



KOLBUSZOWA - PUCHAR POLSKI NORDIC WALKING 2018 - 21.1 KM

B4SPORT

Wydarzenie:
Organizator:
Data:
Miejsce:
Dystans:

PUCHAR POLSKI NORDIC WALKING
Polska Federacja Nordic Walking
2018-06-02
Kolbuszowa
21.1 km



Klasyfikacja: M50-59

Msc	Zawodnik	Numer	Klub	Kategoria	Mkat	Żół. kartki	Czer. kartki	Start_All 0.37km	Start_All 1.1km	Start_All 3.6km	Start_All 6.1km	Start_All 7.4km	Start_All 8.6km	Start_All 11.1km	Start_All 13.6km	Start_All 16.1km	Start_All 18.6km	Czas netto 21.1km	Różn	Tempo min/km	Tempo km/h
1	BARCZYK Bogdan	503	VIKING NORDIC TEAM CZĘSTOCHOWA	M50-59	1			00:02:21	00:04:46	00:07:13	00:24:01	00:41:18	00:59:00	01:16:57	01:35:24	01:54:33	02:13:57	02:33:54.85		7:17	8.2 (100%)
2	MAKOWSKI Jan	527	RYBNICKI KLUB NORDIC WALKING	M50-59	2			00:02:20	00:04:41	00:07:08	00:24:30	00:42:26	01:00:49	01:19:15	01:37:58	01:56:48	02:16:15	02:35:24.30	+00:01:29 (1.0%)	7:21	8.1 (98.8%)
3	KOWALSKI Marek	520	UNIA MIAST	M50-59	3			00:02:36	00:05:16	00:07:59	00:26:10	00:44:16	01:02:32	01:20:56	01:39:35	01:58:21	02:17:13	02:35:46.50	+00:01:51 (1.2%)	7:22	8.1 (98.8%)
4	ŚWISŁOCKI Bogdan	551	FACE NORDIC WALKING TEAM	M50-59	4			00:02:25	00:04:53	00:07:24	00:24:51	00:42:42	01:00:48	01:18:52	01:37:28	01:57:27	02:17:14	02:36:52.50	+00:02:57 (1.9%)	7:26	8.1 (98.8%)
5	WARĘCKI Roman	558	LUBLIN ZNORDIC	M50-59	5			00:02:30	00:05:02	00:07:34	00:25:23	00:43:19	01:01:49	01:20:48	01:40:26	02:00:29	02:21:02	02:40:45.45	+00:06:50 (4.3%)	7:37	7.9 (96.3%)
6	ŻAMOJCIN Marek	557	NORDICLUB SZCZECIN	M50-59	6			00:02:33	00:05:12	00:07:52	00:26:35	00:45:27	01:04:35	01:23:59	01:43:22	02:03:04	02:23:09	02:43:00.25	+00:09:05 (5.6%)	7:43	7.8 (95.1%)
7	LIGĘZA Janusz	526		M50-59	7			00:02:46	00:05:31	00:08:19	00:26:40	00:45:30	01:04:51	01:24:39	01:44:43	02:05:04	02:25:34	02:45:41.25	+00:11:46 (7.1%)	7:51	7.6 (92.7%)
8	RAKOWIECKI Zbigniew	499		M50-59	8			00:02:39	00:05:21	00:08:02	00:26:32	00:45:17	01:04:43	01:24:34	01:44:44	02:05:13	02:25:42	02:45:55.85	+00:12:01 (7.2%)	7:51	7.6 (92.7%)
9	BADECKI Ryszard	501	KS METRACO POLKOWICE	M50-59	9			00:02:46	00:05:33	00:08:21	00:26:53	00:45:49	01:05:11	01:24:37	01:44:07	02:03:28	02:23:32	02:45:59.90	+00:12:05 (7.3%)	7:52	7.6 (92.7%)
10	KRYSZCZUK Krzysztof	521	NOWI SIEDLCE/NW WSCHÓD	M50-59	10			00:02:42	00:05:29	00:08:20	00:27:01	00:46:08	01:05:34	01:25:10	01:45:41	02:06:37	02:28:24	02:49:40.10	+00:15:45 (9.3%)	8:02	7.5 (91.5%)
11	KUSAJ Tomasz	524	OSP ZAWADA	M50-59	11			00:02:45	00:05:39	00:08:35	00:28:48	00:49:10	01:09:31	01:29:39	01:49:54	02:10:29	02:32:14	02:53:42.30	+00:19:47 (11.4%)	8:13	7.3 (89.0%)

Znaleziono 11 wynik(ów)