



KOLBUSZOWA - PUCHAR POLSKI NORDIC WALKING - 5 KM

B4SPORT

Organizator: PFNW
Data: 2016-06-11
Miejsce: Kolbuszowa
Dystans: 5 km



Klasyfikacja: K-Jun.

Msc	Zawodnik	Numer	Klub	Kategoria	Mkat	Żół. kartki	Czer. kartki	Czas startu	2.5km	Czas netto 5km	Czas brutto 5km	Różn	Tempo min/km	Tempo km/h
1	WOŹNIAK Klaudia	573	UNIA MIAST	K-Jun.	1			00:05:42	00:16:55	00:34:33.80	00:40:16.60		6:54	8.7 (100%)
2	ŚLEWIŃSKA Edyta	344	BŁĘKITNI NW DZIEMIANY	K-Jun.	2			00:05:42	00:17:13	00:34:47.85	00:40:30.00	+00:00:14 (0.7%)	6:57	8.6 (98.9%)
3	BROŻBAR Beata	314	ULKS'SOKOŁY'	K-Jun.	3			00:05:45	00:17:35	00:35:30.10	00:41:15.10	+00:00:56 (2.6%)	7:06	8.5 (97.7%)
4	KONIK Zuzanna	395	BIESZCZADZKI KLUB NORDIC WALKING	K-Jun.	4			00:05:43	00:17:44	00:35:43.40	00:41:26.80	+00:01:09 (3.2%)	7:08	8.4 (96.6%)
5	KNITTER Agata	388	BŁĘKITNI NW DZIEMIANY	K-Jun.	5			00:05:42	00:18:04	00:36:14.80	00:41:57.60	+00:01:41 (4.6%)	7:15	8.3 (95.4%)
6	WÓJTOWICZ Aleksandra	574	SZKOLNY KLUB NORDIC WALKING	K-Jun.	6			00:05:44	00:18:04	00:36:32.00	00:42:16.65	+00:01:58 (5.4%)	7:18	8.2 (94.3%)
7	STOLARSKA Joanna	525	VIKING NORDIC TEAM CZĘSTOCHOWA	K-Jun.	7			00:05:43	00:17:57	00:36:33.20	00:42:17.05	+00:01:59 (5.4%)	7:18	8.2 (94.3%)
8	SŁOMIŃSKA Marta	514	BŁĘKITNI NW DZIEMIANY	K-Jun.	8			00:05:42	00:18:33	00:37:10.70	00:42:53.30	+00:02:36 (7.0%)	7:26	8.1 (93.1%)
9	DZIUBA Alicja	632		K-Jun.	9			00:05:47	00:19:09	00:38:02.45	00:43:50.25	+00:03:28 (9.1%)	7:36	7.9 (90.8%)
10	SZCZĘCH Monika	532	SZKOLNY KLUB NORDIC WALKING	K-Jun.	10			00:05:43	00:18:29	00:38:02.80	00:43:46.70	+00:03:29 (9.2%)	7:36	7.9 (90.8%)
11	SMAROŃ Aleksandra	515	SZKOLNY KLUB NORDIC WALKING	K-Jun.	11			00:05:43	00:18:47	00:38:04.45	00:43:47.85	+00:03:30 (9.2%)	7:36	7.9 (90.8%)
12	MARKOWICZ Gabriela	449		K-Jun.	12			00:05:44	00:18:29	00:38:11.65	00:43:55.65	+00:03:37 (9.5%)	7:38	7.9 (90.8%)
13	ŻARKOWSKA Klaudia	60		K-Jun.	13			00:05:46	00:19:17	00:38:20.35	00:44:06.95	+00:03:46 (9.8%)	7:40	7.8 (89.7%)
14	STOCHLA Beata	524	SZKOLNY KLUB NORDIC WALKING	K-Jun.	14			00:05:43	00:18:51	00:38:29.30	00:44:12.70	+00:03:55 (10.2%)	7:41	7.8 (89.7%)

