



Organizator:
Data:
Miejsce:
Dystans:

KOLBUSZOWA - PUCHAR POLSKI NORDIC WALKING - 21.1KM

PFNW
2016-06-11
Kolbuszowa
21.1 km

B4SPORT



Klasyfikacja: M 40-49

Msc	Zawodnik	Numer	Klub	Kategoria	Mkat	Żół. kartki	Czer. kartki	Czas startu	0.366km	0.733km	1.1km	3.6km	6.1km	8.6km	11.1km	13.6km	16.1km	18.6km	Czas netto 21.1km	Czas brutto 21.1km	Różn	Tempo min/km	Tempo km/h
1	KORDOWSKI Piotr	54	NOWA HUTA TEAM	M 40-49	1			00:01:15	00:02:23	00:04:48	00:07:13	00:23:43	00:40:17	00:56:44	01:12:57	01:29:29	01:45:58	02:03:09	02:19:48.25	02:21:03.75		6:37	9.1 (100%)
2	BOGACKI Sławek	4	ENERGA NW TEAM	M 40-49	2	1		00:01:16	00:02:23	00:04:47	00:07:13	00:24:21	00:41:15	00:58:09	01:15:08	01:32:04	01:49:00	02:06:05	02:23:13.05	02:24:29.45	+00:03:24 (2.4%)	6:47	8.8 (96.7%)
3	SZCZĘBAK Jacek	39	UNIA MIAST	M 40-49	3			00:01:22	00:02:29	00:05:03	00:07:37	00:25:16	00:43:04	01:00:48	01:18:43	01:36:48	01:55:02	02:13:33	02:32:19.70	02:33:41.85	+00:12:31 (8.2%)	7:13	8.3 (91.2%)
4	KRYSZCZUK Krzysztof	18	FACE NORDIC WALKING TEAM	M 40-49	4			00:01:18	00:02:51	00:05:44	00:08:38	00:28:12	00:47:45	01:07:19	01:26:53	01:46:34	02:06:34	02:27:20	02:48:09.25	02:49:27.45	+00:28:21 (16.9%)	7:58	7.5 (82.4%)
5	FRANKIEWICZ Mirosław	11	FORMA NA PIĄTKĘ NW PABIANICE	M 40-49	5	1		00:01:17	00:02:56	00:05:52	00:08:52	00:28:46	00:48:23	01:08:37	01:29:09	01:49:26	02:09:56	02:30:38	02:51:24.30	02:52:41.95	+00:31:36 (18.4%)	8:07	7.4 (81.3%)
6	BARAN Marek	2	KLUBSPORTU.PL	M 40-49	6			00:01:16	00:02:40	00:05:30	00:08:28	00:28:49	00:49:41	01:11:08	01:31:55	01:53:17	02:15:36	02:39:03	03:03:21.75	03:04:38.10	+00:43:33 (23.8%)	8:41	6.9 (75.8%)
7	STRZELECKI Sebastian	36	SAILING TEAM FERAJNA	M 40-49	7			00:01:15	00:02:57	00:05:55	00:09:12	00:29:55	00:51:21	01:13:12	01:35:09	01:57:06	02:18:59	02:40:57	03:03:22.55	03:04:38.15	+00:43:34 (23.8%)	8:41	6.9 (75.8%)
8	BAĆ Wiesław	1		M 40-49	8			00:01:17	00:03:01	00:06:13	00:09:30	00:32:00	00:54:29	01:16:44	01:38:42	02:00:58	02:23:24	02:46:05	03:08:47.75	03:10:05.15	+00:48:59 (25.9%)	8:56	6.7 (73.6%)

Znaleziono 8 wynik(ów)