



Event:
Organiser:
Date:
Place:
Distance:

KOLBUSZOWA - PUCHAR POLSKI NORDIC WALKING - 21.1 KM

KOLBUSZOWA - PUCHAR POLSKI NORDIC WALKING
PFNW
2017-06-03
Kolbuszowa
21.1 km

B4SPORT



Classification: M50-59

Place	Participant	Number	Club	Category	MCat	Żół.	Czer.	Start time	Start_All 0.38km	Start_All 0.76km	Start_All 1.1km	Start_All 3.5km	Start_All 6km	Start_All 8.5km	Start_All 11km	Start_All 13.5km	Start_All 16km	Start_All 18.5km	Net time 21.1km	Czas brutto 21.1km	Gap	Pace min/km	Pace km/h
1	DEPKA PRĄDZYŃSKI Olgierd	409	BIEGAMYRAZEM.PL	M50-59	1	1		00:00:48	00:02:20	00:04:42	00:07:04	00:22:57	00:38:54	00:55:11	01:11:35	01:28:05	01:44:47	02:01:27	02:18:23.10	02:19:11.30		6:33	9.1 (100%)
2	BIK Stanisław	402	KS METRACO POLKOWICE	M50-59	2			00:00:49	00:02:30	00:05:02	00:07:37	00:25:12	00:42:53	01:00:51	01:18:40	01:36:30	01:54:48	02:13:37	02:32:26.15	02:33:15.95	+00:14:03 (9.2%)	7:13	8.3 (91.2%)
3	MAKOWSKI Jan	421	RYBNICKI KLUB NORDIC WALKING	M50-59	3			00:00:48	00:02:23	00:04:49	00:07:18	00:24:39	00:42:31	01:00:37	01:18:36	01:36:33	01:55:02	02:14:00	02:32:44.85	02:33:33.05	+00:14:21 (9.4%)	7:14	8.3 (91.2%)
4	KOWALCZYK Mariusz	418	GREEN TEAM ZIELONA GÓRA	M50-59	4			00:00:48	00:02:38	00:05:20	00:08:06	00:26:32	00:44:44	01:03:23	01:22:20	01:41:39	02:01:19	02:21:34	02:42:04.15	02:42:52.90	+00:23:41 (14.6%)	7:40	7.8 (85.7%)
5	GOIK Grzegorz	413	RYBNICKI KLUB NORDIC WALKING	M50-59	5			00:00:48	00:02:38	00:05:19	00:08:03	00:26:41	00:45:53	01:05:15	01:24:49	01:44:11	02:04:06	02:24:51	02:45:16.80	02:46:05.55	+00:26:53 (16.3%)	7:49	7.7 (84.6%)
6	MOCZARSKI Mirosław	424	KLUB NW 'WŁÓCZYKIJE' LEŻAJSK	M50-59	6			00:00:49	00:02:39	00:05:23	00:08:07	00:27:02	00:46:28	01:06:16	01:26:06	01:45:56	02:06:16	02:27:04	02:47:57.80	02:48:47.50	+00:29:34 (17.6%)	7:57	7.5 (82.4%)
7	MIERZWA Mariusz	423	KLUB SPORTU	M50-59	7			00:00:48	00:02:34	00:05:10	00:07:48	00:25:37	00:43:46	01:02:36	01:22:31	01:43:03	02:04:14	02:26:23	02:48:39.20	02:49:28.05	+00:30:16 (17.9%)	7:59	7.5 (82.4%)

Total 7 results.