



Wydarzenie:
Organizator:
Data:
Miejsce:
Dystans:

KOLBUSZOWA - PUCHAR POLSKI NORDIC WALKING - 21.1 KM

KOLBUSZOWA - PUCHAR POLSKI NORDIC WALKING
PFNW
2017-06-03
Kolbuszowa
21.1 km

B4SPORT



Klasyfikacja: K40-49

Msc	Zawodnik	Numer	Klub	Kategoria	Mkat	Żół. kartki	Czer. kartki	Czas startu	Start_All 0.38km	Start_All 0.76km	Start_All 1.1km	Start_All 3.5km	Start_All 6km	Start_All 8.5km	Start_All 11km	Start_All 13.5km	Start_All 16km	Start_All 18.5km	Czas netto 21.1km	Czas brutto 21.1km	Różn	Tempo min/km	Tempo km/h
1	KOŁODZIEJ Joanna	416	FABRIKANORDIKA	K40-49	1			00:01:21	00:02:35	00:05:14	00:07:53	00:25:58	00:43:53	01:01:58	01:19:54	01:38:21	01:57:11	02:15:32	02:33:43.10	02:35:04.35		7:17	8.2 (100%)
2	SZULC Alicja	438	NW WERWA MŁAWA	K40-49	2			00:01:21	00:02:45	00:05:30	00:08:12	00:26:07	00:44:04	01:02:12	01:20:24	01:38:36	01:57:13	02:15:49	02:35:12.95	02:36:34.75	+00:01:29 (1.0%)	7:21	8.2 (100%)
3	WOLNIEWICZ Katarzyna	445	FABRIKANORDIKA	K40-49	3			00:01:21	00:02:39	00:05:17	00:07:55	00:26:18	00:44:53	01:03:46	01:22:51	01:42:11	02:02:02	02:22:06	02:42:06.60	02:43:27.95	+00:08:23 (5.2%)	7:40	7.8 (95.1%)
4	BANASZKIEWICZ Katarzyna	401	PILSCY MIŁOŚNICY NW	K40-49	4			00:01:21	00:02:39	00:05:20	00:08:04	00:26:58	00:46:02	01:05:07	01:24:18	01:43:38	02:03:05	02:22:50	02:42:39.30	02:44:00.75	+00:08:56 (5.5%)	7:42	7.8 (95.1%)
5	KRZANOWSKA Małgorzata	419	SAMOTNI WĘDROWCY	K40-49	5			00:01:22	00:02:45	00:05:31	00:08:15	00:27:00	00:46:13	01:05:52	01:25:37	01:45:40	02:05:50	02:26:20	02:47:05.90	02:48:28.85	+00:13:22 (8.0%)	7:55	7.6 (92.7%)
6	TYLUTKI Agnieszka	440	UKS SIEDLESZCZANY/ FACE NORDIC WALKING TEAM	K40-49	6			00:01:22	00:02:40	00:05:23	00:08:08	00:26:58	00:45:50	01:06:45	01:28:04	01:48:25	02:09:04	02:30:15	02:51:51.15	02:53:13.30	+00:18:08 (10.6%)	8:08	7.4 (90.2%)
7	CWANEK-FLOREK Ewa	407	PRZEWORSKA GRUPA BIEGOWA	K40-49	7			00:01:21	00:02:43	00:05:26	00:08:09	00:27:23	00:47:56	01:09:22	01:30:58	01:53:14	02:16:03	02:40:36	03:06:05.15	03:07:27.10	+00:32:22 (17.4%)	8:49	6.8 (82.9%)
8	TRĘTOWICZ Beata	451	FACE NORDIC WALKING TEAM	K40-49	8			00:01:22	00:03:07	00:06:20	00:09:32	00:31:44	00:54:15	01:17:03	01:40:36	02:05:08	02:29:27	02:55:47	03:22:39.50	03:24:02.00	+00:48:56 (24.1%)	9:36	6.2 (75.6%)

Znaleziono 8 wynik(ów)