00:20:31	00:41:52	01:03:56	01:25:56.25	+00:22:08 (25.8%)	8:35	7 (74.5%)
85	ŻMUDA Jaromir	554	KLUB SANTANDER KONSUMER BANK	M40-49	14			00:21:14	00:43:24	01:05:12	01:25:58.30	+00:22:10 (25.8%)	8:35	7 (74.5%)
86	POCAŁUŃ Adam	455	RELAKS ZAGÓRZ	M70+	5			00:20:09	00:41:43	01:04:11	01:26:09.00	+00:22:20 (25.9%)	8:36	7 (74.5%)
87	HAJNUS Wojciech	410		M50-59	13			00:19:53	00:41:15	01:04:06	01:26:12.40	+00:22:24 (26.0%)	8:37	7 (74.5%)

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88	KRYSZCZUK Kacper	429	NOWI SIEDLCE / NW WSCHÓD	M18-29	4			00:20:26	00:42:17	01:04:27	01:26:26.45	+00:22:38 (26.2%)	8:38	6.9 (73.4%)
89	OWCZAREK Magdalena	450	MIĘDZYBORÓW	K50-59	11			00:20:58	00:42:37	01:05:09	01:26:29.10	+00:22:40 (26.2%)	8:38	6.9 (73.4%)
90	JAROSZ Anna	416	KLUB NW 'WŁÓCZYKIJE'	K60-69	6			00:21:15	00:43:10	01:04:56	01:26:49.45	+00:23:01 (26.5%)	8:40	6.9 (73.4%)
91	VEKLYCH Olena	498	KS METRACOPOLKOWICE	K50-59	12			00:20:12	00:42:04	01:04:10	01:26:56.15	+00:23:07 (26.6%)	8:41	6.9 (73.4%)
92	LATUSZEK Małgorzata	437	KLUB NW 'WŁÓCZYKIJE'	K50-59	13			00:21:29	00:43:39	01:05:07	01:27:08.10	+00:23:19 (26.8%)	8:42	6.9 (73.4%)
93	SZEWCZYK Marek	473	FACE NORDIC WALKING TEAM	M50-59	14			00:20:49	00:42:16	01:04:35	01:27:12.70	+00:23:24 (26.8%)	8:43	6.9 (73.4%)
94	RACŁAWSKA Joanna	458	AMATOR	K50-59	14			00:20:36	00:42:17	01:04:45	01:28:04.05	+00:24:15 (27.6%)	8:48	6.8 (72.3%)
95	LIGĘZA Elżbieta	440		K50-59	15			00:21:42	00:43:49	01:05:52	01:28:21.75	+00:24:33 (27.8%)	8:50	6.8 (72.3%)
96	KRZYŚCIN Rafał	430	SANTANDER CONSUMER BANK	M40-49	15			00:21:18	00:43:25	01:06:09	01:28:59.30	+00:25:11 (28.3%)	8:53	6.7 (71.3%)
97	CHDZIK Katarzyna	533		K40-49	8			00:21:29	00:44:08	01:06:53	01:29:22.10	+00:25:33 (28.6%)	8:56	6.7 (71.3%)
98	ADAMCZYK Izabela	391		K40-49	9			00:21:31	00:44:09	01:06:54	01:29:23.00	+00:25:34 (28.6%)	8:56	6.7 (71.3%)
99	GRYGORIEWA Ludmiła	497	KS METRACO POLKOWICE	K60-69	7			00:20:28	00:42:31	01:06:20	01:29:44.55	+00:25:56 (28.9%)	8:58	6.7 (71.3%)
100	NIEDZIELSKA Teresa	445		K50-59	16			00:21:46	00:44:14	01:07:05	01:30:18.40	+00:26:30 (29.3%)	9:01	6.6 (70.2%)
101	SZEWCZYK Agnieszka	474	FACE NORDIC WALKING TEAM	K40-49	10			00:22:10	00:44:45	01:07:19	01:30:22.55	+00:26:34 (29.4%)	9:02	6.6 (70.2%)
102	BEDNARZ Lucyna	384		K50-59	17			00:22:08	00:44:49	01:07:30	01:30:23.00	+00:26:34 (29.4%)	9:02	6.6 (70.2%)
103	ŻMIHORSKA Krystyna	489		K60-69	8			00:21:24	00:43:58	01:07:23	01:31:50.50	+00:28:02 (30.5%)	9:11	6.5 (69.1%)
104	SIWCZYK Grażyna	464	LECYMY DURŚ	K60-69	9			00:22:45	00:46:31	01:09:48	01:32:08.25	+00:28:20 (30.8%)	9:12	6.5 (69.1%)
105	SURMIAK Ryszard	471	RZESZOWSKI KLUB MORSOW 'SOPELEK'	M70+	6			00:22:01	00:44:59	01:08:48	01:33:02.60	+00:29:14 (31.4%)	9:18	6.4 (68.1%)
106	FIJOLEK Grażyna	404		K50-59	18			00:22:16	00:45:00	01:09:05	01:33:22.00	+00:29:33 (31.7%)	9:20	6.4 (68.1%)
107	KUSAJ Jakub	435	OSP ZAWADA	M18-29	5			00:21:52	00:45:22	01:09:40	01:33:25.85	+00:29:37 (31.7%)	9:20	6.4 (68.1%)
108	ZIĘBA Julia	488	UNIA MIAST	K70+	2			00:22:47	00:46:46	01:11:00	01:35:31.80	+00:31:43 (33.2%)	9:33	6.3 (67.0%)
109	FRYC Karol	493		M60-69	11			00:22:27	00:47:07	01:12:57	01:36:41.50	+00:32:53 (34.0%)	9:40	6.2 (66.0%)
110	KRZYŚCIN Mirosława	431	SANTANDER CONSUMER BANK	K40-49	11			00:23:28	00:48:20	01:13:10	01:38:33.80	+00:34:45 (35.3%)	9:51	6.1 (64.9%)