



KOLBUSZOWA - PUCHAR POLSKI NORDIC WALKING 2019 - 10 KM

B4SPORT

Event: PUCHAR POLSKI NORDIC WALKING 2019
Organiser: Polska Federacja Nordic Walking
Date: 2019-06-01
Place: Kolbuszowa
Distance: 10 km



Classification: K30-39

Place	Participant	Number	Club	Category	MCat	Żół. kartki	Czer. kartki	Start_All 2.5km	Start_All 5km	Start_All 7.5km	Net time 10km	Gap	Pace min/km	Pace km/h
1	KUBISZYN Małgorzata	338	KS METRACO POLKOWICE	K30-39	1			00:16:39	00:33:34	00:50:44	01:07:50.10		6:47	8.8 (100%)
2	RYKAŁA Irena	357		K30-39	2			00:17:29	00:35:28	00:54:02	01:12:20.35	+00:04:30 (6.2%)	7:14	8.3 (94.3%)
3	REJMAN Dorota	356	UKS SIEDLESZCZANY	K30-39	3			00:17:48	00:35:57	00:54:27	01:12:35.16	+00:04:45 (6.5%)	7:15	8.3 (94.3%)
4	KORYCKA Mariola	334	FORMA NA PIĄTKĘ NW	K30-39	4			00:19:00	00:38:05	00:57:20	01:16:35.83	+00:08:45 (11.4%)	7:39	7.8 (88.6%)
5	WOJDANOWSKA Małgorzata	376	LECZYMY DURŚ	K30-39	5			00:19:54	00:39:45	00:59:13	01:17:54.32	+00:10:04 (12.9%)	7:47	7.7 (87.5%)
6	FORYŚ Katarzyna	312	WATAHA	K30-39	6			00:19:11	00:38:48	00:58:56	01:18:33.25	+00:10:43 (13.6%)	7:51	7.6 (86.4%)
7	KISZKA-MAZIARCZUK Berenika	328	LECZYMY DURŚ	K30-39	7			00:21:49	00:44:04	01:05:48	01:27:00.05	+00:19:09 (22.0%)	8:42	6.9 (78.4%)
8	WŁOCHOWICZ Olga	375	LECZYMY DURŚ	K30-39	8			00:24:09	00:49:00	01:14:51	01:39:59.13	+00:32:09 (32.2%)	9:59	6 (68.2%)
9	CHRAPEK Urszula	304	NORDUM	K30-39	9			00:24:09	00:49:02	01:14:52	01:40:00.44	+00:32:10 (32.2%)	10:00	6 (68.2%)

Total 9 results.