Msc	Zawodnik	Numer	Klub	Kategoria	Mkat	Żół. kartki	Czer. kartki	Czas startu	2.5km	Czas netto 5km	Czas brutto 5km	Różn	Tempo min/km	Tempo km/h
15	PIWODA Ewa	482	ULKS'SOKOŁY'	K-Jun.	15			00:05:44	00:19:10	00:38:29.35	00:44:14.05	+00:03:55 (10.2%)	7:42	7.8 (89.7%)
16	CEPIELIK Barbara	318	KKNW	K-Jun.	16			00:05:48	00:19:26	00:38:46.00	00:44:34.40	+00:04:12 (10.8%)	7:45	7.7 (88.5%)
17	SITARZ Aneta	639		K-Jun.	17			00:05:47	00:19:23	00:38:55.25	00:44:42.80	+00:04:21 (11.2%)	7:47	7.7 (88.5%)
18	GDOWIK Weronika	629		K-Jun.	18			00:05:49	00:19:59	00:39:05.45	00:44:55.35	+00:04:31 (11.6%)	7:49	7.7 (88.5%)
19	TRĘTOWICZ Aleksandra	547	KKNW/FACE NORDIC WALKING TEAM	K-Jun.	19			00:05:44	00:19:39	00:39:12.10	00:44:56.55	+00:04:38 (11.8%)	7:50	7.7 (88.5%)
20	NIEMCZYK Monika	633		K-Jun.	20			00:05:49	00:19:59	00:39:26.75	00:45:16.15	+00:04:52 (12.4%)	7:53	7.6 (87.4%)
21	KUŁAK Klaudia	644		K-Jun.	21			00:05:47	00:19:29	00:39:46.30	00:45:33.45	+00:05:12 (13.1%)	7:57	7.5 (86.2%)
22	CHRAPEK Daria	322	GIMNAZJUM W RUDZICY	K-Jun.	22			00:05:45	00:19:47	00:40:19.55	00:46:04.90	+00:05:45 (14.3%)	8:03	7.4 (85.1%)
23	CZACHOR Patrycja	324		K-Jun.	23			00:05:45	00:19:27	00:40:37.30	00:46:23.25	+00:06:03 (14.9%)	8:07	7.4 (85.1%)
24	BĄCAL Wiktoria	310	ULKS'SOKOŁY'	K-Jun.	24			00:05:47	00:19:43	00:41:09.65	00:46:56.85	+00:06:35 (16.0%)	8:13	7.3 (83.9%)
25	MICEK Joanna	645		K-Jun.	25			00:05:45	00:21:04	00:44:03.20	00:49:48.75	+00:09:29 (21.5%)	8:48	6.8 (78.2%)
26	PACOCHA Kinga	681	KOLBUSZOWSKI KLUB NORDIC WALKING	K-Jun.	26			00:05:46	00:22:13	00:44:32.00	00:50:18.60	+00:09:58 (22.4%)	8:54	6.7 (77.0%)
27	CETNARSKA Victoria	680	KOLBUSZOWSKI KLUB NORDIC WALKING	K-Jun.	27			00:05:45	00:22:14	00:44:33.05	00:50:18.90	+00:09:59 (22.4%)	8:54	6.7 (77.0%)
28	SITARZ Natalia	650		K-Jun.	28			00:05:50	00:23:43	00:46:00.70	00:51:51.50	+00:11:26 (24.9%)	9:12	6.5 (74.7%)
29	PACYNA Jolanta	638		K-Jun.	29			00:05:49	00:23:51	00:46:00.85	00:51:50.25	+00:11:27 (24.9%)	9:12	6.5 (74.7%)
30	WĄSIK Kamila	637		K-Jun.	30			00:05:49	00:23:51	00:46:03.05	00:51:53.00	+00:11:29 (24.9%)	9:12	6.5 (74.7%)
31	WOŁOWIEC Gabriela	636		K-Jun.	31			00:05:48	00:23:45	00:46:03.40	00:51:51.80	+00:11:29 (25.0%)	9:12	6.5 (74.7%)
32	CUDO Kasia	640		K-Jun.	32			00:05:48	00:23:44	00:46:04.95	00:51:53.10	+00:11:31 (25.0%)	9:13	6.5 (74.7%)
33	KOŚMIDER Violetta	631		K-Jun.	33			00:05:49	00:23:33	00:47:11.10	00:53:01.00	+00:12:37 (26.7%)	9:26	6.4 (73.6%)
34	KUCZYŃSKA Oliwia	643		K-Jun.	34			00:05:46	00:24:17	00:48:55.80	00:54:42.65	+00:14:22 (29.4%)	9:47	6.1 (70.1%)
35	STAPOR Ewa	646		K-Jun.	35			00:05:45	00:24:18	00:48:56.60	00:54:42.45	+00:14:22 (29.4%)	9:47	6.1 (70.1%)