



# KOLBUSZOWA - PUCHAR POLSKI NORDIC WALKING 2018 - 10 KM

B4SPORT

**Wydarzenie:** PUCHAR POLSKI NORDIC WALKING  
**Organizator:** Polska Federacja Nordic Walking  
**Data:** 2018-06-02  
**Miejsce:** Kolbuszowa  
**Dystans:** 10 km



Klasyfikacja: K60-69

| Msc | Zawodnik              | Numer | Klub                     | Kategoria | Mkat | Żół.<br>kartki | Czer.<br>kartki | Start_All<br>2.5km | Start_All<br>5km | Start_All<br>7.5km | Czas<br>netto<br>10km | Różn                 | Tempo<br>min/km | Tempo<br>km/h  |
|-----|-----------------------|-------|--------------------------|-----------|------|----------------|-----------------|--------------------|------------------|--------------------|-----------------------|----------------------|-----------------|----------------|
| 1   | KURZAWSKA Jolanta     | 434   | KS METRACO POLKOWICE     | K60-69    | 1    |                |                 | 00:18:19           | 00:37:16         | 00:56:33           | 01:15:54.60           |                      | 7:35            | 7.9 (100%)     |
| 2   | CZAJKA Urszula        | 401   | FACE NORDIC WALKING TEAM | K60-69    | 2    |                |                 | 00:18:20           | 00:37:16         | 00:56:33           | 01:15:55.40           | +00:00:00 (0.0%)     | 7:35            | 7.9 (100%)     |
| 3   | ZACHARCZUK Zofia      | 486   | NOWI SIEDLCE - NW WSCHÓD | K60-69    | 3    |                |                 | 00:18:24           | 00:37:22         | 00:56:42           | 01:16:22.05           | +00:00:27 (0.6%)     | 7:38            | 7.9 (100%)     |
| 4   | CHOLEWKA Jolanta      | 399   | MARSZ PO ZDROWIE POZNAŃ  | K60-69    | 4    |                |                 | 00:19:56           | 00:40:50         | 01:01:53           | 01:23:08.00           | +00:07:13 (8.7%)     | 8:18            | 7.2<br>(91.1%) |
| 5   | OMARSKA Grażyna       | 449   | PASJA NORDIC WALKING     | K60-69    | 5    |                |                 | 00:20:45           | 00:41:50         | 01:03:15           | 01:24:54.70           | +00:09:00<br>(10.6%) | 8:29            | 7.1<br>(89.9%) |
| 6   | JAROSZ Anna           | 416   | KLUB NW 'WŁÓCZYKIJ'      | K60-69    | 6    |                |                 | 00:21:15           | 00:43:10         | 01:04:56           | 01:26:49.45           | +00:10:54<br>(12.6%) | 8:40            | 6.9<br>(87.3%) |
| 7   | GRYGORIEWA<br>Ludmila | 497   | KS METRACO POLKOWICE     | K60-69    | 7    |                |                 | 00:20:28           | 00:42:31         | 01:06:20           | 01:29:44.55           | +00:13:49<br>(15.4%) | 8:58            | 6.7<br>(84.8%) |
| 8   | ŻMIHORSKA Krystyna    | 489   |                          | K60-69    | 8    |                |                 | 00:21:24           | 00:43:58         | 01:07:23           | 01:31:50.50           | +00:15:55<br>(17.3%) | 9:11            | 6.5<br>(82.3%) |
| 9   | SIWCZYK Grażyna       | 464   | LECZMY DURŚ              | K60-69    | 9    |                |                 | 00:22:45           | 00:46:31         | 01:09:48           | 01:32:08.25           | +00:16:13<br>(17.6%) | 9:12            | 6.5<br>(82.3%) |

Znaleziono 9 wynik(ów)