



Wydarzenie:
Organizator:
Data:
Miejsce:
Dystans:

KOLBUSZOWA - PUCHAR POLSKI NORDIC WALKING 2018 - 21.1 KM

PUCHAR POLSKI NORDIC WALKING
Polska Federacja Nordic Walking
2018-06-02
Kolbuszowa
21.1 km

B4SPORT
WIELKOPOLSKIE CENTRUM SPORTOWE



Klasyfikacja: M40-49

Msc	Zawodnik	Numer	Klub	Kategoria	Mkat	Żół. kartki	Czer. kartki	Start_All 0.37km	Start_All 1.1km	Start_All 3.6km	Start_All 6.1km	Start_All 7.4km	Start_All 8.6km	Start_All 11.1km	Start_All 13.6km	Start_All 16.1km	Start_All 18.6km	Czas netto 21.1km	Różn	Tempo min/km	Tempo km/h
1	ROSAK Marcin	539	RUNNERSKI.PL/ GREEN TEAM ZIELONA GÓRA	M40-49	1			00:02:17	00:04:38	00:07:03	00:23:24	00:39:28	00:55:25	01:11:23	01:27:20	01:43:25	01:59:29	02:15:29.30		6:25	9.3 (100%)
2	KORDOWSKI Piotr	519		M40-49	2			00:02:17	00:04:38	00:07:04	00:23:25	00:39:32	00:56:10	01:13:18	01:30:17	01:47:05	02:03:54	02:21:02.30	+00:05:33 (3.9%)	6:41	9 (96.8%)
3	SZEREMETA Grzegorz	550	CIDRY LOTAJOM	M40-49	3			00:02:20	00:04:43	00:07:06	00:23:27	00:39:55	00:56:37	01:13:38	01:30:58	01:48:57	02:07:31	02:26:07.15	+00:10:37 (7.3%)	6:55	8.7 (93.5%)
4	SZARSZUNOWICZ Mariusz	548	KS METRACO POLKOWICE	M40-49	4			00:02:23	00:04:51	00:07:17	00:24:05	00:41:19	00:59:01	01:17:22	01:35:36	01:54:06	02:12:47	02:32:16.75	+00:16:47 (11.0%)	7:13	8.3 (89.2%)
5	KRZANOWSKI Bartłomiej	523	SAMOTNI WĘDROWCY	M40-49	5			00:02:28	00:04:59	00:07:33	00:25:33	00:44:10	01:03:39	01:22:44	01:41:57	02:01:32	02:21:20	02:40:49.55	+00:25:20 (15.8%)	7:37	7.9 (84.9%)
6	SZCZEBAK Jacek	549	UNIA MIAST	M40-49	6			00:02:33	00:05:16	00:08:00	00:26:46	00:45:42	01:04:35	01:23:40	01:43:10	02:02:50	02:22:48	02:43:20.75	+00:27:51 (17.1%)	7:44	7.8 (83.9%)
7	MAZUR Krzysztof	531	EKIPA Z TARNOWA	M40-49	7			00:02:46	00:05:35	00:08:25	00:28:01	00:47:59	01:08:37	01:29:07	01:49:52	02:11:05	02:32:55	02:55:17.65	+00:39:48 (22.7%)	8:18	7.2 (77.4%)
8	MARCINKOWSKI Wojciech	528	UNIA MIAST	M40-49	8			00:02:44	00:05:35	00:08:28	00:29:05	00:50:18	01:11:24	01:32:10	01:54:26	02:16:55	02:38:34	03:00:03.75	+00:44:34 (24.8%)	8:31	7 (75.3%)
9	BARAN Marek	502	KLUBSPORTU.PL	M40-49	9			00:02:56	00:06:00	00:09:04	00:29:51	00:50:58	01:12:45	01:34:48	01:57:38	02:20:59	02:45:19	03:10:43.90	+00:55:14 (29.0%)	9:02	6.6 (71.0%)

Znaleziono 9 wynik(ów)