



## KOLBUSZOWA - Puchar Polski Nordic Walking 2019 - 5 KM

B4SPORT

**Event:** Puchar Polski Nordic Walking 2019  
**Organiser:** Polska Federacja Nordic Walking  
**Date:** 2019-06-01  
**Place:** Kolbuszowa  
**Distance:** 5 km



Classification: K60-64

Place	Participant	Number	Club	Category	MCat	Żół. kartki	Czer. kartki	Start_All 2.5km	Net time 5km	Gap	Pace min/km	Pace km/h
1	<b>ŻALISKO Oksana</b>	<b>255</b>	KS METRACO POLKOWICE	K60-64	1			00:16:18	<b>00:32:53.92</b>		6:34	9.1 (100%)
2	<b>LACHOWSKA Ewa</b>	<b>101</b>	BIESZCZADZKI KLUB NORDIC WALKING	K60-64	2			00:18:55	<b>00:37:49.33</b>	+00:04:55 (13.0%)	7:33	7.9 (86.8%)
3	<b>SZENDZIELORZ Ilona</b>	<b>199</b>	STADION ŚLĄSKI	K60-64	3			00:18:54	<b>00:37:49.78</b>	+00:04:55 (13.0%)	7:34	7.9 (86.8%)
4	<b>DAROSZEWSKA Krystyna</b>	<b>28</b>	SERCE NORDICA WŁOCŁAWEK	K60-64	4			00:18:55	<b>00:37:59.33</b>	+00:05:05 (13.4%)	7:35	7.9 (86.8%)
5	<b>KRAWCZYK Dorota</b>	<b>91</b>	DAJ RADOŚĆ NIEPEŁNOSPRAWNYM	K60-64	5			00:19:06	<b>00:38:56.91</b>	+00:06:02 (15.5%)	7:47	7.7 (84.6%)
6	<b>JAROSZ Anna</b>	<b>324</b>	KLUB NW 'WŁÓCZYKIJE'	K60-64	6			00:20:31	<b>00:41:27.53</b>	+00:08:33 (20.6%)	8:17	7.2 (79.1%)
7	<b>SUDOŁ Maria</b>	<b>193</b>	KOLBUSZOWSKI KLUB NORDIC WALKING	K60-64	7			00:20:22	<b>00:42:03.69</b>	+00:09:09 (21.8%)	8:24	7.1 (78.0%)
8	<b>ŻMIHORSKA Krystyna</b>	<b>241</b>	NOWA DĘBA	K60-64	8			00:21:12	<b>00:43:05.18</b>	+00:10:11 (23.6%)	8:37	7 (76.9%)
9	<b>KOŁODZIEJ Zofia</b>	<b>81</b>	KLUB NW 'WŁÓCZYKIJE'	K60-64	9	1		00:21:10	<b>00:43:36.32</b>	+00:10:42 (24.6%)	8:43	6.9 (75.8%)
10	<b>KOZAK Teresa</b>	<b>246</b>		K60-64	10			00:22:53	<b>00:47:59.49</b>	+00:15:05 (31.4%)	9:36	6.3 (69.2%)
	<b>SAJNÓG Teresa</b>	<b>177</b>	KLUB SCB	K60-64				DNF	<b>DNF</b>		-	- (0.0%)

Total 11 results.