



KOLBUSZOWA - Puchar Polski Nordic Walking 2019 - 5 KM

B4SPORT

Event: Puchar Polski Nordic Walking 2019
Organiser: Polska Federacja Nordic Walking
Date: 2019-06-01
Place: Kolbuszowa
Distance: 5 km



Classification: K45-49

| Place | Participant | Number | Club | Category | MCat | Żół. kartki | Czer. kartki | Start_All 2.5km | Net time 5km | Gap | Pace min/km | Pace km/h |
|-------|------------------------------|------------|----------------------------------|----------|------|-------------|--------------|--------------------|--------------------|-------------------|----------------|--------------|
| 1 | JÓŹWIAK Marianna | 73 | SERCE NORDICA WŁOCŁAWEK | K45-49 | 1 | | | 00:17:46 | 00:35:58.64 | | 7:11 | 8.3 (100%) |
| 2 | PIETRUSEWICZ Joanna | 145 | PASJA NORDIC WALKING | K45-49 | 2 | | | 00:18:31 | 00:37:24.24 | +00:01:25 (3.8%) | 7:28 | 8 (96.4%) |
| 3 | SITKO Małgorzata | 180 | KOLBUSZOWSKI KLUB NORDIC WALKING | K45-49 | 3 | 1 | | 00:18:24 | 00:37:34.40 | +00:01:35 (4.2%) | 7:31 | 8 (96.4%) |
| 4 | BOGUSŁAWSKA Katarzyna | 10 | STADION ŚLĄSKI | K45-49 | 4 | | | 00:19:12 | 00:38:33.24 | +00:02:34 (6.7%) | 7:42 | 7.8 (94.0%) |
| 5 | MIKUSINSKA Jola | 115 | FEAR THE RETURN | K45-49 | 5 | 1 | | 00:19:16 | 00:39:17.20 | +00:03:18 (8.4%) | 7:51 | 7.6 (91.6%) |
| 6 | GUZIOR Agnieszka | 56 | KLUBSPORTU.PL | K45-49 | 6 | | | 00:20:05 | 00:40:35.69 | +00:04:37 (11.4%) | 8:07 | 7.4 (89.2%) |
| 7 | KUBAT Monika | 94 | NORDIC TEAM CZĘSTOCHOWA | K45-49 | 7 | | | 00:20:09 | 00:40:45.91 | +00:04:47 (11.7%) | 8:09 | 7.4 (89.2%) |
| 8 | SZEMBERSKA Małgorzata | 197 | KLUBSPORTU.PL | K45-49 | 8 | | | 00:20:42 | 00:42:16.63 | +00:06:17 (14.9%) | 8:27 | 7.1 (85.5%) |
| 9 | URBAN Iwona | 218 | KOLBUSZOWSKI KLUB NORDIC WALKING | K45-49 | 9 | | | 00:21:01 | 00:42:44.56 | +00:06:45 (15.8%) | 8:33 | 7 (84.3%) |
| 10 | TOPOLNICKA Małgorzata | 323 | CKZIU NYSA MECHANIK | K45-49 | 10 | | | 00:21:40 | 00:43:56.99 | +00:07:58 (18.1%) | 8:47 | 6.8 (81.9%) |
| 11 | KOWALCZYK Joanna | 88 | KLUB SCB | K45-49 | 11 | 1 | | 00:22:02 | 00:44:01.84 | +00:08:03 (18.3%) | 8:48 | 6.8 (81.9%) |
| 12 | MYSZKA Aniela | 120 | KLUB SCB | K45-49 | 12 | | | 00:22:35 | 00:45:33.07 | +00:09:34 (21.0%) | 9:06 | 6.6 (79.5%) |
| 13 | CAG-SOBCZYK Edyta | 18 | KLUBSPORTU.PL | K45-49 | 13 | | | 00:25:49 | 00:50:55.93 | +00:14:57 (29.4%) | 10:11 | 5.9 (71.1%) |

Total 13 results.