



KOLBUSZOWA - Puchar Polski Nordic Walking 2019 - 21.1 KM

B4SPORT
WIELKOPOLSKI CENTRUM SPORTOWE

Wydarzenie: Puchar Polski Nordic Walking 2019
Organizator: Polska Federacja Nordic Walking
Data: 2019-06-01
Miejsce: Kolbuszowa
Dystans: 21.1 km



Klasyfikacja: K60+

| Msc | Zawodnik | Numer | Klub | Kategoria | Mkat | Żół. kartki | Czer. kartki | Start_All 0.55km | Start_All 1.1km | Start_All 3.6km | Start_All 6.1km | Start_All 8.6km | Start_All 11.1km | Start_All 13.6km | Start_All 16.1km | Start_All 18.6km | Czas netto 21.1km | Różn | Tempo min/km | Tempo km/h |
|-----|----------------------------|-------|----------------------|-----------|------|-------------|--------------|------------------|-----------------|-----------------|-----------------|-----------------|------------------|------------------|------------------|------------------|--------------------|----------------------|--------------|----------------|
| 1 | STĘPIEŃ Lucyna | 439 | KS METRACO POLKOWICE | K60+ | 1 | 1 | | 00:04:03 | 00:08:07 | 00:26:29 | 00:45:06 | 01:04:16 | 01:23:24 | 01:42:43 | 02:01:46 | 02:20:58 | 02:40:59.34 | | 7:37 | 7.9 (100%) |
| 2 | STEFANIAK Emilia | 438 | STADION ŚLĄSKI | K60+ | 2 | | | 00:04:31 | 00:09:02 | 00:28:56 | 00:48:41 | 01:08:27 | 01:28:16 | 01:48:08 | 02:08:05 | 02:28:22 | 02:48:42.79 | +00:07:43 (4.6%) | 7:59 | 7.5 (94.9%) |
| 3 | KUŻMA Elżbieta | 423 | KLUB NW 'WŁÓCZYKIJE' | K60+ | 3 | 1 | | 00:04:22 | 00:08:49 | 00:28:48 | 00:48:57 | 01:09:24 | 01:30:49 | 01:52:24 | 02:13:58 | 02:36:30 | 02:59:00.74 | +00:18:01 (10.1%) | 8:29 | 7.1 (89.9%) |
| 4 | ZAWADZKA Maria | 453 | KS METRACO POLKOWICE | K60+ | 4 | | | 00:04:40 | 00:09:41 | 00:31:58 | 00:54:06 | 01:16:10 | 01:38:17 | 02:00:31 | 02:22:49 | 02:45:21 | 03:08:03.04 | +00:27:03 (14.4%) | 8:54 | 6.7 (84.8%) |

Znaleziono 4 wynik(ów)